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### The Social Side of Life Local Affairs of the week

By the Observer

Every social effort today must contrive to justify itself and wear the label, "War Measure." None deserves it more than Ravinia Club, and happily success is crowning her efforts. "It was hard at first," said one of the chairmen, "to ask for donations—1,600 lbs. of meat, 440 lbs. of jam, 280 lbs. of butter, 47 gallons of pickles, 370 lbs. of coffee and the rest, but now that fair success has advertised our work, donations come pouring in. Even people living remotely from the north shore are sending cartons." The fact of the matter is every good work is a war measure. How nobly the little girl pleads in the article on the front page for Arden Shore and its beneficent help and cheer. "If we close up Arden Shore," she says, "there will be many boys and girls who will die, or grow up sick and weak, unable to do the duties required of them. The girls will not be strong enough to do the work which the lack of men has made it necessary they should do, and the boys will not make strong enough men to join the army or navy." The golf clubs are awarding thrift and war-saving stamps for prizes. A petition for a suffrage amendment to the Constitution of the United States enabling women to vote lies on the counter of Schumacher's drug store. President Wilson calls the proposed amendment "a war measure," and it is to be hoped that Highland Park women will rush to sign it. A pleasant committee meeting was held Monday afternoon at the Y.W.C.A. rooms at which the welfare of Arden Shore was discussed. Mrs. Robert B. Gregory presided. The soliciting of subscriptions was organized by assigning certain neighborhoods to certain women and the picnic for Monday, August 12, at Arden Shore was arranged for. Every one is invited and asked to bring a box luncheon. A meeting will be held at the luncheon at half past twelve.

Miss Anna Bloomfield entertained several friends Sunday evening for Mr. Emmett Maroney, who left Monday for Paris Island, S. C., where he has enlisted with the Marines. Bunco was the main feature of the evening and the successful prize winners were Mr. Emmett Duffy and Miss Ruth Schendorf. Decorations were red, white and blue. Everyone enjoyed a most delightful evening.

The Worth While Circle was entertained Tuesday evening at the home of Mrs. Frank Sheeks.

Last Saturday evening Campbell Chapter O. E. S. gave a reception for the Worthy Grand Matron of Illinois, Mrs. Sadie R. McBride. An excellent dinner in charge of Mrs. Samuel Levin was served at six-thirty. Decorations were red, white and blue. Among the guests were Mrs. Lichtenburger, Grand Ruth; Mrs. Breakfield, Grand Warder, and Mrs. Rabe, Grand Chaplain. Several officers and members from neighboring chapters were present.

#### Y. W. C. A. NEWS

Miss Mary Wood Hinman will give an address to the Good Comrade Club Monday evening, August 5th, at the Y. W. C. A. gymnasium at 8:15 o'clock. The third lecture by Mrs. Colton on birds will be given Tuesday evening, August 6th, at 8:30 p. m., in the Y. W. C. A. gymnasium. All people interested in nature studies are invited to be present. This is a rare opportunity to learn about birds from one who is considered an authority on the subject. The Mother's Club are picnicing at Ravinia Park today. Miss Dorothy Brown gave a Slumber Party to the Aster Club Saturday evening at her home on Fairview avenue, eighteen girls enjoying the delightful novelty of the party. All kinds of stunts and good things to eat were the order of the occasion. This club of girls spend their time Friday evening sewing for the Frontier children of France, and many little French children will bless the work of their hands. The Loyalty League held a recognition meeting Monday evening, entertaining a number of their friends in a very interesting manner. Games and light refreshments followed.

The Business Girls' Club have been enjoying a delightful vacation at the McGeogor Adams cottage at Druce's Lake, where boating, fishing, swimming and all kinds of games are thoroughly enjoyed. This summer cottage of the Y. W. C. A. is affording a good time to association girls and is full all the time. The Business Club who enjoyed this outing were Elsie and Gertrude Witten, Mildred Hesler, Elsie Toth, Margaret Wilhelm, Margaret Mayer, Eleanor Beck, Louise Hesler and Ericka Steffens. The Witten auto, which was placed at their disposal, added much to the pleasure of the party.

Bob O'Link Golf Club August third: First round Club Championship. Eighteen holes, Match Play. Blind Bogey. War Savings prizes.

#### DEERFIELD NEWS ITEMS

Ludwig Geo. Clavey was born January 20, 1830, in Hessen, Germany. He emigrated to the United States with his wife and five children in 1867. When his wife died in 1911 he was taken in by his son William and later by Mr. and Mrs. Fred Clavey, who did everything to make him comfortable. Finally he became so helpless that he always needed some one to watch him, and since no help could be obtained under any circumstances he was taken to the Oak Forest Home in Cook county where he passed away on Tuesday, July 23, having attained the age of 88 years.

He leaves to survive him four sons, Ernest, Fred, William and John, and two daughters, Mrs. Lena Gerken and Mrs. Freda Jones.

There are 36 grandchildren, 29 great grandchildren and one great great grandchild.

