Supplement to The Canadian Champion

MILTON, JULY 29th, 1943

Colors Mark Departments

Of Largest Office Building

The Pentagon, that monumental structure of the war department and the world's largest office building, located in Arlington, Va., across the Potomac from the capitol, is an awe inspiring edifice, both to visitors to Washington and to its newly arrived teams. Especially is this true if they are seeking one of the individual 40,000 occupants which the Pentagon was constructed to

The Pentagon has five floors identified by their respective colors. The first floor interior walls outside of the offices themselves are painted "yellow buff." The second floor walls are painted in a green shade, the third floor walls in a rather deep red, the fourth in a gray tone, and the fifth in quite a decided blue -all done with flat paints. The painting of adjacent hallways and corridors on the respective floors has been done in corresponding color schemes to further reassure visitors and occupants of "where they are at."

Approaching the Pentagon building in a taxi, one wonders how he is going to get in. The taxi man solves this problem by driving right into a tunnel nearly 1,000 feet long under the building where you are startled by a collonade of seemingly interminable huge round columns of reinforced concrete with metal shells which are painted a brilliant, glossy red. When you alight in this highly modernistic tunnel at the Pentagon, you face multicolored doors, the color of which is to identify the entrance to the respective ramps which lead upward from the concourse to the five floors of the building.

Use Clever Substitutes For 1943 License Plates

The nation's civilian automobiles will be identified this year by an unprecedented combination of new and old plates, metal tabs, windshield stickers-and even wooden plates. Shortage of essential metals is responsible for these developments.

The largest number of states will attach metal date tabs to 1942 license plates. Pennsylvania, which last year had a license plate in the form of a geographical outline of the state, will use a date tab cut like a keystone. Vermont will use 1943 date tabs made from salvaged tin cans. Arkansas is providing date tabs for passenger cars and license plates of treated wood for trucks and motorcycles.

Only nine states are issuing new plates for 1943; in most cases they are reprocessing a single plate retained from last year when owners were given only one 1942 plate. Wyoming is the only state to issue two new steel plates, manufactured before the WPB order took effect. Illinois is issuing two plates made of fiber board. Delaware has put its registration plates on a permanent basis with expiration dates indicated by changeable inserts, following the practice of Connecticut, where permanent aluminum plates have been used since 1937.

Strong New Fabric

To meet the need for an extremely tough uniform fabric for clothing for mountain troops, textile experts of the army quartermaster corps in cooperation with textile manufacturing companies have designed and developed a new sateen material with an extraordinarily high tearing strength, superior wearing qualities and excellent wind-resisting characteristics. The new material is now being used in trousers for mountain troops and other special forces, with the expectation that it may be extended to other military clothing uses where fabric of similar characteristics may be required. Exhaustive tests have proved its suitability for the uses now being made of it and have demonstrated that it affords an extra measure of protection from wind and cold to the mountain and cold weather troops now wearing it. It is treated with a water-repellent chemical material so that it will not absorb moisture, an additional measure of protection in cold climates.

Soybean Flour New bread containing soybean flour is coming to the grocers' shelves. Addition of the soybean flour makes the protein of the bread a more complete food, and more nearly equal in value to the protein of meat. Supplies of skimmilk for making bread may be short of the quantity needed under the recent food order of the secretary of agriculture, Claude Wickard, which establishes a minimum percentage of milk to be included in bread. Bread and potatoes will be two of the mainstays of life, he says, and will prowide a great share of our energy food.

Save Soap

There are many ways of saving soap which will help in the war effort. Keep soap dry after each use and only use as much as is needed to overcome the hardness of the water. Use a soap shaker for soap scraps and pour boiling water over them in a bowl. The resulting jelly kept near the sink can be used in washing dishes and clothes. For the bath, small bits of soap in a thin bag are just as good as a large cake of soap. A thin cake can be pressed into a larger cake when both are wet and the small cake will become a part of the larger one.

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DON'T BE DECEIVED,

HERE ARE THE FACTS RE DEBT AND TAXES

Ontario Taxes Increased Over

60 Millions

\$50f067,841 37

21,048,944.06

65,726,984.57

80,488,439.95

86,052,792.88

86,843.270.67

88,172,951.62

103,802,020.46

111,496,169.77

Provincial Treasurer Hon. A. St. Clair Gordon in his Budget Address March 19, 1943, gives comparative figures showing how the Provincial Debt and Taxes have mounted to unprecedented heights during nine year's Liberal Regime.

HERE ARE THE TREASURER'S OFFICIAL FIGURES

Don't be fooled by any other financial statement specially prepared for election purposes.

Ontario Debt Increased Over 148 Millions

\$358,477,000 1934 1934 1935 (5 mos.) 1935 (5 mos.) 378,415,000 1936 406,039,000 1936 1937 405,436,000 1937 1938 438,294,000 1938 1939 478,268,000 1939 1940 507,203,000 1940 1941 506,200,000 1941 1942 507,128,000 1942

VULL STAN HALL

For Economy and Security

ASOLEMIN CHALLENGE TO THE ELECTORS OF HALTON COUNTY

The following Non-Partisan Letter from Grattan O'Leary, Canada's Most Outstanding Journalist, Author, Lecturer, and Member of the Press Gallery at Ottawa, to electors of Halton County should be thoughtfully read and heeded by every Man and Woman.

It is a stirring call to duty and to conscience which should not be ignored.

