

Hints for the Home

One of the lesser luxuries that each woman may enjoy without thought of extravagance is that dainty little personal habit—the perfumed bath. Certainly, after hours of housework, nothing adds more to the day's comfort than does this bit of grooming.

Famous perfumers tell us that the increasing popularity of the shower bath is changing our perfume habits from the use of bath salts—which are not so convenient in connection with the spray—to delicate toilet waters which form an excellent base for the body powder dusted on afterward.

The demand is for the lighter flower scents that leave only a trace of perfume. Among them lavender stands well toward the head of the list; violet, lilac, mimosa, jonquil, orange blossom—all the simple, unblended flower perfumes are especially refreshing—and do much to make pleasant the home-maker's work-a-day.

Autumn Breakfast

Baked apple
Cornmeal mush with cream
Broiled salt mackerel
Buttered toast
Coffee

Dainty Meat Dish for Luncheon

If you are at all fond of calves' brains—try them this way: Soak them over night in salt water; then skin them; cover with flour, pepper and salt; fry in plenty of butter until nice and brown.

Asparagus with Eggs

Open a can of asparagus, rinse and drain. Cut in half inch pieces and put in a buttered baking dish. Break six eggs over the asparagus; dust with salt, pepper and grated cheese. Dot with butter and put in oven until eggs are set.

Layer Salad

Arrange flat on a bed of iced lettuce an eighth-section of tomato, overlapping a sardine, overlapping a quarter-section of hard-boiled egg; repeat; sprinkle with finely chopped green pepper and celery; dress with mayonnaise seasoned with a bit of onion juice.

Cherry Custard Pie

Use canned or cooked cherries. Brush bottom of pie crust with white of egg; cover with cherries; pour over this a plain custard mixture; put in hot oven for 3 minutes; lower heat and bake until custard is set and crust well done.

Mixing Mustard

To 2 tbs. mustard add 1 ts. sugar and a pinch of salt. Add hot vinegar gradually until mixture is of the consistency of a thick paste. The vinegar from a bottle of horseradish may be used, if desired, and a few drops of onion juice added, if this flavor is liked.

Cleans Pewter

To brighten pewter, soak the pieces for 24 hours in water containing potash in proportions of 1 qt. water to 1 piece potash the size of a hickory nut. Remove from water, rub with a cork dipped in oil, then polish with chamois skin and whiting. Pewter once cleaned in this way may be kept bright by merely washing in hot suds.

DID YOU KNOW—It's the thing now to have bath towels in different colors, one for each member of the family? And that most exquisite pastel colors are available—colors that make the bathroom seem like the end of the good fairy's rainbow, with peach, orchid, jade, maize, turquoise, rose, all hobnobbing together in delightful harmony.

In sanitary interests the idea was begun, the motive being to make it easy for each member of the household to detect instantly his or her own towel. For differences in color

are comprehended with much greater ease than variations in shape, size or location.

All in all, we think it a charming innovation. Not only does it enliven those old-fashioned dead white bath rooms that are so woefully out of date, but it relieves us of our job of Supervisor of the Racks. When Bobby gets used to his jade towel, he never thinks of reaching for Eleanor's in peach; nor does he dare to besmirch the big, fluffy maize towel that belongs to Dad alone.

Strange that color could settle this annoying family problem without a single word of argument.

Economical Menu

Cream of onion soup
Beef loaf—tomato sauce Potato Puff
Cabbage au gratin
Lettuce—Russian Dressing
Pears stuffed with whipped cream cheese
Cinnamon snaps

To Cook Ham

Prepared as follows, ham will have a tenderness and juiciness that can be obtained in no other way: Cut a slice of ordinary thickness; take off a few pieces of fat and place in a frying pan over the fire, allow fat to fry for a few moments, then put in ham and cook five minutes, turning once. Pour enough boiling water in pan to cover ham, cover with lid and cook from 8 to 10 minutes, turning ham once.

Creamed Spinach

Cook 2 lbs. spinach, drain and chop fine; return to fire, add 1 tbs. butter, salt and pepper and stir until butter melts. Add 2 tbs. cream and 2 hard-cooked egg yolks chopped fine.

Peach Salad

Scald, peel and halve ripe peaches; chill them; fill centers with chopped blanched almonds and tiny cubes of mild yellow cheese. Dust with paprika, serve on iced lettuce leaf with French dressing.

Almonds Sticks

Roll puff paste or short pie-crust 1 inch thick; brush with white of egg and sprinkle with shredded almonds and powdered sugar. Cut in strips ½ inch wide and 3 inches long. Chill and bake in quick oven.

Renewing Old Brass Beds

Painted metal furniture is quite the vogue just now, and the smartest finish is one in pastel colors. So treat shabby iron or brass beds to a coat of good metal paint in some shade harmonious with your color scheme.

Nose to the Grindstone

"A farmer is criticized if he's even seen goin' in th' poot office durin' th' growin' or harvestin' season. His place is on th' farm until th' snow flies."—Abe Martin in Farm & Fireside.

Take that, Men

If men would come to dinner before everything gets cold, the food would taste better. Their mothers' cooking, indeed; their mothers probably had something to cook with.—Woman's Home Companion.

Fashion Terms

"I notice that Woman's Home Companion has a Paris fashion correspondent," said the crusty bachelor, "right there where the choicest women are smarting around in their niftiest."



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