

Of Interest to Women



Hello Homemakers! There's an abundance of onions yet in many places. Only a year ago we were begging one onion from any of the neighbors. Too bad, we can't store them readily. The best that we can do is to keep them in a cool, dry, dark place. Use them often in soups, gravies, meat dishes, salads, and hot vegetable combinations.

ONION SOUP

3 onions, 3 tbsps. baking fat, 3 pts. beef stock, 3 tbsps. grated cheese, pepper and salt, 2 tbsps. chopped parsley, 1/2 loaf stale bread, (1/4 clove garlic if desired.) Slice onion and put them in stew pot with the fat. Stir and fry until brown. Add beef stock, boil ten min., skim, season, and add parsley and small pieces and dry in oven a few mins. Serve cheese crumbs on top of soup.

ONION SAUCE

1/2 cup minced onion, 3 tbsps. fat, 3 tbsps. flour, 1 1/2 cups beef stock, 1 tsp. minced parsley. Cook onion with fat until slightly brown. Stir in the flour, then add the stock and parsley stirring constantly. Serve with beef.

STUFFED ONIONS

6 medium onions, 1/2 cup chopped ham, 1/2 cup bread crumbs, 1/2 cup milk, pepper, 1 tsp. salt, 1 tsp. fat.

After removing a slice from the top of each parboil onions until almost done. Drain and remove the centres, leaving six cups. Chop centre part of onion and combine it with ham and crumbs. Add seasoning and refill the onion cups. Place them in a baking dish, cover with a few crumbs add milk and bake in an electric oven at 425 degrees about 15 mins.

BAKED MINCED STEAK

1 1/2 lbs. minced beef (round steak), 2 cups bread soaked in milk, 1 small onion minced, 1 tsp. baking fat, 2 eggs, 4 hard-cooked eggs, 1 cup of tomatoes, 1/2 cup sliced onion, salt, pepper and 1/4 tsp. ginger.

Have the meat put through the grinder twice. Add the bread, onion, seasoning and two beaten eggs. Mix together and put mixture into greased loaf pan. Arrange the hard-cooked eggs end to end on the meat. Pour over a sauce composed of tomatoes, 1/2 cup sliced onions and baking fat. Bake in electric oven 350 degrees for 1 1/2 hours.

TAKE A TIP

1. If you want to reheat muffins, put them in a paper bag and twist the top tightly; put in a preheated electric oven at 300 degrees—turn off the heat and let them warm through. Very dry ones may become moist by putting a few slices of raw potato in the bag, too, and leaving the bottom element turned on.

2. Don't neglect to make a small "turnover" when you bake a pie. Your small son will think he's pretty important with his own pie.

3. It's not necessary to boil fresh maple syrup before you bottle it. But it should be put in sterilized jars and sealed, using rubber bands dipped in baking soda and hot water. Jars should be stored in a dark cool place.

4. Try making candy with shortening instead of butter. We made some for a bazaar and it sold like hot cakes. A fudge recipe and maple flavoring were used.

THE QUESTION BOX

Mrs. N. B. asks: How do you cook spare ribs so they are moist, not hard and dry?

Answer: Here are 2 precautions:
1. Either roll them in heavy greased brown paper, leaving ends open, or lay flat with moist dressing on top.
2. Cook in a preheated oven at 350 degrees for about 45 minutes.

The Week at OTTAWA

By DOUGLAS GREEN
Canadian Press Staff Writer

OTTAWA (CP)—Canada's post-war course and the measures necessary to carry the Dominion through the transition from a wartime to a peacetime economy are expected to furnish the principal topics upon which the June 11th federal general election will be fought out.

In saying he welcomed Prime Minister Mackenzie King's announcement on the election date, M. J. Coldwell, C.C.F. leader, remarked that even greater problems than that which the Liberal administration has had to face will confront whatever government is formed after the election.

After the appeal to the people, said Gordon Graydon, Progressive Conservative house leader, his party will be "ready and willing and prepared to form the next government of Canada." John Blackmore, Social Credit house leader, said his party too, was ready for the election, but expressed regret parliament had not had time to debate many important matters.

Mr. King's announcement of the date of the election took many political observers by surprise. Most of them expected it would be held later than June 11th, and some had speculated the date would be advanced at least until early in July. The fact the date chosen coincided with that of the Ontario general election also occasioned some surprise since it had been expected some time would elapse between the Ontario and Dominion polls.

For part of the election campaign Mr. King will be away from Canada, attending the San Francisco conference on world security and Mr. Coldwell and Mr. Graydon also will be in San Francisco for a time.

