

CULINARY HINTS

Potted Beef Cutlets

Slice cold pot-roast in slices about one-fourth of an inch in thickness and with care that the slices do not crumble, dip them in beaten egg and then cracker crumbs, the latter having been mixed with salt and pepper to season. Fry in hot fat (either deep or shallow, in an iron frying pan) until the cutlets become a golden brown. Serve on a hot platter, garnish with sprigs of parsley. A tomato sauce highly spiced with cayenne and Worcestershire sauce may be used with the meat.

Frozen Asparagus

1 can asparagus tips; 1 cup mayonnaise; 1 cup whipped evaporated milk; 1/2 teaspoon salt; 1/4 teaspoon paprika; 1 tablespoon chopped pimento.

Drain the liquid from the asparagus, cut the tips into small sections, and mix with the mayonnaise, whipped evaporated milk, seasoning and chopped pimento. Pack in salt and ice for several hours. Serve with lettuce and mayonnaise.

Strawberry Meringue Cake

2 cups sifted Swansdown Cake flour; 4 teaspoons baking powder; 1/2 cup butter; 1 cup sugar; 4 egg yolks, beaten; 3/4 cup milk; 1 teaspoon vanilla; 1/2 cup sugar; 4 egg whites, stiffly beaten; 1 quart fresh strawberries; 1/2 cup sugar.

Sift flour once, measure, add baking powder and sift together three times. Cream butter, add sugar gradually, and cream together until light and fluffy. Add egg yolks, then sifted flour, alternately with milk, a small amount at a time. Beat after each addition until smooth. Add vanilla. Bake in 2 nine-inch layer pans in moderate oven (350 degrees) for 25 minutes. Remove from pans to cool.

Fold 1/2 cup sugar slowly into egg whites. Place two layers on baking sheet. Pile meringue lightly on them and return to moderate oven (350 degrees) to brown 15 minutes. Wash and hull berries. Reserve a few choice ones for garnishing. Crush remainder of berries with 1/2 cup sugar. Spread between layers. Garnish top with whole berries. Serve at once. Serves eight.

Caramel Sauce

2 cups brown sugar; 1/2 cup butter; 2 teaspoons flavoring; 1/2 cup cream or milk; 2 eggs; pinch of nutmeg. Mix the ingredients and cook in a double boiler. Add flavoring last and cool before serving.

NEW MAIL RATES IN EFFECT JULY 1

Uncle Sam is revising his postal rates, many of them, at least, and making numerous other changes in regulations, etc., all of which will become effective July 1. A few of the rates are being revised downward.

Postmasters are diligently studying all the new provisions, that they may readily acquaint the public with them. The Lake County and North Shore Postmasters' association are holding a special meeting at North Chicago this week to discuss the new postage rates.

The rate on private mailing cards (post cards), which was raised to two cents sometime ago, will go back to one cent.

Mail which could formerly be registered up to one hundred dollars only, can be registered up to one thousand dollars under the new regulations. The rates on such registration will range from fifteen cents to one dollar.

Postage-Due Mail

The new regulation in regard to mail with postage due reads as follows: "An added charge of one cent for each ounce shall be collected on first class matter reaching the office of address short paid more than one rate, or two cents; that is, if a letter is short paid only two cents that amount shall be collected as postage due on delivery, but if a letter or other first class matter is short paid more than two cents, then the deficient postage and an additional charge of one cent for each ounce or fraction thereof shall be collected on delivery."

The rate on second class matter for re-mailing will be cut in half when the new regulations go into effect. This rate was formerly two cents for each two ounces or fraction thereof. After July 1 it will be one cent for each two ounces.

NORTHBROOK SEEKING WATER FROM WINNETKA

Village Trustee Walter A. Strong, chairman of the Winnetka water and light committee, announced at the meeting of the Winnetka Village council last week the receipt of a communication from the village of Northfield, making inquiry as to the possibility of that municipality securing water service from Winnetka, the water to be supplied to Northfield at the Winnetka west limits at Willow road.

Considerable discussion followed concerning the legal obligation upon the part of Winnetka to furnish water inside of its limits, and also in regard to the terms on which the contract should be drawn.

The proposition was referred at length to the water and light committee for further consideration and report at the next meeting of the council.

Boy Scout News

There is probably no one man in America more loved by American boys than "Uncle Dan Beard." On last Thursday, June 21, Daniel Carter Beard, national scout commissioner, celebrated his 78th birthday. He is spending the summer in personal charge of his own camp at Rowlands, Pa.

Wires Local Scouts

Scout executive, Walter McPeck of the Northshore Area council, Boy Scouts of America, received the following telegram Friday morning: "Good scouting, good luck and love to the boys and officials of the Northshore Area council, from their National Scout Commissioner Dan Beard."

