

The Recipe Box

Conducted by PHIL LIBBY

Director, Home Service Department
Highland Park Press and Deerfield Press

(Editor's Note: You are invited to write your questions about recipes or household information to Phil Libby, in care of this newspaper, enclosing a self-addressed, stamped envelope. He will be glad to answer you promptly. It will be impossible to answer questions received by telephone.)



Entry blanks with recipes are coming in very well, but as usual I suppose many are waiting until the last minute to send them in, please send them in as soon as possible so that they may be separated and not delay the announcement of the winners.

This issue I'll tell you more of the prizes, which some of you readers will win.

The first prize is a grand CORY glass coffee maker, Princess model, platinum banded, 8 cup size and you place it right on the gas flame, no rings, plates, or pans to bother with. It has a holder for the upper section and a hinged lip to keep the coffee hot.

The Dazey deluxe wall can opener is really a honey, formerly known as the Speedo with which many of you are familiar. It is all and more than can be expected of a can opener. I have used them in hotels, restaurants, cooking schools and have found them highly satisfactory and efficient. This high grade can opener is guaranteed for 5 years, that alone makes it a worthwhile item.

The Androck Triple Flour Sifter, is another useful kitchen utensil. This sifter has 3 sieves and 3 bars which are turned by one handle. All that is necessary to sift flour three times is to put flour into sifter, turn handle like any other sifter and presto, your flour is sifted the same as if you had done it three times.

The Androck Kitchen utensil set, consists of 10 pieces of their yellow handle design, and which includes, strainers, spoons, soup ladle, plate scraper, etc. A real useful assortment, well designed.

As most of you are familiar with Stewart's fine blend of coffee, little need be said about this coffee, however, Stewart & Ashby Co., takes great pride in the careful blending of high quality coffee beans to give their customers a coffee that suits the most fastidious taste.

Next week tells you about the other prizes.

LENTEN LUNCHEON OR SUPPER

- Egg and corn cutlets with pimiento sauce
- Platter of fresh vegetables
- Hot muffins Plum jam
- Baked apples
- Cookies
- Coffee

EGG AND CORN CUTLETS

Melt 3 tbs. Spry or other short-

ening in the top of a double boiler. Add 3 tbs. flour, 7/8 teas. salt, 1/4 teas. pepper and 1/4 teas. paprika and blend. Add 1 cup milk and cook until smooth and thick, stirring constantly. Remove from fire, add 3 hard-cooked eggs, which have been chopped, 1 cup cooked corn, 1 teas. parsley, chopped fine. Spread mixture in shallow pan and chill until stiff. Cut into cutlets with a 2 1/2 inch biscuit cutter (same as you would biscuit dough). Roll in crumbs, then in 2 eggs, slightly beaten with 2 tbs. water, then in crumbs. Fry in hot Spry (375°F) 1 inch deep in a heavy frying pan until brown. Drain on absorbent paper. Serve with pimiento sauce made as follows: Make your usual white or cream sauce add 1 pimiento forced through sieve.

BAKED FISH WITH CHEESE

- 2 cups flaked fish
- 1 cup mashed potatoes
- 2 eggs
- 3 cups milk
- 1/2 cup butter
- 2 tbs. crumbs
- 1/2 cup Roquefort cheese, broken up fine
- Salt and pepper to taste.

Mix fish, potatoes, 1 egg, 2 1/2 cups milk, salt and pepper and melted butter. Put these in a baking dish. The other egg should be beaten until light and the 1/2 cup of milk and crumbs added. Spread this over the fish mixture, then spread on the cheese. If baked at 350°F, it should take about thirty minutes. Serves 6.

MEDLEY OF VEGETABLES

- 1 1/2 cups sliced onions
 - 2 cups celery, cut in strips
 - 1 1/2 cups carrots, cut in strips
 - 2 cups string beans, cut in strips
 - 1/2 cup green peppers, cut in strips
 - 1 1/2 cups mushrooms, sliced lengthwise
 - 4 tbs. butter
 - 2 cups canned tomatoes
 - 3 tbs. Minute Tapioca
 - 2 1/2 teas. salt
 - 1/4 teas. pepper
- Cut vegetables in strips 1/4x1/4 inches. Melt butter in saucepan; add onions, celery, carrots, string beans and green peppers and cook 10 minutes, stirring frequently. Add tomatoes and mushrooms and cook slowly 20 to 30 minutes or until vegetables are tender; then add Minute Tapioca, salt and pepper and cook 5 minutes, stirring occasionally. Serve on large hot platter with a mound of mashed potatoes in center and surround with vegetable medley.

