

Canned Foods for Your Pantry at Low Prices!

A special sale of choice Canned Foods at your nearby A&P Food Store! Replenish your supply now. It means a worthwhile saving!



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|--|--|---|-----|
| CALIFORNIA Apricots | NO. 2 1/2 CANS | 3 | 49c |
| Pears | THANK YOU BRAND NO. 2 1/2 CANS | 3 | 55c |
| Pineapple | SLICED HAWAIIAN NO. 2 1/2 CANS | 3 | 65c |
| Corn | IONA BRAND NO. 2 CANS | 3 | 25c |
| PEAS, LIMA BEANS OR Tomatoes | IONA BRAND NO. 2 CANS | 3 | 28c |
| FRANCO-AMERICAN Spaghetti | 3 CANS | 3 | 25c |
| VAN CAMPS PUREST Vegetables | 6 oz. cans | 2 | 23c |
| IONA BRAND Peaches | CALIFORNIA YELLOW CLINGS NO. 2 1/2 CANS | 3 | 59c |
| QUAKER MAID Beans | 15 1/4 OZ. CANS | 3 | 20c |
| ENCORE PREPARED Spaghetti | 15 1/4 OZ. CANS | 3 | 22c |

FRESH FRUITS and VEGETABLES

- | | | |
|---------------------|-------|-----|
| GRAPEFRUIT | 3 for | 25c |
| HOT HOUSE CUCUMBERS | 2 for | 25c |
| ICEBERG LETTUCE | head | 7c |

THE GREAT ATLANTIC & PACIFIC

TEA CO.
MIDDLE WESTERN DIVISION

SYNOPSIS OF LECTURE ON CHRISTIAN SCIENCE

(Continued from page 33)

heart for the admission of God's gifts.

Doing One's Part

Can you expect the morning sun to flood your home with its gift of radiance, if you are not doing your part and opening wide your shutters, or drawing aside your curtains? Do you not at least have to give the sun a chance to enter? Cannot you eliminate a few "gets" and acquire more "gives"? Without a doubt, multitudes of mortals are stumbling about in the mist and darkness of lack and unhappiness because they have not learned this simple but vital lesson. Have you not seen men and women complaining about their lack of work, or health, or supply, and deliberately doing everything in their power to shut from their experience the very blessings sought? They are not giving to their Father an atom of faith or trust or thanksgiving. They are not giving to their loved ones even the semblance of a brave smile. They are so engrossed in their own misery that they are not giving to their less fortunate brethren so much as a prayerful thought; and when they seek a prospective employer and ask for a post, do they give him the promising mental picture of one who would prove an asset? Far from it! Written in heart and on facial expression is this: I am a sighing man of sorrow, and not worth my salt! Then they depart, rail at society in general, and complain that everyone and everything are against them.

Man Is in His Position Now

Let no one leave this place to-day under the mesmerism of unemployment. The real man is eternally employed, reflecting his Maker. Claim this heritage, and thank God that it is the truth. Be not dismayed by the unlovely traits of thought which the operation of divine law may uncover in your thinking. But as each argument of self-will, or self-pity, or dishonesty, or mental laziness is brought to the surface, like the huckster separating good potatoes from bad, say cheerily, "Out you go!" And then say Truth and law and good, "In I come!"

That which one calls a job or position must be externalized if one steadfastly thanks the Father that man is in his real position now, and each moment throughout all eternity is about his Father's business. Said the little lad selling newspapers: "Don't call me a newsboy. I am a man in business!" Don't be a sighing son of sorrow. Be man, God's man, the son of the infinite.

Claiming One's Dominion

If the argument of bondage to tobacco or liquor is cheating you out of your heritage of freshness and freedom, in the name of Truth, claim your dominion! Thank the Father that He has given His children the joy of spiritual satisfaction, and that real and abiding pleasure is not to be found in material sense. One learns in Science to say "No!" to disease and pain. Should not one be even more vigorous with his protests when error would trap him into the indulgence of that which really does not satisfy? The world over, these days, one sees mortals desperately engaged in the uncertain business of seeking pleasure, satisfaction, or some "thrill" in the realm of material sensation. And what is the result? Sang the old Persian bard:

"The worldly hope men set their hearts upon
Turns ashes, or it prospers; and
ancient
Like snow upon the desert's dusty
face—

Lighting a little hour or two, is gone."

The Joyousness of Christian Science

Now the Comforter would not be a comforter if joy and happiness followed not in its wake. Christian Scientists are becoming more and more known as a joyous people. Many for the first time in their lives are learning to laugh. Turning from the continual contemplation of their bodies, and lifting their thought above material sense, they are finding a joy and satisfaction and freedom hitherto unknown. Truly it is a joyous business to be man, God's man! Even when confronted with the argument of sorrow and separation, the Christian Scientist is learning to claim his joy; for do not mourning and grieving belong to that "vail" cast over the nations? As the "vail" is lifted, as a clearer, truer glimpse of God and man is made possible, one sees not death and separation and sorrow, but all of God's children together, and joyous and free, held in the glorious bonds of everlasting Life and Love. In the presence of such realization one can exclaim with the apostle, "O death, where is thy sting? O grave, where is thy victory?" Surely, "Blessed is the people that know the joyful sound!"

The Fallacy of Discouragement

Someone may say, "But I have been trying so long to master my problem and have not yet succeeded. I am far from joyous. How can I keep out discouragement?" Those who have played baseball or cricket know what it means to have a bad inning; but is the game necessarily ruined thereby? By no means! Shortly there comes another opportunity, another inning, and with fresh courage and renewed enthusiasm the tide can yet be turned to victory. Says a familiar verse:

"Every day is a fresh beginning,
Every day is the world made new;
You who are weary of sorrow and
sinning
Here is a beautiful thought for
you!"

Each morning, therefore, in this great adventure in which the human family finds itself engaged, one has a fresh inning. Attack your problems as though you had never seen them before. Fill your thought with every heartening memory of past victories. Read the encouraging testimonies in the *Christian Science Sentinel* each week and in *The Christian Science Journal* each month. Thank God for each glorious proving of the availability of His law, and know that the good which one has experienced all may experience.

"Rejoice in the Lord Alway"

Fill your mental home daily with the wholesome chronicles of good to be found in our great newspaper, *The Christian Science Monitor*, and rejoice that we are privileged to be living in this glorious hour of sifting and unfoldment.

And last, but not least, like the great demonstrator of God's law, lift up your eyes from the material seeming, and thank the Father that He has heard you. Thank Him that His child is eternally held in His perfect law, and now must be whole and free. Man is not forsaken and comfortless. As says the much-loved hymn (Hymnal, No. 241):

"Joy of the desolate, light of the
straying,
Hope of the penitent, fadeless and
pure;
Here speaks the Comforter, tenderly
saying,
Earth has no sorrow that Love
cannot cure."

Therefore, "Comfort ye, Comfort ye my people," Saith your God.