MEDICINE FOR YOUNG GIRLS

Mothers Endorse Lydia E. Pinkham's Vegetable Compound

Sydney, N. S.—"My seventeen year old daughter took Lydia E. Pinkham's Vegetable Compound for weakness and pains. She could not go about much with the other girls as she was not strong enough. We got six bottles and it did her a great turn. She is working out now in a store and walks three miles every morning and back in the evening."-MRS. MARY VANCE, 44 Lingan Road, Sydney, N. S.

Pinewood, Ont .- "I constantly had pains in my back and side and spent two days in bed every month. I have taken three boxes of Lydia E. Pinkham's Vegetable Compound Tablets. They have done me good and I always have them in the house. I have recommended your good medicine to several friends and have given it to my 17 year-old girl."-MRS. ALFRED OUE-LETTE, Pinewood, Ontario.

PRIZE WINNING ESSAYS.

Milton, Ont., Oct. 31, 1928. The Champion Office, Milton, Ont.

Dear Sir:-I am enclosing herewith copies of the 1st and 2nd prize winning essays in the Halton County Home Garden Contest, 1923. The prizes were donated by Mr. Leslie Emslie, Chilean Nitrate of Soda, Edu cational Bureau, Toronto, Ontario. I will be very glad if you can see your way clear to publish these essays.

Yours very truly, A. P. MACVANNEL, Agricultural Representative, Halton County HOME GARDEN ESSAY CONTEST 1923, HALTON COUNTY.

1ST PRIZE, JEAN BOOTH, OAKVILLE, R. R. No. 2.

As I received my cheque for four dollars today, being first prize for Home Garden for Township of Esquesing and Trafalgar, I thought I would write and tell you how pleased I was to receive such a reward for pleasant and profitable work this summer in my garden. The Agricultural Representative's de-

cision tells you how good the garden was, and I will try and tell you how profitable it was to me. My garden gained me over eight dollars for vegetables sold and prizes won for them at the fairs at Milton and Trafalgar The vegetables were of a very fine quality, and those who knew I had won prizes with them came to me for citrons,

squashes and tomatoes. In the early

summer I sold beans, and a little later my corn and cucumbers. A fact, worthy of mention, was that for all there was corn borers on the farm. there was none on mine. I sold two dozen cobs of it and kept the remainder for seed for next year, as the cobs were so nicely formed. I think a great deal of my success was

2ND PRIZE, FLORENCE WILKERSON,

due to the Nitrate of Soda.

S. S. No. 3, Nelson For several years I always had vegetable and flower seeds from the school, for the past few years and accordand showed them at the fair and got prizes. So this year I decided to have the Home Garden. I had my plot on a sandy piece of ground which, the year before, had been a strawberry patch and was well fertilized. I did not receive my Nitrate until after some of my plants were up. I put the first of it on the early part of June. the ground was quite moist, I sowed along the side of the row. The plants were at a standstill until I applied Nitrate

of Soda and then you could fairly see them growing. In ten days from the time the Nitrate of Soda was applied the growth of the tops of the carrots and parsnips could be seen to be much taller than those that received no nitrate and the roots had developed in a similar way Mother's garden alongside of mine was planted the same time and so we were able to compare them. My vegetables were much larger and matured earlier than the others did, all due to the Nitrate of Soda. Another good point I can add that my tomatoes were ripe the beginning of July and didn't blight Mother's tomatoes blighted. Today my vines are still green and her's are dead, so it goes to show Nitrate of Soda is good for stopping blight as well as promoting growth and quality. The same was true with the Swiss Chard. Mother's blighted and mine did not. As for cucumbers they were ready to use in July and are str green and glossy with lots of cucumber I have one citron weighing twenty-one pounds. Beat it if you can, but not without the use of Nitrate!

In Fact the whole of my garden was much superior in being much earlier, having larger plants and better quality, all due, I am positive, to Nitrate. These plots demonstrate what Nitrate can do much better than any pamphlets or lectures can, and Nitrate will certainly do much toward producing better crops.

NEW LIQUOR PERMITS.

1928-1929 series of liquor permits are now ready. In place of last year's familiar parchment, the credentials which the commission will issue to its commissioners this year will be in booklet form. Some 13 pages will be provided for purchase entries, in contrast to the limited scope of one sheet and its reverse side which last year's form afforded.

