

SWOMP vs SMASH

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The participants in the S.W.O.M.P. vs. S.M.A.S.H. model boat races on Lake Wilbermere.

There were several prizes for the spectators who were asked questions in various categories between races during the day. These were popular with the many children present.

The Hard Luck Award was presented to SMASH member Brett Ridout after his boat went out of control at high speed (about 50 mph) and ran into the rocks at the side of the lake. The left hand sponson was badly damaged and the right one was dented.

He was partly compensated by coming second in the Peoples Choice Competition. Philip Whitefield won First Place.

The High Performance Award winners were:
Nitro Class - 1st Dave Holmes,

2nd Larry Cosburn; Weedeater Class - 1st Matt Lynes, 2nd Joe Scollard.

The winners of these High Performance Awards were all members of the SWOMP Club. Matt had come all the way from Woodstock, Ont. to visit his friend Joe Scollard of the SWOMP Club. Joe did most of the announcing.

Larry Cosburn is owner of Cosburn's Hobby Depot in Peterborough. Much of the equipment used in the boats comes from his shop.

The SMASH Club

had a food concession selling Hamburgers, Hot Dogs, pop and coffee. The cooking and serving was done by Lana Schultz, Don Watson and Marlene Woodcox, with help from others when needed.

They sold 80 hamburgers and about 100 cups of coffee.

There was beautiful weather for this last boat race of the year. Everyone is looking forward to competitions in the spring and will be preparing their boats.

Hospital Auxiliary Meeting

by Ann W. Smith

The regular meeting of the North Hasting District Hospital Auxiliary was held Monday evening September 11 in the Auxiliary Room of the Hospital with President Betty Harrison in the chair.

A letter was sent to Mr. John Gullick of the Central Region of the Canadian Red Cross Society, indicating that the H.A. is prepared to take over the responsibilities of the Equipment Loan Cupboard.

A report on the Rose Day by Janet Wootton indicates that it was a great success. She included suggestions to make next year's Rose Day bigger and better.

The Beer Bottle Collection raised \$930 for H.A. projects.

The new executive for 1996-7 is President - Janet Wootton, Past President - Betty Harrison, 1st Vice - Nancy Laymann, 2nd Vice - Mary Logan, Secretary -

Margo Smith, Treasurer - Audrey Emery.

A request from Dr. Dalton Maxwell resulted in 8 members volunteering to assist with registration of animals at the Rabies clinics in Bancroft on the Saturdays of September 23 and 30.

Arlene McLeod presented a proposal for the consideration of the meeting: "Literacy for Life" is a project to promote reading to children at an

early age. It consists of a kit given to the parents of every baby born in the area and contains information on the importance of reading to very small children, as well as a sample book. The cost would be about \$2.00 per kit. It was decided to proceed with this project.

The next meeting will be Monday October 2, at 7:30 p.m. in the Hospital Auxiliary Room.

Terry Fox

for the Terry Fox campaign.

Third back was Dave Milne, of Scarborough, who has participated for several years.

Youngest participant was Heather Baehre, aged 10 weeks, who travelled in a stroller.

Gregory Metzger (11 months) and Zachary Metzger (3

years) rode in style in an enclosed trailer pulled by dad, Rob Metzger on a bicycle.

Oldest participant was Wilfred Whetley, 80, who is a "Terry's Team" member (cancer survivor). He had cancer of the pancreas 18 years ago. He walked the entire 10 kilometres on September 17.

Claude Allison, another senior, raised \$468 for the Terry Fox campaign. Accompanying him was his wife, May.

Will there be a Terry Fox Run next year? Certainly! Sonya Emond assures us. "I'm ready to go again." Pledge sheets will be available at the Office Nook, in late August, 1996.

At the starting point was a "Memory Board". Among notes on it were, "In loving memory of my grandmother. You died of cancer;" and "I am running in support of Earl Shirk and Art Shirk, who have survived cancer."



picked up from LCBO stores.

In addition, LCBO staff throughout Ontario, including more than 55 product consultants, can assist in planning a safe and enjoyable party by offering advice on food and beverage matching.

Responsible Hosting Tips

L.C.B.O. OFFERS RESPONSIBLE HOSTING TIPS

If you're having a party, the LCBO (Liquor Control Board of Ontario) has some helpful tips for responsible hosting.

"Anyone hosting a party where alcohol is being served could be left with more than a

mess to deal with in the morning," advises Julian Lewin, LCBO Director of Social Responsibility. "If guests injure themselves or someone else after drinking at a party, the host could be held legally responsible."

To avoid alcohol-related problems when entertaining and ensure guests arrive home safely, the LCBO offers the following tips:

- * don't drink too much yourself so you can stay on top of any problems arising;
- * encourage guests to leave their cars at home -- don't drink and

drive or ride with anyone who has been drinking;

* serve alcohol yourself instead of having an open bar, or designate a bartender, as guests usually drink more when they serve themselves;

* have food available at all times and don't drink on an empty stomach - snacks such as

veggies, cheeses, light dips and breads are advisable;

* always have low-alcohol and non-alcoholic beverages available;

* don't plan physical activities, such as swimming, and boating, that can be dangerous

while drinking or serving alcohol -- people are more prone to accidents after drinking;

* be prepared for overnight guests;

* promote the use of designated drivers and keep cash on hand for taxis -- encourage your guests to take public transportation, cabs or walk home; and

* stop serving alcohol well before the party is over -- bring out more alcohol-free drinks and food.

The LCBO, along with the Addiction Research Foundation and the Drinking/Driving Countermeasures Office of the Ministry of the Attorney General, have co-produced a brochure with useful advice on responsible hosting.

The free brochure, entitled, "Having a Party," can be

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