

Things to Cook

By Mrs. Louella Mc Allister HOME SERVICE DEPT. NORTH SHORE GAS COMPANY

Ham Loaf

- 3 cups minced cooked ham
1 small onion
3 sprigs parsley
2 eggs
1/2 teaspoon pepper
1/4 cup corn flakes
1 cup milk
1 tablespoon prepared mustard
2 hard-cooked eggs

Put ham, onion and parsley through the food-chopper. Add the eggs beaten, the corn flakes, pepper, mustard and milk. Pack in a well-greased bread pan.

Pre-heat the oven for 15 minutes at 550 degrees, then cover and bake for 40 minutes at 440 degrees.

Maccaroni Chop Suey

- 1 1/2 cups uncooked macaroni
3 slices bacon (diced)
1 cup sliced onions
1 cup sliced celery
1/2 lb. round steak
1 cup thick stewed tomatoes
1/2 cup boiling water
Salt and pepper to season

Cook the bacon in a hot pan until it begins to brown, add the beef (chopped or cut in very small pieces) and stir until the meat is browned. Slice onions and celery as thin as possible, add to the meat, cover closely and cook slowly for ten to fifteen minutes.

Parker House Rolls

- 2 cups milk, scalded and cooled
2 tablespoons butter
1 cake compressed yeast
1 tablespoon sugar
1/4 teaspoon salt
6 cups sifted flour
1/2 teaspoon soda
1 tablespoon water.

Melt the butter in the luke warm milk, then add the sugar, salt and flour, and dissolved yeast. Mix rather soft and let it rise over night.

Chocolate Cake

- 1 cup sugar
3/4 cup sweet milk
1 1/4 cups flour
3 squares chocolate
1/2 teaspoon salt
1/2 teaspoon vanilla
1 whole egg
2 teaspoons baking powder
1/4 cup shortening
1 egg yolk

Melt chocolate in top of double boiler, add one-half cup sugar, one-half cup milk and egg yolk. Stir until smooth and let cook two minutes.

Put together with white frosting made from the egg white and one cup of sugar, boiling with one-third cup water until it spins a thread.

You can always start the day right if you unexpectedly get a tasty slice of cantaloupe for breakfast.

BUILDING HOLDS WELL IN SUBURBS

GOOD RECORD IN OCTOBER

Report Shows That Gains Have Been Well Maintained and Outlook for Winter Is Excellent

Indications that building will be sustained in the Chicago area during the winter months was evidenced today by a check up in suburban building for the month just closed.

According to S. W. Straus & Co. who has completed a survey of the metropolitan area, the building for 41 suburbs for the month of October amounted to \$8,156,858.

Building in the suburbs generally amounted to approximately the same volume in October as in October 1927 with the exception of Gary which, for the second time in the last few months, has materially reduced the volume of building in the Chicago

area because of losses in its own building construction program. The gains for last month over the same month a year ago were principally made in the smaller suburbs. Oak Park, Joliet and Evanston all showed losses with Waukegan, Elgin, Hammond and Cicero as the larger suburbs showing gains. Aurora was practically even with last year.

October Gains The October gains in the suburbs were as follows: Arlington Heights 458 per cent, Batavia 590 per cent, Berwyn 18 per cent, Blue Island 150 per cent, Calumet City 38 per cent, Chicago Heights 17 per cent, Cicero 38 per cent, Hinsdale 93 per cent, Kenilworth 15,216 per cent, La Grange 324 per cent, Mount Prospect 21 per cent, Park Ridge 28 per cent, River Forest 299 per cent, Waukegan 28 per cent, Winnetka 32 per cent, Hammond 29 per cent and Whiting 1015 per cent.

The suburban gains in October as against September this year were as follows: Arlington Heights 323 per cent, Aurora 3 per cent, Berwyn 188 per cent, Blue Island 23 per cent, Calumet City 17 per cent, Cicero 36 per cent, Elgin 112 per cent, Evanston 54 per cent, Forest Park 54 per cent, Glenview 98 per cent, Glen Ellyn

21 per cent, Harvey 258 per cent, Kenilworth 15 per cent, La Grange 132 per cent, Lake Forest 80 per cent, Maywood 73 per cent, Mount Prospect 54 per cent, Park Ridge 47 per cent, River Forest 322 per cent, West Chicago 1411 per cent, Winnetka 182 per cent, Hammond 26 per cent and Whiting 10 per cent.