GREEN SALAD
1 bunch green onions
1 small head lettuce
1 tbs. honey
1 tbs. lemon juice
1/2 teas. salt
Cut onions and lettuce up very fine. Mix all ingredients and chill well. Serve with shaved radishes and sprinkled with paprika.

Household Hints

The thrifty housewife makes a point of utilizing the drippings from all kinds of meat except lamb, but because of the characteristic and somewhat pronounced flavor of lamb fat, it is discarded in most households. Lamb fat may be used to good advantage if the flavor is modified by combining with other fats or by the addition of seasonings.

A savory fat is made by slowly melting the lamb drippings with a bit of onion, sour apple and a teaspoon of ground thyme or mixed herbs, tied up in a small piece of cloth. When the onion and the apple are thoroughly browned, strain and keep the fat in a cold place. It will be excellent for frying potatoes, seasoning vegetables, etc.

To clean the inside of milk bottles add a tablespoon of salt to one-third cup of vinegar, put into bottle and shake well.

Egg yolks may be kept for several days if covered with cold water and put in the icebox. There are many uses for them such as in custards, sunshine cake, orange icing and scrambled eggs.

To make fine cracker crumbs for reading, put the crackers in the oven and let them get good and crisp. Then roll them with a rolling pin so they will be very fine and soft. Keep in a pan with wax paper for a lid.

Peas too hard for serving plain may be cooked until tender, pressed through a sieve and the pulp used for soup.

A few cloves added to vegetable soup will give it a delicious flavor.

D.A.R. BETTER FILMS COMMITTEE REVIEW

"Broadway Hostess," cast, Wini Shaw, Genevieve Tobin, Allen Jenkins, Phil Regan, Thursday and Friday, March 19-20. Lavish production—a good cast and direction cannot make this tawdry story of the life and loves of a torch singer—other than mediocre entertainment. There's one very lovely dance number and some good singing. Adults.

"Murder in the Fleet," cast, Robert Taylor, Jean Parker, Ted Healy, Nat Pendleton, Saturday, March 21. A thrilling, fast moving murder mystery with a naval background as its novel setting. A fine spirit of loyalty and devotion to duty on the part of the officers and men are contrasted with clever humor and well sustained suspense. Fine acting by an admirably chosen cast.

"Captain Blood," cast, Errol Flynn, Lionel Atwell, Ross Alexander, Guy Kibbee, Sunday, Monday and Tuesday, March 22-23-24. Sabatini's well known book comes to the screen as a lavish and entertaining production which will delight all who are stout of heart and young in spirit. Errol Flynn as the efficient, courageous, young doctor, whom circumstances force to become a swashbuckling pirate, gives a sincere and intelligent performance, ably assisted by a large, notable cast. Interesting sidelights of seventeenth century England with her elegant court life. Cruel injustices give color and authenticity to the background. One of the exceptional productions of the year. Family.

"If You Could Look," cast, Jean Arthur, Herbert Marshall, Leo Carrillo, Wednesday, Thursday, March 25-26. Two young people, in finan-

cial straits, take places as cook and Butler in the same household. Their employer turns out to be an ex-bootleg racketeer pining in inactivity and his interest in their affairs brings about amazing complications. Herbert Marshall and Jean Arthur prove a delightful comedy team. Adults and young adults.

Birds of prey wear feathered pantaloons, which serve to confuse the victim at which the bird is striking with its feet.

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Specials for Thursday, Friday, Saturday — Mar. 19-20-21

ASPARAGUS large bunch 29c **ORANGES** Extra large Florida, 3 doz. \$1 Juicy Oranges, 2 doz. for .39c