The permit provides columns for enter ing purchases of beer, wine or spirits. Whether or not it thus precludes the possibility of a separate 50 cent beer permit making its advent this season, however, Sir Henry Drayton would not say. There was no decision as yet, he declared. The new permit effectually provides

against any of their holders pleading ig norance of the law as an excuse for violations. The frontispiece to the volume consists of extracts of warnings against possible offences. Still another new feature this year is the greater detail in which applicants for permits are required to file information. Their name, their address, their occupation, their employer's name and address together with the statement that they are not disqualified under the act, are all re-

OBITUARY.

FRANK SWITZER.

Brampton, Nov. 6.—Mr. Frank Switzer, a native of Meadowvale district and a resident of this town for the past 18 months, passed away today at his late home, William Street, after a lengthy illness. Mr. Switzer was born near Eden 77 years ago, a son of the late John Switzer. With the exception of a period of twenty years, when he farmed on the Fourth Line, Trasalgar, he lived in Peel County. He was a Conservative, a member of Grace United Church, Brampton, and since a young man had been a member of the Orange Lodge, rarely missing \$8 00 a truck load; hardwood, \$12.00 a Twelsth of July celebration. His wise, a cord, or \$14 cut in ft. lengths, \$4 : who was Eliza Jane Mason, and one son, single cord; also a quantity of cedar Edgar, of this town, survive. Deceased posts. Orders may be left at Champion was the youngest of a family of thirteen Office, All orders C.O.D.-R. Airdrie, and the last to survive.

Here and There

More than 20,000 acres of Indian lands, which include some of the best agricultural areas in the Peace River district, are likely to be sold at auction in the near future. This action will in all probability follow a survey that is being made in the north country by W. Morrison, Inspector of Indian Agencies for the three western provinces, with headquarters at Regina.

A new industry-badger farming-may be started in Saskatchewan by John Rothenberger, farmer, of Vanguard. Last spring Mr. Rothenberger caught a badger and four pups. He built a large pen, about 15 feet long and 4 feet wide. During summer he fed the badgers until they are now quite tame, and are said to be larger than any badger running wild. Their coats are in excellent condition and offers of \$18 for each skin have been

A new world record was set by

the Canadian Pacific Railway recently when a train of grain more than a mile in length was operated between Stoughton and Arcola, in Saskatchewan. It was the longest and heaviest grain train in history consisting of 135 loaded grain cars each approximately 40 feet in length, a water car, a caboose and engine. The gross weight was 8,722 tons and the total contents of the cars were 202,000 bushels of grain.

of Quebec is so infectious that is an easy matter to interest visitors in winter sports, stated J. G. Strathdee, winter sports manager of the Chateau Frontenac, in giving a forecast of this winter's programme. Skating, skling and tobogganing will be in full swing as usual; the dog derby will most certainly take place; and the ice carnivals and storming of the citadel will probably be featured again he said. Mr. Strathdee mentioned the splendid co-operation given the winter activities at the Chateau Frontenac by the Quebec Winter Sports Association.

The enthusiasm of the citizens

The number of disciples of Isaac Walton, Canadian and American, who have plied rod and reel in Canadian waters during the past season is greater than ever before, states A. O. Seymour, general tourist agent of the Canadian Pacific Railway at Montreal in announcing the winners of the Ontario bungalow camp fishing trophy competitions. Phillip Peterman of Laurium, Michigan, won the Nipigon River contest for speckled trout. Edmund Slechbart of Chicago won the French River "muskey" prize, and Theodore Kipp of Winnipeg caught the largest bass entered in the Devil's Gap camp competition.

England will have enough Canadian apples shortly to keep the doctor away for the next year, if there is any truth in the proverb, as ships sailing for the old country this autumn are carrying many boxes of souvenir apples shipped by Canadians to their friends overseas. This has been the custom foreign department of the Canadian Pacific Express Company, it is becoming increasingly popular. So great has been the demand for fresh Canadian apples each autumn for shipment to Europe that grocers throughout the country now have standard size boxes for shipping and special low rates are | Mail. granted by the express company.

Hospital for Sick Children

67 College St., Toronto 2, Ont. December, 1928. Dear Mr. Editor:-

For some years past the work that this Hospital has been able to do for the children of Ontario has been seriously cramped through lack of of Trysull, Staffordshire. space. A point was reached where can restore to health and strength. for Sick Children has looked after such children in an institution close by a city playground, where more fortunate boys and girls enjoy their sports. Imagine their plight, lying month after month listening to the shouts and laughter of other children. In October last, the Hospital for Sick Children opened its country churches annex devoted to youngsters whose one chance to have their limbs straightened or their bodies built up must be in some place where they have sunshine and fresh air plus | cently in London, England Lett. on | nursing care and medical attention. | a wealth; men, who had served as a On a height of land near Weston, private in the war, and his tormer away from the murk of the city, major. When the first man went to children are winning their way back | visit his brother and the door was to health in an environment of sunshine, pure breezes and quiet. town is a God-send for children he has always called the Entler "Sir." whom it will take a long time to The butler calls his former private! cure. It also liberates a hundred cots in the parent institution for excellent terms. youngsters who can be set right in

