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speaker. It builds up, becoming f. ff. asure sky, and where, behind greated and finally ff. All is well—until it begins to disappear once more.

What is happening? Nothing to ground in the palace walls, which which is the palace walls, which which is the palace walls, which is the palace wall as the palace wa What is happening? Nothing to ground in the palace walls, which other churchmen of the time.

worry about. You are simply having are covered from ground to eave: With the magnificent cathedral of The Sun Life has long been a consistent

big fortune awaiting you if you can fragrance of roses. . . . discover any means of overcoming its On the second floor of that por ants who transgressed were tried in effects. It is one of the most ser- tion of the Palace of the Ark which his court.

ground wave, sticks closely to the set in its walls and ceilings. Enor on assize in that circuit. surface of the earth, travelling over mous crystal chandeliers hang from land and sea. But it meets with con- the ceiling, massive candelabra of been a part of the University of Dur siderable resistance to its passage, the same material are ranged along ham. Students have lived in one part and its range is rather short. It is the walls, and the floor is thickly of it, and the hall has been the cereupon the ground wave that we rely strewn with priceless silken carpets monial centre of the University. Cur-

any time over distances of 75 miles

But at the far end of the room their quarters was built in the orig-The second wave travels diagonal- lighted that it is scarcely visible, i There are also student rooms in the ly upwards and outwards. In day- the most beautiful object in all Per gallery, which was sub-divided from light hours it wastes all its energy in sia-the world - famous Takhte Ta the open areades. the upper part of the atmosphere. voos—the Peacock Throne. It is no The reason for Durham's physical But when the sun sets a wonderful in the form of a chair, as I had im danger is that the castle stands upon change occurs. Between 50 and a agined, but resembles rather an old-loose freestone and shale overlying 100 miles above the surface of the fashioned bed, about eight feet by the rock beneath and its weight has earth a reflecting layer is formed in five, supported by six curved and caused this to slip. the atmosphere. The second wave is massive legs, two steps, decorated then turned back towards the earth, with salamanders, giving access to KNEW FLORENCE NIGHTINGALE. and is known as the reflected wave. the platform on which the shah re-

that we receive all but the nearest by a bolster-cushion and surrounded foreign stations, and you will see now by pillows. . . Let me quote from the how it is that you cannot hope to description of Lord Curzon, who was offered exceptional facilities for ex-On good night the reflecting layer amining the throne: remains steady and signals do not "The entire fabric is overlaid with

waver. On bad nights the reflecting a plating of gold, which is exqu. layer undergoes constant changes, stones, among which rubies and sometimes sending waves down to our is absolutely incrusted with precious waste their energy. It is under these emeralds are the most prominent conditions that fading causes the An elegant balustrade containing scriptions in panels runs round, and wireless enthusiast to tear his hair.

CUBANS TRY YUCA BREAD.

It Partly Supplants That Made From Wheat Flour and Is Mixed.

A new bread is made from yuca. of the star are two be-jewelled birds housands of Cubans are giving this perched on the edges of the backbread a trial, samples having been frame and facing each other." widely distributed by the Cuban De- The value of the Peacock Throne partment of Agriculture. Further- as it stands to-day can only be con more a number of Cuban bakeries are jectured. When it was in the pos-P.O. Box 384. using 20 per cent. of yuca flour in the session of the Grand Mogul it was manufacture of bread. Yuca, as such, is little known in millions of dollars, but since ther

Canada, but tapioca, one of its deriv- important portions of it, such as the atives, is extensively consumed in canopy of pearls, have disappeared; T. F. CHISHOLM atives, is extensively consumed in canopy of pearls, have disappeared; this country. In tropical countries but, be that as it may, it remains an the food derived from this plant is exquisite example of Oriental workconsumed by millions of people. All manship, an object of surpassing Laughter Is Essentially Associated over the American tropics the visitor beauty. sees natives eating yuca, but he hesitates to partake of it himself. Yet, he is told that it is good and nourishing; perchance he tastes it, nothing Andean more. In Cuba a yuca flour company while grinding a limited quantity of the modern plan of the Andean exwhile grinding a limited quantity of pedition now on its way to Venezuela Officer for Doncaster, says a writer in

USE GAS ON BIRDS.

Back Species Alive.

Game hunting with gas weapons

Work That Will Endure.

will shoot gas bombs at trees and at foods the scientist is finding that the and snakes, which will be sighted now being conducted by agricultural lets will explode when they hit a tree energy.

somewhat resembles baked potatoes. plete list of equipment, the nature of which they hope to keep secret. Boundary Line Difficulty.

laws of East Orange forbid Sunday than case-steel. Work of this sort is bra, special tools for blind planofore-performances. One cinema stands on the boundary — and the line of derecently, the modern fashion in the performance and Rest recently, the modern fashion in the performance and Rest recently.

