

at Ft. Sheridan.
 ell Chapter guild will meet
 me of Mrs. George Weiss
 Sept. 13th at 2 o'clock with
 show assisting.
 Miriam Pickering Greenfield
 August Sheik of this city
 took out a marriage license
 Wagon.
 stewood left Wednesday for
 versity of Illinois where he
 in the engineering class.
 adies Aid society of Grace
 arch will hold their regular
 Friday, Sept. 20. Every-
 vited. Election of officers
 place at this meeting.

Mrs. William Pearl has just re-
 turned from St. Paul, Minn., where
 she spent two weeks visiting friends
 and relatives.
 Theresa Zahnie is spending two
 weeks in Princeton, Mich., visiting
 friends.
 Mr. and Mrs. Max Muller have
 returned from Iowa, where they
 spent the past month.

Mr. and Mrs. A. D. Brush of Dale
 avenue have as their guest this week
 Mrs. C. I. Brush of Hollywood, Calif.
 Jimmy Brush has as his guest this
 week Harry Gilbert of La Paita, Ar-
 gentina. Harry was a former class-
 mate of Jimmy's at Northwestern
 university.

Mr. and Mrs. S. E. Fartuhar and
 two children Donald and Doris Ann
 of Glenview avenue have returned
 from a three weeks trip to Estes
 Park and Colorado Springs.

Miss Virginia Wilson will attend
 Lawrence college at Appleton, Wis.,
 this year. Last semester Virginia
 was at the University of Illinois.
 The Higgins family moved from

New York to 186 Vine avenue, the
 house occupied by the Lankford fam-
 ily for the past six years. The Lan-
 kford family have taken an apartment in
 Evanston. Mary Lankford will re-
 turn to Northwestern university for
 her junior year. Harry enters Par-
 due university in Indiana as a fresh-
 man.

Mrs. Walter T. Fisher, 946 Fishers
 lane, Hubbard Woods, is entertain-
 ing the Radcliffe Club of Chicago at
 her home on Saturday, Sept. 14, at
 2:30. The guests of honor will be
 Miss Georgia Dupee of 527 Oakdale
 avenue, Chicago, winner of the club's
 Regional Scholarship for this year,
 and Miss Claire Nix of 849 Foxdale
 avenue, Winnetka, who will also en-
 ter Radcliffe this fall. There will be
 bridge, swimming, and tea.

Hold Dance Tonight
 North Shore Lodge No. 171, I. O.
 V., will hold a dance tonight (Thurs-
 day) at Masonic Hall. There will be
 good music and all who attend are
 promised an enjoyable evening.

**Suburban Grid Season
 To Start September 28**

The Suburban High School Foot-
 ball league season will open Sept.
 28 with two new members, Wau-
 kegan and Morton, taking part.

Waukegan joined the suburban
 basketball league last winter, but
 makes its debut in football while
 Morton returns after a two year
 absence.

Waukegan draws the last year's
 champions, Evanston, as its open-
 ing opponent at Waukegan grounds.
 Morton is paired with Oak Park at
 Cicero, Proviso will entertain New
 Trier at Maywood in the other con-
 test.

With the dividing of the Deerfield
 Shields school, about 450 students
 were lost to the newly created in-
 stitution, the Lake Forest High
 School. This shrinkage is expected
 to affect athletics here. The split
 also reduces the Deerfield enrolment
 to about 1000 students, making it
 the smallest in the league.

S. A. Kahler of New Trier starts
 his seventh season as chairman of
 the league. H. G. Pertz starts his
 seventh year as league secretary.

The only inter-sectional game an-
 nounced by a member of the league
 is the trip to Canton, Ohio, by Oak
 Park on Nov. 16.

The schedule follows:
 Sept. 28—Evanston at Waukegan,
 New Trier at Proviso, Oak Park at
 Morton.

Oct. 5 — Deerfield at Oak Park,
 New Trier at Morton, Proviso at
 Waukegan.

Oct. 12 — Morton at Deerfield,
 Waukegan at New Trier, Proviso
 at Evanston.

Oct. 19 — Deerfield at Proviso,
 Oak Park at New Trier, Morton at
 Evanston.

Oct. 26—Morton at Waukegan,
 Evanston at Oak Park, Deerfield at
 New Trier.

Nov. 2 — Evanston at Deerfield,
 Waukegan at Oak Park, Proviso at
 Morton.

Nov. 9—New Trier at Evanston,
 Waukegan at Deerfield, Oak Park
 at Proviso.

**Mrs. Cary Wood Thomas
 Opens New Chicago Shop**

Mrs. Cary Wood Thomas, of
 Highland Park, who for six years
 has been manager of Alicia Marsh-
 all, Inc., of Chicago, announces the
 opening of her new shop on Wed-
 nesday, Sept. 11th, at 540 North
 Michigan avenue.

The shop will feature hand knit-
 ted clothes and will show a new
 collection of models from Mrs. Far-
 ley, Inc., Dorothy Ecker, Inc., and
 Lanz of Salzburg.

Mrs. Wood announces that spe-
 cial attention will be given to the
 care of old hand knitted suits.
 Blocking to individual measure-
 ments, cleaning, dyeing, repairs and
 alterations will be done by experts
 at moderate prices.

Hold Dinner Tonight
 The Ladies Aid Society of Grace
 M. E. Church will give one of their
 famous suppers, Thursday (tonight)
 at 6:15 o'clock. Everyone is cordial-
 ly invited.

**Carbon Monoxide Gas
 Is Motorists Enemy**

Colorless, odorless, tasteless, car-
 bon monoxide will ride this fall with
 thousands of motorists, imperiling
 their lives and those of every person
 they meet on the road.