a short time if quickly given constant attention. So the Hospital for Sick Children has now two doors to keep open day and night to every class, color and creed. Hospital has depended for its very existence upon the public response to its annual appeal which, being in behalf of children, is appropriately made at Christmas time. For over enabled to make both ends meet by | ture in the animal market. the donations of its friends, whether such be a dollar or an endowment. But the end of 1928 finds it with many large bills to pay for its new

To its old friends the Hospital for Sick Children once more appeals. It is because so many of your readers are included in that ever-growing circle, that I trespass upon your space to remind them that it was their generosity in the past that emboldened the Hospital's Trustees to build for the future. With an extra effort stimulated by a new need cannot the income of the "Sick Kids" be put once more abreast of its urgent needs?

Faithfully yours, IRVING E. ROBERTSON, Chairman Appeal Committee.

WOOD FOR SALE - Mixed wood R.B. 8 Milton.

AN ENGLISH HEROINE.

Gave Her Life Trying to Rescu Drowning Man.

English people have been thinking with pride of a brave girl who ha died in France. She was Betty ger, a girl of nineteen, of Kent. land, living with mother in Po

Betty was a fine swimmer. knew most of the currents of the coast near Boulogne. As she was strolling with her mother along the shore a French workman was waik ing and laughing at his dog playing king of the castle with the wave: Going a little too far out the dog was swept away, and the workman dashed into the shallow water after Betty and her mother stayed to watch, and were horrified to see th man swept off his feet.

Without an instant's hesicael: Betty plunged in after him to struck out with bold strokes to the place where the man's head was beibing up and down. She had aim s reached him when the current cauri her. Betty struggled hard, watche. in agony by her mother, who could only stand still on the shore. There were now two heads bobbing up and down in the waves, and

groups of watchers standing on eith er side of the stricken woman. Someone dashed by. It was an English man, Mr. Sidney Springay. He pluned into the sea, but could not get near the girl or the man she had gone out to save. He was flunt against the breaker and his breathless, bruised body was drawn back by a rope to shore. Farther and farther out the tossing waves carried the struggling pair. and when the boats went to their rescue it was too late. They had gone down, and Betty, who had left home laughing with her mother an hour before, is now among the heroes, those who gave all to save

IN THE HEART OF LONG

Throgmorton Street Is a Private Thoroughfare. In the heart of the city of London, a few yards from the Bank of

England, is a thoroughfare used every day by thousands of people unaware that: They have no right to use the road; No policeman ever patrols it: They are walking over a large restaurant;

They are passing within a foot of a

spacious garden. This street or many peculiarities is Throgmorton avenue, which runs from Throgmorton street-opposite the Stock Exchange—to Lendon

Although it is a quarter of a mile long and contains the offices of many stockbrokers, it is a private thoroughfare controlled by the Drapers' and Carpenters' Companies, who are the landlords of the property, and the gates at each end are locked every night. Only occupiers of the buildings and their visitors have the right to use the avenua. During the day a top-hatted beatle patrols the avenue and supervises the parking of motor cars, takin. care that only those of tenants or

their visitors stop there. No policeman enters unless he is summoned. The Throgmorton street end of the avenue consists of a wide passage on one side of which is a wall just ing to J. B. Martin, manager of the | too high to permit passers-by to see the long formal garden of the Drapers' Hall. Raised beds are bright ! with geraniums, while in the midst is a pond in which goldfish are idling away the summer. An ancient mulberry tree, raid to be a survivor of the Great Fig. stands in a corner.-London Daily

ONE POUND A YEAR.

Many Instances of Strange Bequests In Old Country.

The sum of £1 a year for a poor man to go round the parish church while the sermon was being preached, to awaken anyone who had fallen asleep and eject any stray dogs, was the curious legacy of John Rudge, There are many instances of b the Trustees had to decide whether | quests for having bells rung and bea its service should be restricted to | cons lighted for the purpose of guidthe utmost number of "Sick Kids' ing travellers by night. Strange, too, whom it could provide with cots or is the plot of hand as Pettiwhether it should add to its room. | coat Hole, at Stockton-on-the-Forest There are many youngsters suffer. In Yorkshire, that is held on condiing from afflictions of the spine and | tion that a poor woman of the place joints, whom only many long months | is given a new petticoat once a year. On the benefaction tables at Dept Medical care will help; but what | ford Church there is a record to they principally need is fresh air the effect that "a person unknown and sunshine. Hitherto the Hospital gave half a quarter of wheat, to be given in bread on Good Friday, and half a load of rushes at Whitsuntide and a load of pea-straw at Christmas yearly, for the use of the church." When rushes were strewn on floors in lieu of carpets many people left bequests of money and land for pro-

