

**CHIROPRACTIC TALKS**

Chiropractic Adjustments for HEADACHES

WHEN you have a headache did you ever stop to realize that nerves crowded out of their normal positions are mainly responsible for this condition. Our adjustments relieve headaches.

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your health  
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Future Worth?  
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# When in Doubt, Call Up 85

To all lovers of beautiful Home grounds we wish to announce that for the next three months or so this half page each week, will be devoted to "Seasonable Suggestions" on out-door work.

Whether you have new grounds to lay out, old ones to remodel; whether you wish to plant just one peony root or lay out a formal perennial garden, have in mind to add a few shrubs or evergreens, or contemplate mass planting along the property lines; whether you wish to re-seed the lawn, construct a walk or drive or just want to purchase a few Darwin tulips for fall planting — no matter what — if it pertains to the home grounds, you will find these suggestions both interesting as well as useful.

While we want to do more business, sell more bulbs, perennials, shrubs and other hardy plants, what we consider of fully as great importance is the fact to have our patrons obtain the best results with what they plant. Your success means our success. We don't have to wait for competition to make us realize this, and it is the reason we want our ads to contain seasonable suggestions, helpful hints, timely teachings, and worth-while information to the reader.

What we offer along these lines is based on nearly a half century of experience both abroad and here; keeping up-to-date with all that is going on in ornamental horticulture; the latest

and best methods in carrying out work and what we accomplished in beautiful Ravinia Park and the hundreds of charming home grounds laid out by us along the North Shore during the past twenty-six years speak for themselves.

For today let us say that we are fully equipped and prepared to carry out promptly all landscape work for this fall. That we have over 30,000 perennials growing on our grounds ready for planting and there is no better time than in the next six weeks to do this. That there are over 110,000 bulbs on the way to us from Holland, France, Japan and Germany, to help make your garden glad, and that we handle any and everything you need for your home grounds.

However, whether you purchase from us or not, let us be of service to you no matter what you have in mind; how little or extensive the work. If it has to do with your home grounds, why not call up 85 before you go ahead. A few minutes' talk may mean to you the saving of dollars, disappointment and unnecessary work, or result in obtaining a better job or effect with less effort. Let us tell you what varieties of plants to use and such as not to use for our climatic conditions. What bulbs, shrubs and perennials best to use, how to plant them and what fertilizer to use or what seed to sow out. All this and correct information on a thousand other subjects in short—whenever at all in doubt, call up 85, and your troubles are over.

Call up 85 and let us send you our latest descriptive Catalogue of Hardy Plants.

**Bahr**  
FOR FLOWERS

Call up 85 and let us tell you about the latest and best in Flowering Perennials.

The first shipment of French Paper White Narcissi is in. With all the many out-door flowers on hand just now, they may not appeal to us, but let the icy winds of November blow again and a pot or dish full in bloom on the window sill brings warmth and cheerfulness to the home. All you need to grow them with is a three inch deep dish filled with water and a few pebbles. The bulbs will bloom by November 10th if planted the last week in September. Let the kiddies start a few.

## Special Friday and Saturday Sale, September 15 and 16

Fresh Dressed Broilers 31½c  
Fancy Stewing Chickens 32c

**Rapp Brothers**

Phones H. P. 1677-78

24 N. First St., Highland Park

Coffee Mocha and Java Brand, lb. 32c

Highland Club lb. 25c  
Our Special Blended Coffee,

NOTICE—If you want our regular circular mailed to you, leave name and address at office. We deliver your order free

BEST ELGIN CREAMERY BUTTER the lb. 37c	Mazola or Wesson Oil Pints 23¢ Quarts 45¢ ½ Gallon 85¢ Gallon \$1.60	FRESH DRESSED YOUNG DUCKS the pound 42c	Monarch COFFEE 3 lb. can 91c	Fresh Calf Sweetbreads lb 60c
LEAVE YOUR ORDER FOR FILLET OF BEEF and CROWN ROAST		75¢ per lb. 45¢ per lb.	ON FRIDAY FOR SATURDAY DELIVERY	

BEEF	VEAL	PORK	LAMB	FISH	Canned Goods
Very best native rolled roast beef 30c	Leg veal (milk fed) at 24½c	Pork shoulders at 16½c	Hindquarter spring lamb at 33½c	Fresh Lake Superior whitefish 32c	Campbell's soups 3 cans for 25c
Very best native standing roast beef 30c	Shoulder veal at 19½c	Fresh spareribs at 10½c	Forequarter spring lamb at 17½c	Fresh lake trout 29c	Sweet June peas 2 cans for 25c
Very best native sirloin steak 39c	Shoulder veal chops at 22c	Pickled spareribs at 5c	Lamb patties at 30c	Hallbut steak at 35c	Tiny Ex. Sif. Early June peas 2 for 41c
Very best native porterhouse (steak) 48c	Rib veal chops at 28c	Pork tenderloin at 59c	Rib lamb chops at 42c	Salmon steak at 35c	Tomatoes, size 2 2 cans 19c
Native round steak at 29½c	Breast veal with pocket at 16c	Pork chops at 19½c 35c	Shoulder lamb chops at 25c	Fresh herring at 15c	Sunbeam pork and beans, 2 cans for 25c
Native flank steak at 25c	Boneless veal stew at 25c	Homemade pork sausage links 25c	Breast lamb stew at 10c	Fresh perch at 25c	Sliced pineapple No. 2 cans, each 25c
Fresh ground beef at 20c					Monarch Babie corn 2 cans 35c
Fancy pot roast beef 12½ 17c					Mirn. sweet corn 2 cans 25c
Plate beef and plate corned beef 5c					Cal. asparagus large square can 35c
Boneless rump corned beef 25c					Pure strawberry jam, large jar 25c

Armour Staf or Miller and Hart HAMS	Miller and Hart BACON	California HAMS	Pickled Native BEEF TONGUES	Pure Rendered LARD 2 lbs.	Good Luck BUTTERINE 2 lbs.	CRISCO or SNOWDRIFT, can	Mayonnaise DRESSING
23½c	29½c	18½c	32c	25c	39c	20c	Pints 50¢ Quarts 90¢