

VOICE of COOKERY

Conducted by

PHIL LIBBY

Nationally known food consultant

(Editor's Note): Listen to the "Peekers in the Pantry" over station WCFL (970 Kilocycles) every morning, 10:30 to 11 a.m., except Sunday, for further food acts and interesting talks on foods. PHIL LIBBY, is featured on this program. You are invited to attend the broadcast when you are down in the Loop. This broadcast comes to you from the lobby of the Peoples Gas, Light and Coke company, Adams and Michigan boulevard.

Another week of the "Dish of the Day" recipes for your enjoyment. These recipes are tested and given each day on my radio program. You see we prepare these dishes while the broadcast is going on each day.

Whole Wheat Quick Coffee Cake

March 21, 1938

- 1 cup sugar
- 1 cup whole wheat flour
- 1/2 cup white flour
- 2 teas. baking powder
- 1/2 teas. soda
- 1/2 teas. salt
- 1 cup sour milk
- 2 eggs
- 1/2 teas. vanilla
- 2 tblsp. shortening

Set the regulator on your oven for 450 degrees and light same. Sift together dry ingredients. Add unbeaten egg yolks with sour milk, melted shortening and vanilla. Mix quickly but thoroughly. Put in round or oblong pan and cover with top mixture made of the following: Mix well 4 tblsp. flour, with 2 tblsp. sugar, and 1 teas. cinnamon. Sprinkle over top of coffee cake. Bake 20 to 25 minutes.

Broiled Kabobs

March 22, 1938

1 1/2 lb. sirloin steak, (1 inch thick)
12 mushrooms.
Cut steak in 1 inch squares. Place on skewers alternating steak and mushrooms. Preheat broiler to hot (450 degrees). Arrange kabobs (meat and mushrooms) on broiler rack and broil 15 minutes, turning to brown on all sides.

English Monkey

March 23, 1938

- 1 cup rich milk
- 1/2 cup grated bread crumbs
- 2 cups grated cheese
- 2 eggs
- 1/2 teas. salt
- 1/4 teas. paprika
- 1/4 teas. mustard
- 1 teas. Worcestershire sauce

Place all ingredients except eggs in a saucepan and cook slowly, stirring constantly until the mixture is a light creamy mass. Add the well beaten eggs stirring constantly. Cook a minute to set eggs and serve on toast slices or crisp crackers.

Upside Down Ham Loaf

March 24, 1938

- 2 cups soft bread crumbs
- 1 lb. ground raw ham
- 1 lb. ground fresh pork
- 2 cups soft bread crumbs
- 1 egg
- 3 tblsp. butter
- 1/2 cup water
- 1/4 teas. pepper
- 1/4 teas. salt
- 1/2 cup brown sugar
- 3 slices pineapple

Mix ground meat with crumbs, egg, water, and seasoning. In the bottom of a loaf pan spread mixed butter and sugar. Cover with pineapple slices, cut in halves. Add meat mixture; press into a loaf. Bake in a moderately slow oven (325 degrees) 1 1/2 hours.

Egg Croquettes

March 25, 1938

- 6 hard cooked eggs, chopped
- 3 tblsp. butter
- 4 tblsp. flour
- 1 cup milk

- 1/4 teas onion juice
- 1/4 teas. pepper
- 1/2 teas. salt
- Cayenne

Egg and crumbs

Mix chopped eggs with cream sauce made of butter, flour and milk. Add parsley, onion juice and seasoning. Let chill thoroughly on a well greased flat dish, then divide evenly into portions. Allow 2 tblsp. for each croquette. Shape into any desired form. Roll in crumbs, dip in slightly beaten egg, again in

2 to 5 minutes in deep fat at 375 degrees. Drain on brown paper, or bake in a 350 degree oven until heated through. Serve with mushroom sauce.

Fried Scallops

March 26, 1938

- 1 pint scallops
- Bread or cracker crumbs
- Salt and pepper
- Beaten egg

Wash scallops, drain, and dry them thoroughly. Season fine crumbs. Let stand 5 minutes. Fry in deep fat at 360 degrees for about 2 minutes. If preferred they may be fried in a small amount of fat in a frying pan. Serve with Tartar sauce.

Boy Scout News

Ravinia-Braeside Pack Meets

Tomorrow evening (Friday) the Cubs and their parents of Pack 65 are holding a regular Pack Meeting at the Ravinia school at 7:45. The program will consist of a presentation of projects made by the Cubs, Den Stunts, parents participating, and refreshments. All parents having boys 9-10 and 11 years of age are cordially invited to attend this meeting.

