

**NOTABLE BENEFITS OF TRAINING CAMP**

**ADVANTAGES OF C. M. T. C.**

**General Lassiter, Head of Sixth Corps Area Outlines Some of Good Features of Annual Plan**

Taller by 290 feet and added stature, heavier by 80 tons of new muscle, deeper by chest by 645 feet of extra capacity, with swelling biceps showing an increase of 724 feet over old measurements.

Those giant-like proportions are physical gains which will be shared among 35,000 young Americans as a result of spending 30 days in the open air at Citizens' Military Training camps this summer, according to statistics received from the War department today by Major General William Lassiter, commander general of the Sixth Corps area which comprises the states of Illinois, Michigan and Wisconsin. The average youth who takes the C. M. T. C. training, these statistics indicate, may expect to add four pounds and a half of his weight. He should gain .10 inch in height. His waist measurement should increase .74 inch, his chest capacity, .22 inch; biceps .25 inch; thigh dimensions, .96 inch, and calf expansion, .25 inch.

**General Improvements**  
Besides, there are important general improvements of which accurate measurements cannot be made, such as development of correct posture, better carriage, harder endurance, keener mental alertness, higher sense of hygiene, and improved all around health, it is reported by the army surgeons compiling the statistics.

Their figures were obtained by consideration of the records of almost 160,000 young men who have attended the C. M. T. camps during the six summers they have been in operation, General Lassiter explained.

"This tremendous enrollment has been unattracted to the camps very largely by the important place given athletics in the camp programs," he said. "In no other country in the world have young men a greater devotion to a large variety of sports and games than in the United States."

"Ever since the first series of C. M. T. camps in 1921, this interest in athletics has been reflected in the large number of volunteers who saw in the C. M. T. camps an unusual opportunity to participate in all popular types of American sports under skilled instructors.

**Athletic Features**  
"The government, in stressing the athletic features of the camps, furnished much of the enormous amount of athletic equipment now available at C. M. T. camps, but this generous work was supplemented by donations from patriotic societies and civic committees in all parts of the United States."

"Many of the training centers are located on the seashore or on inland lakes and rivers with ample opportunities for bathing and water sports. At less favored spots the government has established adequate, hygienic, and attractive swimming tanks. The Red Cross has arranged systematic courses of instruction, leading successful students to final credit as life guards."

"Baseball diamonds and suitable equipment have been provided so that all men who seek to qualify for the numerous company teams are completely outfitted. Leagues for inter-company and regimental competition flourish at all C. M. T. camps."

**Other Sports**  
"Tennis courts are to be found everywhere. Boxing is taught for students of all weights. Volleyball, pushball, and even fencing are hardly less popular."

"Increasingly each year you are high school, normal school, and college football teams, sometimes with their own coaches, finding in the Summer Citizens' camps a highly-prized occasion for preliminary training in full accordance with academic rules."

"Track teams enroll from many schools and share the exceptional advantage of training and competition in running, jumping, pole vaulting, shot putting, javelin and discus throwing under expert coaches."

"The athletic youth of the nation," General Lassiter declared, "finds nowhere else such abundant opportunity as the government offers each year at the Citizens' Military Training camps. Young men in all walks of life see in this outdoor life not merely physical betterment, but also moral education in teamwork, fair play, and the will to win, with full recognition of the part these things play in the broad scheme of life."

**DEERFIELD FACULTY MEN ON COMMITTEE**

Principal R. L. Sandwick of the high school was vice-chairman of the program committee, and Mr. Ball of the faculty was a member of the committee on Physics and Chemistry of the Thirty-ninth Educational conference of the academies and high schools in co-operation with the University of Chicago which they attended on Saturday, May 7.

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**BOYS LEAD GIRLS IN H. S. HONOR ROLL LIST**

However, They Are Only Slightly Ahead, According to Report by School Expert

Boys lead the girls on the honor roll for the past six weeks by only two, according to Mr. Pertz, high school statistician.

In the first honors, the girls lead by two, and in the second honors, the boys by four. In both, however, the senior boys are showing the girls that they can study too.

For first honors, two tie for third place, two for fifth place, eight for eighth place, three for sixteenth, and eight for nineteenth. In second honors there are four who tie for twenty-seventh place, and thirty-two for the thirty-first place.

First honors Edna Fritsch, senior, Hilliker Burchard, junior, Arthur Magnani, sophomore, Genevieve Wolff junior, Louise Smith, freshman, Arthur Wood, freshman, Rudolph Buller, senior, Clover Benson, sophomore, Evelyn Finel, freshman, Charlotte Foster, junior, Mervin McGath, senior, Wallace Reichelt, junior, Frances Smigoski, senior, Hester Ann Thomas, junior, Jean Whinnery, sophomore, Mary Benes, freshman, William Heaney, junior, Thomas Lester, sophomore, Evelyn Acomb, senior, Purnell Benson, freshman, Charles Block, freshman, Alberta Franklin, freshman, Barbara Shipnes, sophomore, Roy Simon, senior, Anne Smigoski, sophomore, Frances Towler, sophomore.

Second honors—John Bosselli, sophomore, Bryant Buckingham, junior, Clarice Fischer, senior, Elise Weisenberger, junior, Alice Anderson, sophomore, Claire Balke, senior, Peggy Crawford, freshman, Thomas Creigh, sophomore, Benton Gallup, sophomore, John Gardner, sophomore, Ellen Greig, junior, Douglas Hastings, junior, John Horen, freshman, Clarence Huetton, freshman, George Hutchinson, sophomore, Henrietta Jenkins, freshman, William Joyce, senior, Eleanor Keller, sophomore, Dorothy Keller, junior, Margaret Kerr, freshman, Lester Laegeler, senior, Bradford Larson, sophomore, Lyman McBride, senior, Elinore McNichol, senior, Barbara Meaker, freshman, David Morris, freshman, Catherine Preston, sophomore, Howard Quinlan, senior, Edith Roslund, freshman, Hugh Seyfarth, freshman, Paul Sitz, junior, Ethel Skidmore, sophomore, Clifford Sloan, junior, Robert Umbach, junior, Elizabeth Welsh, freshman, Jane Wenban, freshman.

The scientists say they have broken up the molecule, and if so here's wishing they would come and show their skill by breaking up the sods in our gardens.

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The arguments of the solicitors and canvassers cover the ground very thoroughly, but if they don't quit taking up so much of our time, some of them are likely to be covering some part of the ground out in the street. The kid element in the flooded districts will not consider the floods wholly a misfortune, if the school house is swept away.

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There will be no great public sorrow, if the newspapers that swipe paragraphs without giving credit for them, find difficulty in collecting accounts due to them.

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