

CULINARY HINTS



By NINA BREWER of Home Service Department of North Shore Gas Company

I am very glad to be back among my many friends, after a delightful year in California, and this week I want to give you a recipe for

Lady Baltimore Cake. This is always a favorite, for it is both delicious to taste and attractive in appearance.

I prefer almonds for the filling, though other nuts may be used, and I always cut or chop them, then place them in a slow oven to crisp a little, but not brown. This will add to the flavor of the filling. The raisins, cherries and pineapple should be chopped or cut fine.

In this cake, as well as in all my other recipes, I use accurate measurements. I also sift the cake flour three times before measuring, then three or four times afterwards. This adds to the delicacy of the cake.

White Cake

- 1/2 cup butter, 1 1/2 cups sugar, 1 cup milk or water, 3 cups cake flour, 4 teaspoons baking powder, 1/2 teaspoon salt, 1 teaspoon vanilla, 5 egg whites

Cream the butter, add sugar a very little at a time, creaming well after each addition. This is important and the sugar and butter mixture should be almost like whipped cream. Add the milk alternately with the flour which has been sifted with baking

powder and salt, beating well. Fold in the stiffly beaten egg whites last. Bake in three layers about 25 minutes at 375, per-heating oven 20 minutes at 375.

Lady Baltimore Filling

- 1 1/2 cup sugar, 1/2 cup boiling water, 1/4 teaspoon cream tartar, 3 egg whites, 1/2 cup raisins, 1/2 cup candied cherries, 1/2 cup candied pineapple

1/2 cup almonds, 1 teaspoon vanilla, 1/4 teaspoon almond extract. Cook sugar and water together until it will form a soft ball when tested in a cup of cold water. Pour slowly over the egg whites which have been beaten stiff with the cream tartar, beating constantly. Beat until thick and creamy, and other ingredients and mix well. Spread between layers and over the top and sides of the cake.

A fine specimen of cultivated cycad of a Mexican species has been presented to Field Museum of Natural History for its department of botany by the Garfield Park Conservatory.

