

CULINARY HINTS

By Mrs. Louella McAllister
Home Service Department
North Shore Gas Company

BAKED WHITE FISH

Test for fresh fish: Fresh fish should have no odor, the flesh should be bright, not dull, and the gills should be a bright red color.

Care of fish: Fish, as purchased from the market, has been drawn and cleaned, but will need additional attention. Begin at the tail and scrape the fish to be thoroughly scraped and cleaned. Wash well inside and out, drain and dry. Do not let the fish stand in water. If the fish is to be served cold, leave the head and tail intact, but remove the eyes and fins.

Method: Lay the fish on its back, fill with the stuffing, as follows: tie and fasten the skewer: turn the fish over, sew skewer into the shape of a letter "S" and tie with cord. Wrap tail in manila paper to keep from burning. Place on fish racks or strips of cloth in dripping pan. Place in pan and sear in oven at 450 degrees for 15 minutes; reduce heat to 300 degrees for three quarters of an hour or until flesh is tender. Lift the rack or cloth from the pan and carefully slide the fish on to a platter. Remove skewers, string and paper and garnish the head with parsley or cress, and serve with lemons cut in quarters.

Stuffing

- 1 cup cracker crumbs.
- 1/4 teas. salt.
- 1/4 teas. pepper.
- Few drops lemon juice.
- 1 teas. chopped parsley.
- 1 teas. each capers and pickles.
- 1/4 cup melted butter.

Mix dry ingredients and moisten with melted butter.

CARROTS IN TURNIP-CUPS

Pare small, well-shaped, white turnips; cut slices from the stem end, with a potato scoop remove the flesh, leaving cup. Place turnips in boiling, salted water and simmer for 20 minutes. Lift each one carefully with the skimmer, and turn upside down to drain. While these are cooking, cut young carrots into dice shape, place in pan of boiling water, and cook gently 20 minutes; drain in a colander. Arrange turnip cups while hot on a heated plate; add to the carrots: 1/2 teas. salt; 1/2 teas. black pepper; 1/2 cup cream, or 1/2 cup milk thickened with 1/4 tab. flour.

Shake over surface burner, then fill turnip cups. Garnish dish with parsley and serve.

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SPECIAL ASSESSMENT NOTICE

SPECIAL ASSESSMENT NO. 306

PUBLIC NOTICE is hereby given that the County Court of Lake County, Illinois, has rendered judgment for a special assessment upon property benefited by the following improvement: The construction of a connected system of cast iron water mains in Eastview Road, Sunnyside Road, Ridgelee Road, Old Briar Road, Balsam Road, Blossom Court, and Poplar Road, in the City of Highland Park, Lake County, Illinois, as will more fully appear from the certified copy of the judgment on file in my office. That the warrant for collection of such assessment is in the hands of the undersigned.

All persons interested are hereby notified to call and pay the amount assessed at the Collector's Office, City Hall, corner Green Bay Road and Central Avenue, Highland Park, Illinois, within thirty (30) days from the date thereof.

Notice is further given that the said assessment is divided in ten (10) installments. That the amount of the first installment is \$3,977.59 and that each of the remaining installments is \$2,583.34. That all installments draw interest at the rate of 6 per cent per annum from February 29, 1928. The first installment is payable on the 2nd day of January, A. D. 1929.

The second installment one year thereafter and so on annually until all installments are paid.

FRED W. RUBLEY,
City Collector.

Dated at Highland Park, Illinois, this 12th day of April, 1928. 7-3

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