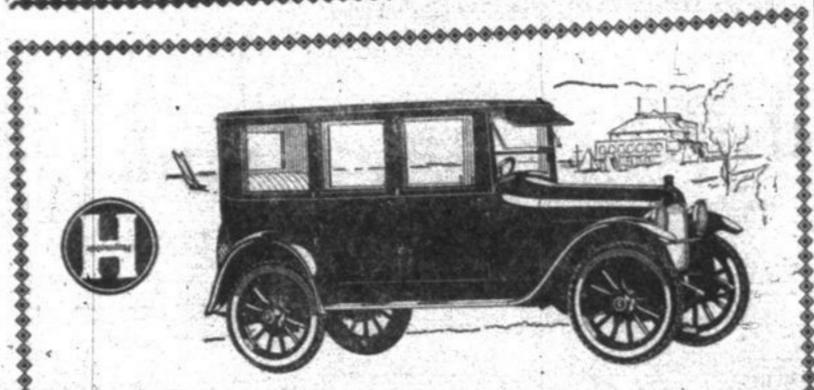
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Nervousness is due to improperly acting nerves— the nervous circuit is obstructed and until this obstruction is removed, permanent relief is not possible. As such conditions are directly in our line we invite you to call and discuss your trouble, whether it be Acute or Chronic, without cost or obligation to you. "Good Health is Better than Wealth."

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Corner Central Avenue and First Street Loeb Building, Suites D and E Highland Park, Illinois Telephone H. P. 527

HOUREKEEPING AS

METHODS VERY PRIMITIVE

No Public Water Supply or Sewage Disposal. Food Prices Lower Than Ours; Labor Cheap

dentally touched upon and one that toes in tins 50c each. Best French ought to interest a great many peo- olive oil, \$2.50 per quart.

untary concession, are permitted to may cause a stampede across the Palive and do business. Such persons cific. are not allowed to hold land or do

vants' quarters ranging in price from such as we are accustomed to at \$100 to \$175 per month according to home. The bread here is usually bad location, prices in Shanghai or Han- and the toast, which is served upon kow being higher than in Changsha every occasion, is cold and tough and or Soochow. Remember that when clammy, I cannot understand what I quote prices I am speaking of Chin- the cook does to it. It is hard to get ese silver dollars, each one of which good coffee and of course there is no is worth at the present rate of ex- milk or cream except such as come change about 56 cents in gold, that is, in tins, usually from "contented American money; normally the rate cows." You would naturally expect

ly here, and are two stories high with gets tastes like an infusion on brick arches on three sides, they served and always good but I cannot are built for warm weather—as the say as much for the innumerable summers are very hot, and in cen- Chinese vegetables, generally stewed, tral and southern China the only means and more or less resembling spinach, of heating during the chilly winter they are as a rule watery and tastemonths are small grates in which less of semi-anthracite coal costing about which are sold on every street stand

water being brought by the water anas are more like those we get at coolie from the public supply, either home than any other fruit, except drinks raw water out here, the Chin- seedlings at Chefoo, which are good. ese drink tea and in foreign homes The summer fruits, peaches, aprithe water is boiled and filtered, nor cots and grapes are good and so a does any foreigner eat fruit or vege- the persimmons, which we have had tables except they have been sterlized until lately, and which are of the sor or boiled, the native methods of fer- we get from Japan and which look

tilization being such that the great- like tomatoes. est care has to be exercised in such I think I have written enough about matters, native grown lettuce for food to make it clear that we are in instance, is never seen on foreign no danger of starvation and that there

Houses in which there is any mod- with life in China, ern plumbing are very few, even in the large cities, we are fortunate housekeeper's trouble, but when it enough to have such a house here in comes to managing such a household, Changsha, but there are not more and taking into account the Chinese than two or three others at most in temperament and peculiarities, per-

Human labor is the cheapest thing in China and in this city of about half a million people there is not a single wheeled vehicle except wheelbarrows, nor have I ever seen here a single draught animal, all burdens journed public hearing will be held in being carried on the shoulders of the Council Chamber in the City Hall pulled by fifty coolies, it was prob- which said public hearing

us absurdly small, especially when it ordinance hereinafter mentioned. is remembered that they supply their | Said undersigned zoning commisown food out of their wages, being sion was duly authorized and estabsupposed never to touch the food that lished by ordinance duly passed and

