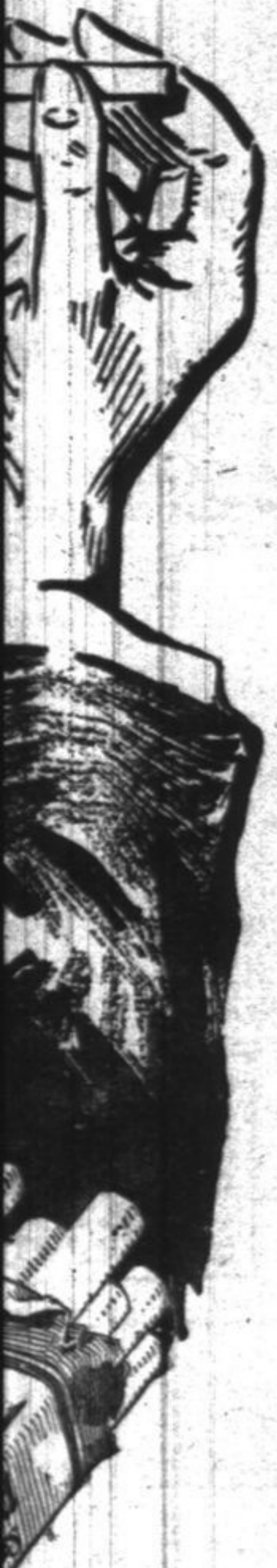


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