The funeral service was held in the St. Paul's Evangelical church at Deerfield on July 25, and interment took place in the old cemetery on the Wheeling rock road, with Rev. Dr. J. Lueder officiating.

Mabel Hammer of Chicago spent the week-end with her grandmother, Mrs. O. Anderson.

Miss Mary Barrett of Wilmette is spending a few days of this week as the guest of Miss Sadie Galloway.

Mr. and Mrs. Geo. Schneider and family of Wilmette were the guests of Mrs. Fred Horenberger Sunday.

Miss Barbara Huehl entertained a number of her girl friends at a patriotic party Tuesday afternoon.

Mrs. E. Kuickerbaker spent the latter part of last week at the home of Mrs. Fred Greenslade of Highland Park.

Arrangements have been made to have a dance after the concert Friday evening, August 2.

Mrs. Sarah Adams and grand-daughter Lois, were the guests of Mr. and Mrs. E. Kimbark, of Ravenswood, a few days of last week.

Miss Molly Quinn, of Chicago, spent a few days of last week with her sister, Mrs. P. J. Duffy.

Miss Laura Muhlke of Highland Park is visiting Mrs. R. M. Vant for a few weeks.

Mrs. Ray Gunkel of Chicago was the weekend guest of her mother, Mrs. S. P. Hutchison.

Mr. and Mrs. W. A. Whiting of Irving Park were the guests of Mr. and Mrs. Lincoln Pettis Friday.

Miss Virginia Strayer of Glenview is visiting her aunt, Miss Jennie Vetter.

Clarence Huehl left Monday for Camp Forrest, Lytle, Georgia.

Raymond Goodman has enlisted with the 40th infantry at Fort Sheridan. He left Sunday for overseas duty.

Master Gordon Kress entertained eight little folks at a picnic supper Friday, in honor of his birthday anniversary.

Mr. and Mrs. H. S. Fritsch of Chicago are visiting at the home of Mr. and Mrs. V. H. Muhlke for a few weeks.

The C. M. & St. P. depot at Deerfield which was almost entirely destroyed by fire early last fall, is being replaced by a new structure. The new building will have two separate waiting rooms with all the modern conveniences.

No services will be held at the Presbyterian church during the month of August.

The Dorcas Society will meet in the Community House, Thursday afternoon.

Miss Julia Wheeling of Chicago is visiting at the home of Mrs. Chester Wolff.

Mr. and Mrs. Frank Arnes and family of Chicago were the guests of Mr. and Mrs. Wm. Schinleber Sunday.

The Gloden children entertained twenty friends at a lawn party, Sunday afternoon.

Mr. and Mrs. Paul Hauschild and daughter, Elvera, of Chicago, were the weekend guests of Mr. and Mrs. H. Hauschild.

Mrs. Oscar Beecham entertained a few friends at her home Saturday evening.

Mrs. Eugene Euder entertained a number of little folks at a dinner party on Thursday, in honor of David Schneider of Chicago, who is her guest for a few weeks.

#### FOOD, MONEY, ECONOMY—ALL WILL HELP TO WIN THE WAR. BUT THINKING WILL WIN IT.

The U. S. Senate passed a resolution requesting everyone to say a prayer every day at noon. The thinking prayer may be more effective than just the saying one.

Thinking—Thought influences feeling. Constructive thinking generates compounds of nutritious value. Destructive thoughts generate destructive feelings. Enough poison has been extracted from the perspiration of an intensely angry man to kill a guinea pig.

Breathing—Breathing is such a natural performance and air so free that people seldom appreciate the importance of correct habits of breathing and their relation to health. Breathing deeply of pure air supplies the system with oxygen which burns up bodily impurities.

Drinking—Pure water is the national beverage. Drink two quarts a day. Water is one of the most abundant and another of the least appreciated gifts.

Eating—That food must be pure, wholesome and contain elements of real nourishment is known to all. Eat slowly, masticate thoroughly, allowing the food to remain in the mouth until it is swallowed involuntarily.

Cleansing—Bathing cleanses and stimulates the skin to greater activity, thus aiding the pores in their function of eliminating waste matter. Excretions from perspiration are poisonous and should be removed by bathing.

Exercising—Exercise may be work, play, or special exercise, depending upon the necessity of the case. A man who does hard work will not feel the necessity of doing the same kind of exercise as a man whose position is of a sedentary nature. Use judgment as to what kind of exercise is best suited for your peculiar case, but exercise.

Resting—Sitting or lying down is not necessarily resting. To rest properly you must relax. Direct attention to every part of the body and wherever you find tension, let go. Sleep in a well ventilated room and retire determined to get rest.

The Eyes—The optic nerve is the most sensitive in the human body. Persons using the eyes continuously should glance away from their work and rest the eyes, occasionally. Reading in moving vehicles or in a reclining position is especially straining on this organ. At the first appearance of headache or eyestrain the person should consult an optometrist. Never allow drugs to be used in an eye examination and do not permit anyone to order or supply glasses until he has first looked into the eyes with the proper instruments in order to determine the exact cause of the trouble.

