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Dr. McCollum of John Hopkins University, Baltimore, Md., finds after many years of experimental work, that butterfat is the most valuable human food.

JERSEY MILK contains 5.37% butterfat, the highest percentage of any breed of cows.

JERSEY MILK is rich, creamy, appetizing and highly nutritious.

THE UNITED STATES GOVERNMENT SAYS:

"Milk is the best food we have. Give your children milk, a quart a day for every child if possible, a pint without fail. Plenty of milk will help you give all your children both big and little, a chance for health they ought to have. Buy more milk and less meat and your family will be better fed."

Our herd is regularly tested for tuberculosis by the U. S. Govt., Bureau of Animal Industry.



Ravine Farm
A. LAWRENCE MILLS, Owner
Phone 296 Highland Park, Illinois

PEASE'S QUESTION BIRD

Can a person's mental attitude cool him off on a hot day?
F. M. P.

Answer:—
Yes. If he's indulging in one of our cool sodas at the time!



WE'LL TELL YOU how your mental attitude will cool you off. Visit our soda fountain and make up your mind that your physical temperature is going to fall. While you're in this thoughtful attitude partake of one of our pure, cooling sodas and the effect will be instantaneous. Our service is systematically sanitary. Our syrups and creams are the purest and don't forget we have reduced our prices as low as we possibly can and still retain our same high standard of quality.

Syrup Sodas and Sundaes	17c
Fruit Sodas and Sundaes	22c
Plain Drinks	6c

ROBERT W. PEASE, Pharmacist
The Rexall Store Telephones 144-363

Perhaps the American people would know the words of the national anthem, if it had not taken their entire time and energy to learn the baseball rules.

The people whose lives are wrecked by getting mixed up in scandals, are often the same ones who could never afford to spend an hour a week to attend Sunday School.

The ghost of an honest Illinois hog would blush if he knew the prices the butchers asked the consumer to pay for a pound of bacon off his carcass.

Claimed the women will soon be hustling for political offices as bad as the men, but it will never occur to them that they can get elected by passing around five cent cigars.

Y. M. C. DOWNS LAKE FOREST 4-2 SUNDAY

LARGE CROWD AT GAME

Highland Park Wins Second Victory Over Northern Neighbors; Play Wheeling Sun.

Lake Forest went down to defeat for the second game of the series with the Young Men's club here last Sunday afternoon. The largest crowd of the season was out, loaded with noisemakers and plenty of pep. A large contingent from Lake Forest lined their cars up on the third base line and added to the rooting. The Foresters had contended that the July fracas had caught their team on an "off" day and that a return game would show the superiority of their pastimers. This return game showed conclusively that there is not a team of their class in this vicinity that can match the Highland Park youngsters in a set series. Rudolph who has pitched practically all of the games for the locals this season was again on the slab and had the Foresters at his mercy. Ruddy's mate, Gerkin, was again behind the rubber on the receiving end and the added confidence thus given helped Ruddy in pinches. As the full line-up was on hand, Capt. Landis took a vacation from the center garden, but did valuable work on the coaching line. It was a spectacular game in ways, the defense put up by Lake Forest was steady and at times sparkling. In the eighth Center Fielder Peters of the visitors pulled one that will long be remembered by all who saw the game. Fred Glader who was the first up in this inning leaned gently against one that sailed out over center field with the velocity of a cannon ball. It was well over Peter's head and was worth a hundred to one shot that it would be good for the circuit. Peters turned his back to the ball and ran with his left hand in the air, leaped high in the ozone and speared the ball with his finger tips—it stuck, and consequently Glader was robbed of a homer as well as \$5 that had been offered by an enthusiastic fan for a four base knock. The story by innings follows:

FIRST—Pelnar grounded out to F. Glader. Brown singled and then took second on a wild pitch. McGovern breezed and Swift fled out.
Before starting the locals' end of the first the Foresters held a council of war in the middle of the diamond and laid out their plan of defense. Subsequent events show that it was useless for George Glader to walk. Eddie Therrien, beat out a perfect bunt and advancing Glader to second. On a wild throw to first to nab Therrien both runners advanced a base. Fred Glader singled score-advancing George and Eddie. F. Glader took second when Lindenmeyer fumbled, but was thrown out trying for third. Elmer Therrien out on a bunt to Pagenkopf and Baldwin left to Pelnar.

SECOND—Pagenkopf stroled. Peters hit to Martin. Carlson ditto to Eddie Therrien. Roebor walked on Pagenkopf stole third. Lindenmeyer fouled to Ruddy. Duffy singled. The Foresters held another conference. Martin bunted and was safe. Pelnar came in from behind leaving it unsave. Pelnar and Duffy took it. Duffy tried to steal home but was trapped. Martin took second on the play. Gerkin singled scoring Martin. Gerkin led second on the throw home. Ruddy whiffed and G. Glader lifted to Roebor.

THIRD—Pelnar binged. Brown led off to F. Glader. McGovern sacrificed Pelnar to second. Duffy dropped Swift's high one and Pelnar counted with Lake Forest's first run. Pagenkopf forced Swift at second. Martin to Eddie Therrien.

FOURTH—Peters out to Martin. Jackson playing for Carlson doubled. Roebor fanned. Jackson attempted to score from second on a wild pitch and was thrown out at the pan. Gerkin to Pelnar. Duffy and Martin Baldwin out to Pelnar. Duffy and Martin whiffed.

FIFTH—Lindenmeyer singled. Pelnar hit between first and second and the ball struck Lindenmeyer thus making him out. Brown led off to Martin. McGovern singled to left field but Fred Glader dropped it and Pelnar was safe. McGovern led second on the at-play. Pelnar was out at the pan on an attempted steal.

