## **EVENTS**

FRIDAY, DECEMBER 28 E2 young engineers lego® stem winter camp at cirque du play WHEN: 9:00 a.m - 4:00 p.m WHERE: Cirque Du Play, 525 Main St E, Milton CONTACT: 1-855-980-1881, annie@e2youngengineers.com, https://milton.snapd.com/events/ view/1204995 COST: \$56 Calling all master builders! Students will learn physics and

science while building a motorized

LEGO® model during this fun and

educational Winter Camp held in

an indoor playground.

Tai Chi WHEN: 10:00 a.m -11:00 a.m WHERE: Campbellville Church Hall, 132 Main St. North, Campbellville, Milton CONTACT: Mary, 905-854-0314, mrhansell@hotmail.com All welcome.

**Re:Soul Youth Centre** WHEN: 3:00 p.m - 9:00 p.m WHERE: Re:Soul Youth Centre, 900 Nipissing Rd., Milton CON-TACT: (905) 876-0368, info@yfcmilton.com Drop-in for high school students in grades 9 to 12. For more in-

Visit insidehalton.com/events for our selection of this month's featured online events: Home for the Holidays.

Next month, we'll feature ...:::: \*\*\*\*\*\* Things to Do in a Canadian Winter. Visit insidehalton.com/events and hit the POST YOUR EVENT button to submit these or any other community event!

formation, visit Re:Soul on Facebook, Twitter and Instagram.

Elf The Musical Jr. WHEN: 7:30 p.m WHERE: FirstOntario Arts Centre Milton, 1010 Main Street Street E. CONTACT: 905-878-6000, https://secure1.tixhub.com/milton/online/ b\_otix.asp?cboPerformanc-

es=1231&cboE-

vent=783&perfcount=4&width=1263 COST: 25 This hilarious fish-out-of-water comedy follows Buddy the Elf, a young orphan, who mistakenly crawls into Santa's bag of gifts and is transported to the North Pole. The would-be elf is raised, unaware that he is actually a human, until his enormous size and poor toy-making abilities cause him to face the truth. Buddy embarks on a journey to New York City to find his family and to

discover his true identity. Faced with life's realities, Buddy is determined to win his family over, remembering the true meaning of Christmas. Tickets: \$25, Senior/ Child: \$20Price includes box office charge and HST.

SATURDAY, DECEMBER **Christmas activities** at the farm WHEN: 9:00 a.m -5:00 p.m WHERE:

7256 Bell School Line, 7256 Bell School Line, Milton CONTACT: 905-878-4908, https://theheartofontario.com/event/christmasactivities-at-the-farm/ COST: 6 Get into the holiday spirit with Springridge Farm's annual Christmas activities on weekends!

MONDAY, DECEMBER 31 **Breastfeeding Clinic** 

WHEN: 10:00 a.m - 1:00 p.m WHERE: Milton District Hospital, 725 Bronte Street South, Milton CONTACT: 905-878-2383 OHIP-covered one-on-one breastfeeding clinic with a certified lactation consultant.

New Year's Eve Hoopla WHEN: 5:30 p.m - 9:00 p.m WHERE: Mountsberg Conservation Area, 2259 Milburough Line, Campbellville, Milton CONTACT: 1 905-854-2276, https://www.conservationhalton.ca/event-details?eventID=112 COST: 6 Families will love the play barn, \* farm animals, tasty treats, wagon rides, night hikes, and puppet show! Some of Mountsberg's amazing raptors will make an appearance and we will try out New Year's Eve traditions from around the world.

Milton Rotary Club WHEN: 6:30 p.m - 8:00 p.m WHERE: Community Living North Halton Meeting Room, 917 Nipissing Road, Milton, ON, Milton CONTACT: kirsti.fry@gmail.com Weekly meeting of the Milton Rotary Club. This is not a dinner meeting. Visit www.miltonrotaryclub.com for details.