Manson Optical Co. Opticians and Optometrists Highland Park and Chicago 22-adv

#### LAKE CO. NEIGHBORHOOD COMMITTEE

There was a meeting of "The County Neighborhoods Committee" of the "National Council of Defense" held at Waukegan last Saturday. Its purpose was to arouse people to a realization of the fact that the wheat crop is now crying to be harvested, and that the farmers cannot harvest it unaided. Who will volunteer to help? Many high school lads are in need of wholesome occupation this summer, and some young men employed in offices are in need of outdoor work during their vacations, so if some cross cuts in labor could be effected just now, both the individual and his country would be benefited thereby.

In the vicinity of Libertyville some twenty to thirty farmerettes have been observed assisting the farmers. The American girl is quick to recognize and seize the main chance. Miss Edith Bisby and Miss Amanda Griswold have purchased a farm in Coloma, Michigan, where some high school girls have recently been farming.

The wheat crop is now very good, but fast approaches the over-ripe condition so would-be helpers must act promptly.

The Lake county farms are beckoning to you with their smiling grain. If you want to answer the call, promptly send your name to the office of "The Highland Park Press."

America, having long been for the war, is now in it and of it.

Keep the high heart that sustains the boys in the war! And work!

Hunting submarines is good sport, but they are no good when bagged.

They are all singing it now: "I Did Not Raise My Boy to Be a Slicker!"

What the average householder needs is a range fender for his fly swatter.

Cucumbers are still high, but there are other aches within the reach of all.

Americans have become hero worshippers, and the boy in khaki is the hero.

Emperor Wilhelm's war aims seem to consist of a throne apiece for his six sons.

Eventually the allies will break the Germans of the bad habit of trying to get to Paris.

This will be a better world after the superfluous and brainless duplications are cut out.

Remember that a ton of coal now and a ton of coal next winter will look altogether different.

In the matter of traveling over hard roads, the transgressor has nothing on the European central.

Styles for men this year will be very simple—olive drab, old clothes, overalls or horizontal stripes.

When war hits at baseball and baby carriages, Sherman's definition still holds the descriptive record.

That "blue bug" that is boring the spruce trees needed for airplanes is doubtless a Prussian blue bug.

A slacker's idea of paying until it hurts is to come across with 6 cents for the old-time 5-cent smoke.

In aviation circles a king of the air is called an ace perhaps because he plays the deuce with the enemy.

A loafer with money is not earning his victuals. Work or fight is the prescription that will fit his case.

It has been learned, too, that a good lively war garden saves gasoline and is remarkably easy on automobile tires.

The three graces may be represented, respectively, by Liberty Bonds, Thrift Stamps and Red Cross contributions.

Those who worry about the outcome of the war have not the proper faith in the principles of right and justice.

If at any time tempted to get peevish over hot weather think of last winter's coal shortage and subside in perspiration.

Suspenders have doubled in price, says an exchange. Keeping up appearance is getting to be more and more expensive.

It's rather a good sign that the champion riveter gets almost as much attention in the public prints as the leading batsman.

When the elevators are manned by girls they are certain to be congested with useless old men who can't make their eyes behave!

Amateur gardeners have become so numerous that the city resident is assuming as many airs of weather wisdom as a regular farmer.

Experts are teaching war plant builders how to lay more bricks. Now if they would only teach the hen how to lay more than one egg a day.

Austrian rebels wait for chance, says a dispatch. And the Austrian government is watching that they don't get any. More watchful waiting.

After you think over what you intend to give, just stop to consider if you would consider it enough if you were in a trench over in France.

When the history of the war is dispassionately written it will be set down that the Kaiser listened to very bad advice on the spirit of America.

Speaking of the use of substitutes, the high price of nails is proving a hardship on the fellow who always used one or two in place of suspender buttons.

The leather manufacturers are designing an especially stout shoe for army use. Every soldier who wears one hopes to make the Kaiser feel the toe of it.

Italy wants American troops with her own to hearten her men. America is now playing the role of inspiration to the world nations outside Teutonic domination.

One of the sorrows of life in the army and navy is that the boys are missing the home strawberries. But they should cheer up. There are lots of strawberries in France.

Almost any man could mention the noblest living example of citizen, patriot and manhood, if he were not straggled, gagged and choked into silence by his unmanageable modesty.

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### J. B. MORSE Candidate for County Treasurer



To the Voters of Lake County: I hereby announce that I am a candidate for the office of County Treasurer of Lake County subject to the decision of the Republican voters at the primary to be held September 11, 1918 and I respectfully ask for your vote and your earnest support. I believe you are well enough acquainted with me to judge whether I am qualified for the office I seek. If nominated and elected I pledge myself to conduct the affairs of the office in a business like manner so you will not regret your choice. Sincerely yours, Jay B. Morse Libertyville, Ill.

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