

Highland Park Leads County in January Building Activity

Home building in Highland Park was the outstanding activity in construction work throughout Lake county last month as the north shore community reported \$4,450 of building permits.

According to a survey recently released by the Greenbaum Investment Co. of Chicago, Highland Park's some building totalled \$63,360.

Lake Bluff was the second most active municipality in the county last month with \$19,800 worth of construction work, followed by Barrington with \$17,800.

In Waukegan there was only \$7,875 put into building activity last month. Lake Forest ebbed to \$1,800. North Chicago and Libertyville reported no activity.

Building of all types in the county was less in January than in December and also below January last

The district meeting is an open meeting to all Odd Fellows and their friends (no ladies), so follow that inclination and come.

George Rector Says American Women Are Good Cooks

I have a great respect for the efficiency of the American housewife. I am not referring to the few women who are able to summon their cooks or their housekeepers in the morning and give them the orders for the day, how many will be here for lunch and what service to use for the formal dinner tonight, and so on.

No. Any one can quickly learn to do that. My respects go to the average American housewife who has the sole responsibility for seeing that her family gets good, nourishing food to eat three times a day. The woman who can bring smiles of satisfaction to the face of her husband and family as they see what she is offering them for dinner, who can watch her children grow daily

They are interested in what they do, too. They read the papers and the magazines, they listen to household programs over the radio and always, always they collect new recipes.

But there is one thing they do not always understand. They are sometimes in considerable awe of the food dish that is sometimes recommended by chefs in some of our great restaurants, here and abroad. The women seem to think that it has something to do with that particular restaurant. But that is not true. It is true that the man who produces that delicious dish, the chef who is getting perhaps fifteen or twenty thousand dollars a year, is a culinary genius who has made a lifetime study of his profession.

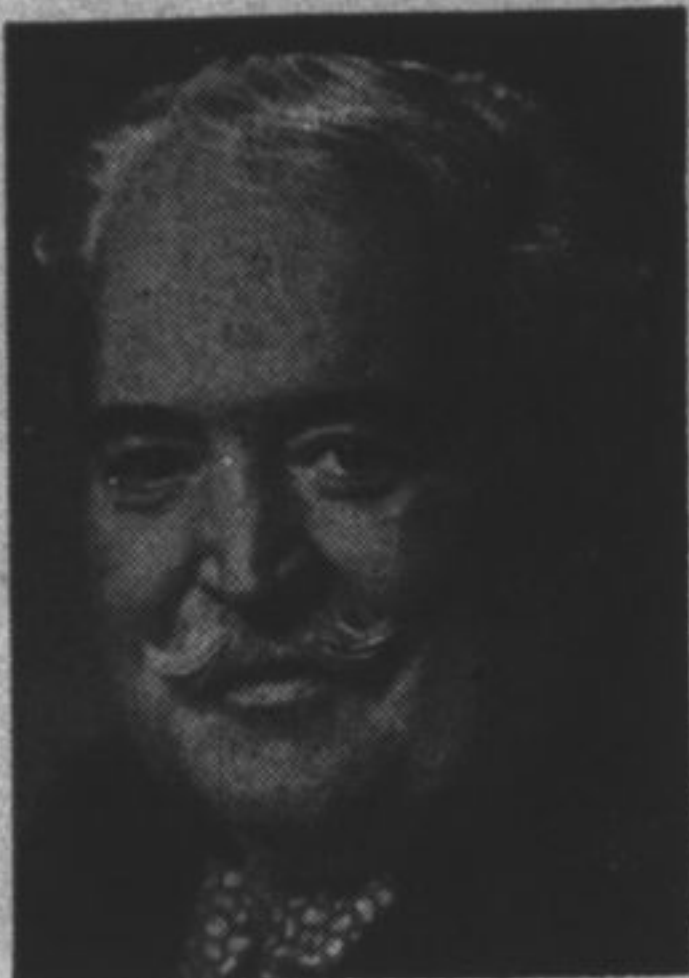
But the reason his dishes are such miracles of success is that although he is behind the scenes in a large restaurant, he brings to the individual order the same personal care as if he were in a small home kitchen with only three or four persons to cook for.