This telegram came in response to a night letter sent him reading "927 scouts, their leaders, friends and parents send you greetings on your birthday. American boys everywhere look up to you, admire you, love you and rejoice with you as you grow younger."

Winnetka Joins

At a meeting held at the Winnetka Community house on Thursday evening, June 21, a sub committee of the Winnetka Scout committee met with a sub committee of the executive board of the Northshore Area council requesting that Winnetka be taken into full and active membership in the Northshore Area council. The sub committee following out the standing invitation of December, 1926, again reiterated at the annual meeting of the council in December, 1927, welcomed Winnetka into full fellowship with the other towns of the Northshore Area Council.

This means that Winnetka scouts, both those connected with the Community house groups and the Christ church group, will have all of the advantages of rallies, conferences, camps, etc., enjoyed by other Northshore scouts during the past two years. It opens the way for a fuller fellowship for Winnetka scout leaders and committeemen with similar groups in the Northshore towns, particularly in connection with monthly scoutmasters roundtables, training conferences, and similar activities for the enrichment of the scouting program in boy life.

Next fall the Winnetka committee as well as committees of other Northshore villages will set out to raise a quota as its share of the expenses of the Northshore council budget.

Winnetka scouts are attending the Camp Northshore at the Cabin in the Woods, west of Glencoe and signing up to attend Camp Checaugan in Michigan.

New scouts welcomed into Northshore scouting week ending June 23, 1928:

Donald Rahn, troop 8, Wilmette; Walter McGuire, troop 22, Glencoe; James H. Tibbetts, troop 45, Lake Forest; Duncan H. Reeds, troop 52, Deerfield.

Camp Northshore located in the Forest Preserve just west of Glencoe is a short term camp where scoutmasters may take their troops, where patrol leaders may take their patrols, and where individual scouts may go for periods of one day or of several weeks.

Equipment Insures Comfort

Tents and cots are provided, the boys are getting some fine experience in cooking and in camp management, a period each morning is

set aside for the improvements of the appearance of camp. Many visitors have remarked that the boys are "good housekeepers."

The scout leaders of the Northshore council make up the staff of the camp, assisted by Mr. Grant, field executive, who is spending the entire summer at Camp Northshore. F. J. Ryan, scoutmaster of troop 10, Wilmette, spent last Wednesday afternoon and night at the camp and among other things, told the boys some fine camp fire stories.

Many opportunities are provided for boys to pass tests and advance in rank, particularly are there opportunities in camping, pathfinding, pioneering, carpentry, signalling, cooking and similar badges.

Sunday afternoon is set aside for the entertainment of visitors. All are invited. May run until September 1. Depending on the use of the camp the closing date may be set the middle of August or the first of September.

GAVEL FROM ARGONNE FOR LEGION COMMANDER

To Be Presented at Convention in Waukegan in September; Chindblom Aids

Through the efforts of the Waukegan American Legion convention committee, the Chamber of Commerce, Congressman Carl Chindblom, and Secretary of State Frank B. Kellogg, the incoming state Legion commander will be presented with a gavel made from wood obtained in the famous Argonne forest, scene of the heaviest sacrifices in human life made by the American armies during the World war.

The presentation will be made immediately after the election of officers during the convention to be held there next September. The wood will be turned up in one of the Waukegan wood-working concerns. The gavel when finished will bear a gold shield appropriately inscribed to suit the occasion.

The following letter from U. S. Secretary of State Frank B. Kellogg to Congressman Carl Chindblom is self explanatory:

"I have the honor to acknowledge receipt of your letter of the 6th of June, 1928, requesting the Department's assistance in obtaining a piece of wood from Argonne forest from which a gavel may be made for the Illinois State Commander of the American Legion.

"It has been a pleasure to instruct the American Consul at Strasbourg to endeavor to obtain such a piece of wood and forward it to your Chicago address."

Southern Democrats opposed to Smith are said to be planning to center on Senator George of Georgia. They are going to let George do it, but can he?

Of course it's all right to have Mother's day and Father's day and so on, but this doesn't absolve you from showering a little affection on the old folks during the other 364 days in the year.

UPTOWN BARBER SHOP

Half Block West of Deerfield State Bank Deerfield, Illinois

Children's Haircutting 40c
On Saturdays 50c
Adults 50c
Thoroughly Sanitary — 2 Chairs



RIGHT HERE in Evanston is this children's shoe store that many far-seeing parents spend a day's travel to reach.

Doesn't that suggest that you come in with the children before you leave for a vacation point?

