DO YOU NEED GLASSES?

Often glasses are necessary where the vision seems perfect. Delicate muscles are put to too much strain to hold the eyes in focus. Squinting and frowning are characteristic of this trouble. Headaches, eye-strain and inflamed conditions result.

Our experience of 18 years assures you of satisfactory results in the use of our glasses.

We Grind Our Own Lenses.

A. D. SAVAGE
OPTOMETRIST AND MFG. OPTICIAN
RIGHT AT THE POST OFFICE
PHONE 1031 X GUELPH, ONT.

"WE WON'T COME HOME TILL ITS OVER, OVER THERE."

(continued from page 2.

The Daily 'Araguayan,' our only daily paper gives us the latest news by special Marconigram. Its size is small, but it offers no apology on that account and all items of news or non-news are gratefully received and it is guaranteed to have the largest circulation of any paper printed on board. Its daily run is an interesting item to each issue and many interesting debates are thereby inspired as to when we may sight land. We are making an average of over 300 miles every 24 hours—about 14½ miles an hour and barring accidents, should make Portland, Maine, by Friday, 25th inst. We get a daily issue of 'fags' and received a small present of tobacco and pipes from the ship's C.O. And our letter of thanks and farewell from our King and Queen. The Red Cross comforters are very generously handed out by the Ward Sisters. There is a splendid library open to all; most of the books having been presented to the ships for course by the good people of Halifax, N.S. There are plenty of magazines and writing materials.

Copied from to-day's orders, Friday 26th April, 1919. Valedictory: The O.C. H.M.A.T. Araguaya, wishes to convey to all patients his keen appreciation of the excellent discipline maintained throughout the voyage. The cordial relations existing between officers made the trip a most pleasant one.

On returning to our bunks on Thursday evening after a jolly sing-song in the hold we felt, barring misadventure and fog, we should see land early on Saturday and we were not disappointed. At break of day we sighted the place Cliff and he was very soon aboard, coming over the ships side the big boat having moved down to the quarantine. He was on his feet on board since leaving Liverpool. Soon we could see through the curtains mainte mist and show thinnies the land of the good old U.S.A.; everything becoming more distinct every minute. So far it was rather a cold welcome, but it seemed to be real Canadian weather, everything being white with snow. Very soon we were alongside the quay and despite the early hour, quite a large company was there to welcome us, Salvation Army lasses, Red Cross ladies, Knights of Columbus, &c., who pelted us with cigarettes, chocolates and newspapers until the gangway was laid down. Then they came on board and a real hearty and jolly welcome they all gave us, distributing doughnuts, hot coffee, fruit and candies. Later the Portland Brass Band took up the welcome and soon we were enlivened by some sparkling value tunes. The band later came aboard and the fun waxed hot and furious and many couples were dancing and we certainly all had a great time, such a welcome as we will never forget. Later we had a visit to the paymaster. Were the Tommies over there the first off the boat and I for one was not sorry to get an extra fifty again. It was a short walk through the long sheds to the Red Cross building, where we were all assigned to our respective places of abode, letters and orderlies in attendance. This C.P.R. Red Cross Hotel certainly beautifully fitted up for accommodation and everything done for our last lap home, first class in every condition throughout, and the boys who are going to the far west will not find the long trip dreary. A special place as we stopped at Red Cross house came on board and at Halifax Food, 16 miles from the Canadian border, we were regaled with real ice cream.

After crossing the boundary we felt 'Country.' We felt we were on the home stretch indeed. Two more days from Canadian Red Cross Hotel and we felt indeed we were upon the threshold of our Canadian homes. The process of Canadianization commenced at the time of our arrival in Halifax. Arrangements were made for all comforts to be made for the journey home. Special cars were attached to the train and quarters in the Ward Sisters, at the end of the coach, close to the kitchen, so that we could easily get at them. The meals served on the train were very good, and after leaving Halifax we were served with three hot meals a day, and we felt we were indeed on our way home. Although we had a long journey, we felt we were well looked after and thoroughly enjoyed the trip. Leaving Halifax we had a fine run through Nova Scotia and New Brunswick, and we felt we were indeed in Canada. We were met at every station we stopped at by the ladies of the Red Cross, who came on board and served us with hot coffee, sandwiches, cake, fruit, candies, cigarettes, chocolate, and magazines