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**The SNAPSHOT GUILD**

**CHARACTER SEQUENCES**



A situation such as this makes a fine starting point for a "character sequence." Each picture should be a close-up, to show your actor's expression.

**IS SOMEBODY** in your family a good actor? Maybe someone is—but you haven't discovered it yet. Then here's a snapshot idea that will help you find out—and will provide interesting winter activity for your camera.

The idea is, simply—make character sequences. Just snapshots in a series—three, four, or a half-dozen—showing your actor in some kind of situation. And, of course, showing how he comes out.

These pictures should be close-ups—emphasizing your subject's face and his expression—so, get out your portrait attachment. If you haven't one, this is a good time to obtain one—they're simple, useful, and belong in every camera kit. Indoors, of course, you take these shots by means of amateur photo bulbs and high speed film—using any kind of camera.

Topics for sequences? They're legion. You might try the picture above as a starter. Have your subject attack the obstinate walnut with the nutcracker, then a hammer, then perhaps a mallet and

chisel, or a sledge. As an ending, let Johnny open it for him with a mere tap.

The pictures are, of course, mounted in the album in proper sequence. A clever title helps, and from a well-known book, song, or bit of current slang. Another way is to pick a title first, and build the story or sequence around it.

Toy puzzles—such as a Chinese wood block puzzle, or metal link puzzle—are always good for an expressive sequence. Parlor magic tricks are good too—just show your subject performing a trick that doesn't come out right. Or, have him in the kitchen, compiling one of the skyscraper sandwiches that the comic strips have made famous... and then trying to figure out how to eat it.

A good method is to outline several of these amusing sequences—easy ones—and then make one each evening that you take other indoor snaps. You'll find they add spice and humor to the snapshot album.

John van Gulder

**Glimpses of Parliament**

The debate on the resolution to introduce the War Appropriation Act after drifting along for four weeks came to an end on Thursday last, without any important criticism of Canada's war effort other than the delay in aeroplane production. In this industry while some factories have made remarkable progress such as the Hurricane plant at Port Arthur yet many other plants have encountered delay after delay. Canada is now up to a production of forty planes per week and are fighting that our difficulties have now been overcome in this regard.

The next problem which will receive the attention of the House is Agriculture. In Ontario the question of hogs, cheese and cattle appears to be satisfactorily dealt with, but butter and wheat are still highly contentious. As wheat Canada now has a surplus equal to the normal world surplus and has an investment of something over four hundred million dollars. At the present time there is no immediate market for this surplus and it will cost something over fifty million dollars annually for storage charges to say nothing of the interest of the money invested. The Government proposes to divert nine millions acres in the West this year from wheat production. As wheat is in part, a war casualty the Government proposes to partly compensate the western farmer and the plan is to pay \$4.00 per acre of wheat sown to summerfallow or \$2.00 per acre if sown to coarse grains or grasses. Some Ontario members are opposed to the payment of \$2.00 for that portion of wheat acreage which is sown to coarse grain on the ground that it will harm Ontario farmers. The answer of the Minister of Agriculture to this charge is that the freight rate from the West to Ontario is more than double the amount of the subsidy and that if the additional coarse grain is fed to hogs the Ontario farmer is still in a preferred position in regard to hogs because of the Ontario bonus of \$1.00 per hog and because the freight rate of 1c per pound on dressed pork from the West to Ontario. At this stage it is difficult to predict just what will happen but the fact remains that we have more wheat than we need and the annual production of wheat must be curtailed. As to butter we have been assured that a minimum price will be fixed but yet there is no indication as to what this price will be. Canada produces annually enough butter to supply our own wants and has no export market. Representations are being made daily as to what the minimum price should be. The governing factor will doubtless be that it will be fixed at an amount that will hold this industry within its present bounds. If the minimum price is fixed too high and we produce more butter than we need then we will have an embarrassing surplus and if the price is fixed too low the butter fat will be diverted to cheese and we will have a shortage of butter. The one feature about the whole agricultural problem which pleases me is the fact that our farmers are organizing themselves to handle their own problems much more intelligently and much more effectively than any government can handle them.

Several trips have been made by members of the House of Commons to war industries in Hamilton during the past few months and we have seen many things about war production which I would like to pass on to the folks in my County but many of them are confidential. I am permitted to disclose facts about our shell production. The National Steel Car Company in Hamilton is now producing shells at the rate of one half a thousand per week, has already produced over three million shells and will soon be up to 130,000 per week. This company has now the largest and best equipped factory of its kind in the world, and is producing shells at the lowest cost of any company in Canada.

