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NEWS

A Hart of gold performance at Canadian Transplant Games

Milton woman sweeps her five events in Vancouver, three years after receiving new heart



Barry Tsuruda photo

Donna Hart proudly displays her five gold medals from the Canadian Transplant Games in Vancouver.

From the brink of death to a national gold-medal sweep.

To say Donna Hart is the living embodiment of the wonders associated with organ donation would be a staggering understatement.

The picture of health just a few short years ago, the 61-year-old Miltonian received a life-saving heart transplant on May 11, 2015.

"I should not be alive. An unknown family and donor decided to save my

forever grateful. Without the organ donor, there is no story, there is no hope, no transplant.

"But when there is an organ donor, life springs from death, sorrows turn from hope and a terrible loss becomes a gift."

Recently, the thankful Miltonian celebrated her new lease on life - and paid tribute to her donor - with a golden sweep at the Canadian Transplant Games in Vancouver.

She turned back all challengers in two cycling events - the 5-kilometre time trail and 20km road race - as well as the 50m breaststroke and 50 and 100m backstroke.

Held every two years, the Canadian Transplant Games celebrates transplant recipients from coast to coast. This year's event featured athletes ranging in age from three to 79.

life," said Hart. "I'm overwhelmed with emotion and gratitude for my donor..."

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TALKING HEADS HAIR SALON

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Rina

A talented stylist and a true expert with over 30 years of experience. Her work is defined by meticulous attention to detail & her versatility. She prides herself on spending whatever time it takes with her clients to create a look they love!

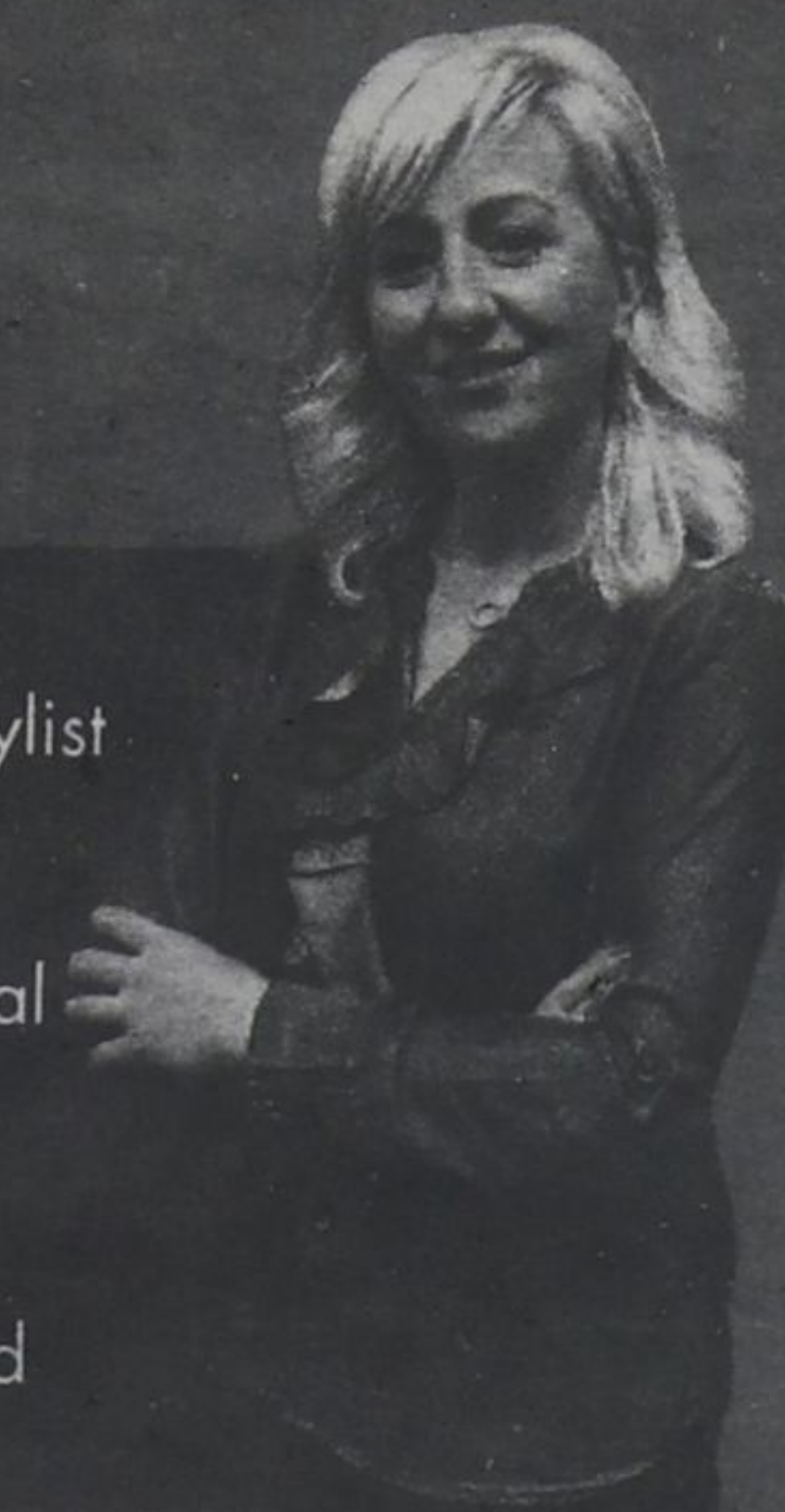
John

A multi-skilled senior stylist and owner who injects creativity, passion and hard work into reaching his goal 100% customer satisfaction. He prides himself on quality styling and building a lasting relationship with his clients.



Emina

She is an artistic young stylist who's been transforming hair into its fullest beauty potential for the last several years. Blending classic haircuts and styles with a modern twist gives her clients a sense of class and confidence.



Other Team Stylists Include Carm, Pietrina, Ida, Kelly & Julie.

905.878.8597 | 55 Ontario St. S. at Main St. in Milton Mall | www.talkingheadshairsalon.ca