

EVENTS

● **Friday, May 4**
Star Wars Crafty Saturday - Toronto West KOA
WHEN: 9:00 a.m - 7:00 p.m
WHERE: Toronto West KOA, 9301 Second Line, Milton **CONTACT:** 905-854-2495
 May the 4th Be With You. Star Wars Crafty Saturday in store for all the Ewoks and Darth Vaders. Join us for hours of crafty fun!

Tai Chi
WHEN: 10:00 a.m - 11:00 a.m
WHERE: St. David's Presbyterian Church, 130 Main Street North, Campbellville, Milton **CONTACT:** Roseann, 905-854-0245, roseannfelsbourg@gmail.com **COST:** Drop-in \$8, \$30 for 6 lessons Tai Chi. Drop in. All levels welcome.

● **Saturday, May 5**
Hospital Charity Breakfast
WHEN: 6:00 a.m - 11:00 a.m
WHERE: Halton Sportsmen's Association, 5125 Steeles Avenue West, Milton **CONTACT:** 905-854-2641, <https://milton.snapd.com/events/view/1143153> **COST:** \$6 adults, \$5 children
 Halton Sportsmen's Association hosts 38th Annual Charity Breakfast in support of The Milton District Hospital Auxiliary. Great prizes and food donated by local businesses.

● **GET CONNECTED**
 Visit insidehalton.com/events to submit your own community events for online publishing.

Kung Fu Classes for Kids
WHEN: 2:00 p.m - 3:00 p.m
WHERE: Milton Sports Centre, 605 Santa Maria Blvd., Milton **CONTACT:** Instructor Mark, 905-699-5811 **COST:** New Students can try a class for free!
 Suitable for kids ages 4 to 16. Participate in authentic and traditional Shaolin Temple Kung Fu. Classes held in the Fitness Studio.

● **Sunday, May 6**
2018 Milton-Halton Hills Mandarin MS Walk
WHEN: 9:30 a.m - 1:00 p.m
WHERE: Bishop Reding Catholic Secondary School, 1120 Main Street East, Milton **CONTACT:** Bonnie Phillips, 1 (800) 268-7582, bonnie.phillips@mssociety.ca, <http://mswalks.ca> **COST:** MS walk is a community fundraising event bringing thousand of Canadians together to raise funds that go towards both world class research and innovative programs and services across Canada. Participants come together to walk, enjoy food, prizes, entertainment and, most of all, the feeling of being united by a

common goal: a future free of MS.

Adult Tai Chi Class
WHEN: 10:15 a.m - 11:15 a.m
WHERE: Milton Sports Centre, 605 Santa Maria Blvd., Milton **CONTACT:** Mark, 905-699-5811 **COST:** \$10 drop-in, \$80 for 8 classes
 Drop-in or register for eight classes. For more information, visit www.shaolinkungfumilton.com/tai-chi.

Puslinch Fiddle Orchestra Performs
WHEN: 2:00 p.m **WHERE:** St. George's Anglican Church, 7051 Guelph Line (just north of Derry Road), Milton **CONTACT:** 905-693-9106 **COST:** \$15
 The Puslinch Fiddle Orchestra, a well known Canadian group with country fiddle music and a variety show, performs. Event will also feature refreshments and door prizes. For tickets, contact Susan Recoskie at 905-878-6649.

● **Monday, May 7**
Yoga for Seniors
WHEN: 10:00 a.m - 11:00 a.m



Metro Creative photo

Dig in at the 38th annual charity breakfast hosted by the Halton Sportsmen's Association May 5 from 6 until 11 a.m.. Proceeds benefit the Milton District Hospital Auxiliary.


WHERE: St. David's Presbyterian Church, 130 Main Street North, Campbellville, Milton **CONTACT:** Roseann, 905-854-0245, roseannfelsbourg@gmail.com **COST:** Drop in: \$15 / 4 lessons for \$45
 Yoga classes. All welcome.

Milton Rotary Club
WHEN: 6:30 p.m - 8:00 p.m
WHERE: Community Living North Halton Meeting Room, 917 Nipissing Road, Milton, ON, Milton **CONTACT:** kirsti.fry@gmail.com
 Weekly meeting of the Milton Rotary Club. This is not a dinner meeting. Visit www.miltonrotary-club.com for details.

● **Tuesday, May 8**
Pilates for Seniors
WHEN: 10:00 a.m - 11:00 a.m
WHERE: St. David's Presbyterian Church, 130 Main Street North, Campbellville, Milton **CONTACT:** Roseanne, 905-854-0245, roseannfelsbourg@gmail.com **COST:** \$15 Drop in, \$45 for 4 classes
 Pilates for Seniors is a safe pilates exercise program on a chair that helps strengthen your core and mobilize spine and joints. Drop in. All levels welcome.

Milton Stroke Recovery Club
WHEN: 7:00 p.m - 8:30 p.m
WHERE: Alenndale Long Term Care Facility, 185 Ontario St S, Milton **CONTACT:** Devon Evershed, 1 (888) 540 6666.
 A community based support, social-and information group for stroke survivors and caregivers to help make the road to recovery a little easier and make a difference in quality of life. Meet and talk with other stroke survivors with similar experiences and share information about post-stroke concerns. Features community guest speaker.

Brain Injury Association of Peel Halton's Georgetown Support Group Meeting
WHEN: 7:30 p.m - 9:00 p.m
WHERE: Real Canadian Superstore Community Room, 171 Guelph St. Georgetown, Halton Hills **CONTACT:** 905-823-2221
 The Brain Injury Association of Peel Halton's Georgetown support group meets in Real Canadian Superstore's Community Room (accessible by elevator), 171 Guelph St. Georgetown 7:30 - 9:00pm. Meet other people who are dealing with similar challenges for support, information and encouragement. To register: supportgroups@biaph.com. More <http://biaph.com>



MILTON
FIRE DEPARTMENT

www.miltonfire.ca/emergencypreparedness



Emergency Preparedness Week: May 6 - 12, 2018


#ONReady
Be Emergency Ready
 Disasters can happen anywhere, at any time, without warning. Be sure you and your family are prepared.

Know the Risks Severe weather events are some of the most common hazards in our area.

Make an Emergency Preparedness Action Plan Do you and your family know what to do in an emergency? Consider a home evacuation plan, alternate shelter, emergency contacts and more.

Build a Kit

- **Build a home emergency kit:** Include a three-day supply of food and water, flashlight, batteries, crank radio, first aid kit, clothing and blankets.
- **Create a car survival kit:** Pack battery cables, warning light/flares, blankets, road maps and first aid kit.



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