

EVENTS

FRIDAY, AUGUST 3

Tai Chi

WHEN: 10:00 a.m - 11:00 a.m
WHERE: Campbellville Church Hall, 132 Main St. North, Campbellville, Milton **CONTACT:** Mary, 905-854-0314
 All welcome.

Self Care Group @ The Women's Centre

WHEN: 12:30 p.m - 1:30 p.m **WHERE:** The Women's Centre, 225 Main Street, Unit 7, Milton **CONTACT:** 289-878-1943, thewomenscentreofhalton.com/ **COST:** If you tend to take care of everyone else and leave little time and energy for yourself, join us for our self-care group. Teaching women to take time to focus on themselves. Every Thursday and Friday from 12:30pm to 1:30pm. Call to register.

Re:Soul Youth Centre

WHEN: 3:00 p.m - 9:00 p.m **WHERE:** Re:Soul Youth Centre, 900 Nipissing Rd., Milton **CONTACT:** (905) 876-0368, info@yfc Milton.com
 Drop-in for high school students in grades 9 to 12. For more information, visit Re:Soul on Facebook, Twitter and Instagram.

SATURDAY, AUGUST 4

Canada Revival 2018

WHEN: 10:00 a.m - 5:00 p.m **WHERE:** Milton Memorial Arena, 77 Thompson Rd

S, Milton ON L9T 2X5, Milton **CONTACT:** Christ Calls Nations, 1-800-430-1545

Canada Revival 2018: Roaring and Soaring of the Righteous, organized by Christ Calls Nations, features many pastors and guest speakers. Doors open at 9:30 a.m. with pre-worship service taking place beforehand.

SUNDAY, AUGUST 5

Adult Tai Chi Class

WHEN: 10:15 a.m - 11:15 a.m **WHERE:** Milton Sports Centre, 605 Santa Maria Blvd., Milton **CONTACT:** Mark, 905-699-5811 **COST:** \$10 drop-in, \$80 for 8 classes
 Drop-in or register for eight classes. For more information, visit www.shaolinkung-fumilton.com/tai-chi.

MONDAY, AUGUST 6

Breastfeeding Clinic

WHEN: 10:00 a.m - 1:00 p.m **WHERE:** Milton District Hospital, 725 Bronte Street South, Milton **CONTACT:** 905-878-2383
 OHIP-covered one-on-one breastfeeding clinic with a certified lactation consultant.

Yoga for Seniors

WHEN: 10:00 a.m - 11:00 a.m **WHERE:** St. David's Presbyterian Church, 130 Main Street North, Campbellville, Milton **CONTACT:** Roseann,

905-854-0245, roseannfelsbourg@gmail.com **COST:** Drop in: \$15 / 4 lessons for \$45

Yoga classes. All welcome.

Milton Rotary Club

WHEN: 6:30 p.m - 8:00 p.m **WHERE:** Community Living North Halton Meeting Room, 917 Nipissing Road, Milton, ON, Milton **CONTACT:** kirsti.fry@gmail.com
 Weekly meeting of the Milton Rotary Club. This is not a dinner meeting. Visit www.miltonrotaryclub.com for details.

TUESDAY, AUGUST 7

Girls Inc. Halton: Girls Inc. Olympics!

WHEN: 8:00 a.m **WHERE:** Our Lady of Victory Catholic School, 540 Commercial St., Milton **CONTACT:** chloeu@girlsinhalton.org, https://www.eventloom.com/event/home/GIHMiltonCamp2018 **COST:** \$150/week

Girls will learn to appreciate an active lifestyle as they develop movement and athletic skills, cooperative and competitive spirit, health awareness, and interest in sport and adventure!

Breastfeeding Clinic

WHEN: 9:30 a.m - 12:30 p.m **WHERE:** Milton District Hospital, 725 Bronte Street South, Milton **CONTACT:** 905-878-2383
 OHIP-covered one-on-one breastfeeding clinic with a certified lactation consultant.

Seniors Pilates

WHEN: 10:00 a.m - 11:00 a.m **WHERE:**

Campbellville Church Hall, 132 Main St. North, Campbellville, Milton **CONTACT:** Zhanna, 905-220-9768, zhanna.pilates@gmail.com
 All welcome.

Pickleball

WHEN: 12:45 p.m - 2:45 p.m **WHERE:** Milton Leisure Centre, 1100 Main St. E., Milton **CONTACT:** 905-878-7946 **COST:** \$3.75/65 years + \$5/18-64 years
 Pickleball also runs Saturdays and Sundays from 6 until 8 p.m.

Indoor Lawn Bowling

WHEN: 1:00 p.m - 4:00 p.m **WHERE:** Milton Soccer Centre, 821 Main St. East, Milton **CONTACT:** 289-971-9208 **COST:** \$7
 Instructions and bowls are provided for novices. Pay as you go.

Dancers with Parkinsons

WHEN: 1:00 p.m - 3:00 p.m **WHERE:** The Dance Class, 8750 Regional Road 25, Milton **CONTACT:** Linda or Ken Green, 289-851-8655 **COST:** \$5
 The Parkinson's Support Group of Milton hosts Dancers with PD. Dance or move (some done while sitting in chairs) for the first hour followed by an hour-long social get-together. Class is open to anyone with mild to moderate movement issues who wants to keep moving.

