

Civilian Defense News

The Civilian Defense office has announced to its members and the general public the opening of a new series of basic courses in first aid, to be given under the supervision of Mr. "X" (George Scheuchpflug). A ten-hour course has been arranged, enabling the workers in the protective services to receive their civilian defense credit in first aid in half the time formerly required.

By eliminating some of the general information and such irrelevant material as treatment of snakebite, etc., a streamlined course has been prepared particularly suited to the needs of civilian defense. While the members of the protective services who have not yet received their first aid credit are specially urged to attend, the four-week course is open to all Highland Park citizens without charge for instruction. In case of emergency, anyone may have to fill the post of some member of civilian defense.

Draft Board Lists Names Of Delinquents

In order to eliminate pending cases of delinquency in selective service by February 1, Col. Paul G. Armstrong, state director, has ordered a drive to round up every registrant classified as delinquent.

The following listed men, registered with selective service board No. 1 in Highland Park are classified as suspected delinquents.

Any person whose name appears on the list should report immediately to the local board for correction of records. Failure to do so will cause the board to turn the name over to the United States attorney for investigation.

- Ralph Edwin Colton, 81, of Lake Zurich.
- Alex Frelman, 26, of 2340 N. Kimball avenue, Chicago.
- Robert Fred Way, 27, of Bannockburn.
- Earl Washington Robertson, 26, RFD No. 1, Box 111, Dongola, Ill.
- George William Ennis, 25, of 810 E. Eighth street, National City, Calif.
- Robert Warnock Kyle, 27, of 115 Pleasant street, Highwood.
- Loyd Harold Miner, 33, of Libertyville.
- Stanley Ondrack, 32, of Lake Zurich.
- William Everett Eberhardt, Highland Park hospital, Highland Park.

Alpha Phi Alumni To Hold January Meeting Friday

The North Shore alumnae of Alpha Phi will gather on Friday, Jan. 29, for a 12:30 o'clock luncheon at the home of Miss Frances Scheidenhelm, 804 Forest avenue, Wilmette. This will be the January business meeting combining all six groups of the fraternity.

Mrs. Jesse Carr of Chicago, who is governor of this district, will speak on the war nursing scholarships for which Alpha Phi has provided. Three candidates will be selected to enter Yale university or Western Reserve university as student nurses. Alpha Phi provides tuition, room and board for their schooling.

Mrs. Ralph Strader of Evanston will speak about the sewing group which meets every Tuesday from 10 to 4 o'clock at the Alpha Phi house on the Northwestern university campus. This group is sewing on dresses for the Red Cross, for the British Relief, and for the Cook County Children's hospital.

A discussion will also take place about Alpha Phi's War Relief fund, which is the purchasing of war relief stamps to buy surgical kits that are sent to the civilian hospitals in Britain. As another war measure, Alpha Phi has set aside \$250 to be called the War Emergency fund, which is for any Alpha Phi member who may be in distress due to the war. The groups are still working on their afghans for the United States Marine hospital in San Francisco, and others are sent to England to be used in bomb shelters.

Oak Terrace PTA Sponsors Party Friday Evening

A card and bunco party will be sponsored by the Oak Terrace P.T.A. of Highwood on Friday evening, Jan. 29, in the school auditorium at 8 o'clock. The public is invited to attend.

Door and table awards are planned by the committee in charge, which is headed by Mrs. Elmer Carlson. Assisting her are Mrs. Virgil Lenzini, Mrs. Harold Westergard, Mrs. Albert Meeham, Mrs. Dominic Sherony, Mrs. Victory Welecka, Mrs. Cumming Grant and Mrs. George Kenry.

The regular monthly meeting of the P.T.A. will be held Tuesday evening, Feb. 2, at 8 o'clock and will be called "February House." Mrs. Andrew Wysocky is program chairman. Plans have been made for a patriotic pageant with flowers, flags and songs.

Fifth grade mothers will be hostesses and will serve refreshments. Fifth grade teachers are Miss Anita Whitely and Miss Rose Opus.

The classes will begin the week of February first, and the course will be completed in four lessons of two and a half hours each, given at weekly intervals. Each class will be repeated on four evenings of the same week, Monday, Tuesday, Wednesday and Thursday, so that anyone who is unable to attend class on the evening for which he enrolled may make up the work on another evening of the week. Four central locations have been chosen for the classes, and the hours set at 7:30 to 10 p. m. The schedule is as follows:

- Monday, 7:30 to 10 p. m., Community center, Gladys L. Haymann, instructor.
- Tuesday, 7:30 to 10 p. m., Lincoln school, Ray Svedeen, instructor.
- Wednesday, 7:30 to 10 p. m., Highland Park high school, Paul Musik, instructor.
- Thursday, 7:30 to 10 p. m., Ravinia school, Ray Svedeen and Robert Black, instructors.