Great Britain by Edward S. Hark more striking is the fact that the co ness, of New York, has made a grant pany has paid to policyholders an of \$100,000 to save the castle from beneficiaries since its organization over River Wear. It was rebuilt by Bishop men in life assurance from the standpoint

an experience of what is known as with . . . tiles of such exquisite pat fading. Don't blame the set, because tern and color that they have all the ham is still a symbol of that temporal stocks. These securities are valuated on it is doing its best. Fading is due to appearance of enamel. On the water as well as spiritual power. From his the last day of each year by the Canadian causes over which neither you nor it of the numerous lagoons swans fied fortress the Bishop of Durham conlazily; peacocks strut across the trolled the country around it. He was Fading is one of the greatest of greensward; bulbuls warble in the charged with a part of the defence of problems in wireless, and there is a treetops; the air is heavy with the England against the Scots who lived not very far to the northward. Peas-

lious handicaps to long-distance com- overlooks the Gulistan, reached by To this day the Bishop of Dur-AT YOUR JEWELLER'S

| Spanning great distances with small is now more commonly called, the Bishops of Winchester and Lon| Dower. | Here is the way in which fading | Here is the way in which way in which the way in which the way in which way mercial working, especially upon the a broad and imposing stairway, i ham's importance in the realm is reis brought about. From a transmit- marred, however, by the ornatenes; seniority to take their seats in the ting aerial there go out two quite dif- of its decorations, particularly the House of Lords. Durham is also the N ferent kinds of waves. The first, the thousands and thousands of mirror; residence of the judge when he goes

For nearly a century the castle has for daylight reception, and because . . . the designs and colorings were jously enough, it was the castle's it is not a good traveller very high as soft and delicate as those in : keep that was chosen for the lodging power must be used by broadcasting length of Pompadour satin or a piece of undergraduates when alterations

It is by means of the reflected wave clines in Oriental fashion, supported Veteran of Crimea and Indian Mutiny Dead. A survivor of the Crimea and the

Indian Mutiny died at the Home for Ancient Mariners in Cheshire, England. His name was Captain James Brown, and he was proud to boast that he had seen Florence Nightingale. When the sick and dying were aerials and sometimes letting them stones, among which rublies and lying in the overcrowded hospitals on Alma, Florence Nightingale, a qualified nurse, went out to Scutari, voluntarily to organize a nursing depart-

the lofty back, which is one mass of gems, rises to a point in the center When Miss Nightingale arrived, whereupon is fixed a circular sta ten thousand sick men came under of diamonds, with scintillating rays her care, for by then the battle of made to revolve by a piece of mechanism in the back. On either side discovered the bad hygienic cond. dons of the military hospitals, and set out to improve these. A fund £50,000 was finally subscribed to organize training for nurses. and her help in the reforming estimated as being worth some thirty published various treatises on her experiences, and helped to found the "Red Cross Society.

LAUGH AND GROW SLIM.

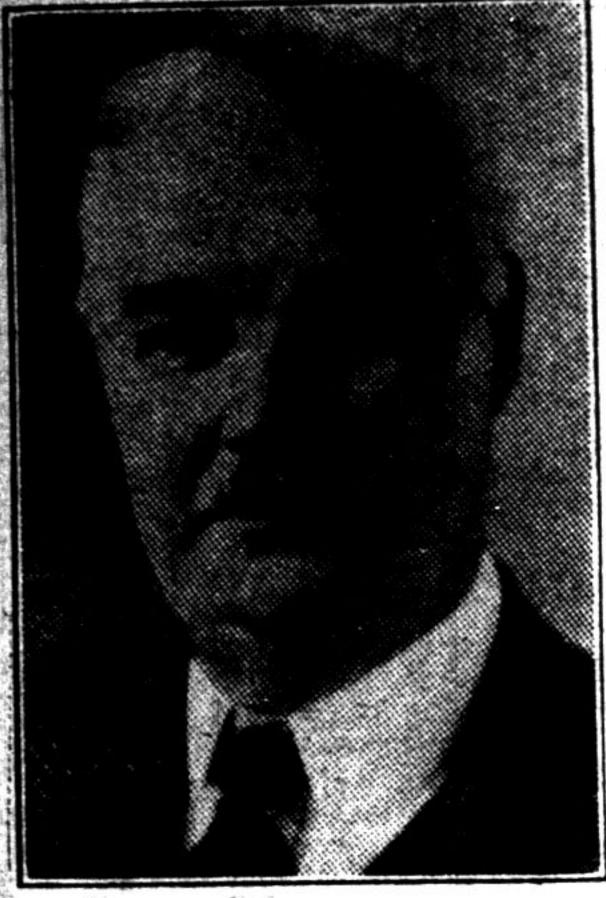
With Good Health. The old advice, "Laugh and grow, fat," is out of date. Not many years to Bring ago fatness was regarded as a sign

of robust health, but we know now that it is undesirable even in babies Dr. Lechmere Anderson, Medical the new flour meets a popular demand. This industry may mean that ment includes trucks with automatic should be "Laugh and grow healthy," tree-sawing devices, and guns which "Laugh and grow healthy,"

> become slim and healthy Dr. Anderson recommends the taking of little

Books For the Blind. There were 17,257 bound volumes, 11,796 pamphlets, 189,700 maga-zines, and 349,210 newspapers pro-duced in Braille last year, according

the Pilgrim Trust, established \$590,000,000 at the present time. Eve william the Conqueror built the first castle on that hill, which is a tall tongue of land looped by the tall tongue of land looped by the



T. B. MACAULAY

Sun Life Assurance Company of Canada

department of insurance on this basis of their market price on that day. Such a test this year, needless to say, was a most exacting one. Yet even at the abnormal ly low prices prevailing at the end of the year the company's common stock holdings, taken by themselves, showed a substantial excess over cost. Moreover, the actual cash dividends paid during 1930 on the total common stocks held by the company in the previous year were nearly \$1,000,000 in excess of the dividends paid on these identical shares in 1929. Such a satisfactory issue from the sharpest and severest market "break" in this generation is a wonderful vindication of the investment sagacity of the company. The rate of 6.44 per cent., earned on the mean invested assets of the company is a further proof of thrifty administration. The company announced that the prof-

its to policyholders entitled to participate during the ensuing year will be allotted on the same generous scale as has existed for some time, and that the special maturity divicend which has been so popular will

Vice-President and Chief Actuary Sun Life Assurance Company of Canada also be continued.

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