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NATURE LORE STUDY RECREATION FACTOR

Such Activities Urged by Community Service Bureau; Activities

"The childhood shows the man, As morning shows the day."-Milton.

It is characteristic of youth to desire knowledge - this effort continued into later life carries the machinery of the world forward.

"Knowledge of the earth, the members of the plant and animal kingdoms which people it, and knowledge of the universe of which we are a part give a foundation upon which to build wholesome leisure time pursuits, avocations, and even vocations." Recreation Office Aids

The community recreation office encourages nature lore activities, to interest both the children and the grown up boys and girls in their en- tion on new bird houses or to put up

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vironment. Collecting, picture hunt- old ones - for our feathered friends ing, sketching, hiking, camping, na- will soon be here and a good recepture games, nature maping, nature tion on their arrival will encourage plays, gardening, nature trail and many of them to linger through the museum activities are part of the recreation program intended to acquaint one with his environment and deepen the appreciation for the interesting region in which we live.

. Interesting Month

March is a specially interesting month for nature activities. It i called the month of "the wakening moon." It is the time when hibernat ing animals are breaking up their winter sleep-later on in the month we may hear the spring bilos peep ing in the ponds. March winds awaken interest in kites and weather vanes and toy windmills. It is the time for meadowlarks, phoebes, bluebirds, robins and song sparrows and old Mr. Chipmonk may be seen above ground on the first real warm days after the snow has melted.

New Bird Houses

Now we will want to push construc-

season. While on the subject of nature guiding we are reminded that Enos Mills has been called the father of this activity in its present organized way. Enos Mills was born this month on the 27th day and spent most of his later years guiding tourists through the fascinating regions around Longs Peak in the Rocky Mountains and in writing on nature topics and in efforts of conservation. Thousands of boys and girls and older people have been thrilled by reading adventures of

Adventures of a Nature Guide Wild Animal Homesteads-Wild Life in the Rockies and other stories, many brary.

Bakery Sale, Saturday

Dorcas society of Zion Lutheran church, Highwood, will hold a bakery sale, Saturday morning in the Quality Market, Highwood. There will be a wide selection of home baked goods offered for sale.

Give Religious Drama

"Follow Thou Me," a religious drama, will be given at the Bethany church at 7:45 o'clock, Sunday evening. Eighteen young people of the Austin boulevard Evangelical church will present this pageant. A large audience is expected.

Dr. Schoolman To Address Sisterhood

Dr. E. N. Schoolman will be the speaker at the next meeting of the Sisterhood of North Shore Congregation Israel to be held Wednesday, March 18 at 2:30 o'clock at the temple in Glencoe.

He has chosen as his subject for the afternoon "D. H. Lawrence, the Walt Whitman of the Novel."

Dr. Schoolman is one of the most eminent psychiatrists in the country. He has lectured for many years on psychology in allied subjects and he is particularly adept taking profesof which are in our own public li- sional subjects and transposing them in the words of the laymen.

> All North Shore women are urged to avail themselves of this valuable afternoon.

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COTTAGE CHEESE OMELET

Separate two eggs and beat both whites and yolks. To the yolks add two tablespoons milk and two tablespoons ground pimentos, one-half teaspoon salt and two heaping tablespoons cottage cheese, then fold in beaten whites. Cook in frying pan with one tablespoon butter, brown in top oven and serve hot. This will make ample service for two portions.

CHOICE RECEIPES WILL BE MAILED UPON REQUEST

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