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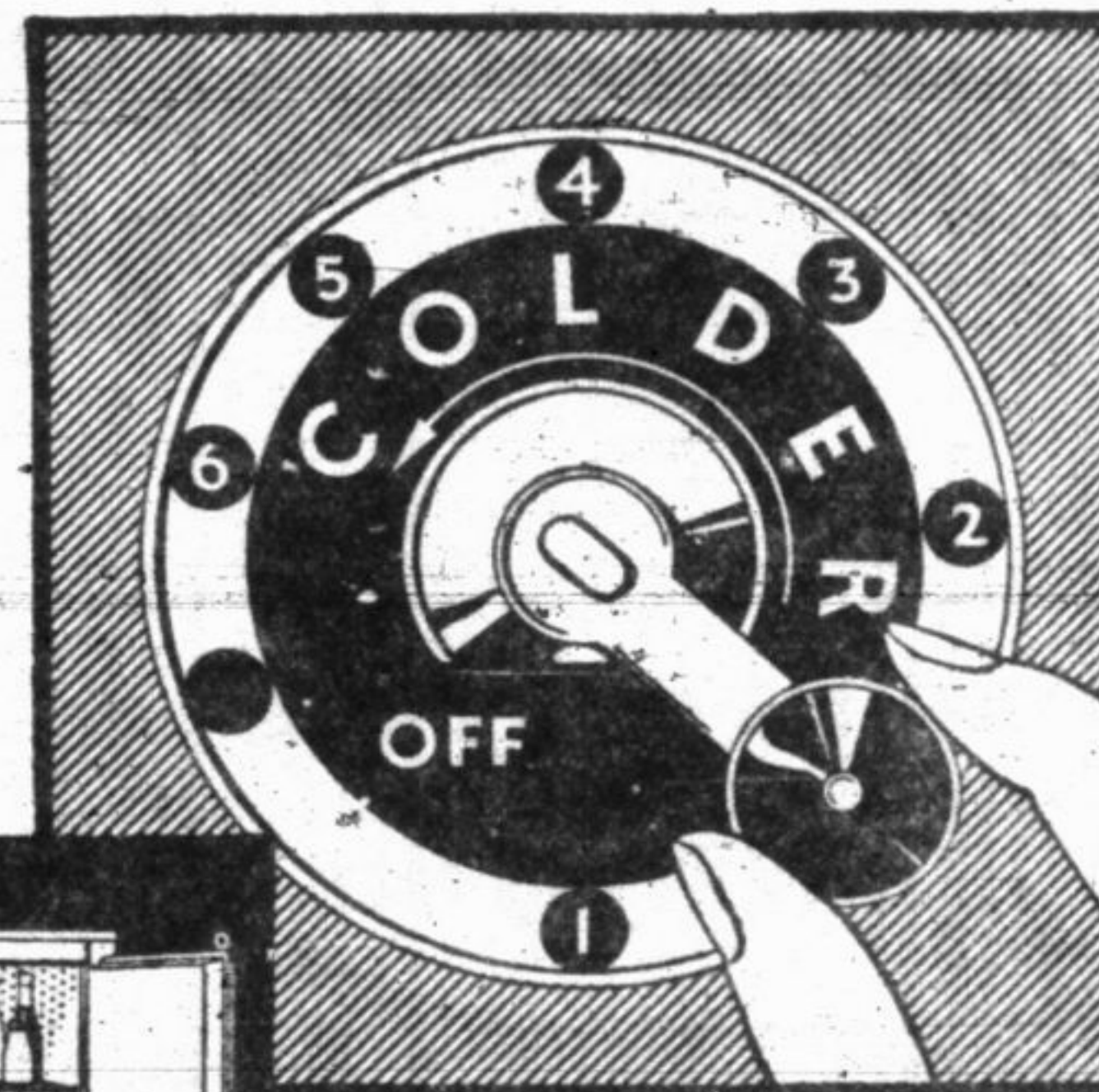
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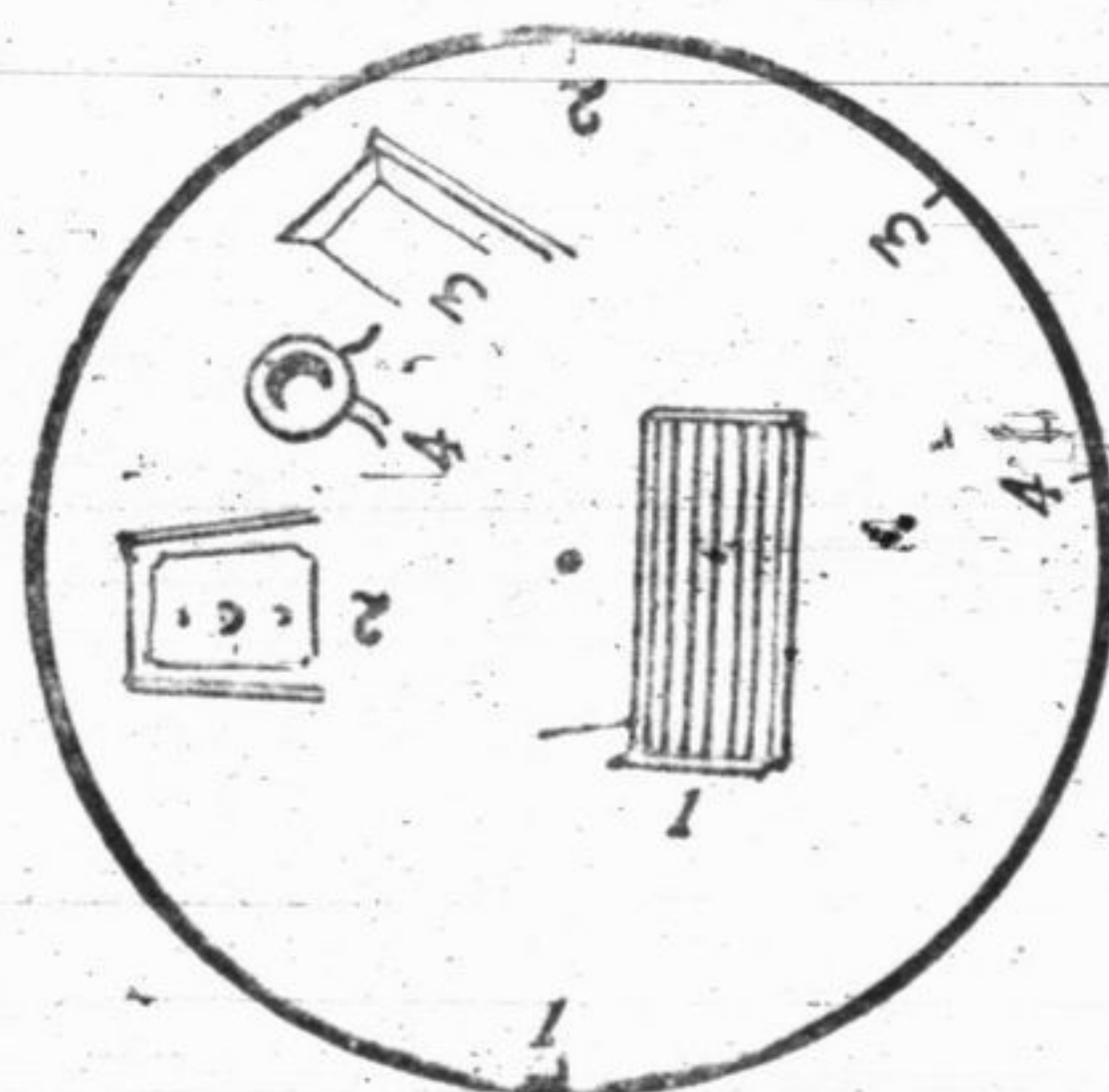
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INSTRUCTIONS FOR USING MAGIC CIRCLE: Cut out circle, lay on sheet of plain paper with carbon paper between, fasten to table with pin through center spot. Mark short perpendicular line on plain paper close to bottom edge of circle as starting point. Turn circle around until No. 1 is at starting point, then trace over line marked No. 1 inside the circle. Turn circle around to No. 2 at starting point, line No. 2 inside circle and so on.

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