cated to the Safety, Comfort and Pleasure of the Motoring Public. Prepared by General Motors



No. 4—OUR BRAKES

Wire all noticed that whenever a train makes a long enough stop in a VV station, there's somebody on the job, dodging in and out under the cars making sure that everything is in good shape for the train to continue its trip. One of the things checked at every inspection point is the brakes. For nobody knows better than

railroads how important it is to be able to stop when

MULTIPLIES

FOOT PRESSURE

OVER 100 TIMES

you have to stop. Now, if we think of it in a certain light, we people who own automobiles are all running little transportation systems of our own . . . just like the railroads and airlines and bus companies. Home is the main terminal and there are lots of stops along the line . . . flag stops, you might say, and regular scheduled stops-like the office, the grocery store, the school, the theatre, and our friends' houses.

Just like the railroads, one of the main things we need to look out for is our brakes. Of course, everybody knows this and yet somehow or other we're apt to be a little careless about it. Not that brakes don't give us plenty of

notice when they're going to need adjustment. As time goes on we find that we can push the pedal lower and lower, till after a while we can shove it down almost to the floorboards before the brakes take hold. Even then we sometimes wait quite a while before we have them adjusted. It just seems to be human nature to put off things like that. They tell us the result is that one-third of all cars on streets and highways at any given time have something wrong with their brakes. The trouble is that when we let our brakes go like

that, all of a sudden we may have to make an emergency stop, and we may find it rather embarrassing. Engineers say that if we realized what goes on in brakes we would see why we ought to keep them

checked up. As they explain, it's a story of momentum and friction, the same old forces we've talked about before. They say that when we get going we build up a certain energy in the can't just destroy that energy, because, scientists tell BRAKE DESIGN

us, Nature never lets any of its energy be destroyed. We can only convert it into some other form of energy. What brakes really do is to convert speed-energy into heat-energy. When we push down on the brake pedal we press the brake lining against the brake drums and this creates friction that changes the energy to heat. When we have changed all the speed energy to heat, then we come to a stop.

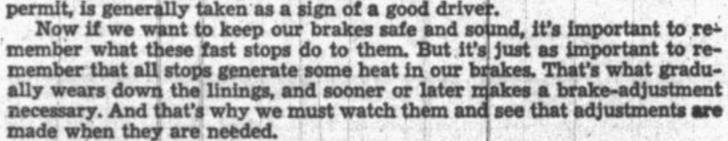
Now modern brakes are very powerful. In fact, a

100-horsepower car will have about 500-horsepower brakes. They can stop us pretty quickly even from high speeds. But when they do, they simply change those speeds into a great deal of heat, in a very short time. The fact is we sometimes build up temperatures in our brakes as

40 FT. 80 FT.

M.P.H. SECONDS

high as 1400 degrees! It's easy to see that heat like that can cause a lot of trouble. Some of us may think it's fun to rush up to sudden stops, but we might as well realize that we have to pay for that kind of fun in excessive brake wear. It simply doesn't pay to build up brake heat a lot faster than it can be thrown off. And we certainly get hardly anything back in time saved. For instance, if we're going 30 miles an hour, our brakes can stop us in 40 feet if they are all right; but it takes them less than two seconds longer to stop us in twice that distance. How much better it is, under any normal circumstances, to begin to apply the brakes a few seconds earlier and, with gradually increasing pressure, bring our car to an easy stop. As a matter of fact, smooth, gradual stopping wherever the circumstances permit, is generally taken as a sign of a good driver.



So maybe it would be a good idea to keep on thinking of our cars as private transportation systems. If we keep them in good running condition, they will serve us with safety and satisfaction.

Rhea Zur Welle Is Member of Hockey Team at Rockford

At the annual Hockey and Crew North Shore Cab Co. banquet held last Monday at Rockford college, Miss Rhea Zur Welle was named a member of the Sophomore class hockey team. She

of the hockey season from the best players in each of the four classes at the college and the game is the final one of the year.