**HUGHES CLEAVER.**

**IS MODERN BOY LAZY**

Complaints are heard that the modern boy is apt to be lazy. Parents say that if they want the children to do something around the home, they usually say they are "awful tired" and can't do it. They have their school lessons to learn, so they couldn't get the ashes out of the fireplace or run down town on errands.

In some families, if they are paid for doing such things, they cheerfully do them and their weariness disappears at once. Parents feel that children ought to gladly make some contribution to the home, and take some share of its burdens, so that paying them for doing their share of that work encourages them in non-cooperation.

In some neighborhoods it is complained that when people want to be someone to work in the garden, mow the lawn, etc., it is hard to find a boy who will do it. Yet almost anybody will work with feverish energy if he gets a chance to play on a football or baseball team. He never seems to know he is weary then.

A boy's willingness to work seems to depend considerably on whether he can get a regular allowance of money from his parents. If he can't keep a fair amount of change in his pockets, the difficulties of working appear quite formidable. He needs a certain amount of money, particularly after he begins to step out with the girls, and he will work to get it if necessary.

In school there are not probably as many lazy boys as formerly. It has been proved to children that to get anywhere in this world one has to do a good amount of work. When they get through school and look for employment, they know they have to work to hold down a job.

It has been found necessary to build up a reserve of teeth, first, to assure that civilian demands would not leave the army at a disadvantage, and, secondly, because it is necessary to have an adequate variety of sizes on hand to suit the different facial and jaw characteristics of the soldiers.

So far, the value of orders placed by the government has been \$45,000.