POOL & PIPER

CHILDREN'S SHOE SPECIALISTS
1608 Chicago Avenue Evanston

LEG-LAMB, Finest Spring, lb. 35c

FISH

- FRESH PERCH, lb 21c
- FRESH WHITE FISH, lb 29c
- FRESH TROUT, lb 33c
- FRESH HALIBUT, lb 33c
- FRESH HERRING, lb 12 1/2c
- FRESH SHRIMP, lb 29c
- FRESH MACKEREL, lb 25c
- FRESH PIKE, lb 28c
- FRESH SALMON, lb 45c
- FRESH FILETS, lb 29c
- SMOKED WHITEFISH, lb 35c
- GORTON'S CODFISH, lbbox 38c
- SALT HERRING, 6 for 25c

VEAL

- SHORT LEG MILK-FED VEAL, (6 to 8 lb), the pound 29c
- RUMP MILK-FED VEAL, (5 to 7 lb) the pound 29c
- BREAST MILK-FED VEAL (with pocket for roast or cut up for stew) the pound 12 1/2c
- SHOULDER ROAST MILK-FED VEAL (5 lb cuts) the pound 15c
- Rib Veal Chops, lb 29c
- Boneless Roll'd Veal Roast, lb 35c
- Loin Veal Chops, lb 35c
- Boneless Veal Stew, lb 35c

PORK

- PORK LOIN ROAST, the pound 23 1/2c
- RIB PORK ROAST, the pound 21 1/2c
- FRESH LITTLE PIG HAMS, the pound 15c
- Pork Chops, large cuts, lb 19c
- Pork Chops, center Cuts, lb 29c
- Fresh Spare Ribs, lb 15c
- Fresh Pork Liver, 2 lb for 25c
- MILLER & HART HAMS, whole, the pound 22 1/2c
- ARMOUR'S STAR HAMS, whole, the pound 22 1/2c
- SWIFT'S PREMIUM HAMS, whole, the pound 24 1/2c
- California Hams, lb 17 1/2c
- Bacon Squares, lb 17 1/2c
- MILLER & HART BACON, 3 lb, sliced for \$1.00
- HOME MADE PORK SAUSAGE MEAT, the pound 18c

FOWLS

- FANCY SPRING DUCKS, fresh dressed, the pound 29 1/2c
- FANCY STEWING HENS, fresh dressed, the pound 32c
- FANCY ROASTING CHICKENS, strictly fine, the pound 39 1/2c
- FANCY BROILERS, fresh dressed, the pound 43c

BEEF

- BEST RIB ROAST BEEF, (6th-7thrib) the pound 29c
- PRIME RIBS BEEF ROAST, the pound 39c
- BEST HAMBURGER STEAK, the pound 19c
- PORTER HOUSE STEAK, the pound 49c
- SIRLOIN ROAST, the pound 29c
- RUMP ROAST, boneless, the pound 32c
- BEST POT ROAST, the pound 24 1/2c
- BEST ROUND STEAK, the pound 38c
- OLD MONK, BLUE RIBBON, WRIGHT'S MAYONNAISE, 8 ounce jar 23c; pint jar 43c; quart jar 80c
- Frankfurters, lb 23c
- Pork Sausage, small links, lb 23c
- Fresh Plate Beef, lb 15c
- Lamb Breast, lb 10c
- Fresh Beef Tongues, lb 25c
- Pickled Beef Tongues, lb 29c
- HERKIMER COUNTY WHITE AMERICAN CHEESE, the pound 49c
- BEST CREAMERY BUTTER, the pound 45c

BASY BREAD Three slices of Basy Bread a day helps reduce your weight in Nature's Way
GOLD BOND 100% Whole Wheat Bread 100% Gluten Bread

CANADA DRY GINGER ALE, the dozen \$2.25

FANCY NEW POTATOES Friday only, the peck 25c	POTATOES the peck 29c	TOMATOES the basket— 39c 19c—the pound
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Strawberries, Red Raspberries, at Lowest Market Prices

- ORANGES, 2 or 3 dozen for \$1.00
- GRAPE FRUIT, 6 and 8 for \$1.00
- LEMONS, the dozen 49c-59c

- APRICOTS—**
Large basket 79c
Small basket 33c
- PLUMS—**
Small basket 33c
Large basket 69c
- CANTELOUPES, 2 for 35c
- CANTELOUPES, 2 for 25c
- CABBAGE, 4 lb for 15c
- CUCUMBERS, large, 2 for 25c
- HEAD LETTUCE, 3 heads 25c
- RADISHES, 6 bunches for 25c
- GREEN BEANS, 3 quarts for 25c
- RHUBARB, 8 lb for 25c
- GREEN ONIONS, 6 bunches 25c
- Michigan Celery, bunch 25c
- ASPARAGUS, ex. lge. bunch 39c
- NEW CARROTS, 3 bunches 25c
- NEW BEETS, 3 bunches for 25c
- WHITE TURNIPS, 3 bunches 29c
- FRESH PEAS, 2 lb for 29c
- NEW DRY ONIONS, 4 lb for 25c
- STRICTLY FRESH EGGS dz 29c
- SELECTED LARGE EGGS, dz 35c

RAPP BROS.

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