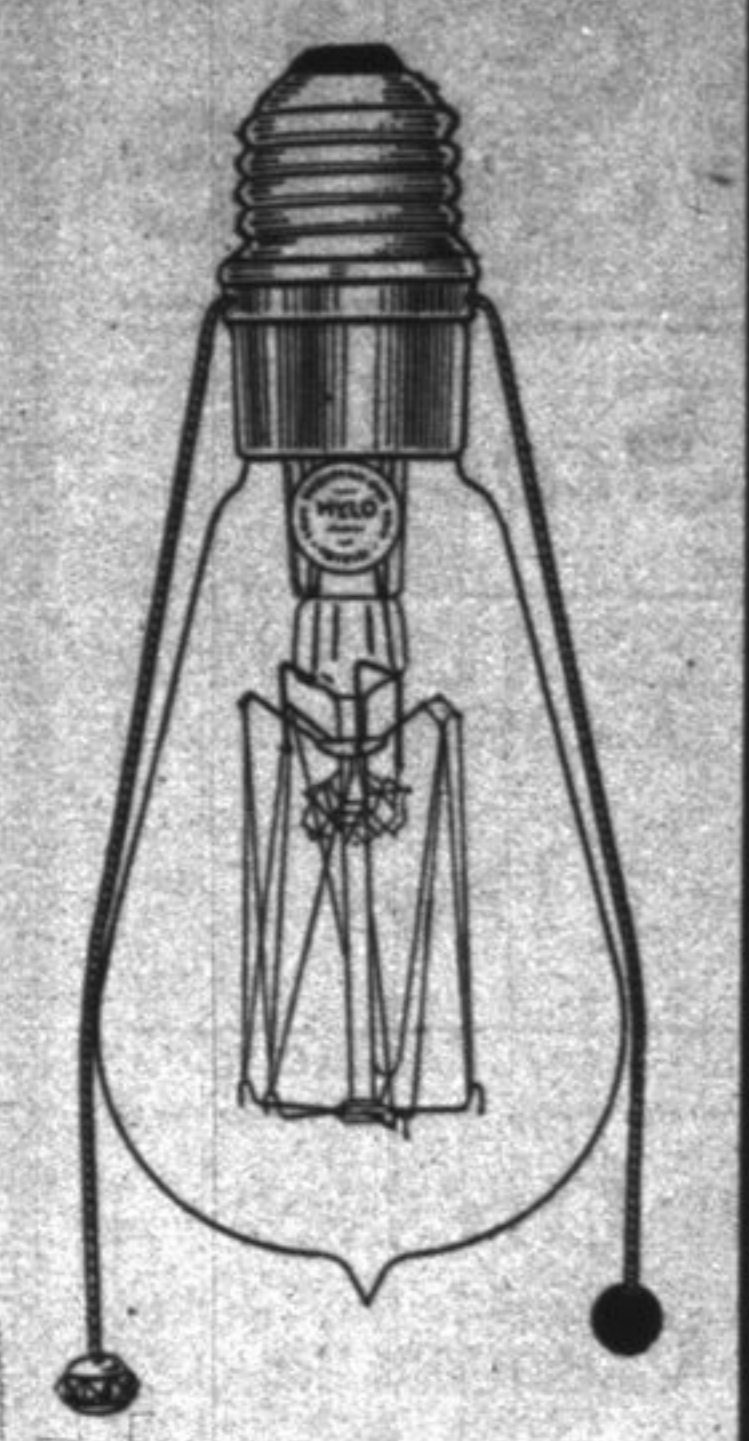
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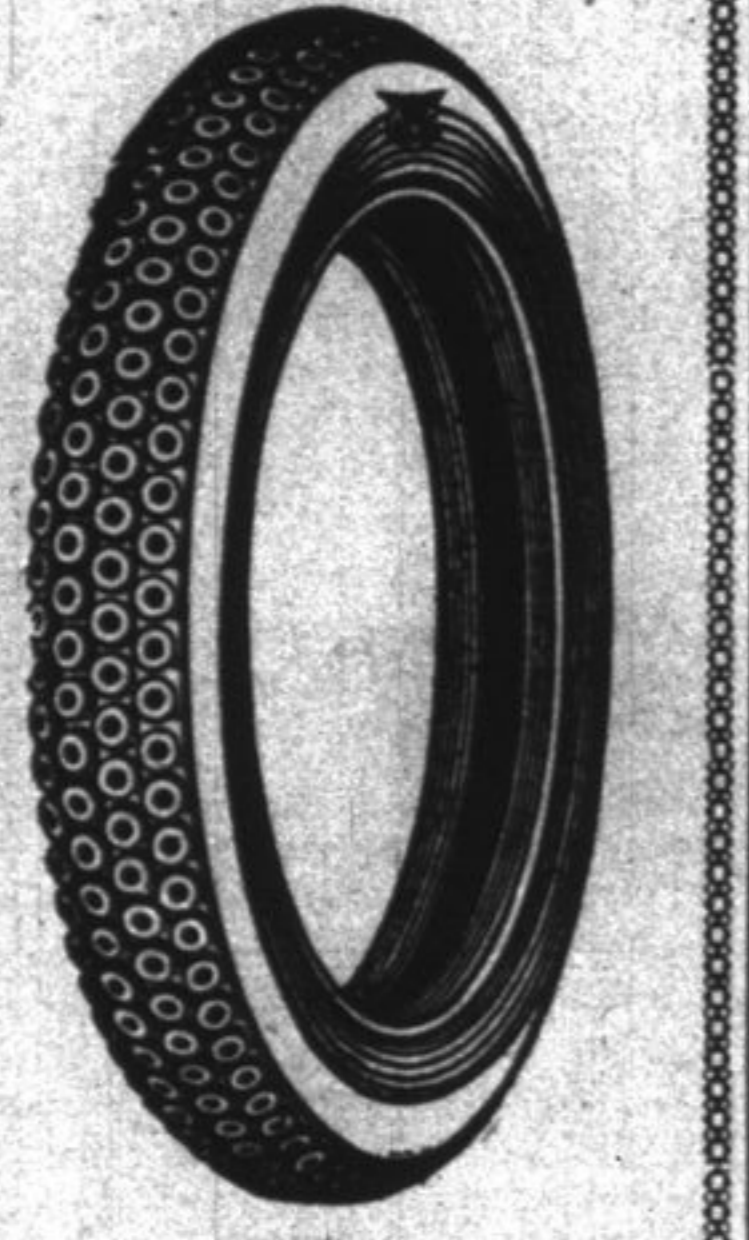


