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Things to Cook

Meat Rissoles

Roll pie crust as thin as possible and cut into rounds with a large biscuit cutter. Mince cold cooked beef, lamb, chicken or turkey, season with salt and pepper; moisten with stock or gravy to make the meat stick together.

Put a spoonful of this mixture into each round of paste, fold and pinch the edges together carefully so that not a particle may escape. Dip in egg batter and fry in deep fat or bake 20 minutes in oven at 450 degrees.

Candied Sweet Potatoes

6 medium sized sweet potatoes

2 large sour apples

-1/2 cup brown sugar

4 tablespoons butter Pinch of salt

4 cup water

Parboil, peel and cut the potatoes into slices. Cover the bottom of a buttered baking dish with a layer of sliced potatoes. Sprinkle with brown sugar and dot with pieces of butter and a few grains of salt. Add a layer of thinly sliced peeled apple. Alternate potatoes and apples, adding butter and sugar until materials are used. Add water. Cook in oven until apples are mushy. (serves six.)

Yum Yum Pineapple Salad

2 cups crushed pineapple

cup sugar

1/2 cup cold water

cup grated American Cheese

Juice of 1 lemon

2 tbls. Grayslake Pure Gelatin

½ pint cream

2 tbls. finely-chopped green pepper

2 tbls. finely-chopped celery

1/2 cup mayonnaise.

Few drops onion juice

Heat the pineapple and, while hot, add lemon juice and sugar and also gelatin, which has been previously soaked for five minutes in cold water. Stir until sugar and gelatin are thoroughly dissolved. Then cool mixture and, when it is beginning to set, add cheese and stiffly beaten cream. Mix thoroughly, put in mold, and leave in cold place until firm. Make a dressing by mixing celery, green peppers, mayonnaise and onion juice. Remove salad from molds, cut in slices and serve on lettuce leaves with dressing. Serves 10 to 12.

Three-Egg Cake

(Supreme in the South for 80 years)

1 cup sugar

½ cup butter

3 eggs

½ cup milk or water

1 teaspoon vanilla

2.cups Elegant Cake Flour 2 teaspoons baking powder

Cream sugar and butter together; drop in whole eggs, one at a time, and beat mixture about five minutes each time. After last egg has been added, beat thoroughly for about ten minutes. Then add the flavoring and milk. Sift flour, measure and add baking powder and sift three times. Add to first mixture and mix thoroughly. Bake either in a loaf or two layers-about 25 minutes in a moderate oven, 350 degrees.

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