Back In Civil Life. A curious meeting took place reopened by a butler he ejaculated in surprise, "Good heavens, Major! How The country hospital at Thistle- are you sir?" From that moment

Gilsonite, a strange mineral used in making telephone mouthpieces, electrical insulation, paint and knobs. For more than half a century the is mined only in the state of Utah.

Gilsonite.

Rhino Come; Eligh. According to recent Lendon quota tions on rare animals for zoos the fifty years the H.F.S.C. has been | rhincreros is the most expensive crea-

School Teacher Attacked

Not so very long ago, Henry was very anxious to go into one of the

professions, so in order to make enough money to keep up with his expenses, he took up school teaching. Well, teaching isn't so easy now-adays as it used to be, and Henry had to work doubly hard to do his day's work and also keep up with his prito spare some of his slender earnings His father died some fifteen years ago from tuberculosis, and, in time, and long before his goal was reached, Henry, too, had outworn his slender Muskoka Hospital for Consumptives,

Tis good tea

is supreme

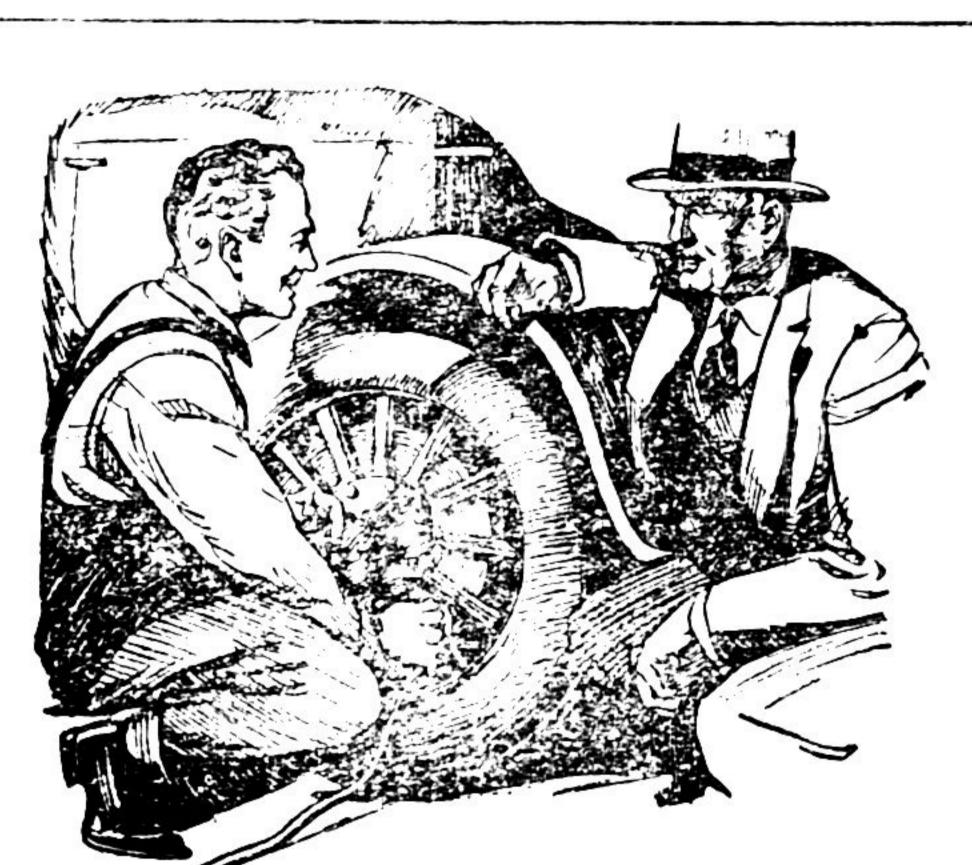
Milton, Ont.

Milton, Ont.

Red Rose Orange Pekoe

In clean, bright Aluminum.





Chas. T. Day & Son

Riding on Air!"

