CALAVOS

California's rare salad delicacy

Fruits which hail from tropical countries, as calavos did originally, seem to have a special license in the matter of flavor and food attributes.

The typical sweet-sour "design for eating" usually found in fruits is exchanged for a flavor of sophistication, richness, and nutlike quality with an unsurpassed ability to merge flavors with the other members of the food family.

Calavo fruit oil, which is unique among fruits, has a bland, mildly laxative effect, no doubt heightened by the vitamin B content of the fruit. More vitamins abound in calavos than could rightfully be expected in any one fruit; vitamins, A, B, D, and G are found in good quantity.

The development of the oil in calavos is tied directly to the maturing of the fruit, with which the evolution of flavor and logically the other food values are also bound. Along with other safeguards for quality, calavos are subjected to laboratory tests for maturity before picking.

When picked, the fruit is still firm and must soften for edibility. To test for softness, take the calavo in both hands and press gently with both palms. Do not mistake the elasticity which omes first, for softness. Refrigerate only after the fruit is soft, storing in the warmest part of the refrigerator.

Calavo-Raspberry Bavarian

1½ cups calavo cubes
1 package raspberry flavored gelatin
1 cup hot water
Few grains salt
1 cup raspberry juice
1 cup whipping cream
¾ cup canned raspberries

To prepare the calavo, cut the fruit in halves lengthwise, remove seed, peel, and cut in small cubes. Measure carefully to prevent mashing of fruit.

Dissolve gelatin and salt in hot water, add raspberry juice from drained canned raspberries. Chill until almost firm and beat with rotary beater until light. Whip cream until thick but not stiff. Fold into gelatin, then fold in raspberires until mixed. Carefully fold in the diced calavo. Serve chilled.

Serves 10 to 12.

DEERFIELD SCHOOL

Kindergarten

We made a steam ship this week. Today we are making the smoke stacks. We colored the stacks red. Eight children can sit in the ship.

We also have a store. We use empty cartons and cans on the shelves.

Robert Pettis has brought the most things for our store. We made paper money Friday.

* * *

Fourth Grade
Having Fun

by Dorothea Meyer

My cousins came over last Sunday. We made a big hill with a fort around it. The fort was built so that no one could knock it down. To make the hill slippery we put water on it.

* * *

Grade Five

We sent in our weekly reader notebook to the national contest. This year we had a class notebook. Virginia Gastfield had nine of her readers in the notebook.

Lenore Wilson has been absent since Christmas. We have been studying written letters in our English. Tuesday we all wrote a letter to Lenore telling her of the school happenings.

Mary Hurst has left our school to attend fifth grade in Highland Park.

The winter Olympics have begun in Germany and will last ten days. There will be ice hockey games, races on bob sleds, skiis and skates. Athletes from 28 nations are expected to take part in the games. Maybe some of our boys and girls will be in the Olympics of the future. Watch the papers to see how the games turn out.

Germany has put out two new stamps to advertise the winter Olympics. One shows a man racing on skates the other a man making a ski jump.

Deerfield Women Discuss Constitution

The first meeting of a series of six of the Discussion Group under the sponsorship of the Deerfield American Legion Auxiliary unit, was held Monday evening in the Public library in the Deerfield Grammar school. Mrs. W. A. Tennermann led in the discussion of the topic "Constitution of the United States of America."

The next meeting will be held Monday evening, March 2.

GRASS SEED
FERTILIZER
PEAT MOSS
on sale at
EVANS FEED STORE
610 Central Ave. Tel. H. P. 124

Read The Want-Ads

"Just What the Doctor Ordered'—

FOR MY FAMILY," says T. L. Woolhouse, Cranford, N. J.

The popular phrase "Just what the doctor ordered" fits my big, new family to a "T"—so far as my family is concerned.

My wife demanded safety, and I don't know where I could find a car with more safety provisions. My son was impressed by the quick responsiveness of the new Dodge; and my daughter insisted that we have a good looking car.

I have to foot the bills, and while all these things sold me on Dodge, I know that Dodge owners have reported getting 18 to 24 miles to the gallon of gas... and saving up to 20% on oil. I have averaged over 19 miles to the gallon.

DODGE
NEW LOW FIRST COST
NOW ONLY $640 and up, List Prices at Factory, Detroit

And under the new Official Chrysler Motors Commercial Credit Company 6% Time Payment Plan, Dodge is *now so easy to pay for!*

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TIMES WILL BE BETTER IF YOU MAKE THEM BETTER

Many money troubles are cured by a constructive plan and sensible use of a cash loan.

You need not ask friends to help you get a Household Loan.

LOANS
ON YOUR OWN SIGNATURE

Single persons or married couples are eligible to borrow. Loans made with or without furniture or automobiles. Repay in small monthly installments.

REDUCED RATES
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Charges only on unpaid balances. Call, write or phone for a private interview.

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News About Values and Better Winter Meals!