persons will employ about the house firmed by the Council of the City of five or six men and two or three wo- Highland Park on September 10 men. There is the cook who on the 1921, to investigate and make reco average is paid \$14 per month, the mendations concerning the subject number one "boy" who is paid the matter of a proposed ordinance under same, number two boy perhaps \$10. the authority and requirements of an Every male house servant is a "boy." Act of the General Assembly of the These men wait on table, clean, dust State of Illinois, entitled "An act to and make beds. The house coolie confer certain additional powers updoes the rougher work about the on city councils in Cities and preshouse, makes fires, cleans the rugs, idents and boards of trustees in villcarries water to the bath room, etc. ages and incorporated towns, con-The water coolie brings the water cerning buildings and structures, the from the river and pumps it into the intensity of use of lot areas, the tank if there is one, there may be a classification of trades, industries, number two cook or a number two buildings and structures, with respect coolie if the work is heavy. Then to location and regulation, the creaneeds care, and one or two laundry and the establishment of regulations amahs these are paid for \$8 to \$15, and restrictions applicable thereto," according to circumstances.

keeper, the sampan coolies and the affording an opportunity to all perchair coolies, so the total personnel of sons interested within the City of a moderate establishment is very

wages. The cook for instance, gets City of Highland Park, copies a "squeeze" of probably ten per cent which ordinance will be on all kitchen purchases, which he for examination by interested parprobably shares with the boys, and ties at the office of the City Clerk every tradesman who comes to the of said City of Highland Park. house, tailors, silk merchants, curio dealers have to pay tribute, this is a recognized Chinese custom and it prevails from the cabinet minister to the chair coolie. There is no official in China who does not expect to get rich from his squeezes, and as under the present system tenure of office is this 2d day of February, A. D. 1922. uncertain their motto is to make hay (49-2)

while the sun shines. A story is going the rounds at present of an official who was in office only four or five CONDUCTED IN CHINA cial who was in office only four or five to retire and live in affluence the rest of his days, and the story is probably

Food is cheap, except for imported articles, of which unfortunately, we require a good many. Native fillet of beef is 16 cents per pound and mutton 20 cents, neither very good, domestic duck 50c each, large wild ducks, 60c; cock pheasants, very good, 75c; eggs 18c per dozen, sweet pota-Changsha, December 18, 1921 toes 4c per pound, American flour I think that I will write you a let- \$3.80 per 50 lb, sack, best table butter about housekeeping in China as ter in tins from California or Austhat is a subject I have only inci- tralia \$1.80 per lb. Imported toma-

Wines and liquors are abundant The foreign housekeeper in a and cheap. The best champagne \$60 treaty port out here has her troubles per case of 12 quarts, excellent port although they are not the same with and sherry \$2.50 per qt. Scotch which we are so familiar in America. whiskey, the most expensive, \$3.50 per By "Treaty Ports" are meant those qt., a good table claret \$1 per qt. forty cities in the eighteen provinces and remember that these are "Mex" of China proper, in which foreigners, prices, not gold. Perhaps I ought either by treaty povisions or by vol- not to quote these latter prices as they

The daily routine out here is about business in other places, although as follows: At 7:30 the boy brings a these restrictions do not apply to tray of tea and toast to your bedside and prepares your bath. Break-In the first place, the number of fast, fruit, porridge, eggs and coffee, houses suited to foreign requirements 8:30. Tiffin, three courses, at 1. Tea

These houses are generally built of or used to be, the greaest tea market brick, wood is very scarce and cost- in the world, but what one usually double decked verandas supported dewed hay. Rice of course is always

As for fruits, the Chinese pears are pithy and watery, the pomelos There is no public system of wa- are dry and flavorless, the native

I find I have said little about the haps they may be imagined. P. C. Wolcott.

ZONING ORDINANCE Notice of Public Hearing Notice is hereby given that an ad-

Even in progressive Hankow in the City of Highland Park, Illinois, not long ago I saw a heavy roller be- on Thursday the ninth day of Febing used to repair the roadway and ruary, 1922, at 7:30 o'clock P. M. ably cheaper than steam power. ducted by the undersigned Highland Naturally servants are numerous Park Zoning Commission, upon its here and are paid wages that seem to tentative report and proposed zoning

is provided for the master's table. by the appointment of the members An average family of four or five thereof by the Mayor and duly con-Beside all these there are the out- hold, conduct, adjourn and reconvene side servants, the gardener, the gate-

These servants have certain prere-quisites which add somewhat to their posed zoning ordinance for the entire

Mrs. Frank R. Cain, W. G. Shipnes, George R. Jones, Mrs. O. L. Olesen, Zoning Commissioners. Highland Park, Illinois,

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