A IR lifts the load off the road. The heavier the load the more air it takes. That's why tire makers have worked out the correct inflation pressure for every size of tire for different

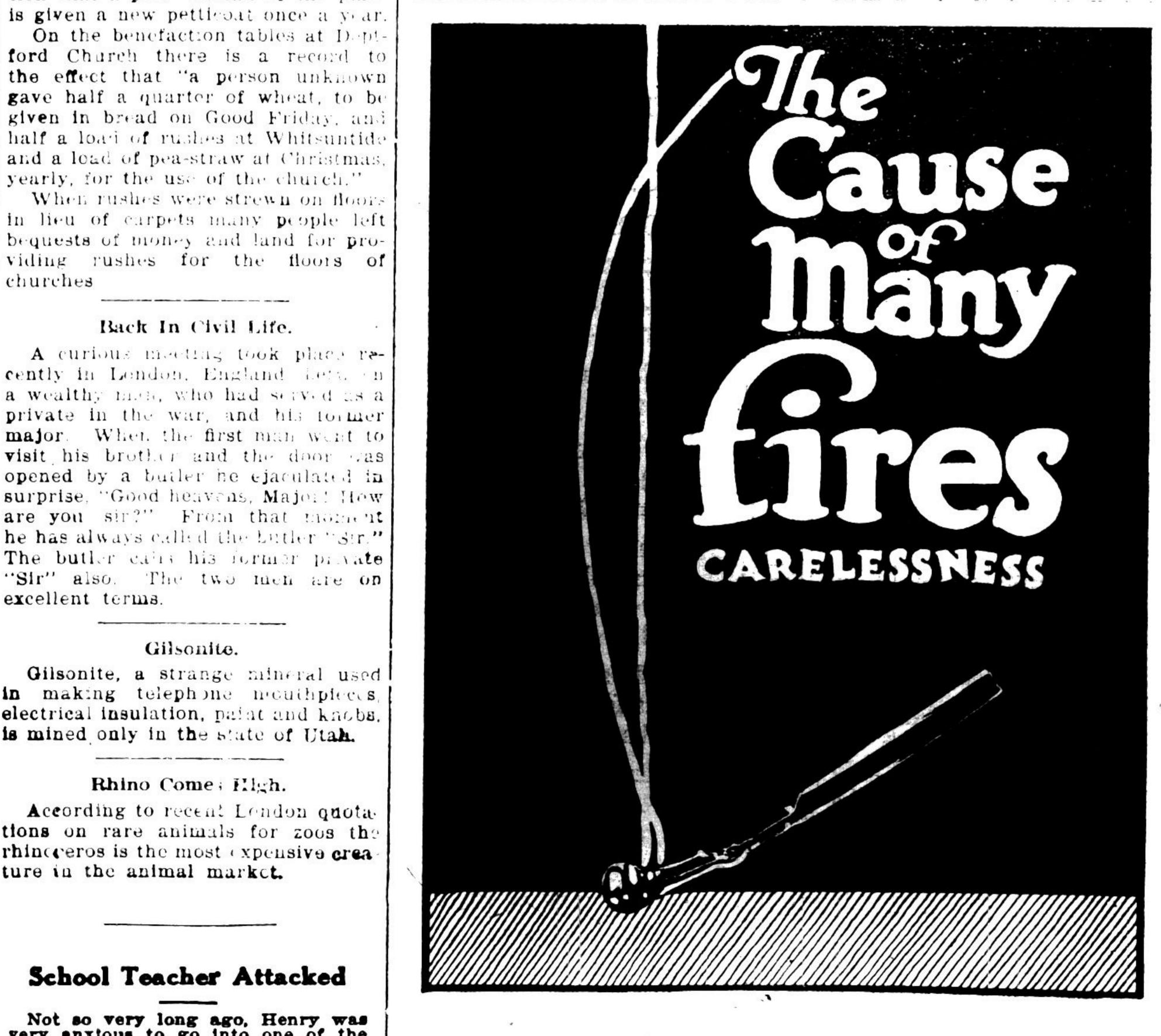
Know the correct pressure for your tires, and stick to it. Don't guess it — gauge it. Two or three pounds under pressure cuts miles off the life of a tire.

Keep in mind you're riding on air, and if there isn't sufficient air, you're riding straight into trouble. Pay a weekly visit to a Dominion Tire Depot and have your tires examined.

You are never far away from a

DOMINION TIRE DEPOT

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Auction Sale Register.

extensive clearing auction sale of trasales tax to pay. horses, 42 head of cattle, 46 pigs, 1000 bus, oats, 50 tons hav, implements in best of condition and up to date, including Chevrolet car and Ford truck. Cook's Regulating Compound I months' credit on all sums over \$20.00. 6% off for cash. R. J. Kerr.

DAILY TRANSPORT TO AND FROM TOBONTO.-W. Hayward & Sons, R.R.

