



Good HEALTH MART

Your #1 Neighbourhood Health Store Since 1993

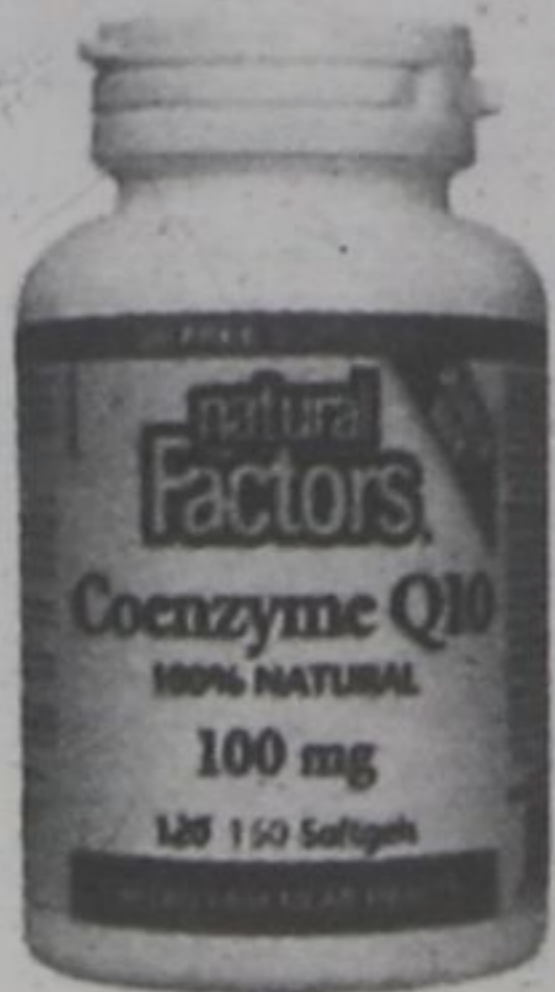


MILTON - 840 Main St. East (905) 878-0444

Sale ends February 28, 2018 - While quantities last

HEART HEALTH

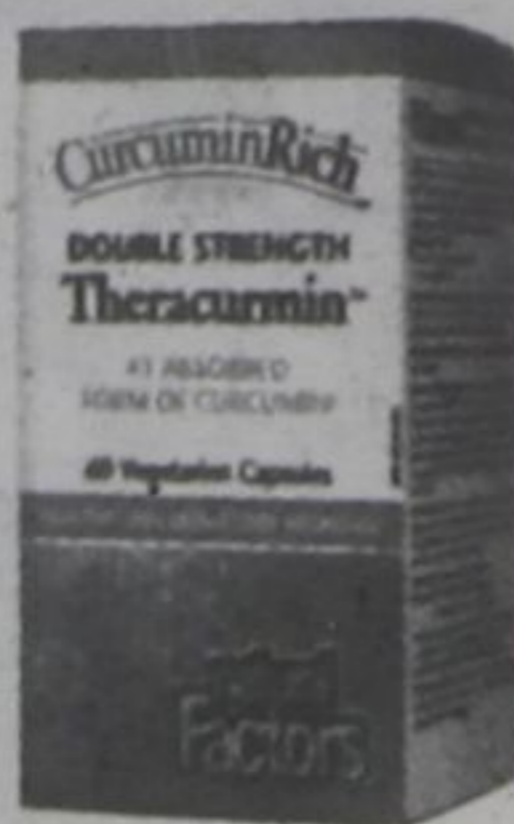
Coenzyme Q10 is a vitamin-like essential nutrient that helps increase levels of cellular energy production and is required by every cell in our body. CoQ10 supports heart health, promotes healthy gums, and restores energy and vitality.



150 sgels
Sale \$23⁹⁷

JOINT INFLAMMATION

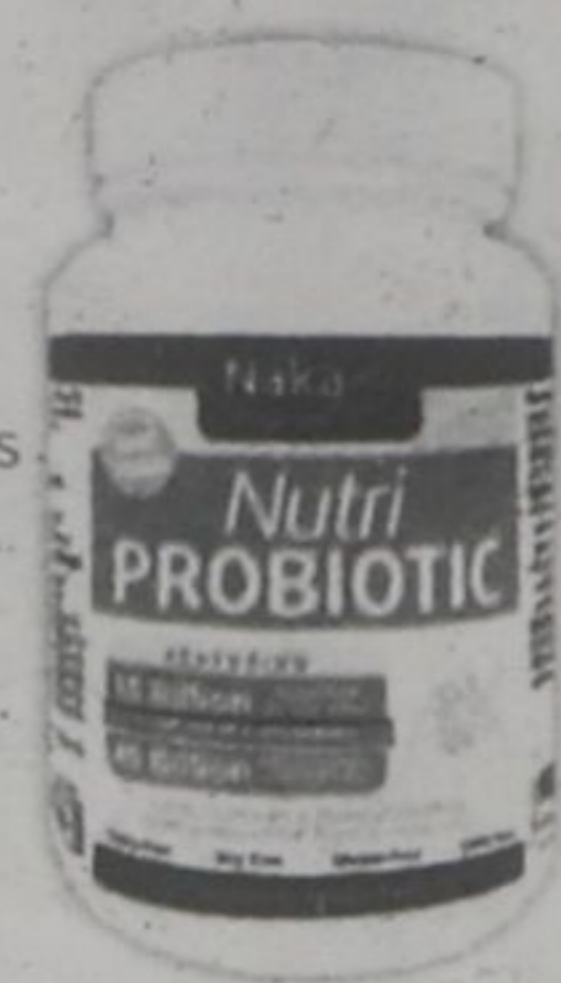
Research shows that curcumin can help to reduce inflammation, provide antioxidant protection and reduce risk factors for chronic diseases. Theracurmin is a natural alternative for anti-inflammatory drugs.