TUESDAY, JANUARY 1 **Breastfeeding Clinic** WHEN: 9:30 a.m - 12:30 p.m

WHERE: Milton District Hospital, 725 Bronte Street South, Milton CONTACT: 905-878-2383 OHIR-covered one-on-one breastfeeding clinic with a certified lactation consultant.

**Seniors Pliates** WHEN: 10:00 a.m - 11:00 a.m WHERE: Campbellville Church Hall, 132 Main St. North, Campbellville, Milton CONTACT: Zhanna, 905-220-9768, zhanna.pilates@gmail.com All welcome.

**Dancers with Parkinsons** WHEN: 1:00 p.m - 3:00 p.m WHERE: The Dance Class, 8750 Regional Road 25, Milton CONTACT: Linda or Ken Green, 289-851-8655 COST: \$5 The Parkinson's Support Group of Milton hosts Dancers with PD. Dance or move (some done while sitting in chairs) for the first hour followed by an hour-long social get-together. Class is open to anyone with mild to moderate movement issues who wants to keep moving.

**Annual Mayor's New Year's** Levee WHEN: 1:00 p.m - 3:00 p.m WHERE: Town of Milton, 150 Mary

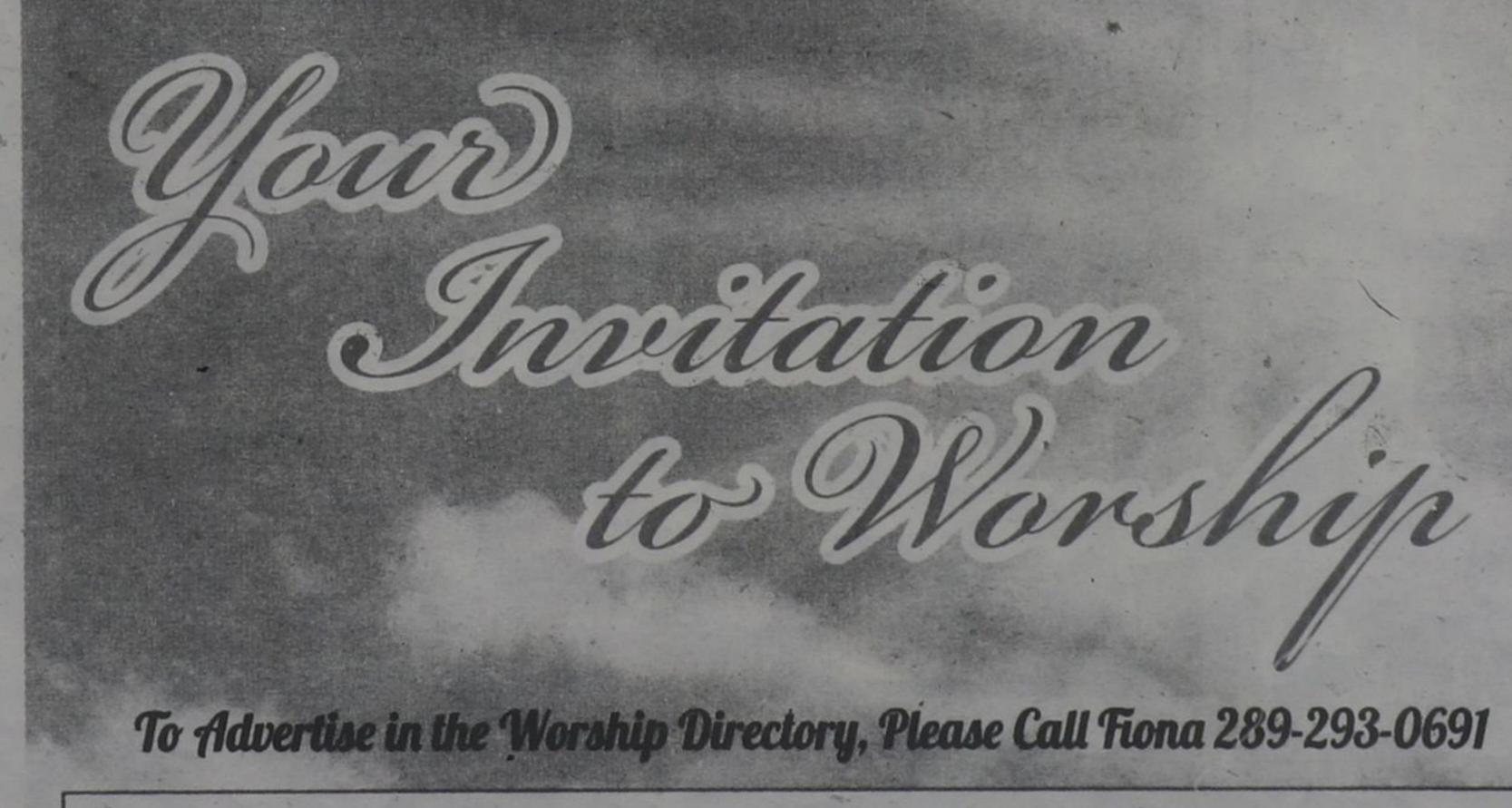
Street, Milton CONTACT: 905-878-7252, https://milton.snapd.com/events/