Comparative Figures Comparative October 1927 and 1928. Table with columns for community, 1927, and 1928. Includes communities like Arlington Heights, Aurora, Batavia, Berwyn, Blue Island, Calumet City, Chicago Heights, Cicero, Des Plaines, Elgin, Elmwood Park, Evanston, Forest Park, Gary, Glenview, Glen Ellyn, Highland Park, Hinsdale, Homewood, Joliet, Kenilworth, La Grange, Lake Forest, Lombard, Maywood, Mount Prospect, Niles Center, North Chicago, Oak Park, Park Ridge, River Forest.

Table with columns for community, 1927, and 1928. Includes communities like West Chicago, Wheaton, Winnetka, East Chicago, Ind., Gary, Hammond, Whiting, Total.

STATE OFFICIALS IN NEW OFFICIALS SHORTLY Emerson Takes Small's Place; Stratton Succeeds Former State Secretary

Familiar faces in new offices will be the vogue in the state capitol after next January, the changes to be in the nature of a game of progression. Louis L. Emmerson, secretary of state, will move across the hall into the chair to be left vacant by Gov. Len Small, defeated by Emmerson

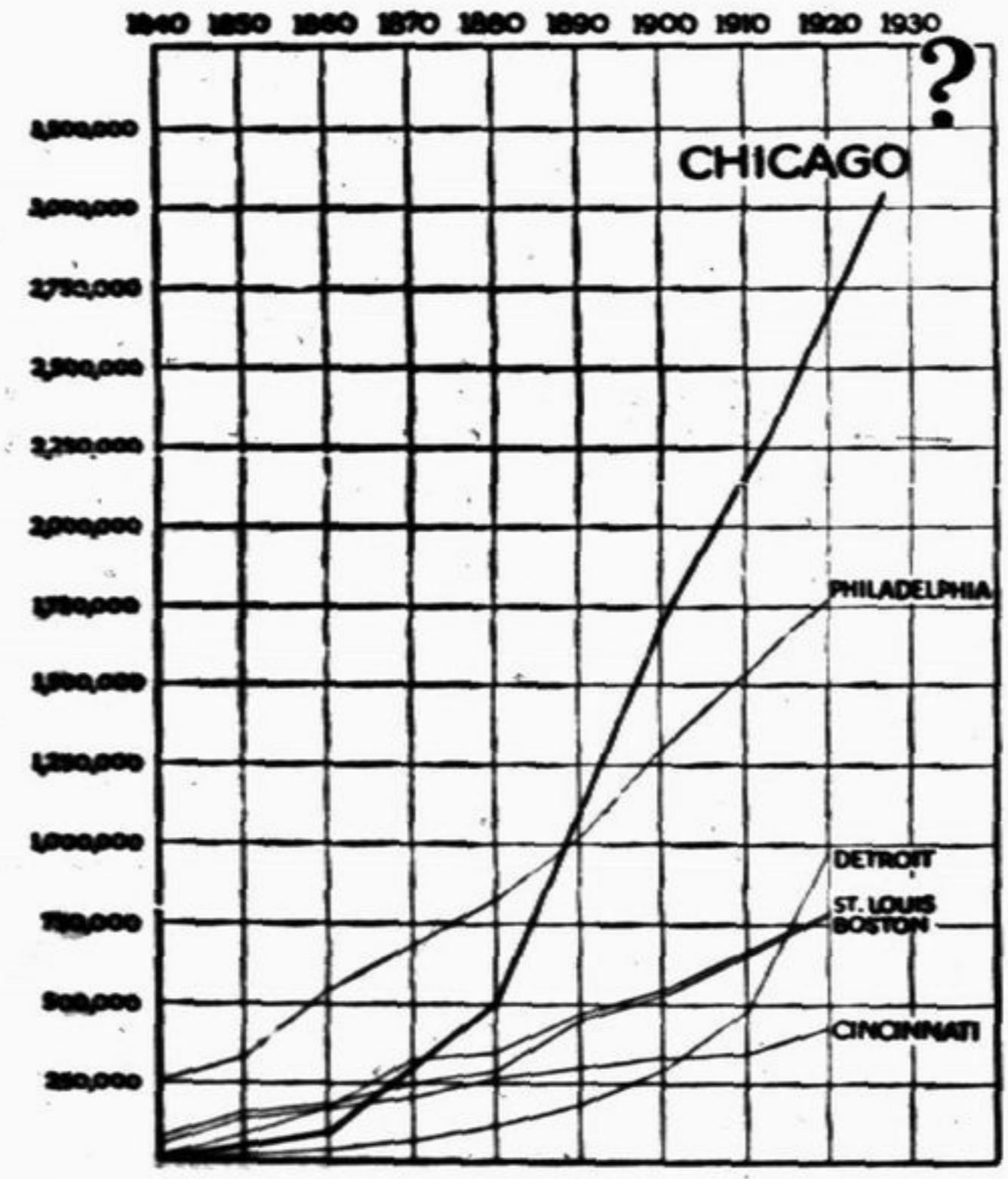
in the primary. Emerson, on the face of incomplete returns, was an easy winner over Floyd E. Thompson, his Democratic foe. Fred E. Sterling apparently swept into his old job again by defeating Peter A. Waller of Kewanee, and so on down the line of Republican candidates. William J. Stratton, former director of the department of conservation, will slip into Emmerson's chair as secretary of state and Oscar Nelson and Oscar E. Carlstrom will continue in their present positions, state auditor and attorney general. Omer N. Custer, once state treasurer, will be back in the harness again. Richard Yates, former governor, and Mrs. Ruth Hanna McCormick showed as winners on incomplete returns and it is believed that they will represent Illinois in the next congress.