MEMBER NATIONAL RETAILER-OWNED GROCERS
The World's Largest Food Distributors
20,000 Stores Coast to Coast

In Our Meat Department

OUR MEATS GRADE A —U. S. INSPECTED

What a satisfaction it is, particularly if you're entertaining, to know that your meat course is sure to be a success. That's because our meats are the very finest quality.

CHICKENS, Fancy Roasting	4½ to 5½ lb. avg. lb.	35c
ROAST, Choice Rib	1st 5 ribs, lb., 34c 6th and 7th, lb.	27c
VEAL CHOPS, Lean Tender	lb.	31c
Frankfurters, Tasty Sausage Meat	lb.	25c
Meat for Chop Suey, Fresh Cut	lb.	32c
FISH FOR FRIDAY		
FANCY BONED PIKE	lb.	35c
Fresh Sliced Halibut Steak	lb.	30c

Centrella FOOD STORES

For February 13th, 14th, 15th

With That GENUINE Mexican Flavor!

Gebhardt's

HOT TAMALES. Yes, the real thing made from choice meats, can	27c
CHILI with the secret flavor of Mexican cookery. No 1 cans	19c
CHILI POWDER, a zestful flavoring for scores of dishes, bottle	15c

Sweet Cream LAND O' LAKES BUTTER

Unexcelled for FLAVOR QUALITY FRESHNESS TEXTURE

Lb. brick in ¼'s 43½c

Pride o' Lake Shore BUTTER *1 lb. roll* 38½c

Heinz Soups
All Varieties

Except Clam Chowder and Consomme

7 cans for 98c

A grand start for a grand meal. Just the thing for children's lunches. Buy a supply at this special price and SAVE!

GINGY BREAD CAKE MIX	Just add water	2 PKGS. 28c
CENTRELLA Tomato Soup	No. 1 size cans	4 CANS 25c
CENTRELLA DARK RED Kidney Beans	No. 2 size cans	3 CANS 29c
SHURFINE CAKE FLOUR	Large 44 oz. package	22c
CENTRELLA French Dressing	8-oz. jar	17c
CENTRELLA Mayonnaise	16-oz. jar	27c
CENTRELLA Strawberries	No. 2 size cans	32c
DOLE Pineapple Spears	No. 2 size tall cans	23c
CENTRELLA Pineapple Nuggets	Mothers' Style No. 2½ cans	25c
PAUL SCHULZE Cookie Assortment	English 1-lb. pkg.	33c

Butter Wafers

Reg. 15c pkg. 2 for 25c
Large pkg. 39c
Elfin Salted Crackers or Graham Crackers, lb. pkg. only 17c

The end of a perfect dinner

Silver Cup COFFEE
1-lb. can 29c *3-lb. can* 85c

CENTURY CLUB COFFEE 23c lb.

VIKING COFFEE 15c lb.

CERESOTA
Pure Not Bleached
FLOUR
The ONLY flour insured against baking failures.
5 lbs. 27c *24½ lbs.* $1.05

Fresh Fruits and Vegetables

OUR PRICES ARE QUOTED ON THE MARKET'S BEST

The balanced diet, particularly in the wintertime, must contain plenty of green vegetables and fresh fruits. Each one contains the valuable vitamins that build resistance.

APPLES, Fancy Cooking	4 lbs.	23c
RHUBARB, Choice Hothouse	2 lbs.	25c
Strawberries, Fancy Ripe	pint box	19c
SPINACH, Fancy Broad Leaf	peck	19c
LETTUCE, Iceberg, Solid Heads	2 for	15c
Brussels Sprouts, Market's Best	quart	19c

Scot Tissue
Soft as old linen
1,000 sheet rolls
4 rolls 29c
SCOT TOWELS 2 for 21c

SCOT TOWEL HOLDERS, 19c

LINCO THE HOUSEWIVES' FRIEND

Full Quart 19c
(No Bottle Deposit)

Use LINCO all the year 'round in the Laundry, Kitchen, and Bathroom. For LINCO cleans, removes stains, deodorizes and disinfects all at once. It is pure, safe and dependable.

Lux Flakes

Small 2 for 19c *Large* 2 for 49c
LUX SOAP 3 for 19c

CENTRELLA TEA

ORANGE PEKOE, ¼-lb.	23c
ORANGE PEKOE, ½-lb.	43c
BASKET FIRED JAPAN ¼-lb.	18c
BASKET FIRED JAPAN ½-lb.	33c

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H. T. Bakke Grocery & Mkt.
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IN HIGHWOOD
Highwood Grocery & Market
328 Railway Avenue Highwood 1000

IN DEERFIELD
R. A. Nelson Grocery & Mkt.
760 Waukegan Rd., Deerfield

TRAYMORE SWEET PICKLES, 7-oz. jar	10c
TRAYMORE SWEET MIXED PICKLES, 7-oz. jar	10c
TRAYMORE SWEET RELISH, 7-oz. jar	10c
DROMEDARY DATES, pasteurized, 7¼-oz. pkg.	2 pkgs. 27c
S. O. S. Cleaning Pads, package of 8	2 pkgs. 43c

QUALITY — ECONOMY — THE POLICY OF EVERY CENTRELLA STORE!