Announces Low Rate

The North Shore Cab company, was further honored by being chos- located at 11 N. St. Johns avenue, en a member of the Army team and owned by Rocco Cocarelli, anfor the Army-Navy game held each nounces a new low rate of 15c per Thanksgiving at Rockford. The mile. Prompt cab service may be two teams are selected at the end obtained by calling H.P. 300.



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distinctive gifts by sitting now for

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Y. W. C. A. Notes

Note of Thanks Members of the Board of the Y.W.C.A. wish to express their thanks to all givers and workers in the Community Chest campaign. This resolution of gratitude was and passed at the regular monthly lowing Mrs. Lyle Gourley's reading of the letter from the Chest

The spirit of cooperation between all groups is one of the finest things Highland Park has experienced, the floor-is scheduled for 4 o'clock. was spoken of by Mrs. Theo Osborn, president of the board. That Highland Park givers may realize what a large number of girls and women are using the Y.W.C.A. and therefore benefitting from the chest gift which helps maintain such overheads as fuel and upkeep. Mrs. Ly- Those who make mistakes will be dia Hutton distributed a chart show-tagged each time it is repeated ing the daily use of the building. that the final performance will be While fees are charged for any ac- given by the most nearly perfect. tivities, the "Y" holds open house for gatherings of all kinds. "There are 253 junior club members and 564 adults enjoying the educational and recreational activities of the ester as Miss Daly's next term will "Y" this winter," said Mrs. Hutton, general secretary.

Christmas Message Rev. H. F. Siemsen, of the Beth-Christmas message at 5 o'clock for the following announcement

be hostess for this Christmas Can- Highland Park or at the Lake Bluff community over four hundred childlelight Tea. A cordial invitation Orphanage. Mrs. Clara B. Ander- dren whose Christmas was made

Y. W. C. A. to attend this hour of the gifts. social, musical and religious inter-

Tap Dancing Tea

nesday, December 18. A breath-taking exhibition - in Flinn for a family. president, A. W. Sihler, notifying that the youngsers demonstrating the "Y" the successful close of the their tap rhythms will not want to Legion to Sponsor make a mistake or their mothers watching the performance will not want to see their daughters leave

Miss Agnes Daly, the instructor

of 132 Highland Park girls from pre-school through high school age in her seven classes at the "Y" planning this novel "elimination program." Every member of each class will go through the first dance. A special invitation is issued all

who may want to register next semopen January 15, registerations will be accepted immediately after the

any Evangelical church will give a Social Service Department makes

the first of the Community Twilight | All kinds of scraps of material | Child Welfare officer of the Amer-Teas, to be held at the Y.W.C.A., are needed to make clothes for the ican Legion. 374 Laurel avenue this Sunday, De- firemen's dolls. Please take them to The Ladies' auxiliary of the Le-'headquarters right away or give gion under the direction of Mrs Christmas Carols will be sung by them to a member of the committee. P. E. Cole and Mrs. E. M. Verner, members of the Civic Orchestra, di- At the next meeting we would like will be in charge of sorting and rected by Mrs. Mannings. Preceed- to have toys, canned foods and wrapping the toys and Mrs. R. ing Rev. Siemsen's talk the entire clothing which members have been Flynn, secretary of the Social Serorchestra will give an informal con- collecting for the Crippled Children's vice committe, will be in charge of cert at 4:30. This is the first op- clinic party in Waukegan. Have at devising ways and means of disportunity for people in the commun- least 35 children to provide for tribution. ity to hear the Civic Orchestra. | there, also older boys at Dorcas | Commander Edwin Gilroy states The board of the Y.W.C.A. will home. The extras will be used in that last year there were in our

est. Mrs. H. C. Hawes, chairman house for any one wishing to give year for whom there will be no of the religious education commit- Christmas baskets so there will not Santa Claus unless some one brings tee, is in charge of the Sunday pro- be any duplication. Those who do him. Commander Gilroy asks not have a family in mind, may therefore that everyone do some bring any contributions to the club. thing to help the Legion make sure "Won't you have some tea and The committee will pack and deliver that every child in Highland Park taps?" daughters are politely ask- the baskets. There will be a least is happy Christmas morning. started by Mrs. W. A. Alexander ing their mothers this week as they 100 families not provided for by the issue invitations to the Tap Danc- other Highland Park agencies, so board meeting on December 10, fol- ing Tea at the Y.W.C.A. on Wed- bring whatever you can, or ask Mrs. George Fawell or Mrs. Melville S.

