

The Recipe Box



Conducted by PHIL LIBBY

former Restaurateur, and Now Food Consultant

(Editor's Note: You are invited to write your questions about recipes or household information to Phil Libby, in care of this newspaper, enclosing a self-addressed, stamped envelope. He will be glad to answer you promptly. It will be impossible to answer questions received by telephone.)

Now that our thoughts run to summer camps, cottages and picnics—have you thought of the food problem. Since butcher shops are not always handy at the lake—Stahl-Meyer has a convenient line of delightful cocktail sausage, frankfurters, pork and liver sausages, just the thing for unexpected guests. Regular cans of frankfurters and pork sausage and other meat products too numerous to mention that may be packed away on the shelf until needed and which will come in mighty handy. See your grocer before you leave and get a generous supply to take with you.

For some time now, I've been looking for some oriental food products that would meet my expectations—you know I lived in Honolulu for a number of years, and I did like my Chinese foods. Recently I found a brand that meets my satisfaction entirely—Hong Kong brand. They put up bean sprouts, vegetables, noodles, soy sauce and molasses. After a lot of experimentation with some original and other recipes with this brand, I have listed below a number of them, which I believe you will enjoy. Oriental food is not hard to prepare, so why not surprise the family some night and serve a dinner of this kind.

Eggs Foo Young

6 eggs
1/2 cup minced cold roast pork or chicken
1/2 cup shredded onions
1/2 cup chopped chop suey vegetables chopped fine.
1 cup chop suey bean sprouts
Beat eggs until very light, add meat, vegetables, sprouts and onions. Drop by tablespoonfuls into hot fat and fry until brown, turning once. Serve with a brown gravy made as follows: Place on the fire, 1/2 cup of good meat stock or bouillon. Blend 1 tbs. flour or corn starch into a thin paste with cold water and stir into stock. Add 1 tbs. soy sauce

and one teas. chinese molasses and stir until smooth.

Hong Kong Chow Mein

1 No. 2 can bean sprouts
1 No. 2 can chow mein noodles
3 tbs. soy sauce
2 tbs. head molasses
1 lb. diced meat (pork, veal or chicken)
2 cups sliced celery (not cut too small)
1 1/2 cups sliced onions
2 teas. cornstarch
1 can sliced mushrooms if desired
Salt and pepper to taste
Brown meat in lard or cooking oil. Add onions and 1 tbs. each of molasses and soy sauce with 1/2 cup of stock drained from sprouts. Cook gently until almost done. Add celery and drained bean sprouts and mushrooms (if desired) and season to taste. Thicken with cornstarch and remaining soy sauce and molasses dissolved in 1/2 cup of cold water. Stir and serve over warmed chow mein noodles. Garnish top with strips of cold boiled ham and hard boiled egg yolk (which have been put through a sieve).

Shrimp Chop Suey

1 No. 2 can bean sprouts
3 tbs. soy sauce
2 tbs. head molasses
1 pound of shrimp, (shells removed and cleaned)
2 cups sliced celery
1 1/2 cups onion, sliced
2 teas. cornstarch
1 can of sliced mushrooms
Salt and pepper to taste
Brown shrimp in butter. Add onions, and 1 tbs. each of molasses, soy sauce and cooking oil with 1/2 cups of stock drained from bean sprouts. Cook gently until almost done, add celery and drained bean sprouts and mushrooms. Season to taste. Thicken with cornstarch and remaining soy sauce and head molasses dissolved in 1/2 cup of cold water. Stir for a few minutes and serve with rice

Golf Stars To Compete Sunday at the Bon-Air

Four of golf's greatest shot-makers will draw sport fans to Bon-Air Country club Sunday for an exhibition match that will decide supremacy between the veterans and the youngsters of the Chicago district. Upholding the veterans' claims to golf domination will be Tommy Armour of Medinah and Harry Cooper of Glen Oak. They will pit their skill and competitive experi-

ence against the brilliant youngsters, Ky Lafoon of Northmoor Country club and Dick Metz of the Mill Road Farm course.

Bon-Air's star attraction will start at 2:30 o'clock Sunday afternoon and the contest will go eighteen holes. For the real golfing bugs, however, the starting time will be a half-hour earlier since they'll want to get to Bon-Air in time to see the quarter warming up in a series of practice shots. Bon-Air is convenient to a huge population of golf fans, the club being located on Milwaukee avenue a mile north of Wheeling.

For the contestants Sunday's match will be the last competitive warm-up before the start of the National Open in New Jersey. Armour, who held the national crown in 1927, will head Chicago's delegation to the championships and the three who'll appear with him Sunday—Lafoon, Cooper and Metz—are accorded a real chance to bid for the title.

Sunday's exhibition follows the successful hole-in-one tournament staged last Sunday at Bon-Air. Winners in the professional division were John Kelly of Highland Park and Terry McGovern of the Rogers Park Driving Range. Their tee shots at the 120-yard ninth hole came within 3 feet, 9 inches of the cup.