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**HYLO**  
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A full power lamp that, by means of a simple device in the socket, controlled by chains, is convertible into a mere glimmer—the sort of light needed for all night in the bathroom, or hall,—the kind of lamp for closets and odd corners in the house.

One of the most marked of the many conveniences possible in the Wired House  
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**Council of National Defense  
WOMAN'S COMMITTEE**  
Official News Notes on all War Work

**American Fund for French Wounded**  
In an old box, tucked away in an obscure drawer somewhere, almost every woman cherishes a varied assortment of aged, crippled and worn kid gloves. Ladies, the day of those gloves is at hand. The American Fund for French Wounded wants them to cut up and make into vests for the soldiers. The Fund would appreciate having cleaned gloves, but if you don't wish to go to that trouble, bring them anyhow, to the Parish House of the Episcopal Church or phone Mrs. Everett Millard who will arrange to have them called for.  
Also the Fund is in need of soft stuff (cotton, wool, feathers, etc.) to be used for filling comfort pillows.  
Also the Fund would like more bright cretonnes.

**Young Women's Christian Association**  
The Y. W. C. A. has a new activity—and it is a brilliant one. As everyone knows, there haven't been enough rooms in town to accommodate the soldiers' relatives suddenly projected into our midst so that housing of the strangers in Highland Park has become, abruptly, a very serious problem. It can't be solved in a moment. But, by way of helping, the Y. W. C. A., with the cooperation of the Army and Navy Center, is about to take over the Charles Warren residence on West Central Avenue, equip it with an extra supply of comfortable beds and open it at the earliest possible moment as a rooming house for wives, mothers, sisters and other female relatives of men at the Fort. Prices will be reasonable. The Y. W. C. A. hopes to clear expenses and make as much of a profit as is compatible with the Christian Spirit on one hand and Good Business on the other. Mr. Warren, in the cause of patriotism, is turning over his house at trifling rental while Mrs. J. McGregor Adams, also in the cause of patriotism, has paid that rent for six months in advance. Mrs. C. T. Boynton and Mrs. Robert Gregory are donating a generous sum of money for the purchase of linens and all the ladies of the Y. W. C. A. and the Army and Navy Center will now turn cheerfully to work and hurry the new institution into order for the reception of its occupants. Eight bed-rooms and a large reception room are the capacity accommodations available and the Y. W. C. A. hopes to be able to move its restaurant department to the new house. So Highland Park has a new commodity. Things like this happen over night now-a-days, when everyone is interested and everyone helps.

**Red Cross Shop**  
The committee has found it advisable not to have children under sixteen working in the shop.

The following letter was received by Miss Margarette Brown from Mrs. John Glass, this week:—  
My Dear Miss Brown:—

In behalf of the surgical dressings committee I beg to thank you for the splendid co-operation given us when we had our rush order from the navy. It is a source of great satisfaction to feel that this organization has reached such a state of perfection that we were able to take care of this emergency call in such a short space of time. Again thanking you, I am  
Yours very sincerely,  
Edith L. Glass,  
Chairman Surgical Dressings Committee, Chicago Chapter, Hospital Committee, American Red Cross.

This letter refers to the 602 surgical dressings prepared and sent at three days notice from the Highland Park Red Cross Shop.  
One day this week the Shop was visited by a throng of very small children headed by Miss Annie Cobb and bearing gifts—to the extent of \$6.33 cents—which were presented with suitable solemnities to the lady in charge, little Miss Katherine Roberts acting, with much grace and dignity, as official donor. It seems that Miss Cobb's kindergarten, having labored to some effect during the winter at the manufacture of bright boxes and other pleasing and valuable articles, decided this spring to have a bazaar, parents alone being invited and a uniform charge of one cent per article being made for all purchases. Whether 633 articles actually were sold or whether some parents were so unfair as to drop more than the required sum into the box, history does not deign to divulge, but the fact remains that \$6.33 were the proceeds of that kindergarten bazaar and \$6.33 has now been added to the cause of humanity and brotherly love, through the work of the hands of Miss Cobb's kindergarten class.

**Army and Navy Center**  
The open air military vespers that take place on Sunday evenings in the water front park, under the auspices

of the center, are largely attended. Last Sunday, nothing dampened in ardor by the inopportune descent of rain from the skies above, the congregation, the speakers, the band and the organ arose and moved across the street and into the Highland Park Club, where the services were finished with unabated enthusiasm.  
We still need funds. Please address contributions to Mrs. George R. Jones.

The Center is going to need a new care-taker within the next month as, on September 15th, our Mr. Williams leaves us to go back to the university. The care-taker for the center must be a young man of some experience in social work, with an aptitude for making friends among strange men and some idea of how to start evening songs and other pleasant amusements among the lonely men who come into the center. He must be high class enough so that he will not object to picking up papers, putting the furniture in order and doing a little sweeping-up and he must be willing to spend his late afternoons and evenings in the center. We will pay such a man a salary which, while it may not be magnificent, is more than enough to live comfortably upon.

**RED CROSS**  
Miss Florence M. Marshall, director of the newly created Woman's Bureau at Red Cross headquarters in Washington, arrived in Chicago last Friday for the purpose of inspecting the various activities of Red Cross women workers in this city. Miss Marshall has been especially concerned since her appointment, with the question of standardization of supplies that are being turned out by Red Cross volunteers.

Before accepting her post at the head of this huge body, which may be said to comprise the backbone of the Red Cross, Miss Marshall was superintendent of the Girls' Trade School in New York. The practical experience which she acquired while guiding the fingers of these skilled workers will undoubtedly prove of great benefit when applied in the Red Cross field.

It is a part of her plan to issue in the near future a series of authorized leaflets which will deal in detail with each kind of article produced, giving definite instructions in regard to cutting, sewing or knitting, as the case may be. Exact dimensions of all articles will be included, as well as information on the subject of uniform character and obtainable from concerns that handle patterns for women's garments regularly. These patterns have been evolved according to directions laid down by eminent army surgeons, nurses and others who have had experience in war zone hospitals.

