



The RECIPE BOX

conducted by PHIL LIBBY former Restaurateur now Food Consultant Listen to THE VOICE OF COOKERY, featuring Phil Libby, over Station WCFL (970 kilocycles) every week day morning, except Saturday, at 10:15 a.m., for interesting food facts, recipes, household hints and cookery advice.

Was I surprised at the number of requests received by me at Station WCFL, from residents along the north shore, relative to the broadcast recently on German dishes. For the benefit of those who heard the program and those who like German recipes, this issue will be devoted to them.

Sauerbraten
5 lb. beef or veal
1 cup vinegar
1 teas. salt
1 carrot, cut small
1 teas. pepper
1 teas. sugar
3 cups water
1 large onion, chopped
2 bay leaves

Combine the sugar, vinegar and water, onion, carrot, bay leaves and pepper, and bring to the boiling point. Pour over the meat, and allow to stand over night. Heat brine the following day and pour over the meat, repeat process for two or three days, then remove meat from the brine. Cover with bacon or strips of fat meat, add onion, carrots and spices from brine and place in a baking dish. Add one cup of brine and bake in a moderate oven 350 degrees Fahrenheit for 2 hours, or until tender. Make a gravy with sour cream and flour to thicken.

Bayerische Knoedel
Take six old rolls and cut into thin slices, season with salt and pepper. Pour cold milk over them, only enough to moisten, however. Let stand awhile to soak thoroughly. Stir occasionally. Now beat 5 eggs, add a little milk and a dab of butter and pour over the soaked rolls. Mix well, add a little flour just enough to hold together and mold into dumplings. Brown each side in deep fat, one-half minute. Re-

move from fat, and this may be done in advance if you wish. When ready to serve, put them into a large pan of boiling water, one at a time, so that the water keeps boiling, then cover well, and let boil 20 to 30 minutes, or until done. Serve with pork roast, and lots of gravy and sauerkraut. Be sure the pan in which you cook the dumplings is very large so that they may be permitted to bob around and not be crowded.

Pickelsteinerfleisch
1/2 lb. beef, cut in small pieces
1/2 lb. pork, cut in small pieces
1/2 lb. veal, cut in small pieces
Suet, cut in small pieces
1 bunch parsley, chopped
Salt and pepper
5 or 6 medium sized potatoes, cut in quarters
1 bunch celery, cut in inch pieces
1 bunch carrots, sliced 1/4 in. thick
1 large onion, chopped fine
Paprika

Method: Place some pieces of suet in a cast iron dutch oven or similar well covered kettle, and melt suet. Then add a layer of potatoes, a layer of celery, another of carrots, one of parsley and onion, then a layer of the three kinds of meat mixed. Now a layer of suet, then repeat all layers again. Season each layer with salt, pepper and paprika as you put them into the kettle. On top of all place some more suet and cover. Let simmer on top of range about 1 1/2 to 2 hours or until done.

Beefsteak Mit Hindernissen
Either grill or fry your steak in the usual manner and garnish alternately with yolk of hard boiled egg, rubbed through a sieve, hot cooked potatoes, cold sliced cucumbers, hot cooked carrots, crisp uncooked lettuce and hot fried onions.

Household Hints

One housekeeper finds it convenient to keep a small notebook with pencil attached, tacked up in the kitchen. When articles are stored it is recorded in the book in just which closet they were put, so that when needed they are easily found by referring to this book.

Make a paste out of ammonia and salt—keeping it soft and smooth—and use this as an application for collars of coats, sleeves, etc., that have become shiny with age and wear. The paste will freshen them up and give them new life. A sort of "make-up" for clothes that are showing their age.

To aid in keeping peaches from discoloring after being peeled, peel quickly into a bowl and for each three cups of peaches sprinkle one tablespoon lemon juice over the top and then spread with a thin layer of sugar, being careful to cover peaches entirely. Chill until serving time and mix well with silver fork.

