

Health!

and found myself
or big, not sleeping
like these mother
Post's post-bath
—Elbert Hubbard

care of your
home in and let
are doing for

we will be proud
it.

Inc.
red Business Man
Floor
Harrison 3509-3510

B. B. Johnson
Charles A. Comiskey
F. S. Hayward
B. F. Lounsbury

ining Has Arrived"

ce to Eat
AN CAFE
an Road

Excellent Service

Invited
privileges of the
READING ROOM
venue

6 p. m.
Sunday

Scientist of Highland Park
Sunday School immediately
monial Service at 8:00.

ement

n Milk heated to ap-
prehend and held at
tes, then cooled sud-

s the nutritive value
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in.

is always a chance
ful bacteria no mat-
fore it reaches us.
ectly Pasteurize it—
lly bottle and cap it.
y human hands.

ARK, 9.
Lake Forest 738

y Company
Avenue

Residence
Telephone
490

tric Company
NTRACTORS

NDING

DR. WATSON
DENTIST
45 St. Johns Ave. Highland Park
Telephone 374

C. A. Ritter H. C. Ritter
Ritter's Express
Baggage, Express, Moving
Wholesale Potatoes
Telephone 936 Alton Shop 37 St. Johns Ave.
HIGHLAND PARK, ILLINOIS

Dr. R. A. Hamilton Dr. Earl D. Fritsch
DENTISTS
Suite four
Highland Park Trust & Savings Bank Bldg.
Telephone 678 HIGHLAND PARK, ILL.

Telephone 909
JAP STEFFEN
Fresh Butter, Eggs
and Poultry
331 McDaniels Avenue
HIGHLAND PARK, ILL.

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Makers of
FINE PAINTINGS, MIRRORS AND
PHOTO FRAMES, BOOK BLOCKS,
SCONCES, CORNICES, LAMPS AND
CURTAIN HOLDERS, REGULDING
STOCK PATTERNS, PERIOD WORK,
RESTORING SPECIAL DESIGNS.

ORCHESTRA HALL
BURTON
HOLMES

3 COURSES—EXACTLY ALIKE
Course A—5 Wed. Evgs. com. Feb. 13
Course B—5 Fri. Evgs. com. Feb. 15
Course C—5 Sat. Mats. com. Feb. 16

AUSTRALIA—Feb. 13, 15, 16
NEW ZEALAND—Feb. 20, 22, 23
South Sea Islands—Feb. 27, Mch. 1-2
JAPAN—1917—March 6, 8, and 9
ALASKA Today—March 13, 15, 16

Sale COURSE TICKETS Mon. Feb. 4
\$4, \$3, \$2.50. Mail Orders Now
Single Sale \$1.00, 75c & 50c Mon. Feb. 4

Winter will pass and spring
will come and multifarious
things to be done present
themselves—house-cleaning
among others. 'Tis usually
a time of confusion. Now
if your home equipment in-
cludes a

**Vacuum
Cleaner**

No one season need be set
apart, for then every day's
house-cleaning day. The
operation involved is
stripped of most of its
drudgery—real sanitary
cleaning is possible.

We sell
Vacuum Cleaners
on easy payments.

Public Service Co.
of Northern Illinois

The investigating committee seems
to think that Secretary Baker was
rather "stretching the blanket" when
he testified that the troops are pro-
vided with warm clothing.

TRINITY CHURCH
Services for Quinquagesima Sun-
day are:
7:30 a. m. Holy Communion.
9:30 a. m. Trinity Church School.
11:00 a. m. Matins and sermon.
5:00 p. m. Evensong

Wednesday:
9:30 a. m. The Litany.

Thursday:
9:30 a. m. Holy Communion.
Services for Lent, 1918:
Ash Wednesday, February 13
Holy Communion 7:30 a. m.
Matins and Penitential
Service 9:30 a. m.
Children's Service 5:00 p. m.
Evensong 8:00 p. m.

Sundays
Holy Communion 7:30 p. m.
Church School 9:30 a. m.
Third Sunday in Month.
Children's Eucharist
Matins and Litany 11:00 a. m.
First Sunday in Month, Holy
Communion
Evensong 5:00 p. m.