That is the secret of successful cooking—individual care, not mass production. That is all right for factories—for food, no.

This, then, is what I have always wanted to do for the American housewife, now that I have the opportunity of reaching her individually. I want to make her already good cooking and meal planning better—inspired, in fact, with those little secrets that only a few chefs know.

I no longer own a restaurant. I have no reason to keep my knowledge and my skill to myself. I want to share it with women everywhere, and this I shall now be able to do through my connection with Wilson & Co. through the authorship of Wilson's Weekly Memo Columns that are appearing in your newspaper.

GEORGE E. RECTOR, Director Wilson & Co's Home Economics Dept.



stronger and sturdier and bouncing with health, and who, finally, can keep her food costs within her allotted budget, that woman, I say, is a woman to admire and respect.

Yet tens or even hundreds of thousands of women are doing just this daily and doing it well. For American women are good cooks.

Deerfield Puppet Club to Give Skit

The Puppet Club of Deerfield Grammar School WPA Recreation Project has accepted the invitation of Mrs. George Weiss to present their skit, "Mr. Pickles," at the Bethany church in Highland Park on Tuesday, February 21, 1939.

A second Puppet group has now been started, for the younger school children. This group meets each Tuesday and Thursday afternoon from 3 to 3:30 o'clock. At present they are busy constructing their own puppets, under the direction of Miss Marjorie Merrett.

Highwood 1938 Fire Loss Estimated \$6705

Highwood's fire loss during the year 1938, according to Fire Marshal Arthur Englund, amounted to a total of \$6,705. There were 22 fires responded to.

In a report submitted to the city council, Englund said that the value of property and contents involved amounted to \$83,145. Insurance totaled \$53,645.

Overheated and defective chimney flues were the chief cause of fires, accounting for five calls. Second with four was burning grass, while three each were attributed to short circuits in automobiles and overheated and defective stoves, furnaces or boilers.

Cost to the city of Highwood for protection furnished by its volunteer department was \$506.93. The expense was for gasoline, oil, and minor equipment.

Mrs. A. E. Kanter to Discuss Interesting Books, Next Tuesday

The year 1938 stood out as one in which many remarkable books of fiction and non-fiction were produced. Among the latter the modern classic "Listen—The Wind" by Anne Morrow Lindbergh and a hopeful historical forecast by Germany's most famous self-exiled author, Thomas Mann, called "The Coming Victory of Democracy," are two of the most interesting and delightfully written.

At the Book Review Meeting of the Highland Park Woman's Club Tuesday afternoon, Feb. 21, promptly at 12:45 (to ensure a full fifteen minute intermission before the afternoon meeting). Mrs. A. E. Kanter, a young Chicagoan well-known for the brilliancy of her book reviews, will discuss these splendid books.

"Listen—The Wind" is a factual description of ten days' happenings on the take-off from Africa and the flight to Brazil across the South Atlantic made in 1933, when the Lindberghs made their world-wide survey of the Atlantic air routes. This fascinating description of the trials and tribulations of flying in the tropics is made vivid and telling because of the fine philosophy and keen humor of the author.

Thomas Mann, whose belief in Democracy is so sure that he is now making his home in the United States, because he could no longer exist in fascist Germany, explains in his clear forceful style that democratic principles are bound to survive those of Fascism and Communism. They are dependent on the theory of the innate dignity of man, as opposed to the fascist theory of extreme contempt for the individual, and democracy must have a rebirth of freedom to ensure its survival.

Dessert Bridge

The Lady Elks social club will hold a dessert card party Tuesday, February 21, at the Elks club room at 1:30 p.m.

