Invited vileges of the

READING ROOM

6 p. m. Sunday

Scientist, of Highland Park 10:45, Sanday School im-Testimonial Service at 3:00

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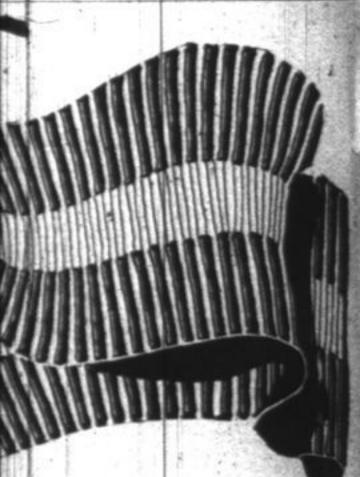
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Donnelley's Red Book, the National Buyer's Guide, has just come in new edition to enable all who buy to have a nation wide service. It gives addresses and telephone numbers which is an unusual advantage case of need of rapid service. Business men will be glad to know that this service is at their disposal at the Public Library. If you wish, telephone 312, but preferably you may come yourself and consult it at leisure. Books on salesmanship, efficiency methods in shop and office, business accounting and letter writing are here for the use of all. Free

The library story hour will be held room with its several thousand books is open ten hours a day to all children. It is one of the coolest places in town now a days. During vacation time, special attention is given to children and their reading, by the addition of new books and the story hour as well as personal seachings for just the very book each child LIVE IN may want. Mothers who are reading aloud to their children and telling Tribes in Interior of Venezuela Have bed-time stories these long evenings will be glad to see the volumes of collected tales by Carolyn Sherwin Bailey, Miss Shedlock, and Sara Cone Bryant and others who have so long fascinating charm of the story teller's art. The National Child Welfare Association asserts that "The race marches forward on the feet of

manity is measured, not by what we add to dur own lives, but by how much better we make the lives of our children. We will have won the war in vain unless we shall rear a new generation worthy of the things for which we have fought."

#### REHABILITATION OF THE DISABLED YANKS

Washington, D. C., June 10 .- United States soldiers, sailors, and marines who are injured in the service of their country are receiving special United States Civil Service Commis sion and the Federal Board for Vocational Education, working in co-op-

When the Civil Service Commission receives an application from a discharged yank, whose physical condition is such that he would not ordinarily be accepted, his case is referred to the Federal Board for Vocational Education. The Federal Board turns the matter over to a field officer who promptly goes out after the man and offers him the services of the Board's organization for special training to fit him for the work for which he has applied, or for some other employment if it does not seem practicable to train him for the work for which he made application to the Civil Service Commission. Hundreds of such cases have been referred to the Federal Board by the Civil Service Commission.

Under a recent amendment of the Civil Service Rules, mode on the recommendation of the Civil Service Commission the Commission may waive the established physical requirements in favor of a disabled and honorably discharged soldier, sailor, on Thursday afternoons during July or marine, upon the certification of at half past three. The children's the Federal Board for Vocational Education that he has been specially trained for and has passed a practical test demonstrating his physical ability to perform the duties of the class of positions in which employ-

#### PRIMITIVE STATE

Had Little Contact With Civilization.

Almost every tribe and race has found the secret of fire, even though civilization has not come near them. Needless to say, matches are unknown except as they have been carried into made by rubbing sticks together, with case of the Macaos, with a drill.

These "people of the mist," as the explorers into the interior of Venezuela call them, keep their fires burning steadily from one year's end to another, but if a new one is needed it is started by drilling into wood until it

The Macaos share the Indians' love of painting their faces and, like them, ase bow and arrow for hunting, but go about swathed in heavy clothing, much like that of the Arabs, because of the old of the region in which they live.

The homes of the Macaos are all built on hilltops, and the average altitude of the settlement is 3,600 feet. They cultivate sweet potatoes, bananas and maize, out of a combination of which they make a very strong fermented drink for use at feasts, and they are also exceedingly clever at basketry and other weaving, but are among the most uncleanly of all tribes and never, so it is said, take a bath unless unexpectedly caught out in a

#### GOOD HEALTH RULES FOR ALL

English People Have Many Ideas Which It Would Be Well for Americans to Copy.

One of the most popular forms of food in England is cheese. This supplies a highly concentrated protein food which, when properly ripened and masticated, is usually well assimilated. Not only does this food contain a large percentage of protein, but it also contains fat and mineral salts. When combined with bread, which is a carbohydrate food, cheese makes an ideal combination, supplying as it does all the elements necessary for nourishment-protein, fat, carbo-hydrate and mineral salts.

Cheese and bread is a very popular form of food in England and it is eaten by all classes. Being an economical food, it is eaten to a larger extent by the laboring classes, who, owing to the sort of work they do, require a good tissue builder at a mod-

It is well to remember that part of the health of the English race is due to the fact that the English life is an outdoor life, and it is a very good thing for us to profit by this and cultivate at all times, in ourselves and in our children, the habit of getting outdoors as much as possible.

Cruelty in Training Birds.

Performing birds are often taught by starvation. How many are aware that the pretty doves that fly when released to the bespangled artists, and form themselves into geometrical patterns on her head and outstretched arms, are often the sole survivors of hundreds which have been starved and then only fed when they perched upon an exact spot on the owner's arms.

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