GOOD PRINTING.—Now is the time to look over your supply of office Friday, Nov. 16.—Clearing sale of stationery—bill heads, letter heads, enarm stock and implement at Alex. velopes, etc., and if any of them are Clark, lot 24th, 4th line, Nassagaweya. short place the order with THE CHAM-Sale at 2 o'clock. R. J. Kerr, Auct. Pion Printing Office. Here you will Tuesday. Nov. 20 .- Frank Day, lot get first-class work at moderate prices. seventh line. Eramosa, will hold an correct as to names, etc., and no ex

Canada the Big Game Hunters' Paradise



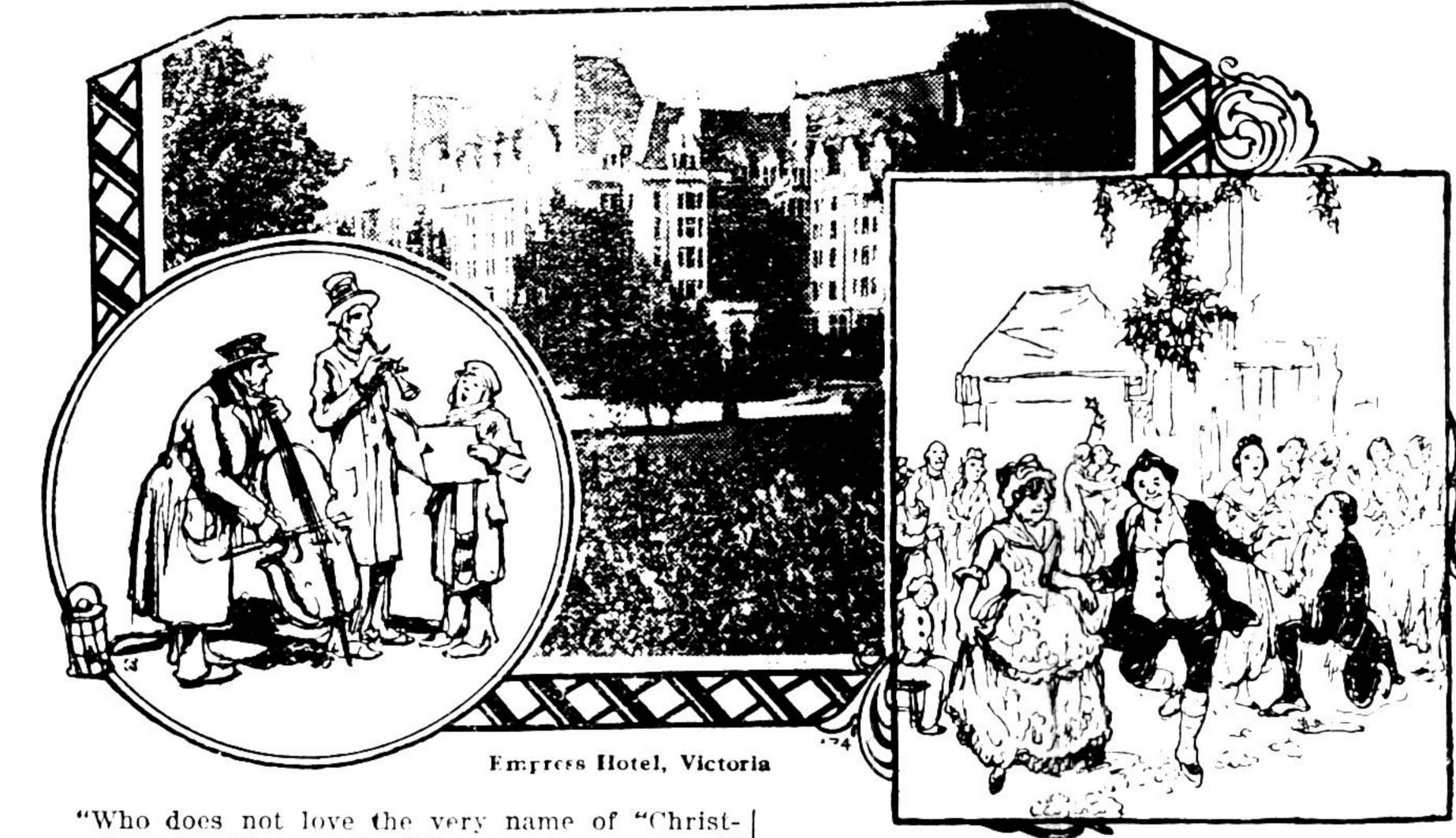
Canada is still the finest big game bordering Lake Kedgemakooge, and Banff, Calgary, Edmonton and High area in North America. Moose, Lake Rossignol. These lake regions River. deer and caribou abound in the are the haunt of the finest speci- British Columbia Cariboo and provinces of Nova Scotia, New mens of moose, deer and black bear. Cassiar districts offer the very but-Brunswick, Quebec, Ontario, Alberta In New Brunswick, the hunter has gest of big game in the Canadian and British Columbia — the latter thousands of square miles of big Rockies. From Ashcroft, B.C., the two offering mountain sheep, moun-game country. From Plaster Rock, hunter enters the Cariboo Country tain goats and grizzly bears for on the Canadian Pacific Railway, where, with other big game, are good measure, but caribou may not there is easy access to the wild life found the great shaggy grizz. be shot in Nova Scotia or New areas of the Tobique, Nepisiguit and whose very ferocity lures the and a Brunswick. Early reports from Upsalquitch Rivers. Other noted tious and daring sportsman. F veteran guiues in all these provinces game districts border the Miramichi, Field, Kamloops, Revelstoke and indicate that game will be more Keswick, Gaspereaux, Serpentine Sicamous great numbers of hunters plentiful this year than for many and Restigouche Rivers. seasons pass