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Odd Fellows Hold District Meeting in Wilmette February 16

The February meeting of the 13th District I.O.O.F., taking in the lodges of Evanston, Wilmette, Highland Park, Waukegan, Libertyville, Palatine and Barrington, will be held in Odd Fellows hall, 1217 Wilmette avenue, Wilmette, Thursday evening of this week, February 16, at 8 o'clock, with a most exceptional program.

The committee on arrangements has been fortunate in securing William J. Grace as the principal speaker. Mr. Grace is state department commander of Illinois of the U. S. Veterans of Foreign Wars, and his subject will be "The Isms of the World Today." We have it from those who have heard this lecture that Mr. Grace knows his subject and treats it in a masterly fashion.

The program will include some good musical numbers and at the close refreshments will be served. It is free to all.

For Health's Sake

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Fine Program to Feature H. P. Music Club Meeting Feb. 22

The February meeting of the Highland Park Music club will be held at the home of Mrs. Leander L. Winters, 359 Laurel avenue on Wednesday afternoon, Feb. 22, at 2:30 o'clock. Mrs. Lynn H. Latta, pianist, and the Highland Park High school Quintet and the Woodwind Trio will give the following program:

- Scenes from Childhood Schumann
- 1 Strange Lands and People
- 2 Curious Stories
- 3 Catch me if you can
- 4 Endearing Child
- 5 Contentment
- 6 Important Event
- 7 Dreaming
- 8 By the Fireside
- 9 The Night of the Hobby horse
- 10 Almost too serious
- 11 Puncturing
- 12 Child falling asleep
- 13 The Post speaks

Scherzetto Mrs. Lynn H. Latta

Ronde les Lutens Christiana Kliese

Woodwind Trio

End Ball—Clarinet Audrey Prindle—Flute

Jeanette Bryant—Oboe

Improvisu in F minor Gabriel Faure

Faure in D, Albeniz Seguidilla

Mrs. Latta

Allegro—Eine Kleine Nacht musik—from the Serenade in Four Movements Mozart

Pair Tale Komzak-Saenger

Serenade Ensaigole—No. 2 Bizet-Roberta

Highland Park High School Quintet

Morton Hall—first violin

Robert Hoffmann—second violin

Louise Lyman—viola

David Harrington—cello.

Miss Helen Harrell New Home Economics Teacher at H.P.H.S.

Miss Esther Hungate who has been teaching in the home economics department at Highland Park High school during the absence of Miss Lucie Burwash, has accepted a position at the National Park seminary at Forest Glen, Maryland.

Miss Helen Harrell arrived on Monday, February 6 to take up the work left by Miss Hungate. Miss Harrell is on a leave of absence from the high school in Indiana where she has been teaching for the past few years. A graduate of Franklin college, Franklin, Indiana, Miss Harrell has been attending summer sessions at the University of Wisconsin.

Folk Dance Group at Deerfield School

The newly organized Folk Dancing Groups, a feature of the WPA Recreation program at Deerfield Grammar school, are so popular that they threaten to overflow the auditorium. Last week sixty children attended the group, many of them coming in from Wilmot school to participate in the fun of the Virginia Reel, Captain Jenks, Paw Paw Patch, and Lambeth Walk.

To date, the girls enrolled far outnumber the boys, and Miss Marjorie Merrett, the director, is issuing a special invitation to boys of the community to enroll in this activity. The Folk Dancing Groups meet each Friday afternoon from 2:30 to 5 o'clock.

Church Supper February 17

A Prime Roast Beef Supper will be served by the Ladies Aid of the Highwood Methodist church in the church basement, from 5:30 to 9 p. m., Friday, Feb. 17. All are invited to come and enjoy this fine meal. For all who wish to remain, there will be a short musical program.

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That We Have, In The Next Four Years, Men In Office Who, By Training And Experience, Can Best Serve Us.

You Have Several Qualified Candidates From Which To Make Your Selection.

I Urge Every One To Cast His Vote At The Primary Election On Tuesday, February 28, 1939.

Jerome P. Bowes, Jr. Candidate for CITY COMMISSIONER