view/1208272 COST: Milton Mayor Gord Krantz and members of Milton Council will host the Annual Mayor's New Year's Levee at Town Hall

WEDNESDAY, JANUARY 2 Hollday Camp at Ice Cream Lab WHEN: 9:30 a.m WHERE: Ice Cream Lab, 212 Main Street East, Milton CONTACT: 905-876-2522. http://www.downtownmilton.com/event/holiday-camp-atice-cream-lab/ COST: \$60 Olaf in a Snow StormRice Krispies SnowballsCinnamon Sugar SnowflakesFoam Cup Snowmen. Choice ... of lunch: Make their own pizza, grilled cheese, or pasta.

> Milton Film Forum #5: Puzzie WHEN: 7:30 p.m WHERE: First Ontario Arts Centre Milton,

1010 Main Street Street E. CON-TACT: (905) 875-5399, https:// secure1.tixhub.com/milton/ online/b\_otix.asp?cboPerformances=1258&cboEvent=798&percount=1&width=1349 COST: \$9 Agnes, taken for granted as a suburban mother, discovers a passion for solving jigsaw puzzles which unexpectedly draws her into a new world - where her life unfolds in ways she could never have imagined.





## After Christmas - What to Keep and What to Get Rid Of

At Christmas, we will often receive gifts that we like and gifts that we don't like as much. We appreciate that friends and family members spent valuable time and resources to find just the right thing to give us - the right size, the right style and the right colour.

So, we strive to be thankful for each expression of love. We release an attitude of gratitude upon opening each present. Yet, deep inside, we wonder what to do with those you shouldn't have gifts.

After Christmas, we have a few choices of what we can do with those gifts that we really do not like. We can re-gift them to someone else, put them on E-bay or Kijiji or take them back to the store to replace them with something that we prefer. We-

can keep what we want and let go of what we don't

Why is it so easy to do this with presents, but not other, more important aspects of life?

Why is it that we so often keep the things that we don't need, but so easily let go of the things that we

We hold onto criticism, letting the words poison our attitudes. Yet we deflect compliments, refusing to accept that they may true.

We hold onto painful memories, focussing on them as we replay them over and over again in ourminds. Yet too easily, we forget the good times, rushing past them in our anxiousness to move on to the next activity.

After Christmas, as we consider which gifts to keep and which to let go of, let's do the same with our memories. Let's hold on to the good ones and let go of the bad - realizing that the power to choose is ours.

Choose today and ask God to help you with what is too difficult to handle on your own. Visit a local place of worship this week. Meeting times and locations are published in the attached directory to help.

Submitted by Rev. Dan Rogge, Pastor of Milton's New Life Church

