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**The Social Side of Life**  
Local Affairs of the week

By the Observer

All work and no play makes Jack a dull boy, or similarly, all food conservation and no parties makes a lady's life awfully monotonous. (To say nothing of ye Observer and the society column). We think patriotism ought to include the giving of parties so that the Society Editor might find something to write about. First it was food conservation, then it was coal, and now its Lent. 'Course we don't mean to be disloyal, but when "they's nothin' doin' nowhere," its hard to be a Society Editor. We'd almost rather be a Sammy. How ever an encouraging bit of news come over the wire the other day: "Mrs. Carr is going to give a party!" Say, you can just bet that it didn't take us long to investigate affairs, and sure enough, Mrs. Carr is giving the nicest sort of a luncheon today, a really truly luncheon party and it's real patriotic too, with George Washington birthday favors, and lovely spring flowers for decorations. Mrs. Carr's guests are all ladies of the Navy Relief Society, 'bout fourteen we think. Can't you just imagine how those fourteen ladies will plan for the comfort of their Jackies. Then after luncheon the guests won't play cards or indulge in any entertainment for themselves, but rather will they dive their delicate hands into their gay colored knitting bags, and draw forth their wool. Then such a gay time will follow. How their needles will click, and nobody knows how many rows of knitting will be finished. So you see how patriotic an affair this luncheon really is.

The Westminster Guild of the Presbyterian church met on Monday afternoon at the home of Mrs. Frederick Watkins.

Miss Mae Siljstrom will be hostess to Just Us Girls club tomorrow evening.

**The Importance of Glasses**  
For Human Efficiency

What glasses mean for human efficiency was most logically proved by the recent exemption of Optometrists from the Monday closing order of U. S. Fuel Commission. This recognized fact of the vital value of glasses to humanity should fully convince everyone to give increased attention to the conservation of their own vision by consulting a reliable practitioner when in doubt about their eyes or their glasses. We are registered optometrists. Where eye examination together with quality glasses insures eye safety and eye comfort to all who need or wear glasses.

May we make your next pair of glasses?

**Wanson Optical Co.**  
Opticians—Optometrists—Oculists  
Central Avenue and Second Street  
Phone Highland Park 186

The Luther League of the Swedish Lutheran Church, Highwood, met Tuesday evening with Miss Esther Swanson of Highwood.

Mrs. M. E. Samsell was hostess to twenty guests at a supper party on Sunday evening.

The Worth White Circle met on Tuesday evening with Mrs. E. M. Umbach.

Mrs. George H. Koon of Park Ave. was hostess last Friday afternoon to the Libertyville sewing club.

Miss Augusta Kreiger whose marriage to Mr. W. Elmer Ekblaw of the University of Illinois is to take place in a short time is in Champaign. The exact date for the wedding has not been set as yet. Miss Kreiger is a former member of the staff at Deerfield Shields. Mr. Ekblaw has recently returned from a four years exploration trip in the Arctic Regions, having been sent as a representative from the University of Illinois. Mr. Ekblaw is well known to Messrs. John and Paul Udell of the Highland Park Press, having attended the same high school in Rantoul, Ill., for a number of years.

Little Judy Morgan was hostess to a number of friends on Sunday to celebrate her birthday. The little guests enjoyed a sleigh ride, as a feature of the party.

Miss Esther Pearson was hostess on Thursday afternoon at a surprise party given for her mother, Mrs. A. Pearson to honor her fifty-ninth birthday. A large number of guests attended.

Mrs. Edward G. Huber is hostess this afternoon to the Euchre Club.

The Rebecca Lodge gave a delightful patriotic party on Monday evening. Decorations were in red, white and blue and tiny hatchet favors were given to each person. Games were the features of the evening. Next month the lodge will celebrate its first anniversary.

The Dorcas Sewing Circle met on Tuesday evening with Mrs. Otto Lawrentz.

Announcement is made of the engagement of Miss Martha Luecke daughter of Dr. and Mrs. M. Luecke of Fort Wayne, Ind., to Rev. W. P. Suhr of this city. Rev. Suhr is pastor of the Zion Lutheran Evangelical church of W. Central Ave.

**LINCOLN SCHOOL**

The seventh and eighth grades of Lincoln School entertained the seventh and eighth grades of Ravinia school at an athletic party on Tuesday evening. All sorts of games and races were enjoyed by the pupils. Refreshments were served.

The school will be closed all day tomorrow, Washington's birthday.

**EBENEZER EVAN. CHURCH**

Sunday services are:  
Orchestra 9:45 a. m.  
Sunday school 10:00 a. m.  
Introducing children's chorus.  
Morning worship 11:00 a. m.  
Come and hear Rev. Kratz of Northwestern University.