30 vcaps Sale \$22⁹⁷
60 vcaps Sale \$39⁴⁷

SHELF STABLE PROBIOTIC

Naka Nutri Probiotic is dairy free, enteric coated and shelf stable. 45 billion CFU input during production, 16 billion CFUs guaranteed at expiry date. Balanced strains & potency for everyday use. Support digestive health. Aids in weight management.



60 vcaps
Sale \$24⁹⁹

STOP IT COLD

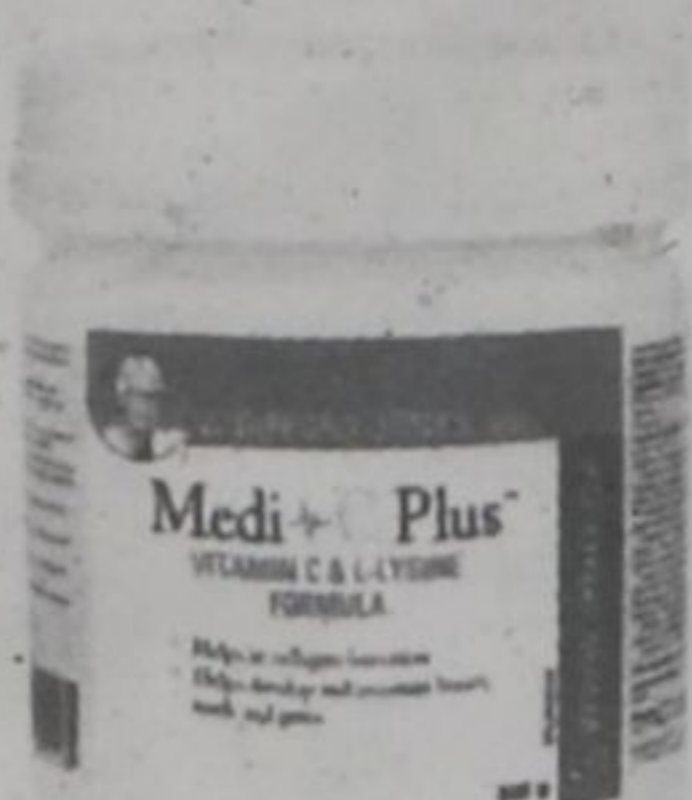
St. Francis Herb Farm Natural Cough Remedy. Helps relieve symptoms of colds and calms coughs. Made with fresh Elderberry and Wild Cherry Bark blended with honey and essential oils. Certified Organic, Great Tasting! Adult & Child.



120 ml
Sale \$14⁹⁹

MEDI-C PLUS!

Research shows people with high levels of Vitamin C are 42% less likely to suffer a stroke than those with low Vitamin C. Try Medi-C Plus!



All sizes
Sale 15% off

CARDIO SUPPORT

AOR Red Yeast Rice (RYR) has been used in food and traditional medicine for thousands of years in China for cardiovascular support. It is an extract from red rice that has been fermented with the yeast monascus purpureus.



30 sgels
Sale \$42⁹⁹

CHO-LESS-TERIN

New Roots Herbal Cho-less-terin takes a natural approach to cholesterol management. Cho-less-terin softgels contains five potent, proven, natural ingredients, formulated in a matrix of red palm fruit oil to manage harmful cholesterol. Helps lower LDL, total cholesterol and maintain healthy cholesterol levels.



90 sgels
Sale \$39⁹⁹

PROBIOTIC RECOVERY

New Roots Herbal high-potency (120 billion CFUs) formula populates the entire gut with 20 distinct probiotic species, including 11 human strains. It reestablishes the dominance of beneficial strains that can be decimated by frequent antibiotic use.



30 vcaps
Sale \$44⁹⁹

NEWS

Sargent Farms invests \$10 million in processing plant upgrade

Sargent Farms is set to celebrate its 75th anniversary with a massive upgrade.

The downtown Milton halal chicken processing plant is set for a \$10-million enhancement and retrofit.

Set to begin this spring, the project will ensure the third-generation business continues to deliver fresh, high quality products to a growing customer base in the retail, food service and restaurant sectors.

"Milton has been an important part of our history and our home base for three quarters of a century," said vice-president Bob Sargent.

"We're committed to making the investments needed to continue growing our operation, provide our customers the best possible products and help make our communi-



Steve LeBlanc photo

Sargent Farms is set for a \$10-million upgrade.

ty a great place to live and work."

Processing equipment in the Mill Street/Garden Lane facility will be replaced with state-of-the-art technology, while the retrofit will be carried out in stages over three years.

This will happen primarily during off hours, allowing the plant to continue operating.

The new processing equipment will increase efficiency and enhance the business' animal care standards, as well as help diversify Sargent Farms' line of products.

This latest upgrade follows a \$4-million investment in 2014.

Sargent Farms also operates a processing facility in Mississauga.

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for Skills Development & Training

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Good HEALTH MART

Your #1 Neighbourhood Health Store Since 1993

Present this coupon and receive \$3.00 off purchase. Regular priced items only. Coupon expires February 28, 2018.

\$3.00 OFF

ANY PURCHASE OF

\$25.00 OR MORE

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