

HIGHLAND PARK LE GION DEGREE TEAM



The newly organized degree team of the Duma resq Spencer post of the American Legion at Highland Park is shown here ready for the first public appearance expected shortly. In the front row (left to right) are Leslie McCaffery, Bert Greene and Frank Zipoy. In the back row are C. William Briddle, Charles Delhaye and Harry Eichler.

Sounds Warning Against Extreme Sunlight Exposure

Is the current "fad" for sun baths during the summer, and for exposure to "sunlamps" during the winter months when the radiation from the sun is at its lowest, apt to result in harm to the health of the individual? The possibility is brought out—more than that, it is stated as an actuality—in an article in the July Science Digest, condensed from The Scientific Monthly. On this point, Dr. Henry Laurens, professor of physiology at Tulane university, author of the article, says, as reported by Science Digest: "Prolonged exposure to the violet and ultra-violet rays of sunlight may cause systemic disturbances and inflammatory and degenerative changes in the skin. The harmful systemic effects have not been well understood, but deaths of infants following short exposures to ultra-violet radiation have been reported. Hausmann also sounds a warning against the dangers of overindul-

gence in radiation. He believes that nowadays there is little danger that people on the whole are getting too little sunshine, but rather that they get too much, and that this is going to give rise to a number of pathologic conditions, if these are not present already. He is convinced that the central nervous system, especially the brain, is injured by the over-radiation and resultant heating of the skull. Furthermore, although the skin may become accustomed to sunlight, its action on certain parts of the skin results in a predisposition to certain conditions."

Dr. Laurens, however, is not altogether condemnatory of light irradiation in relation to health. He cites its value, as first demonstrated by Finsen, in the treatment of cases of tuberculosis of the skin, relating that Finsen cured 60 per cent of such cases that he treated with radiation of the carbon arc type. Another malady wherein carbon arc radiation is of value is high blood pressure, 60 to 70 per cent of persons so afflicted receiving relief in this way.

Heliotherapy has also a place in the cure and prevention of rickets, says Dr. Laurens, and as an auxiliary treatment in cases of extrapulmonary tuberculosis. Other factors, of course, enter into a successful regime for the sufferer, such as exposure to dry and pure air, freedom from fog, dust, wind and rain, combined with ideal conditions of feeding, prolonged periods of rest, orthopedic treatment and, wherever possible, pleasant occupational therapy. The Science Digest article should serve as a timely warning to those who, with the coming of summer, are inclined to overdo their sunbathing, in the mistaken belief that if a little is good, a lot should be much better.

Boy Scout News

Second period Scouts leave for Camp Ma-Ka-Ja-Wan.

On Saturday, July 10th the following scouts leave for Camp Ma-Ka-Ja-Wan, the Boy Scout camp for the North Shore Area council. These boys will attend camp for the second two weeks period.

Wilmette: Troop 1 — Curtis Brown, John Hale.

Troop 2 — Loring Armstrong, Stewart Barnard, Jack Beattas, Orville Daily, Bob Ellis, Bill Faville, Jack Fox, Cliff Goodman, Frank Graham, Malcolm Hill, Wm. King, Fred Lauer, Duke Lynch, Cameron McNaughton, Bob Maeser, Gordon McNamee, John Palenske, George Putnam, Robert Steits, Bill Steits, Lee Stiles, Fred Strayer, Jordan Tark, Edwin Weigel, Bob Williams, Jim Wolf, Arthur Brereton.

Troop 3—Bob Dodds.

Troop 4—Norman Hoffman, Kenneth Kinnear, Conrad Scherzer, Lewis Travis, Robert Travis, David Walworth.

Troop 5—Sprague Chapin, Fred Kalinka, Wm. Mizener, Bradford Phillips.

Troop 10—Edward Franz, Richard Trego.

Troop 11—George Beucher, Jack Hickey, Charles Kent, Richard Kent, Thomas Kent, Kenneth Manley, Floyd McGuire, David Murphy, Edward Murphy, Laurence Murphy, Mario Pagliarulo, Frank Rothing, Robert Starrs, Paul Quay, Robert Wade.

Kenilworth: Troop 13 — Don Campbell, Wm. Herlocker, Albert Korte, Wm. McLaren, Paul Monney, Jack Novascone, Donald Raggio.

Winnetka: Troop 15—John Ball, Bob Bartholomay, Henry Cooper, Kenneth Cooper, Donald Haase, Pete Kreer, Jack McKeown, Bill Munson, Sidney Smith, Brantley Weathers, Raleigh Williams.