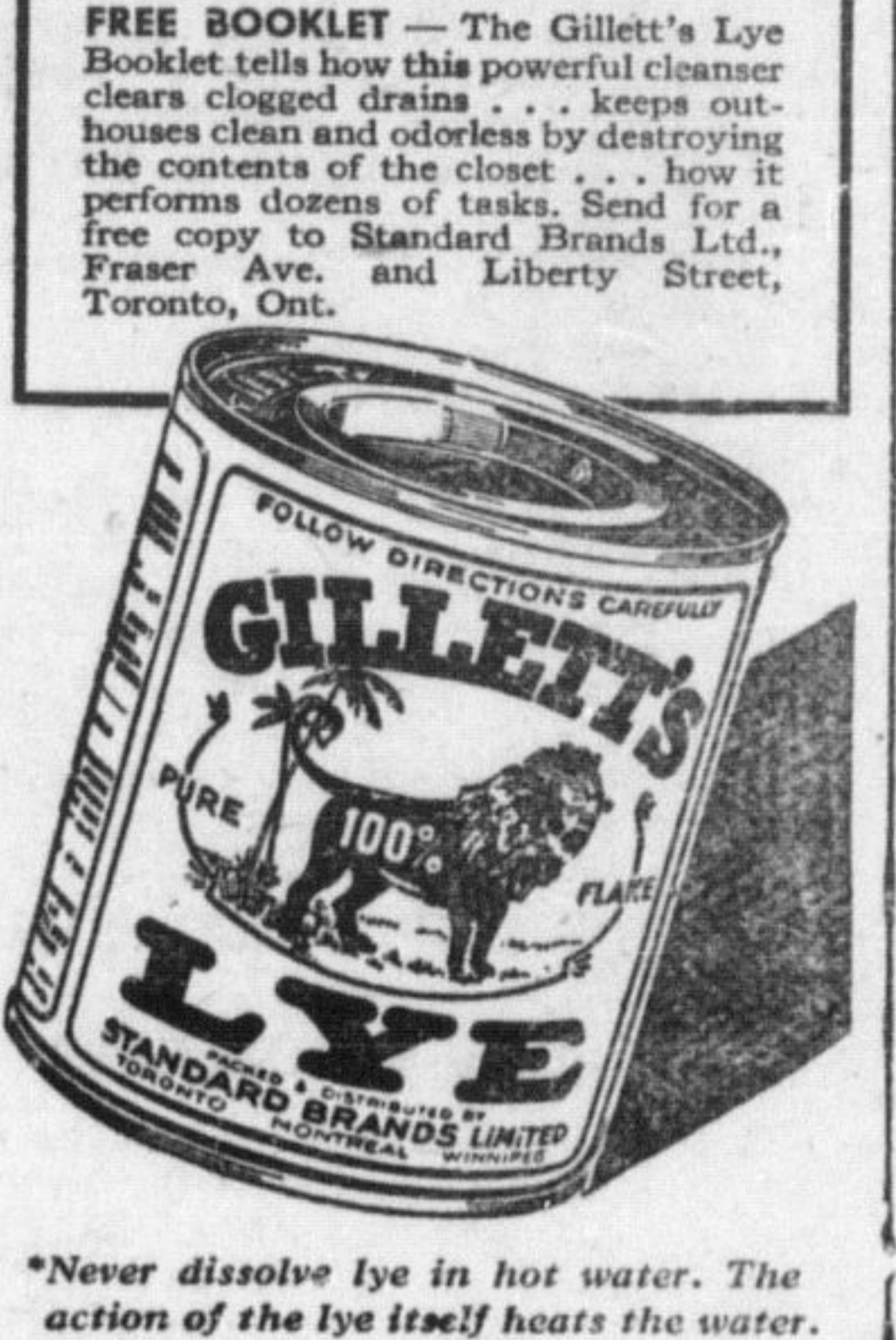
**Don't Be Match Maker**

Don't try to make every piece in the room match. A modern coffee table of light mahogany is perfectly safe in an Eighteenth century living room with mahogany furniture of traditional finish. In fact, one or two light pieces of furniture give new life to a dark living room ensemble.

**TAKES OFF GRIME WITHOUT SCOURING**

**NO** need for hard rubbing and scrubbing when you use a solution of Gillett's Pure Flake Lye. It cuts right through grease, clears clogged drains, keeps out-houses sanitary and odorless, scours pots and pans, takes the hard work out of heavy cleaning. Keep a tin always handy.

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"Never dissolve lye in hot water. The action of the lye itself heats the water."

**Build Strong Bones in Child With Milk Habit**

Strong bones are essential to good health and good posture. No scientist can make bones by combining minerals in a test tube, but the human body builds them from calcium and phosphorus, minerals which we get from the food we eat, especially from milk.

Other elements go into their making, too, but these are the ones that are needed in the largest amounts, and the ones that are most likely to be taken in insufficient quantities. There's another important material which does not actually go into the bones, but is necessary if the body is to build them. That's vitamin D, often called the sunshine vitamin.

During the summer months hours spent out of doors take care of the requirement nicely, but foods rich in vitamin D, especially the fish liver oils, are a more dependable year-round source for young children.

The greatest need for bone building material comes during the years of growth, so wise mothers plan children's diet so they'll include plenty of calcium and phosphorus.

Nutrition experts agree that the best way of providing the full quota of calcium is to include a quart of fresh whole milk or its equivalent each day. While other foods, notably green vegetables, contribute some of this mineral too, studies have shown that it's almost impossible to get enough of it when the milk is cut much below this point.

Much of the phosphorus a youngster needs will be furnished by the daily quart of milk, and the rest will be added by eggs, cereals, lean meats and fish as they're introduced into the diet.

**Trapunto Quilting Easy, Gives Professional Look**

Trapunto quilting is one of those professional looking touches that even the beginner can accomplish on her own sewing machine quite easily. Decorators like it on draperies, cushions, bedspreads, dressing table skirts, even slipcovers.

It makes the plainest negligee luxurious, gives distinction to summer evening wraps and adds personality to fabric handbags.

The outline of the pattern you wish to follow should be stamped or traced on a piece of muslin. This is carefully pinned and basted to the wrong side of your fabric, stamp side up. The design is then outlined with two rows of machine stitching about one-fourth inch apart. Then with a bodkin or long upholstery needle, strands of wool are run through the casing between the muslin and outside fabric to form the quilted design.

**Last Third of Cigarette Contains Most Nicotine**

"Cold hands, warm heart," the old saying goes.

The Northwestern National Life Insurance company recently modernized the axiom to cold hands, glowing cigarette. A study of the effects of smoking released by the firm included the statement:

"If your hands and feet are habitually cold, smoking will make them colder. Though there is much dispute among medical authorities about some of the effects of tobacco there is universal agreement that it slows down the blood flow to the hands and feet."

