

# Let's Take a Look

By

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## (SPECIAL TO THE HIGHLAND PARK PRESS) How's Your Spiritual Battery?

Whatever wonders man may have created, the earth that he lives on is not one of them.

It is governed by laws that no human mind devised.

It moves through space in obedience to forces over which man has no control.

The human race with all its cleverness is dependent upon something greater than itself for its very existence.

The dynamo, which seemed to its inventor to be the last word in power, is merely a device for harnessing and using energies which man did not create.

If we are going to worship the highest power that we know, we have to go beyond the work of our hands to the God who is the Creator of all things.

### HARD-HITTING BOOK...

To the writer, those six paragraphs above are fine, intelligent writing.

We wish we had written them. But, we didn't.

Credit for this deep thought put in a terse way goes to some anonymous staff man on the St. Vital Lance, a Manitoba, Canada, publication.

We found this profound quotation in that thought-provoking publication, Christian Science Sentinel, always packed with hard-hitting poetry and prose designed to be read and inwardly digested. **NEED BRAIN, SPIRITUAL FOOD** And all of us need brain food.

But, more than that, we need spiritual food.

How's your spiritual battery? As we lumber along in our 27th year, we become more and more aware of how important it is to keep our spiritual batteries charged.

Too often they run down. Too often we think of only the material, neglecting the spiritual, which is so necessary for a peaceful mind.

### HARMONY IN LIFE...

First sign spiritual batteries are low, we think, is when we start complaining; start picking apart; start digging holes but planting no seeds; start thinking negatively about the people around us.

Complaining comes too easily for most of us.

How much better it'd be if praise came as promptly as petty criticism.

We know one person dear to us whose spiritual batteries need no recharging: She believes harmony comes to her life when she is doing for others; when she is being completely unselfish; when she puts her life into God's hands.

She knows that getting along with people is vital; that the kind word, the kind thought, the kind act brings happiness not only to the receiver, but to the giver as well.

### MEET MRS. NEGATIVE...

Witness this conversation we overheard recently between our friend, who has an abundance of the spiritual in her, and a person with hardly any.

"What a miserable day," Mrs. Negative began as she and Mrs.

Positive drove away in a new convertible.

"Tomorrow will be a warm, bright day, though, according to the weatherman," Mrs. Positive responded.

"Yes, I know. But I feel so horrible," Mrs. Negative complained. **THINK HAPPY, BRIGHT THINGS...**

"O, I'm so sorry. You know, Nancy, I wasn't feeling well the other day, either. But I tried not to think about it. Instead, I thought about all the happy things I had to do; about how lucky I was; about the great many blessings that had been passed my way. I kept on working and soon the error which was in my mind went away. And I felt so much better," our optimistic, affirmative-thinking friend replied.

**SEEK THE POSITIVE...** "O, that fool driver nearly hit me," Mrs. Negative screamed as she jammed on her brakes after returning her eyes back to the road from where they had been looking at a dress.

"Perhaps he didn't see you, Nancy," Mrs. Positive said.

"If I don't hurry, I won't be home in time to fix dinner for Jack. It's so boring cooking for Jack day after day," Mrs. Negative went on complaining.

"You know, Nancy, cooking can be lots of fun. There are so many good recipes and we have such fine stores here in Highland Park where merchants carry top quality food. I just love to shop and cook for Jim," Mrs. Positive said.

**LOOKS FOR HOLE IN DOUGHNUT...** And on and on the conversation went. One always seeing the proverbial hole in the doughnut.

The other looking—and finding!—the bright, the happy, the positive side.

Yes, how true, "the human race is dependent on something greater than itself for its very existence."

The spiritual way is always ready for us, eager for recognition anxious to prove that happiness is inevitable of we put our lives unhesitatingly into the hands of God.