Troop 16 — Christopher Erwin, Dick Genzburger, David Wright.

Troop 19—John Boyle, John Coleman, Charles Richmond, John Smart, Hebert Smith.

Troop 20—Donald Alvin, Mason Gaffney, Owen Hayes, Robert Humphrey, Lincoln Lippincott, Edmund Miller.

Troop 24—Tom Borre. Glencoe: Troop 22—Ozier Armstrong, Jack Davis, Robert Davis, Donald Hamley, Charles Mack, John Mosser, Billy Stittig, Eugene Stittig, Bob White, Jack Whitted, Ross Williams.

Troop 23—Robert Fisher, Russell Foust, Bill Kahn, Stanley Miller, Guilford Peters, Peter Reece, Dawes Walter.

Highland Park: Troop 30—Richard Bresler, Edward Wood.

Troop 33—Tom Dingle, Thomas Fleager, Dudley Hall, James Moutat, Robert Newman, Anthony Pantellis, Harry Perts, Bobby Souther, Chandler Webster.

Troop 35 — Kelly Brent, Billy Bromstedt, Robert Hoffman, Walter Kohn, Wm. Mann, Jim Nichols, Dick O'Connor, Walter Oweiss, Don Sheridan, Tom Stein, Jim Wonnell.

Troop 324—Robert Clark, Milan Cobble, Julius Laegeler, Jim Moon, Bob Moon, Arthur Swanson.

Highwood: Troop 37 — Evan Dever, Loren Smith.

Lake Bluff: Troop 42—Paul Lovegren.

Lake Forest: Troop 46—Gordon Elliott, Arthur Lundgren. Deerfield: Troop 52—John Fordham, Wm. Larsen, Jim Olendorf, Bill Olendorf. Glenview: Troop 55—Bob Grenning, Bud Grenning, Leroy Koetz. Libertyville: Troop 59 — Oscar Calanca, John Deinlein, Jack Kennedy, Elmer Madden, Kevin O'Brien. Troop 77—Clarence Knigge, Harvey Watson. Troop 71 — Harvey Anderson, Mark Boyer, Bruce Gillis, Bob Gillis, Lloyd Knigge, Max Lennartz, Richard Lyons, Ray Meyers, Warren Nicholas, Kenneth Nickoley, Ralph Peterson, Kenneth Schar, Clyde Taylor, Harry Taylor, Robert Titus, Roy Wright, Douglas Wright, Richard Waugh, Clarence Zermer. Northbrook: Troop 61 — Donald Hintz. Grays Lake: Troop 73— Wesley Druce, James Murrin, Jack Richardson, Douglas Rockenbach. Waukegan: Troop 104 — Harold Calahan, James Morrow, Robert Schwartz. Troop 105—Kenneth Kuehl, Wilmar Losch, Lucine Mutaw, Clarence Thompson, Billy Whitton. Troop 109—Robert McKinley. Troop 115—Bruce Adams. Troop 167—Jordan Hillman.

Visiting Tourists Required to Obtain Permits in 14 States

Fourteen states now require visiting tourists to obtain permits, either almost immediately upon entering the state or after an extended stay, Bert Vanderwarf, head of the touring bureau of the Chicago Motor club reported today. Requirements of each of these states, as compiled by the American Automobile association were listed by Mr. Vanderwarf as follows: Arizona—Permit must be secured within ten days after entering the state and displayed on the windshield; no fee; good for four months. Arkansas—Permit required within thirty days; good for ninety days; no fee. California — Must be obtained within five days and displayed on the windshield; no fee. Idaho—Must register within forty-eight hours after entering the state; no fee. Louisiana—Must be secured after thirty days; good for one hundred and twenty days; fee \$1. Massachusetts—Tourists staying more than thirty days must secure a permit and file compliance with the state's compulsory insurance

law. Minnesota — Must register within ten days; no fee. Mississippi—Permit required after twenty-five days; good for one hundred and twenty days; fee, \$1.00. Montana—Tourists must stop at the first county seat and obtain a permit, which must be carried "in plain sight in or upon the vehicle at all times"; good for thirty days with additional thirty-day extension privilege; no fee. Nevada — Registration card and permit sticker for windshield must be obtained within ten days; good for three months; no fee. Oklahoma—Permit required within ten days; good for sixty days; no fee. Oregon—Must get permit at registration station within twenty-four hours after entering the state; no fee. Texas—Permit must be applied for with county tax collector within twenty-five days; good for one hundred and twenty days; fee, fifty cents. Utah—Must register within five days; no fee.

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