**Council of National Defense**  
**WOMAN'S COMMITTEE**

Official News Notes on all War Work

Great things have happened in the Woman's Committee during the last week. It has done its spring house-cleaning early, and put itself on a strictly war basis subdividing its activities under five heads in this wise; all work of the nature of War Relief such as Red Cross, will be under Mrs. Otis Beardsley, whose position as chairman of that organization makes her particularly well fitted for this work; Recreation Work for soldiers naturally falls to Mrs. George Jones as the head of Highland Park's Recreational Center for soldiers; the tremendously important subject of Food Conservation will be under the capable guidance of Mrs. Charles C. Hughes; while Mrs. Roland Hastings will head all work of a Thrift nature, such as selling Liberty Bonds, Thrift Stamps, etc. The Council regrets Mrs. Duffy's inability to fill this position as she was the first person named, but feels itself fortunate in having secured Mrs. Hastings in her place. All literature, which has threatened to "snow under" some of our organization heads of late, will now be turned over to Miss Gladys Spencer, who will see that it is distributed in the most efficient manner possible.

All these arrangements were the result of a meeting of the Woman's Committee, consisting of the chairmen of the various organizations, held in the City Hall last Wednesday, at which Miss Ward, of Evanston, who is actively engaged in the work of the Council, spoke. Miss Ward explained the nature of the Council as, not a new superimposed organization, but a clearing house to promote and strengthen the work of all. She spoke of the great stimulus to war activities the Woman's Registration had proved, and the many opportunities for training that have opened up as a result of the demand shown by it. She said much that was of vital interest to every woman present, and we suspect that you will see bits of her talk appearing in this column as the various aspects of the work are discussed.

For instance in regard to Food Conservation, she told us of the cablegram received by the food administration from England, saying, "If you cannot promise us the wheat we require for the coming year, we cannot predict with any certainty the successful outcome of the war." To which Hoover was only able to respond, "We will send you all the wheat above our normal consumption." This was all he could say because the American woman had not saved enough.

**Daughters of the Flag**

Through the kindness of Mrs. Martin Insull in supplying the girls with 15 lbs. of wool, and Mrs. Robert Forgan, who brought a quantity back with her from the east The Daughters of the Flag are now plentifully supplied. The wool may be obtained at Mrs. Miller's for girls living on the south side of town, and at Mrs. Forgan's for girls on the north side. A special meeting has been called today at the home of Mrs. Thomas Winston, on Sheridan Road.

The Navy Relief, and the Fund for French Wounded both report work progressing nicely. The latter wishes to make a special plea for children's clothing over two years of age. An interesting letter has been received from Dr. Alice Barlow Brown, of Winnetka, who is at present doing dispensary work at Nancy, France.

**Army and Navy Center**

The Army and Navy Center presents the following list of officers:  
President, Mrs. Geo. R. Jones.  
Honorary President, Miss Blanche Mason.  
1st Vice-President, Mrs. R. C. Jacobson.  
Treasurer, Miss Virginia Insull.  
Secretary, Miss Mary Rothschild.  
Chairman of Committees,  
House committee, Mrs. Lloyd Bergson.  
Social Committee, Mrs. Sewell Truax.  
Publicity Committee, Mrs. Holbrook.  
Librarian, Miss McKenzie.  
2nd Vice-President:  
Mrs. A. A. Putnam, Mrs. C. N. Kimball, Mrs. Martin Insull, Mrs. Robert Gregory, Mrs. C. T. Boynton, Mrs. Julius Rosenwald, McGregor Adams, Mrs. F. Wiegand, Mrs. Albert Paul Smith, Mrs. W. A. Alexander, Mrs. Annette R. Jones, Mrs. C. A. Winston.  
The Woman's Club will have charge of the hostessing this week:  
Saturday, Mrs. Philip De Anguera, and Sunday, Mrs. H. P. Payne will head the committee.

**Red Cross Shop**

"Your work is an inspiration" wrote the chairman of the Garment department to our local chapter, and the Editor felt the same when she viewed the neatly folded piles, on the shelf awaiting shipment, yesterday.

We are seriously thinking of getting out a list of Red Cross standards. Here's the latest in surgical dressings to go along with the Pair of Socks a Day and six garments to a worker. Two women were racing in the making of 2x2 sponges, the other day, with luncheon as the prize. The one who won made 118 sponges in an hour. 118, ladies, can you imagine it, or better, still, can you equal it?