and favorable water routes, is a most attractive prospect for the sportsman. Moose, deer and black bear abound in the Kipawa and Timiskaming districts, Upper Gatt. neau River, Lake Megantic, and the Laurentian Mountains, which Champion Gene Tunney visited last spring. Noted "going-in" places to this hunter's paradise are at labelle, Nominingue, Lac Saguay and Mont Laurier. Similar attraction are found in the province of Ontar whose 407,000 square miles are with wild life. regions here include Georgian French River, Metagama, Schreiber Alberta has a great plenty mountain goats, mountain sharp

place to the hunting districts such noted "jumping-off" places as

go every season in quest of the grant Quebec, with its 700,000 square game in which these regions about 1

Victoria Scene of Yuletide Festival



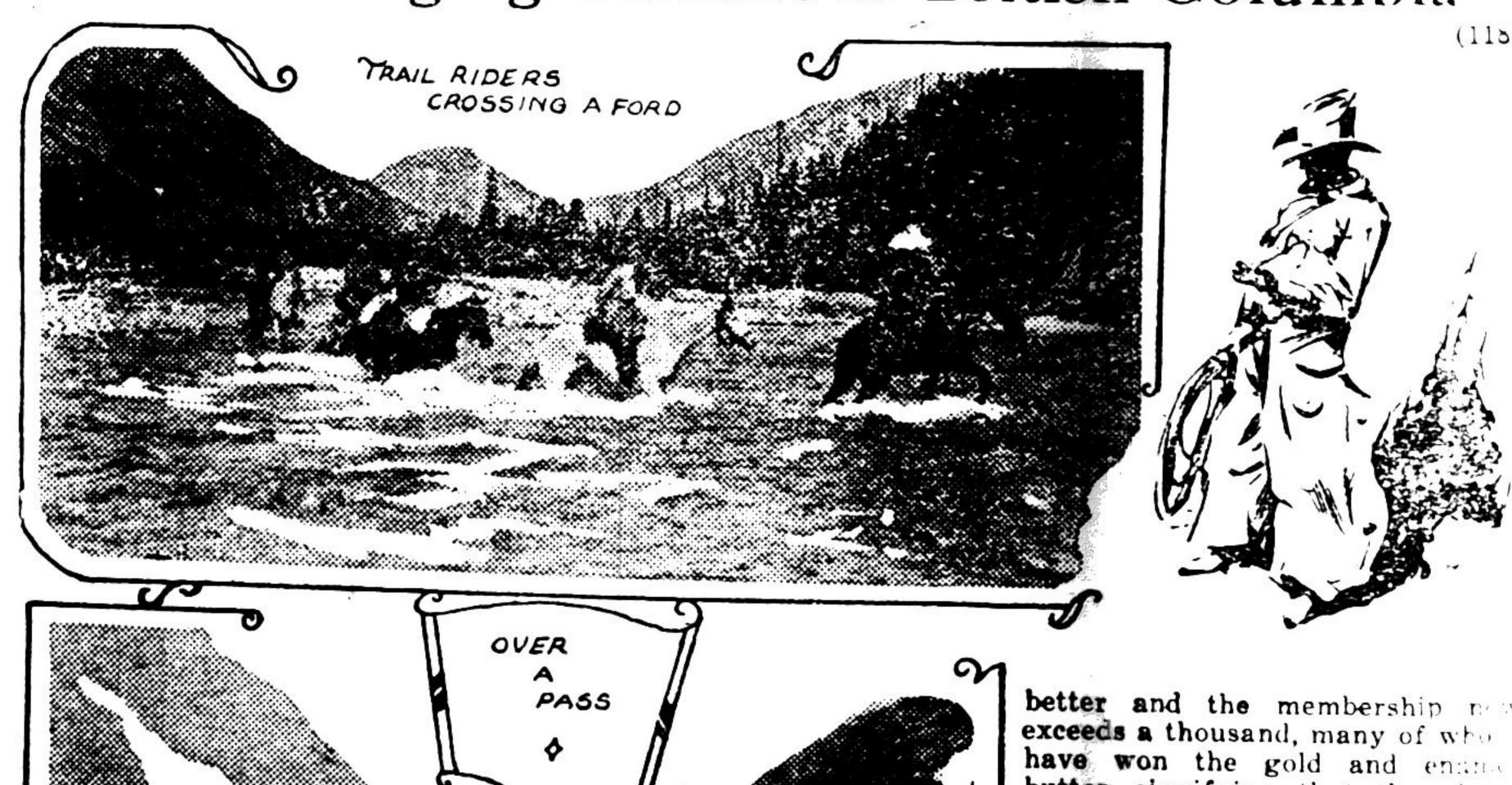
mas", asks Dickens in "The Christman Carol" knowing well enough that there is no such per on, old carols, old music—a Christmas festival that will in the dim middle ages Christmas was an English by the Canadian Pacific Railway. tion changed a little now and then as time went play that had its first, performance at Chester by. But Christmas remained English and is to-day Abbey, Christmas, 1328, just 600 years ago, when as English as ever wherever English people are Edward III was on the throne, and about twentygathered.

