Special Friday and Saturday Sale, Sept. 8 and 9

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Chickens 32c NOTICE—If you want our regular circular mailed to you, leave name and address at office. We deliver your order free

BEST FRESH CALF Sweetbreads 60c	ARMOUR or QUAKER Wesson Oil OATS Pints 23¢ Pkg. Quarts 45¢ 7C Gallon 85¢ Gallon \$1.60	Campbells Soups 3 cans 25c Crisco or Snowdrift 20c	Jello 3 pkgs for 2 lb 25c 25c	Mayormaise Good Luck Butterine 2 lb Pints 50c Quarts 90c 39c	Paper 3 lb. can 3 rolls for 91c
Beef Very best native rolled roast beef Very best native sirloin steak Very best native porterhouse Fancy pot roast 12½ 17c Native round steak at Native flank steak at Fresh ground beef at 20c	Veal Leg veal (milk fed) 24½c Shoulder veal roast at 19c Loin veal chops 32c Rib veal chops at 28c Breast veal with pocket at 16c Veal stew at 15c Boneless Brisket 32c	Pickled spare ribs at Pork tenderloin at Pork chops at Pork chops at Fish Fresh Lake Superior White Fish lb. 1020 500 500 500 500 500 500 50	Forequarter spring 17½c Rib lamb chop at 42c Shoulder lamb chop at 50c Riber's catsup large Queen olives large bottle 50c	Banana 15c 25c Peaches 20c Pears 25c Tomatoes 15c Cantaroupes 10c Lempis dozen 37c	Ar Commen imbite OF
Plate corned beef at Boneless rump corned 25c beef ARMOUR STAR and MILLER AND HART HAMS 23½c	Boneless sirloin roast 75	Halibut steak 35 Salmon steak 35	C HAMS	NEW DILL PICKLES large can 25c	colonial brand assorted jellies glass 10c

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HIKING DOWN THE LONG BROWN PATH

And Tin Cow Learning to Walk All Over

Oh! It's not the pack that you carry Nor the rifle on your shoulder, Nor the five inch crust of khaki-

That makes you feel your limbs ar And it's not the hike on the hard

That drives away your smile, Nor the socks of sisters that raise the blooming blisters-It's the last long mile.

-Plattsburgh Marching Song. Stringing out from the suburban the army of khaki-clad hikers. There but a host of city folks disprove the

is just exercise, but to those themselves of the more exspread out and settled in the farming and prepare. "Walk, and cook your ossibilities as a real starter for the

tightens a strap here and another imposed or the "shelter half", in which the down of the differential between the sust in front of the house with a commissary is packed for the mid- farm and city life. directions come from him on the precede a true appreciation of what method of slinging the pack so it the country holds, and this is what will not feel so heavy or interfere the hike supplies. There is more apwill pass along the information, in reams of printed matter put out ous experiments to find the easiest hikers constitute a growing army, way of carrying the heaviest load. equipped with bacon, spuds, coffee

but which he characterized when a ing doughboy as a "blankety-blank total that make them yearn to be among

Then there are the boy scout par- to ties, adept at everything pertaining to "shanks mare" traveling and wood-HOLIDAY ARMY MARCHING craft. The ex-service man and the Vacationists With Shelter Tents off the train and making ready for a twelve mile jaunt: "Get that canteen over to the side, Jimmie, and it won't keep bouncing off your leg every step. Is it filled? Well, then, we drink. How about the eats? Let's check 'em off. You got the spuds, repeat this year will be a secret, and Bill; the bacon Jimmie. Who has the the menalty for violation will be \$10

"Right here," announces a freckled going in excess of it. knapsack. "Snitched the mocha and the can of milk when Sis wasn't soo for the first mile and \$100 for

"Well, then, let's go!" snaps the

commander of the expedition. This party is traveling light for real distance. Another must expect durance. Perhaps the camp is not far off because the group is equipped for an over-night stay with heavy bonies at intervals of five minutes. kettles, pots, new fangled firestand, seatonably painted, that is, so they etc. The blankets are laid out for a blanket rolls, hatchets, lanterns, can- bot citizenry and are learning to walk all better packing of the bags and cans and bot be startling. They must be again.

of food. When the party commences greet in the spring, golden in the strategreet, red in autumn, and white in

The veteran from the crowded city his associates. He is introducing ter minutes for the road to clear. ing in crowded districts and unable them to this newly discovered land and teaching them how to be inde- blowing their horns and shooting pendent of any transportation but ron their own good legs and of and subthe country is so anxious to have sistence but what they can carry

menting in the city crowds will not Just a brief survey of the rollick- bear fruit in a keener appreciation outlying terminals on holidays estab- these are added to by increased comlishes a few general types. There forts on the farm. With his radio the machine apart as rapidly as the ex-service man and his hitched up, the farmer listens in on p friends who will hear from him the best entertainment the country gr the muddy roads of France. He wipe out many hardships formerly there on the blanket roll adjustment There is, in short, a rapid cutting an

day feast by the roadside. Expert In the meantime, knowledge must with the free body movement. He peal in one apple tree in blossom than gained in his army days, of how that to induce the citizen of the city to same pack was evolved after numer- change his abode to the country. The With results he now compliments, and tin cow for merely a day's out-

nevertheless seeing sights

coffee and the Borden tin cow?" | for fivery mile an offender is caught

Who will say the leaven thus fer-

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