CANNED GOODS		CEREALS		SOAPS	
Clark's DICED CARROTS 25c	3 No. 2 cans for	POST BRAN FLAKES 23c	2 packages for	QUAKER OATS 17c	2 packages for
D. C. CROSBY CORN 27c	3 No. 2 cans for	POST WHOLE BRAN 23c	2 packages for	Large package for	AM. FAMILY SOAP 49c
NOBILITY G. B. CORN 25c	2 No. 2 cans for	WHEATENA 22c	the package	PUFFED WHEAT 19c	2 packages for
TELMO CRAB MEAT 49c	large can for	RALSTON'S BREAKFAST FOOD, pkg. 24c	2 packages for	PUFFED RICE 25c	P-G SOAP 17c
MERMAID TUNA FISH \$1	6 cans for	WHEATIES 25c	2 packages for	FARINA 11c	5 bars for
REBER HOMINY 27c	3 large cans for	SHREDDED WHEAT 25c	2 packages for	QUAKER CORNMEAL yellow or white, pkg. 10c	2 large packages for
SAUER KRAUT 25c	3 No. 2 1/2 cans for	Kellogg's ALL BRAN 27c	2 packages for	Kellogg's W. W. BISCUIT 25c	2 packages for
LIBBY'S PEACHES 39c	2 No. 2 1/2 cans for	PURE LARD 29c	2 pounds	MALT-O-MEAL 21c	large package
ALOLA PEARS 39c	2 No. 2 1/2 cans for	RICE KRISPIES 25c	2 packages for	CREAM OF WHEAT 24c	the package
Guard Health TOILET PAPER, 4 rolls for 25c		WHEAT KRISPIES 27c	2 packages for	POST TOASTIES 15c	2 packages for
Guard Health ROLL TOWELS, 2 rolls for 29c		BISQUICK large package 29c		GRAPE NUTS 35c	2 packages for
		AUNT JEMIMA PANCAKE FLOUR, pkg. 12		CORN FLAKES 17c	3 bars for
		BUCKWHEAT FLOUR pkg. 14c		Large package 12c	LIFEBOUY SOAP 19c

DIXIE BACON 2 pounds SLICED for 39c
M. & L. BACON, 3 lbs. 89c
EGGS KITCHEN, doz. 23c
SELECTED, doz. 29c
TABLE, doz. 35c

BAKER'S CHOCOLATE 17c	1/2-pound cake for	CLUB HOUSE Dry Mince 25c	Meat; 2 pkgs.	AMMONIA 10c	quart bottle	Libby's CORNED BEEF 35c	2 cans for
HERSHEY'S CHOCOLATE 9c	1/2-pound cake for	LITTLE BOY BLUE 9c	the bottle	Dromedary FITTED DATES, (2) 8-oz. pkgs. for 25c		Broadcast C. B. HASH 35c	2 cans for
BAKER'S COCOA 19c	1-pound can for	CRESTO Salad Dressing 29c	quart	PET or CARNATION MILK, 3 tall cans for 20c		PRUNES—Bulk 25c	3 pounds for
HERSHEY'S COCOA 13c	1/2-pound can for	HEINZ'S SOUPS All kinds except Consomme and Clam Chowder, 2 cans 25c		NUT MEATS 39c		VIRGINIA SWEET PANCAKE FLOUR, 2 pkgs. 21c	
CRISCO 21c	1-pound can for	HEINZ SPAGHETTI 19c	12-ounce can, 2 for 29c	PECANS, the pound 49c		BUCKWHEAT FLOUR 27c	2 packages for
KNOX GELATINE 20c	the package	JAP ROSE SOAP 9c	the bar	NUT MEATS—Almonds or English Walnuts; lb. 49c		MAZOLA or WESSON OIL 22c	pint can for
Hi-Land PEANUT BUTTER 19c	1-pound jar for	LINCOWASH 19c	quart bottle	CIDER VINEGAR 10c		KOSTO 9c	2 packages for
MUSTARD 19c	quart jar	LEE & PERRIN'S SAUCE 30c	the bottle	C. H. CHILI CON CARNI 23c		DILL PICKLES 19c	quart jar
		DOG FOOD—Strongheart 25c	5 cans for	OVALTINE 63c		LOG CABIN SYRUP 19c	Small can for
				LIPTON'S TEA 39c		Medium can for 37c	Large can 78c

Countryside PUMPKIN 19c	2 No. 2 1/2 cans for	NUCOA or GOOD LUCK 39c	MARGARINE; 2 lbs. for	SAUER KRAUT 25c	3 No. 2 1/2 cans for
RAISINS—Seedless 25c	3 15-oz. pkgs. for	Armour's PORK & BEANS 19c	2 28-oz. cans for	CANE SUGAR 49c	10 lb. limit; 10 lbs. for
Royal DESERTS or JELLO 17c	3 packages for	CRACKERS 19c	GRAHAM or SODA; 2-lb. pkg.	JONES SAUSAGE 31c	LINKS, lb. 34c; MEAT, lb.
TOMATO JUICE 25c	Libby's; 4 cans for	RED CROSS 9c	MACARONI or SPAGHETTI; 2 pkgs.	TOMATO SOUP 19c	Campbell's; 3 cans for

Paging Mrs. Housewife

Have you entered the

"FAVORITE RECIPE CONTEST"

If not, some fine prizes await the winner.

GET AN ENTRY BLANK AT ONCE AND SEND IT IN RIGHT AWAY.

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