1200 Recruits Now at Great Lakes Station

The Naval Training station at Great Lakes, Illinois now has about 1200 recruits in training for service in the United States Fleet. This group of young men, all drawn from the Mid-West, represents the largest number in attendance at the station since its reopening last July.

The public is cordially invited to witness the outdoor dress parades which are held every Wednesday afternoon from 3 to 5:30. At these functions the recruit regiment goes through physical exercises and semaphore drill prior to passing in review.

Outdoor band concerts, which are also open to the public, are now being held on the station at the following times: on the first and third Sundays of each month from 4 to 5 p.m. and every Thursday from 3:30 to 4:30 p.m. THOS. L. WATTLES, Lieutenant, U. S. Navy, Aide to Commandant.

CORRECTION

The tax increase in school district No. 107, which was approved by voters of the district on Saturday, May 9, was an increase of 30c per \$100 valuation and is estimated to bring an increase of \$15,000 per year.

He Was Convinced, But It Was No Easy Job

The curtain of anonymity must be dropped over the participants in this which is alleged to have happened in a downstate town, famous for its distilling industry, when two of the "local boys" are alleged to have visited one of the major distilleries.

Seeing two well dressed men, approaching middle age, and of prosperous appearance, entering the main office and hearing the elder of the two tell the reception clerk that they would like to look over the plant, as they had visited over 25 distilleries, and his companion was not yet convinced that he had found what he wanted, the general manager made a point of conducting the tour of inspection himself.

They saw the vats, containing thousands of gallons of mash, car-loads of grain and sugar, the bottling department and the ageing department. As they left each department the elder visitor invariably turned to his companion and asked, "Well, are you convinced?"

The answer was just as invariably "No!"

Finally they came to the warehouse and saw millions of cases of goods ready for delivery. Then for the first time the younger of the two spoke:

"Is this all the liquor you have ready for delivery?"

"Oh, no," came the reply. "We have twenty more warehouses as large as this one, and if necessary could double our output within a year."

Turning to his companion, the younger chap said, "Well, I guess you're right, I'm convinced."

Seeing an extremely large offer, the manager beamingly inquired, "May I ask just what point it was on which you have succeeded at last in leading up to this gentleman?"

"Well," came the disconcerting reply, "I'll tell you. I've been three weeks trying to my friend that you liquor companies can make this stuff faster than he can drink it."

Plans Completed for High School Prom

Plans have been completed for the annual Deerfield-Shields Junior Prom, which will be held this year at the Ravinia Village House, on June 6, from 8:30 to 12.

The orchestra, which has been signed up to furnish music for the dance, is Cal Pidgeon's 13-piece orchestra. Will Osborn, the featured attraction, has formerly been with Kay Kyser, Hal Kemp, and Seymour Simon. The orchestra, which has recently completed a stay at the Eastgate hotel, Chicago, also features "Speed" Brown, Kenny Testner, and the "Three Squabs" vocal trio.

The dance will begin at 8:30 p. m. and no couples will be admitted after 9 p. m. Anyone who leaves before 12 o'clock will not be admitted again.

One member of each couple must be in actual attendance at the Highland Park school at the time of the dance. The other may be a graduate, a former student of Deerfield-Shields, or a member of the Lake Forest school. No stags will be admitted to the dance.

"The Closed Circle"—the thrilling Novel of a Man's Struggle to Clear the Name of the Women He Loved—in the AMERICAN WEEKLY, the Magazine Distributed with NEXT SUNDAY'S CHICAGO HERALD AND EXAMINER.

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Specials for Thursday, Friday, Saturday - May 21, 22 & 23

FRESH PEAS . . 4 lbs. for 25c Rib Roast BABY BEEF the lb. 17c & 23c

Table with 3 columns: CANNED GOODS, CEREALS, SOAPS. Items include Diced Carrots, Post Bran Flakes, Quaker Oats, etc.

DIXIE BACON 2 pounds SLICED for M. & L. BACON, 3 lbs. 39c. EGGS. KITCHEN, doz. 23c. SELECTED, doz. 29c. TABLE, doz. 35c. ASPARAGUS THE BUNCH 19c. CARROTS or BEETS the bunch 5c.

Table with 3 columns: BAKER'S CHOCOLATE, CLUB HOUSE Dry Mince Meat, AMMONIA, etc.

Table with 3 columns: Countryside PUMPKIN, RAISINS Seedless, ROYAL DESERTS or JELLO, TOMATO JUICE, NUCOA or GOOD LUCK, MARGARINE, etc.

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WED FEB. Mr. and Mrs. John Honor John 28th party and 1 The cards Mrs. Doric to t

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George R Dies

(Continued from page 3) George R. ... Feb. 2, 1841, April, 1841, months, with age 7 and hi George R. ... Redlinger; ... left Gersthe Alace, to e dition of the military ser Their sa Deutschland in crossing, New York v then by ox After ar remained for home of Ja wagon carri dren of t party to L walked all and southe field town farms. The Roc land in the Milwaukee George F rah Ott, da Lorenz Ott Sept. 3, pointed out

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