If you feel that you are not getting the best results in tastiness

from your spices, suppose you give the little cans the aroma test. Open the covers. Unless a full bodied fragrance rushes out to titillate your nostrils, you probably have ben "aging" your spice—and spices are among the products that do not improve with age.

It may sound like extravagance, but it is common sense to throw out and replace with a new batch all spices that have lost their bouquet and aroma. Spices depend upon their delicate, volatile oils to impart flavor, and in ground spices these gradually evaporate over a period of time just as perfume loses its strength when the stopper is left off, or as flowers lose their scent when their freshness has gone.

Dr. Evans to Talk on 'Old Age Pensions'

On Tuesday night, Sept. 22, Dr. M. R. Evans will speak on "Old Age Pensions, Townsend Plan," at the Masonic Temple, 21 N. Sheridan road. The public is welcome. The meeting will convene at 8 o'clock.

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Wednesday and Thursday September 23 and 24
"THE SPENDTHRIFT"

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Friday and Saturday, Sept. 25-26 Saturday Matinee & Evening
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Sun.-Mon.-Tues., Sept. 27-28-29 Sunday continuous 2:00 to 11:00
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Ted Healy, Jessie Ralph
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Wed.-Thurs.-Fri. Sept. 30, Oct. 1-2
"EARTHWORM TRACTORS"

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Our Gang Comedy, Second Childhood - Happy Harmonies, Two Little Pups
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Next Week: Law in Her Hands, Devil Doll, Tale of Two Cities, Return of Sophie Lang. Soon—Three Cheers for Love, Suzy, Rhythm on the Range

First Popular Price Concert Series Is Proving Popular

Immediate response to the announcement of the Adult Education Council's Musical Arts Series — first popular price concert with top-ranking artists ever to be presented, far exceeds in enthusiasm the fondest expectation of the Council, according to a statement issued today by Ralph McCallister, director.

With the music season barely under way, more than five hundred subscriptions have already been obtained for the piano series which will offer Josef Lhevinne, Albert Hirsh, Guionar Novaes, Ignaz Friedman and Artur Schnabel in Orchestra hall.

The 500th subscription has been presented by Director McCallister to Father O'Malley, director of the Paulist Choristers, in recognition of his contribution to the advancement of adult appreciation of music in Chicago.

"This is a fine thing that the council is doing. I see no reason why Orchestra hall will not be packed to the stage and on the stage," said Father O'Malley in accepting the 500th subscription.

Another prominent person in the music world to comment on the Musical Arts Series is George Gershwin, modern composer, who recently wrote to Director McCallister:

"I believe that popular price concerts, such as you are giving, are extremely beneficial and important. It is pleasant news to hear that such artists as you have obtained will play at these concerts. People who can't pay big prices for the best music love it just as much, if not more, than those who can. I am heartily in accord with your plans."

Edgar Nelson, director of the Apollo club and president of the Chicago Conservatory of Music, in a radio address recently said of

the Musical Arts Series:

"I think it is a splendid idea and the manner in which this series is planned should be of great value to all serious students, not only of piano, but of all branches of music. As far as the public is concerned, it is so attractive on the face of it that it is bound to be successful, entirely apart from its intentional educational motive."

Subscriptions for the Musical Arts Series may be purchased at the offices of the Adult Education Council, 224 South Michigan ave., or at the Orchestra hall box office.

Josef Lhevinne will open the series with an all-Chopin program on Nov. 17.

Albert Hirsh, 21 years old Chicago genius, will play the modern composers Dec. 15. Guionar Novaes is scheduled to do the Spanish composers on Jan. 25.

Ignaz Friedman will play the romanticists — Schubert, Schuman and Mozart — and Brahms on Feb. 2. The series will come to a close with the recital by Arthur Schnabel on March 7. He will play an all-Beethoven program.