Present in the exhaust gases of
 every gasoline engine in inverse pro-
 portion to the efficiency of the motor,
 according to Chicago Motor Club en-
 gineers, carbon monoxide increases
 in potential deadliness with colder
 weather. It seeps through floor-
 boards into automobiles with leaky
 exhaust systems; it swirls before
 motorists following heavy traffic; it
 may be caught in wind eddies that
 pursue all but perfectly streamlined
 cars and be carried into driving com-
 partments, a danger affecting par-
 ticularly trucks that haul square-
 bodied trailers, which shove exhaust
 gases forward; it fills closed gar-
 ages in which motors are run, and
 drivers who have shut off sufficient
 ventilation because of autumn chill
 soon are affected.

In small quantities it induces
 heavy-headedness among motorists,
 slowing their reaction time. In larg-
 er quantities it puts them into a
 drugged sleep that often overpowers
 them before they can stop their ma-
 chines. Only 16 parts in 10,000 parts
 of air are sufficient to produce un-
 consciousness in an hour and death
 in an hour and one-half. Carbon
 monoxide from automobile engines
 killed 609 persons in 1932, 414 in
 1933, and an estimated 500 in 1934.

Tests held in Evanston by the po-
 lice accident prevention squad under
 Lieut. F. L. Kreml demonstrated
 that carbon monoxide was present in
 60 per cent of the automobiles exam-
 ined.

"The carbon monoxide danger be-
 comes unquestionably worse with the
 approach of colder weather," Lieut.
 Kreml explained. "Cold motors cause
 poor combustion, with a product of
 carbon monoxide, a poison gas, in-
 stead of carbon dioxide, a harmless
 gas, in the exhaust. Every owner
 should have the exhaust system of
 his automobile thoroughly overhaul-
 ed before fall."

Symptoms of carbon monoxide
 poisoning, often unrecognized by mo-
 torists, include headaches, absent-
 mindedness, dizziness, sudden sweats,
 car sickness, and drowsiness. These
 are induced gradually. When carbon
 monoxide is inhaled, red corpuscles
 take it from the air cells and carry
 it into the blood stream, distributing
 it throughout the system in place of

oxygen. The substitution is felt; the
 lungs try to bring in oxygen through
 faster breathing, which causes gasp-
 ing and yawns. Heart beats increase
 in tempo, and the blood stream flows
 more rapidly. The subsequent pres-
 sure in the brain develops headaches.
 Sometimes optic nerves are strained,
 and total blindness has occurred in a
 number of cases.

Drivers of cross-country trucks are
 not infrequently affected, usually by
 fatigue, deadened into heavy sleep
 by carbon monoxide. Motorists who
 follow trucks and buses closely, espe-
 cially up steep grades, are running
 into carbon monoxide zones. Even
 air pilots in open cockpits have been
 known to be forced down by gases
 that inefficiently-designed exhaust
 pipes have poured about their heads.
 Yet, this sort of poisoning need not
 affect the careful motorist, Chicago
 Motor Club engineers pointed out. In
 addition to engine inspection, they
 recommended that drivers making
 long trips at high speed stop at one
 or two-hour intervals for a period of
 stretching and deep breathing.

**Indians Begin Football
 Practice for '35 Season**

The Highwood Indians opened
 football practice Tuesday night and
 will practice hereafter on every
 Tuesday and Friday night.

Richard O'Connor will coach the
 football team for his second term
 and he expects to have a strong
 team by the time the regular season,
 gets under way on Sept. 29.

Looking over his material O'Con-
 nor announced that he will have the
 best team the Indians ever had. All
 those who want to try out for the
 team are asked to report to the
 Highwood field on any of the prac-
 tice nights at 6:30.

All teams who wish to book the
 Indians can do so by calling High-
 wood 5449 and asking for "Buzz."

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Read The Want Ads

HERE'S HOW
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In this north side O-G store . . . the very newest
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CAN YOU THROW AWAY YOUR GLASSES?

CERTAINLY NOT, if you are promised that as
 the result of rolling your eyes upward, down-
 ward and sideways.

But under certain conditions many people can
 throw away their glasses. Some eyestrain can only
 be corrected by the use of glasses, but there are
 many kinds which can be relieved by corrective eye
 exercise utilizing the proper Optometric Instruments,
 even to the extent of entirely discarding glasses. That
 is because corrective exercise improves the condition
 of the eye muscles to the point where they are re-
 stored to their normal vigor and function.

True eye "exercise" requires a scientific knowl-
 edge of the Muscles and Nerves, and is eye move-
 ment scientifically directed to correct existing de-
 fects. It is never so simple as a promiscuous rolling
 of the eyes.

Not so very long ago the only help the Optome-
 trist could offer his patient was the improvement of

vision. Modern Scientific developments and extensive
 Optometric research have changed all that.

Now the Optometrist can help those who have keen
 sight yet cannot use their eyes to any great extent
 without experiencing decided discomfort and pain.
 He can also straighten cross eyes by properly direct-
 ed exercise.

Nature designed the normal eye to view objects
 at a distance of 40 feet or more practically without
 effort. But today, most work requires steady con-
 centration of the eyes on objects less than an arm's
 length away. The result is eyestrain.

In a large number of cases a course of exercises
 makes it possible to develop strength in overworked
 and strained eye muscles so that they can perform
 their tasks without discomfort or strain.

Will your eyes benefit by such exercise? Will
 exercise enable you to discard your glasses? Only
 your optometrist can determine this by a thorough
 routine optometric eye examination.