Milton Toastmasters meet

WHEN: 7:30 p.m - 9:30 p.m **WHERE:** Royal Canadian Legion - Upper Hall, 21

Charles St., Milton **CONTACT:** contactus-form-4778@toastmastersclubs.org
 Please arrive at 7:15 p.m. Guests are always welcome. For more information, visit https://milton.toastmastersclubs.org.

WEDNESDAY, AUGUST 8

Family Play

WHEN: 10:00 a.m - 12:00 p.m **WHERE:** St. David's Presbyterian Church, 130 Main Street North, Campbellville, Milton **CONTACT:** Roseann, 905-854-0245, roseannfelsbourg@gmail.com **COST:** \$5
 Adults supervise their own children while meeting other caregivers. Toys, crafts and art supplies available.

Royal Canadian Sea Cadet Corps Chaudiere

WHEN: 6:15 p.m **WHERE:** Milton Fair Grounds, Building 3, 136 Robert St, Milton, ON L9T 1G9, Milton **CONTACT:** 905-875-1400

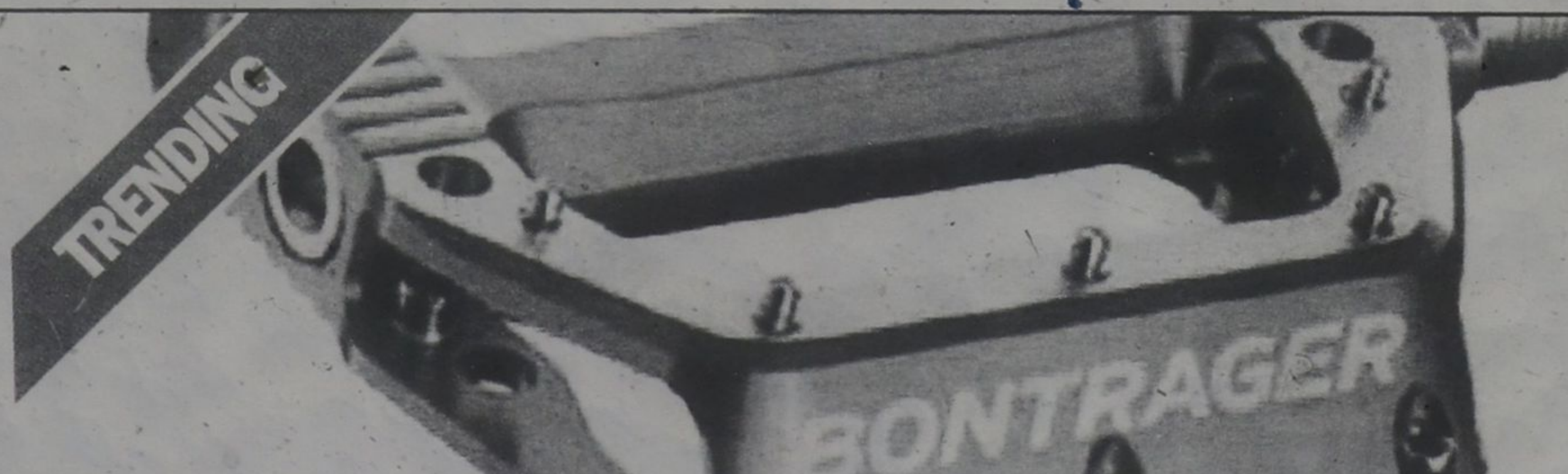
A youth program for boys and girls aged 12 to 18 meets in Building 3.



WEEKEND EVENTS

SIGN UP FOR OUR WEEKLY NEWSLETTER AT INSIDEHALTON.COM

insidehalton.com champion



RECALLS: PEPPERIDGE FARM GOLDFISH CRACKERS, MORE MAKE THIS WEEK'S LIST

Weekly roundup of current product recalls also includes fish tofu and bicycle pedals

bit.ly/2AuCCq0



PLANNING A PUBLIC EVENT? POST IT HERE:

insidehalton.com/events

GET YOUR EVENT LISTED!

Publish your events online with your local Milton and Halton news website and let us help you spread the word. Create an account, sign and start listing.

insidehalton.com/events

Click, register, upload or send down to Post Your Event. Question? Email events@insidehalton.com

BEYOND THE PAGES

From breaking news to multimedia features, go beyond the newspaper pages and discover all that the Milton Champion has to offer online.

www.insidehalton.com



VIEW OUR PRINT EDITIONS

CONNECTED TO YOUR COMMUNITY

InsideHalton.com

burlington • milton • oakville

Halton!

Get Halton news right in your inbox by signing up for the free Insidehalton.com newsletters.

Choose from: Latest news, Opinion, Events and Unsolved crime.

Sign-up is fast and easy...

sign up

www.insidehalton.com/newsletter

GET HALTON NEWS DELIVERED TWICE DAILY TO YOUR INBOX!

insidehalton.com/newsletter