## "Family And Its Books" Subject of Sunday Meeting At Library

How reading together can bring joy and enrichment to a family which really seeks such pleasure will be explained by Mrs. Annis Duff, writer and specialist in children's books when she speaks at the first Spring open house of the Friends of the Highland Park Library to be held at 4 p.m. Sunday, February 15, at the library.

The meeting and refreshments are offered to everyone in the community as an activity of the group to emphasize the resources of the Highland Park Library. There is no charge and there will be no solicitation of funds.

As Harry Sellery, Jr., chairman, explains:

"Through our series of gatherings, we hope to bring more Highland Park families in touch with each other and with the Library which forms the basis for so many community activities and enjoyments."

And it is the family's own enjoyment with books that Mrs. Duff will describe under her topic, "The Family and Its Books." Her own book, "Bequest of Wings" has already become the guide for families throughout America in their reading.

It is Mrs. Annis' idea that books make a center of interest for themselves in their words, ideas, characters, philosophy, fun, nonsense, beauty; and then point the way to so many other arts: music, painting, dancing, conversation, in short, the whole art of living in this world.

Born and educated in Toronto, Mrs. Duff spent three years in Settlement House Libraries; then went into book selling, specializing in children's books. In 1931 she came to the North Shore to live in Winnetka, where her husband is Director of Music at North Shore Country Day School.

Mrs. Duff taught Nursery School for three years and then began writing about the use of books in family living. Her book, "Bequest of Wings" followed and brought her national prominence and many speaking engagements before Parent-Teacher and other community groups.

She has an anthology of poetry near publication and a successor to her first book under way.

The Friends of the Highland Park Library program committee planned the group's first Spring open house around a talk by Mrs. Duff with the thought that her experience offered an ideal introduction to the events planned for the future.

## Cub Pack 84 Meets

Cub Pack 84 met at the Community Center Mon. Feb. 2, for its monthly Pack meeting and distribution of awards. The following awards were made:

Lion badge—Robby Diehl, Tommy Diehl, Tommy Peterson, Bron

Hafner, and Billy Britton, all from den 5. Lion arrows—Clement Bartoli, Jack Schaal, Den 5.

Bear badges—Tom Killian, Dick Gibson, Den 2; Bill Rose, Tommy Maurine, John Zenko, Charles Peers, Den 4.

Bear Silver Arrows—Don Nickels, David Belmont, Bobby Evans, Den 2; Charles Peers, Den 4.

Bear Gold Arrows—Tom Killian, Roger Sheahan, Den 2; Charles Peers, Den 4.

Wolf badges—John Swan, Gordon Pett; Robert Pearson, John Gray, John Kunith, Den 1; Harold Noble, Den 4; Allen Carlson, Bruce Owen, Jimmy Nosek, Den 6.

Wolf Silver Arrows—Bobby Bock, Bobby Fell, Den 1.

Wolf Gold Arrows—Charles Guyot, John Gray, Paddy Inman, Gordon Pett, Den 1; Buzzy Peterson, Craig Hafner, Den 6.

Den 1 won the American Flag to keep until next Pack Meeting March 15, which will feature Indian Lore as the project. Den 5 will present an original skit.

## Inventor Whitt Schultz Now Offers Clever Stamp Container

Whitt N. Schultz, our worthy columnist, and also president of Northmore Products company, has put many useful gadgets on the market, one of the cleverest of which, to our notion, is a little brass stamp container.

Besides being distinctly ornamental, this product, a goodly representation of which is to be found in Highland Park, is a "must" to a busy writer. It will contain 500 stamps—1's or 3's—which may be easily broken off as desired, and also makes an attractive paper weight for the desk. Mark A. Brown, Chicago banker, uses one, as well as many other prominent professional and business men of Chicago.

The popularity of this trim little gadget is not entirely local. Orders and re-orders have been received from such well-knowns as Clare Booth Luce, Gertrude Lawrence, John D. Rockefeller Jr., Mrs. Henry Wallace, Mrs. Harold Ickes and others.

