

## BEGIN ENROLLMENT FOR 1929 C. M. T. C.

Expect 2,000 at Fort Sheridan  
in Annual Encampment Dur-  
ing the Summer

Enrollment for the 1929 citizens military training camp, which is to be held at Fort Sheridan beginning July 18 has been opened by the Military Training Camps association at 6 North Michigan avenue, Chicago.

All youths from 17 to 21 years of age in the Sixth corps area are eligible for enrollment. They will be given a month's training under the direction of regular army and reserve officers, without incurring any obligation of future military service and, in addition, will be trained in all forms of athletics under the supervision of coaches from high schools and colleges in the area. The government pays all expenses including transportation, uniforms, equipment, quarters, meals and medical service.

The training camps association is co-operating in the enrollment cam-

paigned with James Simpson, corps area civilian aid to the secretary of war; Paul Butler, civilian aid for Illinois; John J. Mitchell, chairman of the Cook county campaign, and Maj. Gen. Paul B. Malone, commander of the area. Applications may be addressed to George F. James, executive secretary of the association, the commanding general, Sixth corps area, 1819 West Pershing road, or the Eighty-sixth division, 405 West Van Buren street.

### Verdict Is in Favor Highland Park Woman

"Not guilty" was the verdict of the jury last Thursday in the \$10,000 damage suit brought by Myrtle Stevenson of Chicago against Mrs. Lois Card of Highland Park. The suit was heard in the Circuit court Monday and was given to the jury at noon Thursday.

Mrs. Stevenson was injured in 1922 when she was run down by Mrs. Card's automobile.

## GUIDEPOSTS TO Health and Happiness

By Bernarr Macfadden



### SELECTING A WIFE

Young men like to think that they select their wives; it caters to their vanity. But actually, it is often the wives who do the selecting. For example: A girl decides she wants a certain chap for her husband—and she sets out to get him. He may be willing, or he may not, but girls have a way of knowing how to win over the reluctant male, and in the end he usually succumbs.

But there are young men who really do select their wives, and it is to them that this little talk is directed.

There are many standards of course by which the ideal wife can be measured; tastes vary. But there are also certain innate qualities that a girl must possess in order to be a good wife to any man. And these are among them:

First of all, she must possess a splendidly vigorous body. The more vital she is the better your chance for marital happiness.

She should be a natural, wholesome, vivacious girl, who will be honest and above-board in all her dealings with you. The painted sexy little vamp is not the one to choose for your life partner; she is usually a "fair-weather" friend.

She should love you for what you are and not for what you have.

She should have a background of wholesome family life in which she has learned to respect the rights of others, along with unselfishness and loyalty. And she must have reverence for its divine associations.

"Handsome is as handsome does," is a trite old saying, but like many old sayings it has its foundation in truth. Beautifully molded features while pleasant to look upon, are not all-important because the implacable march of Time changes them. But a beautifully molded character lasts as long as the spirit is in the body. And no character can be called beautiful that does not count among its dearest possessions a fine set of moral principles.

In choosing your wife, it must be remembered that you are also choosing the mother of your children, and unfortunately this is not always given enough consideration. Your wife should be fitted to bring into the world children of whom you can be proud. They should be a living, lusty, glowing tribute to your love. Scrawny, spindle-legged, knock-kneed, bow-legged children are anything but this.

But even though you agree heartily to this advice—watch out. Many a bright young man has said: "Oh, I'm just killing a little time. I have no serious intentions." But how about the girl's intentions? She may be serious and if she does not measure up to your ideals, you are in danger.

Sometimes it is painful in the extreme to break off an association of this kind; like a painful surgical operation. But if you do not break it off now, it will break you up later on—when your hopes and dreams of a blissful married life have gone to pieces on the rocks of disillusion.

BERNARR MACFADDEN



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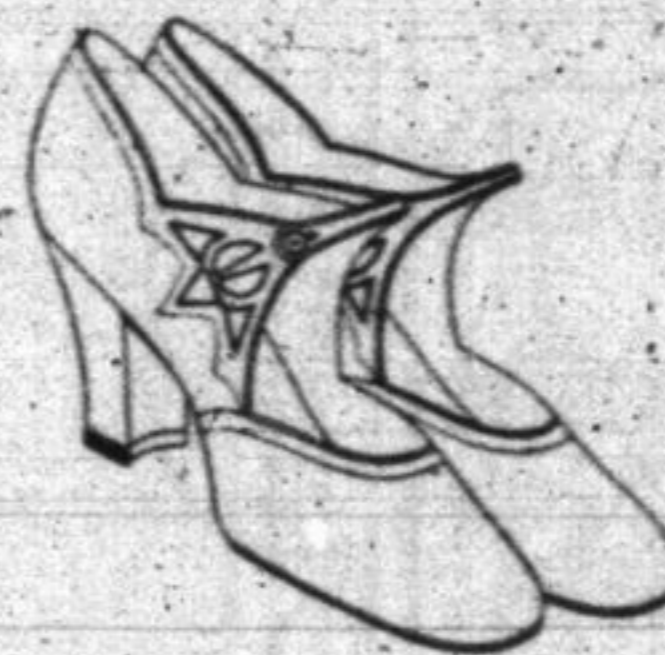
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