Week-Days in Lent
Holy Communion, Thurs-
days 9:30 a. m.
Litany, Wednesdays and
Fridays 9:30 a. m.
Evensong, daily except
Wednesday 5:00 p. m.
Children's Service, Thurs-
days 5:00 p. m.
Evensong, Wednesday 8:00 p. m.

Holy Week
(In addition to other services)
Holy Communion, Monday.
Tuesday and Wednesday 9:30 a. m.
Good Friday, March 29
Matins and Litany 9:30 a. m.
The Three Hours 12 to 3 p. m.
Evensong and preparation
for Easter Communion 8:00 p. m.
Easter Even
Holy Baptism 5:00 p. m.
Lent is early this year. Ash Wed-
nesday falls on February 13 and East-
er on March 31. There will be no
change in the hours of the Lenten
services as we have been accustomed
to them for several years past. At
the Wednesday evening services there
will be visiting preachers chiefly
from among the clergy of the North
Shore parishes. The schedule of ser-
vices is printed below. We ask each
member of our congregation defini-
tely to determine to attend certain
services each week and to try to be
regular in attendance. In particular
we ask that each communicant attend
at least one celebration of the Holy
Communion each week. The annual
visitation of the Bishop for confirma-
tion will be on Sunday, May 12, the
Sunday after Ascension Day.

FIRST UNITED EVAN.
Corner of Green Bay Road and
Laurel Avenue. C. G. Unangst, Pastor.
Last Sunday things seemed to have
settled back to the old routine again.
The pastor had returned to take
charge of the services, the congrega-
tions were comparatively large and
every one enjoyed the report given
in the morning together with the ex-
ceedingly helpful sermon of the eve-
ning.
A representative of the Anti-Sal-
oon League will address the congrega-
tion next Sunday morning at 10:45
o'clock.
Rev. Unangst will preach on "Cer-
tainities and Uncertainties" at 7:30
in the evening.
The Sunday School meets at 9:30
a. m. The lesson for the coming Sun-
day will be "Jesus Chooses the
Twelve" found in Mark 3:7-35.
The young people's K. L. C. E.
meeting will be in charge of Pris-
cilla Noerenberg. The topic to be
considered is "What My Church
Stands For." The time is 6:30 p. m.
The mid-week prayer meetings are
being held as usual in the church,
Wednesday evenings at 7:45.

**HIGHLAND PARK
M. E. CHURCH**
Services are held in this church
as follows: Sunday, Sunday school at
9:45; Epworth League at 6:45 and
evening worship at 7:45; Wednesday
evening prayer service at 7:45; Choir
rehearsal at 8:45; S. M. B. club every
Tuesday evening. Boy scouts meet
from 6:30 to 9:00 p. m. Thursdays.
Open house Saturday evening for all
young people to which the Fort
Sheridan boys are most cordially in-
vited. Friday evenings, cantata re-
hearsal.
The Ladies Auxiliary is meeting
regularly on Wednesdays and Satur-
days preparing for an entertainment
at Fort Sheridan to be given in the
near future.
The evangelistic meetings are be-
ing held this week. Rev. D. Wendell
Brown has charge of the evenings
during this week. The hour is seven
thirty. All church activities will
be continued during the period of these
meetings, with different time ar-
rangements. The services will be
held next week also.
The Boy Scouts are asked to meet
at 6:30 promptly so that the meet-
ing will be over by 7:30.