The study also looked into the matter of smoking mothers to discover that about 50 per cent of hospital maternity cases smoke now-a-days as compared to one young mother out of five who smoked 10 years ago and virtually none 25 years ago.

"Tests have indicated," the report stated, "that there is little or no danger of nicotine reaching the infant through the mother's milk if she smokes less than half a dozen cigarettes a day; tests made with heavy smokers show definite nicotine content in the milk."

The last third of the cigarette or cigar gives off as much as 66 per cent more nicotine if smoked rapidly, the study finds, because of the increase in moisture content, the shorter filtering, and the previous accumulation of chemicals from the outer two-thirds.

Original Declaration of Independence Changed

Thomas Jefferson spent 13 days writing the Declaration of Independence.

The average age of the men whose names were signed to the document was 45. Benjamin Franklin was the patriarch of the group—71 years old.

In Jefferson's first draft of the Declaration of Independence appeared the words, "all men are created equal and independent." For some reason the words "and independent" were later scratched out.

New York city didn't receive official notice of the signing of the Declaration of Independence until five days had elapsed after the affixing of signatures.

The "official" Declaration of Independence was signed by 56 men, and is on exhibition in Washington, D. C., today. The original document had but two signers—John Hancock, president of the congress, and Charles Thompson, secretary. The public has never seen this historic paper. It was an engrossed copy of this that was signed by Hancock and 55 other men.

The Declaration of Independence was signed by some men who were not present and not signed by others who were present, says Rupert Hughes, historical authority.

The Liberty Bell did not ring out on the day of the signing, as popularly supposed. The ringing of the historic bell did not begin till July 8, and then it lasted all night long.

**Eye Hunger Causes Defects**

Perhaps 50 per cent and certainly 25 per cent of the country's population has impaired vision by vitamin A deficiency, says Prof. Robert S. Harris of Massachusetts Institute of Technology.

He told a convention of New England optometrists that the eye, like other tissues and organs, must be well nourished if it is to function properly. Harris says the diet should include vitamin A, vitamin B, vitamin E2, protein, calcium and sodium.

The biology and public health professor declares the eye becomes hungry and even starved when the diet doesn't contain the right foods.

A condition known as "twilight blindness" can be cured within a few hours, according to Dr. Harris, by injection of one milligram of riboflavin or vitamin B2.

**Liberty Bell**

The first "made in America" bell, the historic old Liberty Bell, which announced the birth of freedom, is pictured on the U. S. two-cent Sesquicentennial commemorative issued in 1925.

**They Rely on You**

For the things that are not given to a fighting man with his uniform... things that are not part of his military equipment... things of the spirit... Canada's fighting sons, wherever they may be, rely on you.

The Government provides them with uniforms, rifles, ammunition—but for comforts—recreations and wholesome opportunity to make their precious moments of leisure a genuine boon... they rely on you.

Of course you help to buy airplanes, guns, ships, tanks—BUT for the things that express to the soldier the affection and thoughtfulness of the folks back home... he relies on you.

Six great national organizations labour unceasingly to provide him with those things.

They can do it only with your money.

Your money started this work—your money is needed to carry it on. The need is urgent. Be generous.

Let the volunteer helper who calls on you carry back your pledge of fullest support for our fighting men.

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12. Automatic Dome Light.
13. Ventilation Drip Shields.
14. Dual Panel Door Construction.
15. All Doors Hinged from Front.
16. Concealed Door Hinges.
17. Harmonic Balancer.
18. 58% wide Front Seat.
19. Two Arm Rests.
20. Convenient Front Seat Adjustment.
21. Full Horn Ring.
22. Dual Horns Mounted Behind Radiator Grille.
23. Weight 3250 lbs.
24. Glass Area 2264 sq. ins.
25. Automatic Locks on All Doors.
26. Left and Right Door Front Locks.
27. Instrument Panel Clock.
28. Glove Compartment with Lock and Light.
29. Accessible Trunk Lock.
30. Evenly Mounted Windshield Wipers.
31. Rear Axle Inspection Plate.
32. Individually Cooled Cylinders.
33. Self-Adjusting Tension-Type Rear Spring Shackles.
34. Rubber Cushioned Rear Spring Mountings.
35. Steel-bonded Felt Window Glass Channels, with Lock.
36. Positive Crank-Controlled Ventipanes with Lock.
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40. Front Seat and Door Seal Pads.
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