TO THE PEOPLE OF HALTON COUNTY:

It is a disturbing thing to learn that many people in your part of the Province, as I fear greatly in other parts, may not go ont and vote.

After many years of watching Parliament and Public Life from, as it were, a Ringside Seat, I am convinced that this sort of indifference, the fail ure of the People, and especially of our leaders in various walks of life to exercise the Franchise, is the greatest peril of our Democratic Institutions.

We are fighting this war to avoid the tragedy of Dictatorship which engulfed so much of Europe-fighting for the right to vote and shape our own Destinies.

Yet many among us refuse to exercise that right—to use the great Heritage which our forefathers gained for us with their blood and which our sons are safeguarding with theirs.

We talk of a Better World when this war is over.

A great part of that New World must be determined for us here in Ontario by the character of the Government we choose next week.

It will be a source of many of the Laws and Regulations under which we shall have to live for at least some years after this war is won, henceof terrible importance to all who have a strke in it going out on Wednesday next in an effort to stage its character personally.

I shall like to see nothing better than organizations of citizens all over the Province impressing upon their neighbors the SOLEMN CHAL-LENGE THAT THEY VOTE.

GRATTAN O'LEARY.

This is the straight-thinking, clear-sighted reasoning of a Canadian Patriot -"A CALL TO ARMS ON THE HOME FRONT"-to Canadian Men and Women, who believe in Canada and who have her interest at heart, to use Freedom's Most Priceless Gift-BY GETTING OUT TO VOTE next Wednesday August 4th.

TORONTO HA8888

Marseille Was an Old but

Active Mediterranean Port

Marseille. Mediterranean city of 600,000 held in a state of siege by the Nazis to enforce evacuation of the port district, was normally the busiest of all French ports and the country's chief gateway to the Orient.

The old port section, with its nar-row, winding streets, tumble-down houses, Apache hangouts, and sailor taverns, is the core of the modern city. Beyond the old town has developed the Marseille of broad, busy streets, fashionable shops, luxurious cafes, and residential neighbor

Nature blessed Marseille with deep harbor. But use of it was ham dicapped by hills almost isolating the city from the continent. Access was provided by tunnels. Canal barges as well as trains come and go through underground tubes. Highways were built as alternate routes.

Completion of the Suez canal in 1869 made Marseille the premier port for cargoes to and from India and the Far East. The city came to regard itself as the promotional center of France's sea-borne commerce with eastern Mediterranean countries and the African colonies. As trade increased, the port outgrew its harbor. A policy of ceaseless improvement was established. Additions include three miles of breakwaters, 15 miles of quays.

Dean Sees Need Soon For 'Rationing' Doctors

The limited number of physicians in this country will have to be distributed to meet the needs of the armed forces, war industries and the civilian population, Dean Willard C. Rappleye of the school of medicine of Columbia university reports.

An increase in the number students in the medical schools the country may be necessary, according to Dean Rappleye, but the effect will not be felt for several years, because of the length of professional education.

"The over-all medical needs of the country for military, civilian, and public health activities have not yet been visualized," the report points out. "At the present time there are about thirty-five thousand doctors in the army, and it is likely that by the end of 1943, on the basis of the present estimates, the army will need about forty-five thousand.

"Should the ratio of doctors per thousand men in the army be reduced the figure would be modified. The navy's requirements will reach close to 10,000 doctors. At the present time the number of licensed physicians under 45 years of age is 81,-000, and those between 36 and 45 total about 38,000."

Removes Stains

Wartime restrictions on various chemicals narrow the choice of a stain remover, but sodium perborate, one of the best, is still available at drug stores at relatively small cost. Textile chemists of the department of agriculture report that it is particularly useful for white woolens. It leaves them soft and fluffy. Some ink and metal stains, iron rust, dyes and running colors do not respond. But many other stains yield to sponging with a solution of four tablespoons of sodium perborate in a pint of lukewarm water. The mixture must be used quickly or it loses strength. The sooner a stain is treated after it occurs, the better the chance of complete removal. Thorough rinsing with water is necessary after stains have been removed.

Stuttering Nervous Disorder Breakdowns of soldiers who are afflicted with dysphemia-stuttering -are increasing, because "many draft boards fail to discriminate in drafting these speech cripples," says Dr. James Sonnett Greene, medical director of the National Hospital for Speech Disorders. If he had his way stutterers would be rejected for active military service because they suffer grave danger of permanent impairment. Their speech disorders are merely symptoms of an underlying nervous condition. Local examining boards see only the symptoms; they cannot understand what speech has to do with a man's ability to shoulder a gun, and that he is nervously and emotionally disorganized.

Turnip Vitamins

All these years you have been eating turnips and turnip greens, but did you know just how many vitamins they contained? Turnip greens supply vitamin A, several of the B-vitamins and vitamin C. When it comes to turnips, rutabagas rate slightly higher in food value than white turnips. They contain no vitamin A but do give you a generous supply of vitamin B-1 and vitamin C. riboflavin and niacin. Rutabagas also are slightly richer in carbohydrates and minerals than the white turnips.

Catholic University The Catholic University of America is an institution for higher learning founded with the sanction of the pope and governed, under his suareme authority, by the Episcopate of the United States through a board of trustees composed of bishops, priests and laymen. As defined by Pope Leo XIII its purpose is to provide instruction in every department of learning for clergy and laity,

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