Enrollments may be made at the Civilian Defense office in the city hall, telephone H. P. 1400.

County Has Large War Bond Sales For December

A total of \$8,531,062 worth of war and victory bonds were purchased by Lake County residents during the past month, it has been announced by James Stiles, Jr., general chairman of the county war savings staff.

Brother of Local Man Passes Away

John Alexander Grant, 266 Harbor street, Glencoe, a brother of Charles Grant, vice president and cashier of the First National bank of Highland Park, died last Thursday in Wesley Memorial hospital, Chicago, at the age of 60.

Mr. Grant was employed in the plant engineering department of the Illinois Bell Telephone company in Chicago for the past 32 years.

Surviving, besides Charles Grant, are his widow, Freda, two sons, John F. and Thomas W., two other brothers, Leslie of San Gabriel, Calif., and William of Chicago, and four sisters, Mrs. John Strang, Chicago, Mrs. Carl Hansen, North Chicago, Mrs. Oscar Noerrenberg and Mrs. Charles Eaton, Baldwin Park, Calif.

Funeral services were held Saturday at the Glencoe Union church. Interment was in Lake Forest cemetery.

The war savings bond quota for the county this month calls for a purchase of \$1,000,000.

Highland Park showed a total of \$98,745.01 in Series E war savings bonds for last month. Highland Park's quota for January is \$198,490. Highland Park placed second in sales for the month of January. Waukegan was first with \$272,551.29.

George Hartman is the new war bond chairman for Highland Park, having succeeded Ralph Davidson, who has resigned the position.

Donate Blood At Chicago Center

The following persons from Highland Park gave their blood at the Red Cross Blood Donor center, 5 N. Wabash avenue, Chicago, during the past week: Walter Frank Jr., 330 S. Linden avenue, sixth time donor, and John Bailey, 2366 Lakeside place.

Walter Kohn, 939 S. Linden avenue, Harold Simpson, 320 Central avenue, Arthur Raff, 245 Cedar avenue, third time donor, Arthur Swanson, 375 Orchard lane, and A. W. Elliott, 1545 Judson avenue.

BIRTHS AT THE HIGHLAND PARK HOSPITAL

Mr. and Mrs. Robert Anning, Fort Sheridan, boy, Jan. 21.

Mr. and Mrs. Marvin Bachelor, 319 Euclid avenue, Highwood, girl, Jan. 21.

Mr. and Mrs. Kenton Johnson, 721 S. Jackson street, Waukegan, girl, Jan. 22.

Mr. and Mrs. William Loesch, 247 Highwood avenue, Highwood, girl, Jan. 23.

Capt. and Mrs. Homer Hunt, Fort Sheridan, boy, Jan. 24.

Mr. and Mrs. Albert Tondi, 1040 N. Green Bay road, girl, Jan. 24.

Mr. and Mrs. Joseph Schaefer, 303 N. Third avenue, Maywood, girl, Jan. 24.

Mr. and Mrs. Robert Bleimehl, 1158 Walnut street, Deerfield, twins, boy and girl, Jan. 25.

Mr. and Mrs. Byron Hodges, Fort Sheridan, boy, Jan. 25.

High School Girls Seeking After School Employment

To aid in the war effort and to gain experience, a number of high school girls, 16 years and over, hope to obtain positions after school and on Saturday.

Many of the girls who desire such experience have had commercial courses in high school, and some have held jobs during vacations, such as office work and retail selling.

Local employers who would like to secure the help of part-time or Saturday workers should notify Miss Emada Griswold, dean of girls, of the work available and qualifications desired.

Mrs. Emily Holm Passes Away After Lingerin Illness

Mrs. Emily Holm of 1810 Skokie boulevard died Wednesday Jan. 20, in the Highland Park hospital after a long illness.

Born in Greenwood, Neb., Jan. 17, 1884, Mrs. Holm came to Highland Park in 1909. Surviving her are her husband, Hugo, a daughter, Rosemary of McHanicksburg, Ill., and a son, William J. of Columbus, O., and a brother, Frank Steiner of St. Louis, Mo.

Funeral services were held Saturday from the Seguin and Logan Funeral home and interment was in Graceland cemetery.

War Bond Co-Ownership and Beneficiaries Clarified

Do you know why these distinctions are made? When should you designate a co-owner and when should you designate a beneficiary if you are a War Bond owner?

War Bonds can, of course, always be redeemed by the owner. If you are a beneficiary, however, you are not an owner. The beneficiary becomes owner only when the original owner dies and proof of death is established. This is often difficult when the original owner is a soldier serving on a distant battlefield. In the meantime the widow or other dependents may be in urgent need of funds which they could have obtained without delay had they been named as co-owners.

There may be instances where the naming of a co-owner would result in disadvantages for the original owner. Such a situation might occur if the co-owner is inclined to sell the bonds and dissipate the money in the absence of the purchaser of the bonds. This could not happen if the purchaser names a beneficiary because a beneficiary cannot sell the bonds unless death of the purchaser or original owner is established beyond doubt.