## Books Of New Testament Discussed At Trinity Church

"The Great Books of the Faith" will be the subject of a series of addresses and discussions to be held on the Wednesday evenings during Lent at Trinity Episcopal Church, 355 Laurel Avenue, Highland Park. The speaker will be the Reverend Holt H. Graham, Professor of New Testament at Seabury-Western Theological Seminary, Evanston.

The books that shall be discussed are those of the New Testament: The Gospels, Acts of the Apostles, Epistles and Revelation. The first lecture will be given Wednesday evening, February 18 at eight o'clock. The topic is "How

we got the New Testament." Dr. Graham is one of the Episcopal Church's outstanding young scholars. He holds degrees from the University of Washington, Union Seminary and Columbia University. Within the year he has conducted similar discussions on the New Testament at the Episcopal and Presbyterian Churches in Lake Forest and at Christ Church, Winnetka.

The general public is cordially invited to attend these lectures.

## Jewish Women Present Films At Temple

"House in the Desert" & "Seeds of Destiny" will be presented at the Film-Forum of the Council of Jewish Women, 1:30 Tuesday, Feb. 17, in the lounge of the Temple, 840 Vernon, Glencoe. Both films are "powerful documentaries on practical peace-planning and its alternative," according to Mrs. David H. Cahn, chairman of education for the North Shore Division. "They continue the theme of interrelatedness of peoples and their problems, and the need to pool knowledge and resources in our efforts for peaceful solutions. They serve to remind us, where we still require such reminding, what the penalties of war are; and they set our sights on hopeful methods of working out differences."

The North Shore Division of the Council considers the Marshall Plan, or ERP, the most crucial issue facing the country today. It is aware that alert citizens its members "can do no less than to keep abreast of the factors upon which the plan is predicated and a peaceful world built."

The Film-Forum series will continue on the 1st & 3rd Tuesdays through February, March and April.

## A. E. P. Mothers' Club To Hear Mrs. Dickinson

Omicron Chapter of Alpha Epsilon Phi Mothers' Club meets

Thursday, 1:30, at the Chapter-house, 720 Emerson, Evanston, to hear Ruth Allen Dickinson of the Association For Family Living speak on "Parents & Girls." Second of a series of talks, it is being looked forward to with great interest and enthusiasm, according to Mrs. David H. Cahn, president of the mothers' group. "Mrs. Dickinson brings such warm, personal understanding of mother-daughter relationships in addition to her professional knowledge and experience," says Mrs. Cahn, "that none of us who can possibly arrange it would miss a meeting." The next talk, March 11th, will be on "Shall We Subsidize our Children?"

In addition to the series for the mothers, Mrs. Dickinson has held talks with the girls, who have found Mrs. Dickinson stimulating and helpful, the mothers state.

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## Women of The Moose Plan Spaghetti Dinner

A spaghetti dinner, under the supervision of Mrs. Albino Dal-Ponte, has been planned for April 10, at 6 o'clock at the Masonic Temple. It will be followed by dancing.

At the February 4 meeting various chairmen reported on the Midwinter conference at Woodstock. A penny carnival sponsored by Mrs. Richard Carr closed the evening.

Membership awards will be made at the next meeting.

Announcement was made Monday that Mrs. Louise Onesti was the winner of a quilt awarded as a prize at the Woodstock conference.

## Safe Vision Theme Of Optometric Conference

Safe vision was the theme of a two-day convention of the Illinois Optometric Association which Dr. H. E. Lang, optometrist at 390 1/2 Central Avenue, attended at the Morrison Hotel in Chicago on February 8 and 9.

In a convocation on industrial vision, Dr. Lang said research studies presented by optometrists revealed that lost time and accident rates could be reduced as high as 25 per cent if plant employees were examined on the basis of the four critical vision tests.

"Studies of vision in industrial plants have repeatedly shown that the employee with good vision advances faster and earns more money, particularly where piece rates are paid," Dr. Lang said.

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