HIGH SCHOOL NOTES
By the Students

The meeting of the P. T. A. held
in the English Club Room Monday
afternoon was in charge of those
members of the faculty who teach the
vocational branches. The program
was as follows:
Mechanical Drawing, Mr. Pertz.
Shop Work Mr. Schneider.
What the Domestic Science Dept.
is doing to teach Conservation,
Miss Tucker.
Red Cross Work done by the Sew-
ing classes, Miss Heester.
Preparation for Secretarial Work,
Miss Munson.
Outline of our Commercial Branch-
es, Miss Bisbee.
Another number of the program
which everyone enjoyed consisted of
a number of selections played by
the Mandolin Club.
The basketball game which was to
have been played with Thornton
last week was cancelled. On Wed-
nesday afternoon of this week the
heavyweights played the Proviso
team; the lightweights met a Liberty-
ville team and the Sophomore girls
played their first game with the Jun-
iors.
Friends of the High School are in-
vited to attend a dance which is to
be given by the Cadet Corps in the
boys' gymnasium on Saturday night,
February ninth. The boys are charg-
ing only twenty-five cents admission
with the hope that many of their
friends will be present.
Mr. Sandwick has posted on the
bulletin board in the main hall an in-
teresting letter from Joe Linden-
meyer, a former Deerfield-Shields boy
who is now with the Signal Corps
in Fort Leavenworth, Kansas.
"Heatless Monday" brought back to
us a number of our former students
who were having a holiday. We are
glad to know they still care enough
for us to be willing to come back
for a visit.
Last Saturday two members of the
faculty, Miss Bisbee and Miss Mun-
son ventured out to the Sand Dunes
near Tremont, Indiana, where they
spent the day walking over and fall-
ing into great fields of snow. They
recommend the trip as being decid-
edly worth while to those who like to
battle with the elements.
Saturday night Miss Tucker enter-
tained at her home in Oak Park, a
number of her friends in honor of
Miss Krieger, our former German
teacher who is soon to be married.

**PARENTS AND TEACHERS
ASSOCIATION**
On Friday, February 8th at 8
o'clock William L. Tomlins of Chi-
cago, will speak to the Parent-Teach-
ers Association at the Ravinia Vil-
lage House. This is the regular
February meeting of the Association,
District 108.
Professor Tomlins, who is 74 years
of age, has been called the dean of
Choral Singing Masters in America
and it is he who claims that song
will develop U. S. vitality and Amer-
ican endurance.
With the assistance of a group of
children from the school he will
demonstrate to the parents and
teachers present the application of
his methods. It is hoped that a
large number of people will take ad-
vantage of this opportunity to again
hear and meet Professor Tomlins.

**FIRST CHURCH OF
CHRIST, SCIENTIST**
Hazel Ave., near St. John's Ave.
Subject for next Sunday's Lesson
Sermon is "Spirit".
Services are held in this church
every Sunday morning at 10:45.
Sunday School meets immediately af-
ter the morning service, and is open
to pupils up to the age of 20 years.
The Wednesday evening meeting,
which includes testimonies of Chris-
tian Science healing is at 8 o'clock.
You are cordially invited to make
use of the reading room at 387 Cen-
tral avenue, which is open every
week day, from nine o'clock in the
morning to 6 o'clock in the evening.

CAMP GRANT NEWS
Ten men of Company D, 242nd In-
fantry, under the command of Capt.
Chas. G. Denison, have received no-
tices of their transfers to other or-
ganizations. Among those who were
notified of their transfers are Corporal
Lloyd L. McCaffrey of this city, to
the 11th Ordnance Depot Company,
Private Giovanni Nizzi of High-
land Park, has succeeded Cook Jim-
my Thompson of Fox Lake, Ill., as
proprietor of the company pool room,
the later having been transferred to
the 13th engineers.
Priv. John "Septy" Edgar, of Ec-
clett, Ill., who has been confined to
the Base Hospital with the measles
has returned to the company after a
seven day furlough to his home.

If the federal conservators could
only hold over some of this chilliness
for distribution next summer.

**Special
Announcement**

FOLLOWING conservation plans,
our Government has expressly
requested that, beginning
Monday Next, Feb. 11th,
all orders of Groceries from our store
be sent via Merchants' Delivery. We
beg to announce that wagons will
leave the Assembly Stations twice
daily, at 10:00 a. m. and at 2:45 p. m.
In order to get goods on these deliv-
eries it is necessary that we have your
needs at least one-half hour before,
but may we especially ask your co-
operation in this, inasmuch as you can
do your share and help, by giving us
your list as long before as is possible.

Yours in patriotism,
Geo. F. Bock

**THE CONVENIENT
NORTH SHORE LINE**

The all-steel Limited 8:40 a. m. North
Shore train affords Highland Park resi-
dents the most convenient morning train
to
MILWAUKEE

It takes you to the heart of the city,
arriving at 10:15 a. m. No taxi or street
cars necessary. Fare \$1.30 including
war tax.

Limited service hourly to Milwaukee
from 7:40 a. m. to 10:40 p. m.

Running time one hour thirty-five
minutes

Parlor cars 9:40 a. m. and 2:40 p. m.
Dining cars 12:40 p. m. and 5:40 p. m.