These matters must be decided on the basis of careful individual considerations. In any case the purchaser or original owner of War Bonds ought to be familiar with the legal implications of his decision.

MEAT

AND OUR SECOND YEAR OF THE WAR

7 million Americans under arms . . .

1 1/2 million beyond our borders . . .

All fighters—all meat eaters . . .

As the offensive power of the United Nations grows, so grows the need for meat.

FOOD too has become part of the "grand strategy" of winning this war.

Meat for example: Since the meat industry went on a war footing in 1941, it has furnished our armed forces and our allies 4 3/4 billion pounds of meat—fresh and canned.

This is the equivalent of 19 billion average meat meals.

More than 1200 American meat packing houses and nearly 1000 sausage makers today are doing their utmost to give our own fighters the best diet in the history of warfare; to supply meat to our fighting allies; and still to give every person not in uniform the nutritional values of meat.

Those who are not directly supplying the armed forces and allies are doing their part to supply the home front.

Meat Animal Population

Secretary Wickard's great food-for-victory program starts at the grass roots, where livestock producers are working night and day, often without adequate help, to break their own already phenomenal records.

We have the land, we have the facilities and we have the will to produce.

Actually there is in this bounteous land one beef animal for every two persons; about the same number of hogs; and better than half as many sheep and lambs.

Even with this enormous supply and more on the way, we at home must tighten our belts and spread out meat a little thinner, but we can thank our lucky stars we have it to spread out.

Why is meat Item No. 1 on Uncle Sam's food shopping list? Why does the man in training get nearly a pound of meat a day? Why is meat a basic part of every Army ration, even down to pocket-size Field Ration K?

Meat, to which man always instinctively has turned, is now recognized by science and by the government as a protective food, containing many of the things which make for health, stamina and vitality. *

To make available these benefits of meat on an unprecedented scale, the meat industry has unleashed the full power of its capacity and skill.

Here are a few of the highlights:

One railroad car now does the work of three in the shipment of boneless beef, which provides just as much meat in 60 per cent less space than required by the sides and quarters shipped during World War I.

The new dehydrated beef and pork take up only one-tenth of the space in ships that would be required by meat in other forms. These amazing new military products, which preserve the good flavor, the character and the good nutrition of meat, also lend themselves readily to air transport.

On the meat production line—a tremendous new surge. Many new and different kinds of canned meats—stepped up 120 per cent—more than double—over total canned meat production a year ago.

A new creation called "Tushonka" (pieces of pork cooked and canned) is now becoming familiar in the rations of our fighting Russian allies. This is one of many new products created especially for war needs.

For months, experts from the livestock and meat industry have visited military centers helping to train cooks in the preparation of meat on a large scale.

Under the rising scale of offensive effort, the government, the livestock producer, the meat industry, the sausage maker and the meat retailer, are putting forth every effort to make the meat go "round"—at home as well as on the fighting fronts.

Under necessary restriction orders by the

government, deliveries to retailers by the meat industry are limited.

You as a housewife are already at grips with this problem. You have encountered, and will encounter, many shortages and inconveniences.

- Who is to blame for them?
- Is it the government? **NO.**
- Is it the livestock producer? **NO.**
- Is it the meat industry? **NO.**
- Is it your meat retailer? **NO.**

It is a couple of fellows named Adolf and Tojo.

What the Housewife Can Do

The American housewife is meeting the problem with understanding and resourcefulness. She is "sharing the meat." She is buckling down to doing tricks with food which she never dreamed of before.

She realizes that what we have learned about foods in a period of plenty must not be lost in a period of scarcity and self-denial. She knows that strong, healthy bodies are needed to win this war and to build a better world to live in—that there must be no blackout of good nutrition.

Meat is a mainstay of good nutrition.

How can you keep meat on the table regularly, as good nutrition demands?

One way is to learn more cuts of meat—to use the available cuts. Many of these may be new to your table—but they all have the high nutritional value of meat—and can be deliciously prepared. The booklets offered below will help you.

Remember, on the battle fronts and the home fronts, meat is a fighting food. Make every pound count!

AMERICAN MEAT INSTITUTE, Chicago

This Seal means that all statements regarding nutrition made in this advertisement are acceptable to the Council on Foods and Nutrition of the American Medical Association.



As a guide to preparing available cuts of meat, send for two booklets prepared by the meat industry. Step-by-step recipes. Practical buying helps. For both books, send 5 cents in coin to Dept. 10, Lock Box No. 1133, Chicago.

*Meat provides: Complete high-quality proteins . . . Essential B vitamins—thiamine, riboflavin, niacin . . . Important minerals—iron, copper, phosphorus.

For Victory IT TAKES BOTH
1. Taxes
2. War Bonds
PLUS MORE WAR BONDS