One of the principal planks in the Liberal party's platform is expected to be that, with the experience gained in administering the country's affairs during wartime, it is consequently fitted to deal with problems relating to the post-war period to better effect than an administration which has not had these responsibilities.

San Francisco Delegation

Make-up of the delegation which will represent Canada at the World Security Conference is a reflection of the Dominion's growing importance in international relations. Four of her ambassadors—L. B. Pearson from Washington, L. Dana Wilgress from Moscow, Jean Desy from Rio De Janeiro and W. F. Chipman from Santiago, Chile, are on the list of advisers to the Canadian delegation.

In addition, Hume Wrong, associate under-secretary of state for external affairs who has been representing Canada at the British Commonwealth conversations in London, is going to San Francisco.

Reference by Dr. G. S. H. Barton, deputy minister of agriculture, to the fact a ready market exists for barley either as barley or when marketed in the form of hogs, has brought forth figures from farm statisticians which show that "barley as bacon" is worth more than barley by the bushel.

Twenty bushels of barley are worth approximately \$16, but when fed to a hog they are converted to pork with a value of \$28.50 for a grade A hog dressing 150 pounds.

"This isn't all profit," the statisticians are careful to add. "But even after one has paid himself for his labor and has allowed for depreciation on the pig pen there should still be a higher margin of profit. Barley as bacon is worth more than barley as barley."

EXPERT HELP

A man and wife, hiking in the woods suddenly realized they had lost their way.

"I wish Emily Post were here with us," said the woman. "I think we took the wrong fork."

Clean Up Cellars To Control Insects

Many serious agricultural pests are taken into storage cells and root houses every autumn when vegetables and bulbs of one kind or another are brought under cover for the winter. Among them are the carrot rustfly, the green peach aphid (of great importance in spreading virus diseases of potatoes), the cabbage maggot, gladiolus thrips, the celery leaf-tier and many others. If conditions are favorable in storage, growth and restricted development of these insects take place, says Alan G. Dustan, Division of Entomology, Dominion Department of Agriculture. Even though increase has not been possible, due to low temperatures during the colder months, the insects remain dormant to become active once again in the spring. As soon as the weather warms up sufficiently outside they escape from the cellars to infest the new plants as soon as growth out-of-doors gets well under way.

Growers are advised to clean up and destroy all crop remnant in storage cellars before spring. Rotting vegetables can be composted and sound roots, which are no longer saleable, fed to live stock. Root-houses should be thoroughly cleaned and aired. Careful attention in this direction will save much trouble when the young plants are starting growth in field and garden.

NO SENTIMENT

Private Johnson got a furlough in order to marry his childhood sweetheart and have a honeymoon. Just before his leave was up he wired his commanding officer. "It is wonderful here. Request one week's extension of leave."

The reply was not long in forthcoming. "It is wonderful anywhere," the commanding officer wired, "Return to camp at once."

INDIANS HELPED

A survey made by Arthur McNamara, Director of National Selective Service discloses the extent to which Canadian Indians helped in harvesting the 1944 prairie grain crops. In Saskatchewan more than 3,500 men from Indian reserves in the province were employed. More than 600 Indians in Manitoba came from the areas north of the grain growing districts and worked a total of over 12,000 days at harvesting, or an average of 20.6 days per man.

Buy Victory Bonds
"SALADA" TEA



The Minister of Finance of the Dominion of Canada offers for sale

\$1,350,000,000
Eighth

VICTORY LOAN

Dated and bearing interest from 1st May 1945, and offered in two maturities, the choice of which is optional with the purchaser, as follows:

<p>18 years and 5 months 3% BONDS DUE 1st OCTOBER 1963 Callable in or after 1959 Interest payable 1st April and October Denominations \$50, \$100, \$500, \$1,000, \$5,000, \$10,000, \$25,000, \$100,000 ISSUE PRICE: 100%</p>	<p>4 years and 6 months 1 3/4% BONDS DUE 1st NOVEMBER 1949 Non-callable to maturity Interest payable 1st May and November Denominations \$1,000, \$5,000, \$10,000, \$25,000, \$100,000 ISSUE PRICE: 100%</p>
--	--

The proceeds of this loan will be used by the Government to finance expenditures for war purposes. The lists will open on 23rd April, 1945, and will close on or about 12th May, 1945.

Applications for these bonds may be made through any Victory Loan Salesman, any Branch in Canada of any Chartered Bank, any authorized Savings Bank, Trust or Loan Company, from whom copies of the official prospectus and application form may be obtained.

Department of Finance

April 1945

Clip this and mail it overseas—airmail today.