Christmas Party

(Continued from page 1) fruit. A special committee consisting of Mrs. A. G. Mason Jr., Mrs.

Frances Parker and Mrs. G. W. Farwell, is in charge. Chief Hoskins of the Fire de partment under whose direction the Highland Park firemen recondition toys each year, is co-operating and hopes that everyone will help by making contributions of old toys or

new toys and especially dolls and trains to reach the fire department not later than Dec. 17. Donations those interested in seeing the work of candy and other things will be welcomed as well. To those wishing to donate a dollar, five dollars or more it is re-

quested that contributions be forwarded to Mr. Harry Earhart, chairman, located at Murray & Terry's office, 377 Central avenue. Mr. Earhart and Mr. Jack Davis, who is

is extended to all friends of the son will get a committee to wrap hapdier through the efforts of the Headquarters will act as clearing ed. There are a great many this



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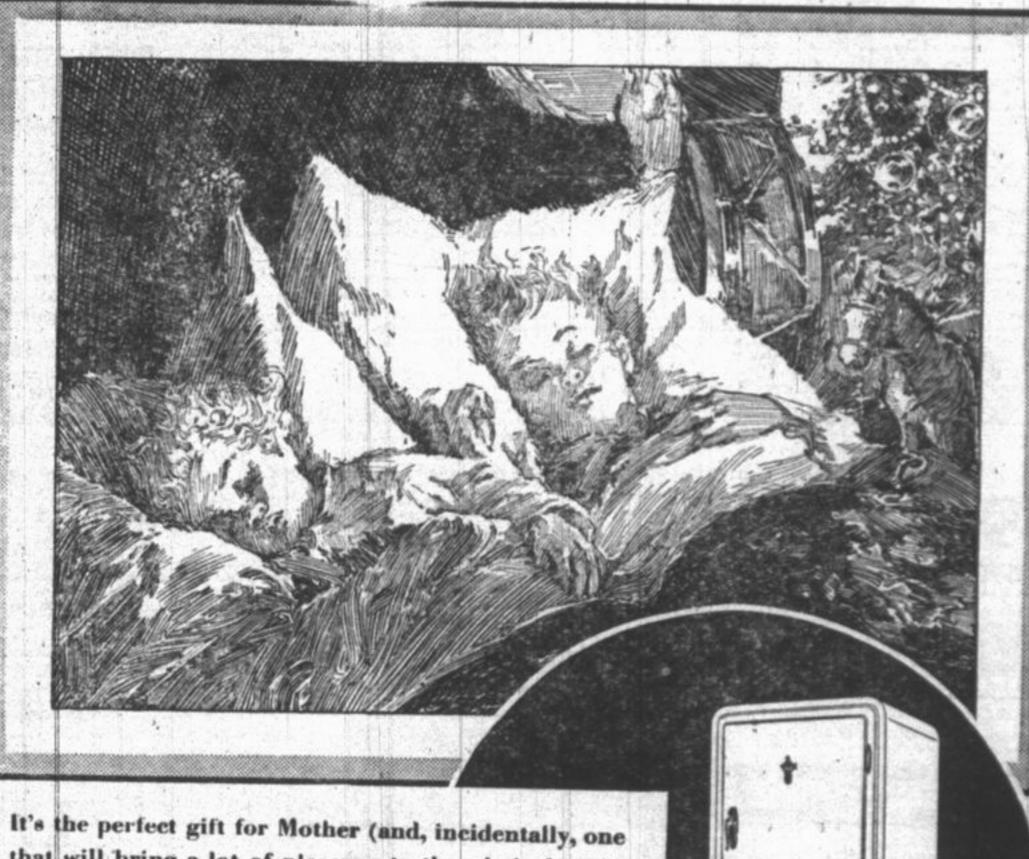
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ing a whole new world of tempting salads and delicious frozen

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