Rotary Club Sponsors Court of Honor

A very impressive Court of Honor for Highland Park Troops and Scouts was held at the Elm Place school last Friday evening. This Court of Honor was sponsored by the Highland Park Rotary club with L. B. Sinclair as chairman.

Second Class awards were presented by Mr. Ed Schweitzer, First Class Awards were presented by Dr. J. P. O'Connell, Merit Badges were presented by Mr. Harry Earhart, Mr. Ed Menke and Mr. D. D. Corrough, Council Awards were presented by Dr. Grover Grady, Star Rank was presented by Mr. Benjamin Ball, Life Rank was presented by Mr. Paul Behanna, Eagle Palms were presented by Dr. Donald Rossiter and Eagle Rank was presented by Mr. Marvin Wallach.

Mr. William E. Webster was the speaker of the evening and made an unusually fine address. The Scouts with their awards are as follows:

Second Class

Troop 30—Gilbert Anderson, Everett Artie, John Baackes, Wallace Ballenberg, Mike Hanley, Arthur Hendrickson, Donald Peterson, Earl Riddle, Orville Sackett, Jerry Saseb, Bill Stratton, Burton Tillman, Don Sash, Robert Walker, Billy Winters.

Troop 35—Frank Frable, Robert Gressens, Happy Murphy, Don Salem, Bob Will. Troop 34—William Gail, Wilson Hamilton, Donald Hints, Warren Hints, Frank Krohn, Charles Maley, David Johnson, Louis Schommel, David Sloan, Arthur Swanson, Vernon Vroman, Harry West, Robert Wolters, David Worth, Charles Williams.

First Class

Troop 30—Jerome Schlabouke, James Siljestrom, Ralph Weary, Rollin Weary, Robert Walker.

Troop 35—Rene Lavenant.

Troop 324—Donald Burnham.

Star

Troop 30—Channon Boves, Dick Brecker, James Siljestrom, Ralph Weary, Rollin Weary.

Troop 35—Bill Moran, Robert Newman.

Troop 35—Ray Johnson.

Troop 324—Robert Hutchison, Edgar Vinyard.

Life

Troop 35—Jack Millar.

Eagle

Troop 30—Warner Turriff, Ed Brogan.

Troop 35—Winston Long.

Troop 324—Milan, Cobble (recognition).

Eagle Palms

Troop 324—Julius Laegler, Leslie Rankin.

Council Awards

Troop 35, Troop 30, Troop 324.

Merit Badges

Troop 30—Channon Boves: handicraft, civics, weather, reading, personal health, conservation, swimming, public health.

Richard Brecker: horsemanship, civics, personal health, public health, stamp collecting, conservation, handicraft.

Edward Brogan: business, chemistry, conservation, civics, bird study, handicraft, pathfinding, scholarship, automobile safety.

Jim Siljestrom: public health, personal health, safety.

Warner Turriff: pathfinding, bird study, business, printing, journalism, automobile, camping, safety.

Ralph Weary: public health, weather, reading, civics, conservation.

Rollin Weary: weather, personal health, saving, marksmanship, first aid, public health, handicraft, reading, swimming, life.

Troop 35—Jack Miller: public health, mechanical drawing, animal industry, bookbinding, first aid to animals.

Bill Moran: public health, personal health, safety.

Robert Newman: life saving, reading, firemanship, woodwork, stamp collecting.

Troop 35—David Harrington: forestry, Walter Kohn, personal health.

Winston Long: aviation, art.

Herbert McAlister: swimming, reading.

Bob Nichols: photography.

Francis O'Connor: business, public speaking.

C. Edward Thorney: personal health, stamp collecting.

Junior Thorney: woodcarving.

Stan Turner: scholarship, chemistry, basketry, first aid to animals.

Troop 324—Don Burnham: bird study.

Milan Cobble: farm layout, woodcarving, electricity, plumbing, animal industry, signaling.

Bill Gail: photography.

Lewis Hutchinson: civics, public health, woodcarving, woodworking, pathfinding.

Robert Hutchison: personal health, scholarship, civics, pathfinding, public health.

Julius Laegler: electricity, chemistry.

Leslie Rankin: music, plumbing, reading, signaling.

James Rankin: signaling, electricity, plumbing, reading, pathfinding.

Arthur Swanson: farm home.

Dick VanArsdale: athletics.

Bud Vinyard: woodturning, swimming, woodworking, reading, public health, carpentry.



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② In the Bright Orange Wrapper
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