

### Kelvin Kitchen

"Happiness for man, the hungry simmer—since Eve ate apples, much depends on dinner!"  
 We don't need the poet Bryon to tell us that. Did you ever hear of a marriage that survived the wooden anniversary which wasn't kept romantic with good substantial food? "For better, for worse" in the wedding contract seems to apply to everything but the bride's cooking, which had better be "for better" soon.

Women are really their best and most attractive selves when presiding over a tempting, delicious dinner of their own making. The wise woman, however, keeps one eye on her man and the other on her menu, and if they're not harmonizing, she quickly steers the martial-ship toward a rib roast with fixings, or stuffed spare-ribs. Has he been bearing in silence a surplus of the cold, salad things we're apt to overdo in July? As a group, men accept what's served them meekly, if it's really good and palatable, and carry hidden yearnings for a sizzling tenderloin steak unadorned (unless you have some nice little button mushrooms handy for a smotherer).

The men's grill of one of the largest department stores in the country has a solid stream of hungry

men winding in to lunch on the day of every week that they serve the hot meat pie with sweet potato biscuit, recipe for which we give below. Another huge food emporium for men specializes in corned beef hash; its popularity never wanes. Savory casserole dishes may be made, even in August weather, without either overheating or over-working the cook. She can prepare them in the morning, leave in the refrigerator until an hour or so before dinner, and place in the oven just in time to serve hot and running over with meat and vegetable juices. A combination dish which may be prepared in little more than half an hour is made with two half-inch center cuts of ham cut in serving size pieces, browned lightly, covered with a can of tomato soup, baked 25 minutes in a moderate oven, covered with a can of peas (drained) and baked 10 minutes more.

Kelvin Kitchen has planned a menu which will convince the man who feels forgotten that he's remembered! A generous slice of deep dish Garden of Eden pie at the finish will vanquish any last doubts. Here's happiness for Adam!

#### Menu

- Tomato and Clamjuice Cocktail
- Meat Pie
- Sandwich Pickles Celery Marmalade
- Hearts of Lettuce
- Russian Dressing
- Garden of Eden Pie
- Coffee
- Ham Pie Supreme

- 1½ lbs. ham (leftovers may be used)
- 3 onions
- 4 tablespoons shortening
- 1½ cups hot water
- 1 cup peas
- 3 apples
- 1 teaspoon salt
- 1 tablespoon sugar
- 1 teaspoon paprika
- 3 tablespoons flour
- ¼ teaspoon pepper
- Put ham and onions thru grinder. Saute for 5 minutes in shortening. Add water and simmer for 10 minutes longer. Stir in flour which has been mixed to a paste with a little

cold water. Add seasonings and cook 3 minutes longer. Peel apples and slice very thin. Sprinkle with sugar. Fill baking dish with alternate layers of apples and meat and cover with

**Sweet Potato Biscuits:** Sift 1 cup flour with 3 teaspoons baking-powder, ½ teaspoon salt. Cut in 3 tablespoons butter. Lightly mix in 1 cup mashed sweet potatoes and add ¼ cup milk. Roll out to ½ inch thickness on lightly floured board and cut with biscuit cutter. Place biscuits close together on top of meat mixture. Cover with waxed paper and store in refrigerator until ready to bake. Bake in hot oven (425 degrees) for 40 minutes. This serves six to eight.

#### Garden of Eden Pie

5 or 6 large tart apples  
 ½ cup sugar  
 2 tablespoons flour  
 ¼ teaspoon salt  
 ½ teaspoon cinnamon  
 2 tablespoons butter  
 Pare, core and slice apples in pie plate lined with cheese pastry. Mix Sprinkle over apples. Dot with butter, cover with slashed crust of pastry. Press edges firmly together and seal with water. Bake in moderate oven 45 minutes.

#### Cheese Pastry

2 cups flour  
 ½ cup shortening  
 ¼ teaspoon salt  
 1 cup grated cheese  
 6-8 tablespoons cold water  
 Sift flour and salt together and cut in shortening. Mix in cheese lightly, add only enough water to hold dry ingredients together. Roll on lightly floured board, using half to line pie plate and other for the top.

"The Mating of Dan Yeo," the story of a Fabulous Treasure, a golden-haired Princess and a mysterious island in the South Seas, begins in The American Weekly, the magazine distributed with NEXT SUNDAY'S CHICAGO HERALD AND EXAMINER.

### American Legion To Hold Mass Meeting In Every Community

In a statement being sent to the 11,000 posts of the American Legion, Edward A. Hayes, national commander, is announcing a nationwide plan to awaken support for the constitution of the United States through the observance of Constitution Week, beginning Sept. 17. The program for the observance is being outlined by the Americanism Commission of the Legion, of which Russell Cook is director at National Headquarters in Indianapolis. It embraces a mass meeting and public speaking on Sept. 17, Constitution Day, by Legion officials in every community large enough to have a Legion post. Director Cook said. This will be followed by addresses throughout the week in grade and high schools and before civic organizations.

### CCC Member Rescued From Lake Last Week

Merlin Boostrom, of the CCC supply company offices at Fort Sheridan, was rescued from drowning in Lake Michigan and revived Thursday afternoon of last week.