In Case of Argument "Companionate marriage" says the American Magazine, "a term used to describe wide dissatisfaction with matrimonial conditions, was first used by Dr. Knight, of Barnard college, in an article published in 1924." These days the girl who doesn't have anything to wear may be dressed in the height of fashion.

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UNTIL THE CHICAGO FIRE ST. LOUIS WAS LARGER THAN CHICAGO



The above graph illustrates the rapid and steady rate of increase in Chicago's population. It also shows a few of the many cities of the United States which Chicago has passed.

PEOPLE living today remember when St. Louis was larger than Chicago. Only 58 years ago, when the population of St. Louis was 310,864, that of Chicago was 298,977. Even as late as 1880, Chicago's population was but half a million.

Today the city of Chicago houses more than three million people, and well in excess of another million live within the metropolitan area. No modern metropolitan center has ever grown so large in so short a civic lifetime. Every year, Metropolitan Chicago increases its population by 125,000, or more than the entire population of Albany, New York! Who can say what our population will be in ten years? In twenty?

Outlying Communities Now Growing at a Rate Three Times as Rapid as Chicago

The Chicago Association of Commerce lists 160 cities and towns within 35 miles of Chicago. Of this number, 44 have a population of 5,000 or more. The following population figures, covering only communities of over 5,000 population, other than Chicago, show at what an astonishing pace the metropolitan area is growing.

Table showing population figures for various communities from 1910 to 1928. Columns include Community, Census 1910, Census 1920, and Estimated July 1, 1928. Communities listed include Aurora, Batavia, Berwyn, Blue Island, Brookfield, Calumet City, Chicago Heights, Cicero, Des Plaines, Downers Grove, East Chicago, Elgin, Elmwood Park, Evanston, Forest Park, Gary, Glenview, Glen Ellyn, Hammond, Harvey, Highland Park, Hinsdale, Joliet, Kenilworth, La Grange, Lake Forest, Lombard, Maywood, Mount Prospect, Niles Center, North Chicago, Oak Park, Park Ridge, River Forest, Riverside, St. Charles, Summit, Villa Park, Waukegan, Wheaton, Whiting, Winnetka, and Zion.

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*Metropolitan Chicago includes the City of Chicago and the territory within 50 to 75 miles of the Chicago City Hall.

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