SIXTH—Swift lined sharply to Duffy. Pagenkopf grounded out to F. Glader. Peters grounded to F. Glader. Eddie Therrien led off with a bunt which he beat by at least twenty feet. F. Glader missed three. Elmer Therrien sacrificed Ed-Edwin to second. Baldwin got a life on Brown's error. Therrien scoring. Baldwin to second on the throw home. Duffy drew a free ticket. Duffy drowsed on first and was caught. Pagenkopf to Brown.

SEVENTH—Jackson struck out. Roebor grounded. Lindenmeyer forced Roebor at second. F. Glader to Martin. Pelnar forced Lindenmeyer.

EIGHTH—Brown out to Ruddy. McGovern out the same way. Swift out to G. Glader. F. Glader's shrill cry rang from the fans. Peters who got great hand from the fans, Elmer Therrien whiffed. Peters kept on his flashy work by coming in on the run for Baldwin's Texas Leaguer.

NINTH—Pagenkopf was struck by a fast ball. Peters sacrificed. Eddie Therrien to G. Glader. Jackson doubled for the second time scoring Pagenkopf. Kerrigan hitting for time scoring Pagenkopf. Roebor hitting for time scoring Jackson to third. Lindenmeyer fanned.

Notes of the Game
Ump's Wainwright worked a steady game in spite of the ragging of various and sundry Lake Foresters.

Manager Brown of the visitors held up the game in the eighth when he insisted on the removal of some autos that were parked too close to the right field foul line for his liking. Evidently Brown forgets that the locals were camped to play at Lake Forest with two or three hundred fans and a band parked comfortably out in left field.

Apology is made to the fans for starting the game so late which was occasioned by the lateness of the arrival of the Lake Foresters.

The fans liked Peters who played a bang-up game for the visitors.

Games would be improved by less "crabbing" and more honest endeavor.

COURTESY

It is the payer of big dividends.
It builds credit — creates prestige.
It is the foundation rock upon which that great asset of business is founded — GOOD WILL.
No man or business is too large or too small to dispense with it.
Courtesy is a watchword at the Highland Park State Bank.



Highland Park State Bank

The Home of Savings Depositors
FRANK J. BAKER J. M. APPEL C. F. GRANT
President Vice President Cashier



Such bunk never appeals to the true sport.

Captain Landis of the locals has resigned his position with the North Shore electric line and has accepted a place in the traffic department of the Western Union in Chicago.

Wheeling here next Sunday. Let every fan be on hand and help the Young Men's club in their climb for the pennant. Game at 3:00 p. m. as usual.

PUBLIC HEALTH

No new cases of Infantile Paralysis have been reported and no focus of infection in Highland Park is known to exist. Infection from outside sources is of course still possible. In any variation from normal health, it is well to consult the family doctor promptly.

A few cases of whooping cough and chicken-pox are being reported—otherwise the state of Public Health is rather above normal.

Board of Health
City of Highland Park.

PRESBYTERIAN CHURCH

Although the other classes were suspended, the Bible class met last Sunday as usual, under the leadership of Dr. Cutler.

Next Sunday the class will continue the study of the Life of Saul. A cordial invitation to attend is extended to everybody.

BIG DOUBLE CIRCUS HAS VAST PROGRAM

With Europe's biggest trained animal show as one of many splendid features, the Ringling Brothers and Barnum & Bailey Combined Shows will exhibit afternoon and night at Chicago, from Saturday, July 30 to Sunday, August 14.

This marvel circus of 1921 offers the greatest congress of attractions in history. Without eliminating any of the thousand thrills produced by hundreds of the most skillful men and women performers, the Ringling Brothers have added, without additional charge, the most sensational of wild beast displays. Not only will you see the artists who occupy the three rings, five stages, the great hippodrome track and the aerial rigging in the tent top, but four spacious arenas filled with wild beasts as well.

Tigers riding peacefully on the backs of elephants, black-maned African lions springing to and from galloping horses, great troupes of polar bears walking ropes or playing at saw-saw, leopards jumping through loops of fire—these are some of the marvellous things that these wonderful animals do. While these beautiful creatures are under absolute control, they are presented only in great arenas of steel. Elsewhere in the main tent you will see camels performing much after the fashion of horses—an act never before presented anywhere. There are five troupes of trained seals, whole breeds of remarkable dogs, monkeys, pigs and pigeons. Twenty-six elephants will perform at one time. Others will do tricks at the top of high pedestals and others circle the entire tent, kicking footballs as they go. Splendid groups of trained stallions, Shetland and manage horses form another feature. Aside from the dumb actors are fully 600 men and women stars, and nearly 100 clowns. A gorgeous tournament opens the program. The menagerie, which is entirely separate from the animals used in the circus performance, is the biggest ever traveled.

Extra Special

Genuine Leather
Bill Folds
\$1.00

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Jewelry and Men's Furnishings

393 Central Ave. Telephone 331

Dr. Alta Batchelder
Suite 6 and 7, 33 St. Johns Avenue

wishes to announce to the public that she has opened in connection with her Chiropractic office an exclusive

BEAUTY SHOP

where work is done scientifically by Mrs. Jessicha Wright, who has had ten years experience in the best shop in Chicago.

ANTS! ANTS! ANTS! ANTS!

Hundreds of ants crawling up through cracks in the wall to your pantry. What a nuisance. Get rid of the pests today by using

NICHOLS ANT POWDER

ASK YOUR DRUGGIST FOR A PACKAGE

Open Season Dance TONIGHT

At the Goldberg Dance Hall
517 Central Avenue
Music by Stratford Orchestra. Dancing starts at 9:00 o'clock. Refreshments in the hall. Hall equipped with electric fans. Everybody Welcome.