Shortly after 3 o'clock Mr. Boostrom and a companion, John McFarland, went swimming in the lake south of the military reservation. Mr. Boostrom sank under the water and was submerged for several minutes before he could be located by Mr. McFarland, who succeeded in hauling him to the shore. The Highland Park Fire Department was called and used an inhalator to revive Mr. Boostrom.

He was removed to the Fort Sheridan Hospital, where he is recovering.

Read the Want Ads

### Lake County Republican Picnic To Be Saturday

The Lake County Republican picnic will be held next Saturday, Aug. 18, at Renehan's Lodge at Round Lake.

A basket lunch, refreshments, swimming, fishing, baseball, "barnyard golf" and other games will be the features.

This picnic is being given by the Lake County Republican Central Committee, co-operating with the Women's Organization, Young Women's Republican Organization, Young

Men's Republican Organization, Ex-Service Men's Republican Club, and the W. J. Stratton Club.

### Permits Are Issued For \$24,616 In New Building

Permits for building construction totaling \$24,616 were issued in Highland Park during the month of July. The June, 1934, total was \$73,560.

The total for July, 1933, was \$18,610. The July, 1934, total was 32 per cent higher than that of the year before.

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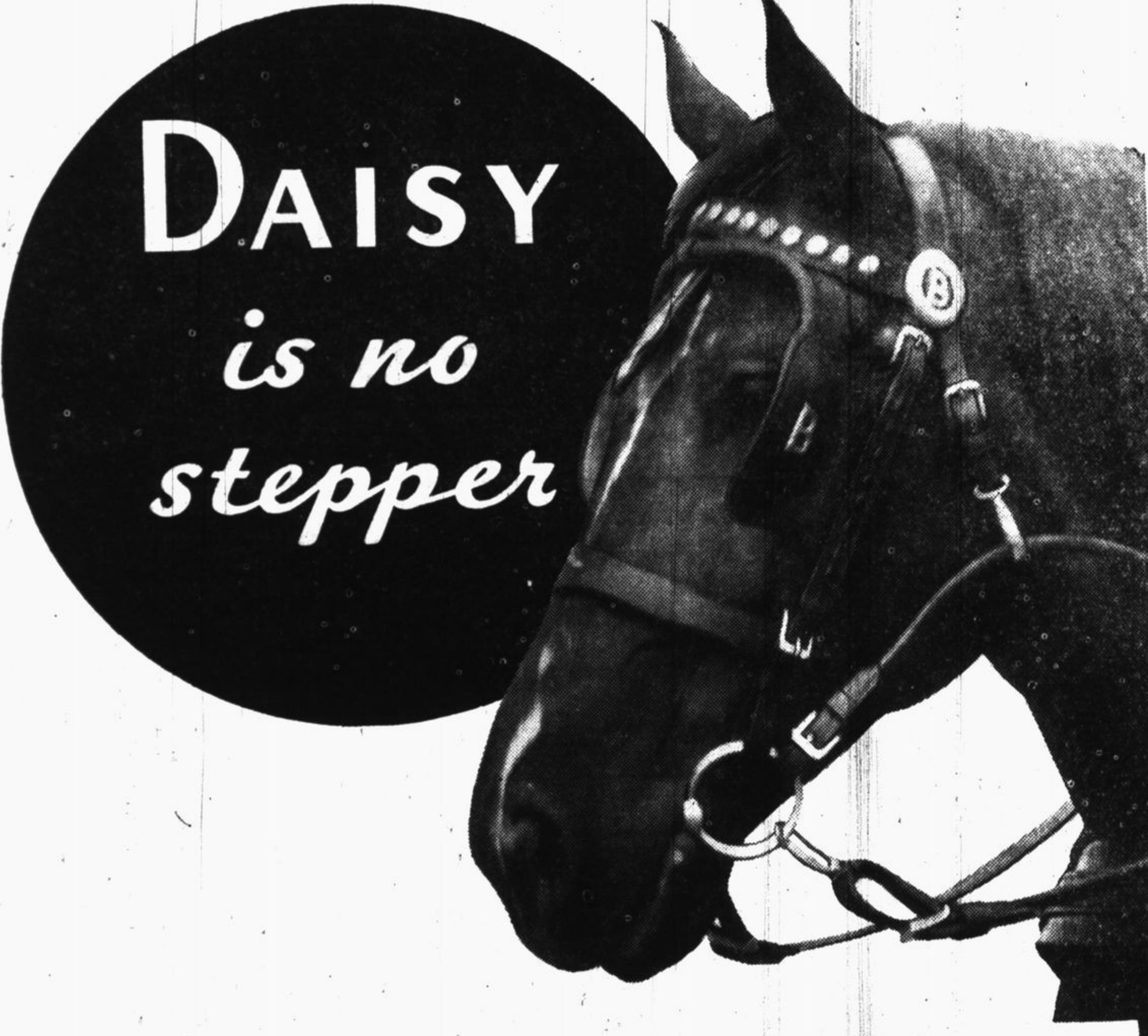
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