A Message from GEORGE DREW

to all with Relatives and Friends Overseas

ARRANGEMENTS have been made by the Ontario Government for members of all the Armed Services overseas to vote in the coming Ontario election by placing a ballot in a ballot box for the candidate of their own choice. The arrangements which have been completed for the Ontario vote are the best which have yet been made for any Active Service vote. The Government, however, can only make the arrangements for taking the vote. What is equally important is that those who are overseas know the name of the candidates, the party they are supporting and have a sufficiently clear picture of the issues to decide how they should vote. That can only be done if those at home supply them with information. May I strongly urge every wife, mother, father, sister, brother or friend of those overseas to write and tell them all they can about the coming Ontario election. By clippings from newspapers, by editorial comment, and by personal explanation, a clear understanding can be given of what is really at stake in this Ontario election.

One of the things which will cause the greatest difficulty in the minds of those overseas, particularly those who live in large cities, is to determine which Riding they live in. Maps will be available, but even the best map sometimes leaves doubt when the voter has been away from home for a long time, or as is true in so many cases has never voted before. This difficulty will be increased because of the difference between the boundaries of Dominion and Provincial Ridings.

I would suggest that you write *immediately, by airmail*, to all with whom you are in communication and tell them the Riding in which they live and give them what information you can about the party and the candidate in the Riding where they are entitled to vote.

I should mention that every member of the Armed Forces overseas of any age is entitled to vote. They, above all others have the right to vote. They have preserved for us that free system of Government which depends upon the choice of our own representatives. Our job here at home is not only to make sure that they have the chance to vote but also to do everything possible to make sure that they are able to vote with knowledge of the real issues in the election.

For the sake of convenience, I am suggesting that you simply cut out this message and address it to someone overseas giving the information required. Each one of us here at home has a responsibility to help them to choose the Government which will have so much to do with their future in the years of peace. May I again urge you to write at once, by airmail, not only to those closest to you but to as many as you know in any of the services outside of Canada. Tell them what Provincial Riding they reside in at home—then the name of the candidate and any further information you can supply.

Yours sincerely,

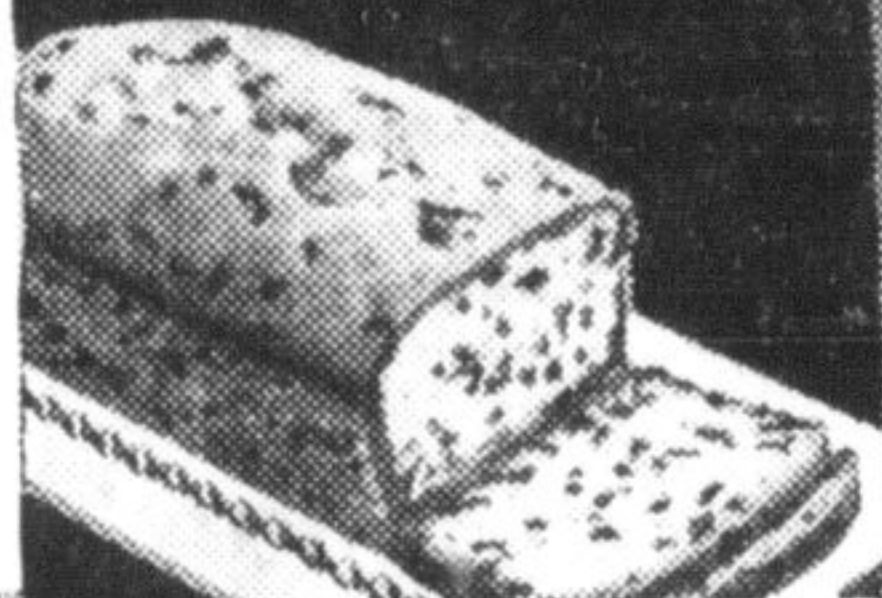
Your Provincial Riding is _____

Your Candidate is _____

George A. Drew

PUBLISHED BY THE PROGRESSIVE CONSERVATIVE PARTY OF ONTARIO

Sugarless BUT Sweet



MAGIC Honey Pound Cake

1 1/2 c. seedless raisins
3/4 c. shortening
3/4 c. honey
3 eggs, well beaten
2 1/4 c. sifted all-purpose flour
2 1/4 tsp. Magic Baking Powder
1/2 tsp. salt
1/4 tsp. vanilla extract
1/4 tsp. lemon extract

Rinse raisins; drain; dry on towel—cut fine with scissors. Work shortening with spoon until fluffy and creamy; gradually add honey, while continuing to work with a spoon. Add beaten eggs, and blend. Gradually stir in sifted dry ingredients; beat with spoon until smooth. Add extracts, raisins; stir to blend. Bake in greased, lightly floured 9" x 5" x 3" pan at 300°F. for 2 hours.

MADE IN CANADA