better setting for English revels?

and that if there were his punishment would pro- pull at the heart-strings of English people no matbably be nothing less horrible than that which ter how many years or generations they have been proved so effective in the case of the unpleasant away from "Home". The celebration will last Mr. Scrooge. And where, one may ask, is the pro- from Christmas to "Twelfth Night" and will center per Christmas spirit more truly observable and around the Empress Hotel as one of the musical more thoroughly enjoyed than in England. Back and historical festivals that have been organized institution and it came down the centuries losing | Among the features of the Festival will be a nothing of its charm although customs of celebra- presentation of "The Chester Mysteries" a nativity

five years before the battle of Cressy. Christmas Outside the British Isles there is no place so customs down through the ages to the time of English as Victoria. The climate is English, bet- Dickens will be observed in the costumes of their ter still its scenery is English, and best of all, its period and there will be a Christmas play based on people are English. Great holly bushes "with red Mr. Pickwick's famous Christmas Frolic at "Dinaley berries dight" grow in profusion, and English Ivy Dell Farm". The celebration will wind up with a shrouds the walls of mansion and cottage-what fancy dress ball, and as Victoria is Canada's mospopular winter resort the event will be attended Victoria is this year going to celebrate Christmas by people from all parts of this country and the in right good Christmas fashion. Old customs, western States.

Trail Riders of the Canadian Rockies Visit Lake of the Hanging Glaciers in British Columbia





[] undreds of lovers of the great ful horseback ride through the nearly 300 feet higher than the outdoors have joined the Canadian Rockies to scenic wond- lake itself. From this wall ice-Trail Riders of the Canadian ers which have been viewed by a bergs are falling continually, and Rockies, an organization of poets, mere handful. John Murray Gib- forming a miniature Arctic sea novelists, scientists, educators, art- bon, of Montreal, first organized in the heart of the mountains. ists, Indian chiefs, cowboys, na- this great ride, which this year Surrounded as it is by jagged ture lovers in general, and those started August 2, for the Lake Alpine peaks, many of which extrails in the Canadian Rockies and Banff and Lake Windermere, B.C. district has challenged the ambient the grand kick of a wonder. Each year it has been higger and tion of many Alpine climbers.

button signifying that they have ridden at least fifteen hundred miles. Of the hundred so qualifying, 23 are ladies. Three of the girl-members who joined up with the main party this year on the start for the Lake had already covered upwards of 200 miles of mountain trails. The Lake of the Hanging Glaciers, about 7,500 feet above sea level, in the Selkirk Range, was discovered about 20 years ago, but is still as wild as ever. Ita name gives some idea of its spectacular appearance, which is that

of an immense cirque, with eight glaciers forming a morraine which VOLUME 69

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LOCA Place of Histing

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Burnington NAMER AND ADI E C. I hompson. W. J. Stuart, Bu General Sessions me and 19th Dece County Court S. ther times as may Andis of Criminal