Young Republican Club Dance Oct. 2

Do not forget the date of the Young Republican's Dance at Medinah Country club, Friday, Oct. 2, Lucille Manfrin, chairman, and Willard Cain, president of the Young Republican club for DuPage county, are most busy making final arrangements. George Murphy of West Chicago is the chairman of the Entertainment committee. Everything is now in readiness for the finest and the most brilliant evening that the Young Republican has ever sponsored. You will want to be there and meet with your friends and the Republican candidates. There will be no speeches. Make that date now for this lovely affair. Tickets may be secured at the door.

D.A.R. Better Films Committee Review

"The Law in Her Hands." Cast: Margaret Lindsay, Glenda Farrell, Warren Hull, Thursday, Sept. 24. A district attorney's fiancée proves the point that she can beat him at his own game of law, then willingly forsakes her profession for marriage. An illogical story, performed without distinction by a stock cast.

"Nobody's Fool." Cast: Edward Everett Horton, Glenda Farrell, Warren Myer, Friday, Saturday, Sept. 25, 26, in this amusing comedy, a smalltown idealist sets about to reform New York racketeers. The work of a large, well chosen cast adds to the general hilarity and clever direction makes the most of every absurd situation. Family.

"Earthworm Tractors." Cast: Joe E. Brown, June Travis, Guy Kibbe, Dick Foran, Sunday, Monday, Sept. 27-28. From the stories by William Hazlett Upson. An hilarious Joe E. Brown comedy, filled with absurd situations and breathless laughs for fans of this comedian. Good entertainment for the family.

"San Francisco." Cast: Jeanette MacDonald, Clark Gable, Spencer Tracy, Jack Holt, Tuesday, Wednesday, Thursday, Sept. 29, 30, Oct. 1. Jeanette MacDonald's singing ranging from grand opera through popular tunes to hymns, adds much to this production which, in the words of a pre-viewer "has everything." The Barbary Coast life, the earthquake and fire, the plight of the refugees the reformation of "Blackie Norton" and the satisfaction of Father Tim, as he sees his efforts of a life time succeed, run the gamut of human emotions. Outstanding in every respect. Adults and young adults.

Nuts should be freshened a few minutes in a moderate oven during summertime before they are added to cooked or uncooked mixtures.

SHOPPER'S GUIDE

by Phil Libby

Beechnut coffee, a perfect blend, may be found at most grocers.

Chateau cheese, that rich 3-year old cheddar, carefully blended with creamery butter and mineral salts, in either pimiento or plain is ideal to have on hand for the unexpected guests. For sale at all grocers.

And now, Wilson's tender-made ham, may be found in cans, boned. You may purchase whole hams, halves or quarters. Ask your dealer for them.

Dean evaporated milk is fast becoming popular in this vicinity. A high grade milk product, and delightful to use in this thick bodied milk. At most grocers.

Richelieu brand of canned goods... are the 'tops. Put in a stock of different items for emergencies. At most grocers.

If you haven't seen those delightful Nesco electric roasters at the Public Service company yet, you've missed something. They not only cook a meal, but you can bake cakes, bread, pies and so many other things in them. It will be worth your time to look them over.

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SPECIALS FOR THURS., FRI. and SAT., Sept. 24, 25 & 26

STRONG HEART DOG FOOD: 5 cans for	25c	Highland Peanut Butter 2-lb. jar	27c	CIDER VINEGAR quart bottle	10c
LINCO WASH quart bottle	19c	AMMONIA quart bottle	10c	PRUNES 3 lbs. for	25c