As far as we can make out there are two sorts of women, nowadays. Those who are always ready to do more, and take responsibility, and those who spend most of their time dodging their share. On the one hand there's the woman whose only hardship is when she can't get to the Shop, and on the other there's the woman who signed up glibly for Red Cross work when she registered, and hasn't been near the shop since. Six hundred women in Highland Park registered for work in the Red Cross last fall. Should half that number be faithfully fulfilling their promise, the shop would immediately have to look for larger quarters. This may sound hard, but the times are hard, and the need great.

"For us there is no exemption board save the bar of our conscience" said Miss Ward, and she finished with this: "In France the rows of crosses grow day by day. Let us search our hearts to be sure that through no fault of ours those boys should have died in vain."

**COMPANY C**

The officers and non-commissioned officers of our Battalion of Illinois Reserve Militia held their second meeting at the Winnetka Community House, Friday evening, February 15th.

It was a good sight, well worth looking at, to see this body of men in uniform, with a common interest, a common purpose stamped all over them in face, figure and action, and emphasized by the real vigor, energy and enjoyment with which they sounded forth their martial spirit in patriotic song.

Major Hine announced the plans for the Brigade Review by Governor Lowden and other distinguished guests on Washington's Birthday at the Municipal Pier in Chicago, and the maneuvers to be executed on that occasion were explained and charted on the blackboard.

Captain Clark of the Winnetka Company gave an intensely interesting talk on "Essential Elements of Physical Fitness for Men from 20 to 40 years of age," covering the subjects of Food, Liquids, Bathing, Sleeping, Air Exercise and Recreation, Weight, care of the Feet, Clothing and Dangers of Exposure.

The evening's program was concluded with a talk by Captain Turpin, of our Company, on "Military Courtesy," or as he defined it, "Being a gentleman in a soldierly way." Captain Turpin's talk besides being interspersed with wholesome remarks of real human interest, was very instructive and helpful on a puzzling subject, and, if our boys can remember and act on his instruction they will, we are sure, be models of military deportment.

**Y. W. C. A. NEWS**

The Business Girls Club entertained their friends Tuesday evening with a Valentine Party.

The Bluebird Club celebrated St. Valentine's day and the birthday of one of their members, Lillian Tucker on Wednesday evening, by giving a six o'clock dinner. The birthday cake in all its glory being the chief decoration of the table.

Thursday evening the Baracca Class of the Evangelical church entertained the Philathes class in the Association headquarters. Progressive games and an interesting program followed by light refreshments made a very enjoyable evening for all.

Miss Mildred Coale is a new volunteer worker lately added to our force of earnest, conscientious young women who are willing to devote a couple of hours a week to service of this nature. She is substituting for Mrs. C. G. Alexander, during her sojourn in Florida.

This club of Busy Workers, appropriately named, is learning to bake one new war product every Monday afternoon, and the result is most gratifying both to Miss Coale and the class.

A new club was organized Saturday afternoon at four o'clock for which a leader is greatly needed.

This club is composed of fifteen year old girls who hope to do some hand work in connection with the war work already being done by all of the clubs of the association.

Sunday afternoon, Feb. 24, the Yeaper service will be in the hands of the Bluebird club and will be in the nature of a Washington meeting. Special reading and music appropriate for the occasion will be rendered.

**Gentlemen—**  
**Your Health!**

"If I were a tired business man and found myself getting irritated over little things or big, not sleeping very well, and things not tasting like those mother used to make, I would hike to Post's post-haste."  
—Elbert Hubbard

Are you taking proper care of your health and strength? Come in and let us show you what we are doing for business men.

We have a new book we will be proud to send you. Write for it.

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Entire Seventh Floor  
63 East Adams Street—Phones Harrison 3509-3510

**References:**

- |                          |                         |
|--------------------------|-------------------------|
| Captain W. A. Moffett    | Mr. B. B. Johnson       |
| Lieut. John Philip Sousa | Mr. Charles A. Comiskey |
| Dr. P. C. Wolcott        | Mr. F. S. Hayward       |
| Dr. George W. Hall       | Dr. B. F. Lounsbury     |



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is appreciated by every woman. Why not set a day aside when the family will dine at

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Maintained by First Church of Christ, Scientist, of Highland Park  
CHURCH SERVICES: Sunday a. m. at 10:45, Sunday School, immediately following, Wednesday Evening testimonial Service at 8:00.

**Announcement**

Pasteurized Milk is Good Clean Milk heated to approximately 145 degrees Fahrenheit and held at that temperature for 30 minutes, then cooled suddenly. This process in no way destroys the nutritive value of the Milk. It does however, destroy harmful germ life that Milk may contain. We say "May" because there is always a chance that Milk "may" contain harmful bacteria no matter how carefully handled before it reaches us. So to Safeguard you we Perfectly Pasteurize it—then cool it—then automatically bottle and cap it. So it comes to you untouched by human hands.

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