EYE-STRAIN CAUSES LISTED IN REPORT

Various Types of Faulty Eye Mechanism Known; Remedies Suggested

Strain or fatigue is a common eye trouble which may be due either to overuse of the eyes or to faults of eye mechanism, says the educational History. committee of the Illinois State Medical society. It is a frequent cause of headache, or it may manifest itself in dizziness, digestive disturbances, eyelids, black circles beneath the eyes, a crop of styes or irritable nerves.

Many people know that working, reading, or studying with insufficient Ojibwa and Winnebago. Much of light is bad for the eyes, but not so many realize that tired and strained eyes may also result from too bright Julius Rosenwald and the late Auillumination. Reflection from glass gusta N. Rosenwald. desk tops, from mirrors, or even from framed pictures upon which the eyes rest frequently may tire the eyes. Reading print that is too small and reading that is too long continued are other examples of overuse.

Various Types There are various types of faulty eye mechanism. Normal sight is dependent upon exact proportion of the and the perfect adjustment and function of those parts. If the eyeball is either too long or too short there is improper focusing of light rays entering the eyes and a condition known as near or far-sightedness results. In attempting to correct this defect, the Waukegan Fisherman eye is subject to constant strain and exhaustion. Astigmatism, a fault in cornea or front part is not perfectly curved, results in blurred and confused vision with resultant strain. Weakness of the muscles that control the eye mechanism naturally results in fatigue, while lack of balance between the muscles of the eyes, producing a condition known as cross eye, may also be responsible for eye strain.

Remedies Suggested

overuse or bad illumination suggest themselves. For the relief of fatigue brought about by mechanical faults in the eyes themselves, the attention of a physician is necessary, together with strict adherence to the wearing of properly fitted glasses or to such other measures as he may advise.

Many people have been made unhappy by fear of blindness on account of spots or specks that float before the eyes. In the majority of instances, this symptom has no relation to blindness. It may, however, be a warning of some kidney trouble, faulty circulation of the blood, or intestinal trouble, which, disregarded, may lead to serious consequence. Pain in the eyes is not infrequently due to nervous disturbances.

Open Bids for Bridge Over Wabash on Dec. 9

Bids for the construction of a fixed bridge 2,700 feet long over the Wabash river at Mt. Carmel were opened here Dec. 9. The structure is expected to cost about \$750,000. Illinois and Indiana will divide the cost. Specifications call for completion of the bridge by Sept. 15, 1931, which means that construction will have to begin as soon as the contract is awarded.

New Indian Relics in Field Muesum Exhibit;

gion, at Field Museum of Natural

For the first time there is now exhibited a good collection of sacred and ceremonial objects used by the Potawatomi, who inhabited the Chicago smarting eyes, reddened or itching area. The older exhibits in the hall have been reinstalled with improvements. Among other tribes represented are the Sauk, Fox, Menominee, the material was obtained by an expedition sponsored some time ago by

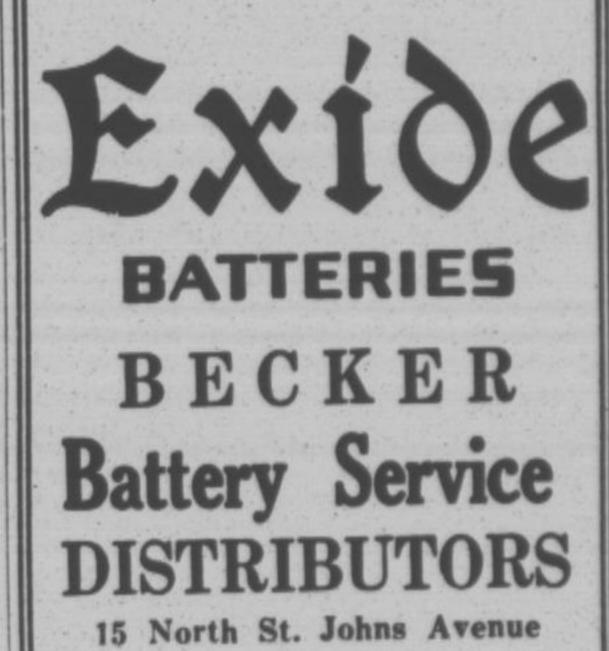
Of outstanding interest are medicine lodge records in birch bark collected by Stephen C. Sims, now director of the museum, when he was a member of the staff of the department of anthropology. These were collected among the Ojibwa of Minnesota on one of his exhibitions. They constitute one of the best collections of the kind in existence, including recmany parts of the seeing apparatus ords of songs, medicine lodge rituals, and individual records. The Ojibwa developed a form of pictographic record more nearly like writing than anything else that has originated in America.

Claims to Be Oldest in Business on Lake

Capt. Richard Smith, 74, year old commercial lake fisherman of Waukegan who claims he was born in the fishing business, worked at it as soon as he was old enough to walk, and has his claim to being the oldest active fisherman on Lake Michigan.

Through a trade journal for fisher-Remedies for eye strain caused by men, the "Michigan Fisherman," an attempt is being made to determine who the oldest fisherman on the lake may be. Capt. Smith, born of a fish-

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ing family on Oct. 1, 1856, has been business into the third generation, fishing all of his life, and to date no but the 74 year old captain is still one has stepped forward to dispute the boss. The territory to which Sacred and Ceremonial his claim to being the veteran of Capt. Smith claims the age priority them all.

before exhibited has been added to eph, Mich., where he was born, until and 50 miles in Illinois. the collections in James Nelson and 1894 when he moved to Waukegan | Capt. Smith frequently contributed Anna Louise Raymond Hall, devoted and set up his fish company that is to the Fishermen's journal with tales to Indian tribes of the upper Missis- now one of the biggest on the local of the early days of Lake Michigan sippi valley and the Great Lakes re- harbor. His sons are carrying the fishing.

includes 2,000 miles of shoreline in A large amount of material never | Capt. Smith fished out of St. Jos- Michigan, 1,200 miles in Wisconsin



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