Baking Needs		Cereals		Baking Needs	
BAKER'S CHOCOLATE 1/2 lb. cake; each	15c	POST'S TOASTIES 2 pkgs. for	17c	PUFFED WHEAT 2 packages for	19c
HERSHEY'S CHOCOLATE 1/2 lb. cake; each	9c	Large package for	12c	PUFFED RICE	25c
BAKER'S COCOA 1-lb. can for	15c	GRAPENUTS 2 packages for	35c	QUAKER OATS 2 packages for	17c
1/2 lb. can for	9c	GRAPENUT FLAKES 2 packages for	19c	Large package for	19c
HERSHEY'S COCOA 1-lb. can for	15c	HUSKIES 2 packages for	23c	QUAKER FARINA the package	11c
1/2 lb. can for	9c	WHOLE BRAND SHREDS 2 packages for	29c	QUAKER CORN MEAL Yellow or White; pkg.	10c
CRISCO 1 lb. can for	21c	Large package for	17c	PETTY JOHN'S the package	24c
3 lb. can for	57c	WHEATIES 2 packages for	21c	CORN FLAKES 2 packages for	17c
6 lb. can for	\$1.09	HEINZ RICE FLAKES 2 packages for	23c	Large package	12c
SPRY 1 lb. can for	25c	SHREDDED WHEAT 2 packages for	25c	RICE KRISPIES 2 packages for	25c
3 lb. can for	65c	WHEATENA the package	24c	KELLOGG'S PEP 2 packages for	25c
SNOWDRIFT 1 lb. can for	21c	RALSTON'S CEREAL the package	24c	MALT-O-MEAL the package	24c
3 lb. can for	57c			CREAM OF WHEAT the package	24c
PRIDO 1 lb. can for	23c				
KNOX JELL 4 packages for	25c	KNOX GELATINE the package	19c	CRAX 1 pound package	19c
PURE LARD 2 lbs. for	27c	BISQUICK large package	29c	CANE SUGAR 10 lb. limit; 10 lbs. for	49c

Canned Goods		Soaps & Flakes		Canned Goods	
APPLE SAUCE 3 cans for	25c	AM. FAMILY SOAP 10 bars for	49c	APPLE SAUCE 2 cans for	25c
GREEN BEANS 3 No. 2 cans for	25c	IVORY SOAP 10 bars for	89c	GREEN BEANS 2 cans for	25c
RED BEANS 3 cans for	25c	P. G. WHITE NAPHTHA 10 bars for	33c	WAX BEANS 2 cans for	25c
DICED CARROTS 3 cans for	25c	CAMAY SOAP 4 bars for	19c	LIMA BEANS 2 cans for	25c
TOMATOES 3 cans for	25c	LUX SOAP 4 bars for	25c	KIDNEY BEANS 2 cans for	25c
BEECHNUT PORK AND BEANS, 3 cans	25c	LIFE BUOY SOAP 4 bars for	25c	BEETS 2 cans for	25c
BEECHNUT SPAGHETTI 3 cans	25c	PALMOLIVE SOAP 4 bars for	19c	SUCCOTASH 2 cans for	25c
SUNKIST PEARS 2 No. 2 1/2 cans for	39c	OLIVIO SOAP 4 bars for	19c	Large, 2 pkgs for	39c
Bonnie Face PEACHES 2 No. 2 1/2 cans for	35c	WOODBURY'S SOAP 3 bars for	25c	DREFT 2 pkgs. for	25c
WEL-PAC PINEAPPLE Sliced; 6 No. 2 cans for	\$1	SNOWFLAKE SOAP 10 bars for	49c	Large pkgs., 5 for	\$1.00
CAMPBELL'S TOMATO JUICE, 3 cans	19c	FELS NAPHTHA SOAP 10 bars for	49c	RINSO 2 packages for	17c
CAMPBELL'S TOMATO SOUP, 3 cans	19c	JAP ROSE SOAP 3 bars for	25c	2 large packages for	39c
CAMPBELL'S PORK AND BEANS, 3 cans	19c			LUX FLAKES 2 packages for	19c
				2 large packages for	45c
				GOLD DUST large package for	17c

Royal Desserts or Jello 3 packages for	13c	CRACKERS GRAHAM or SODA; 2-lb. package	19c	NUCOA or GOOD LUCK MARGARINE; 2 lbs. for	39c
TOMATO JUICE Libby's; 4 cans for	25c	Macaroni or Spaghetti RED CROSS; 2 packages	9c	PECAN MEATS, lb.	39c
				English Walnuts or Almonds, lb.	49c

RAPP BROS.

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