Uniformity in the matter of supplies will be the aim of Miss Marshall and her co-workers, as well as an increased output. However, it is not planned to discourage the sending abroad of those garments which have already been finished, even though the same do not quite come up to grade. So desperate is the need in Europe for everything that comes under the head of surgical supplies, as well as articles and clothing for civilian relief, that nothing of any worth will be rejected.

When Miss Marshall first assumed charge of the Woman's Bureau about two weeks ago, she was confronted with a cablegram from Major Murphy of the Red Cross Commission in France, asking for 1,000,000 sweaters, 1,000,000 scarfs, 1,000,000 pairs of socks and 1,000,000 pairs of wristlets all to be hand-knit, and ready for the use of our soldiers September 1.

One of Miss Marshall's first executive acts in office was the establishment of closer means of communication between the field abroad and the office at Washington, in order that the latter might know more definitely the needs of the former. Two capable women observers were appointed, whose duties will be to keep the bureau informed in detail of articles most needed, how they should be made, quantities to be shipped, etc. These women sailed last Saturday for France, to be gone until October or longer. Information sent by them to headquarters in Washington will be forwarded without loss of time to the various chapters scattered over the country.

One thousand new workers have been taken into Miss Marshall's department, which is expected to facilitate the handling of all matters that may come to the Bureau for adjustment. These are specialists in the different fields, ready to give skilled attention to every detail that may arise.

The department of surgical dressings is no longer in charge of the nursing service of the Red Cross, but constitutes a separate body, controlled by the new bureau.

The first circular issued will deal with the following knitted articles:  
Mufflers two yards long and 12 inches wide.  
Steepleless sweaters.  
Bed socks.  
Thumbless mittens.

**FOR VACATION OUTINGS  
USE THE ELECTRIC**

**P**RETTY Diamond Lake near Area is only one of scores of delightful nearby vacation places on the Electric Line. Take the Libertyville division train at Lake Bluff Junction.

Good fishing abounds in the Illinois lake region around Area. Ample and adequate accommodations, whether you wish to stay a day or a month, are available.

North of you, there's the wonderful Wisconsin lake country—reached by North Shore Electric trains to 2nd and Grand, Milwaukee, where you can make convenient connections with T. M. E. R. & L. line trains to Waukesha Beach, Peewaukee, Delafield, Oconomowoc, and other Summer places.

Ludington, Manistee, Frankfort and other Michigan points are reached via the Electric line to Milwaukee and Pere Marquette steamers to your destination.  
You can buy your through ticket from your local North Shore Electric ticket agent and save time and money.



The Electric is the quick, clean, scenic route between Milwaukee and Chicago. All-steel, hourly limited trains. Low rates of fare. Courteous, satisfying service. Dining cars and buffet parlor cars.

**THE QUICK WAY TO FORT SHERIDAN AND UNITED STATES NAVAL TRAINING STATION**

Public sham battle drills at Naval Station Wednesdays 3 P. M.  
**CHICAGO NORTH SHORE AND MILWAUKEE R. R.**  
GENERAL OFFICES: HIGHWOOD, ILL. PHONE HIGHLAND PARK 87  
Chicago City Ticket Office: 137 S. Clark Street Phone Central 8280

Hot water bottle covers.  
Regulation socks.  
Helmets.  
Wash cloths.  
Surgical sponges need no longer be knitted, as they have been taken off the list. Machinery devices of a late improved pattern will be used for cutting gauze, and much time saved thereby.  
The supply of khaki colored wool is nearly exhausted and it is not expected that this color can be obtained at all in future, on account of the scarcity of that particular dye. Oxford gray, four-ply mixed yarns will be substituted. Use khaki for army until supply is gone.  
A striking tribute to the work of the Surgical Dressings Committee of the Chicago Chapter was paid by Miss Marshall, who stated that the dressings made here are the best turned out anywhere in the country.

- ADVERTISED LETTERS**
- Belden Henry Mrs.
  - Bixby Hettie Mrs.
  - Denisen Mr.
  - Denville Florence Miss
  - Dougherty T. B.
  - Engels G. A.
  - Foster T. Mrs.
  - Goodman G. Mr.
  - Hill Helen Dorothy Miss.
  - Henus George Mr.
  - Hardin M. D. Mrs.
  - Johnson A. L.
  - Kelly W. G.
  - Leonard J. S. Mr.
  - Lehnearm Anthony Dr.
  - Lindgren Ben
  - Mines Elizabeth Miss
  - McLaughlin A. B. Mrs.
  - Meas Jen
  - Ori Pete
  - Piebles Isaac Mr.
  - Rosenbaum E. G. Mrs.
  - Rudolph Mrs.
  - Sanderson Geo. A. Mrs.
  - Smith Ray J.
  - Sykes J. W. Mrs.
  - Shrm Frank
  - Spangler Agnes Miss
  - Sellery H. A.
  - Sanderson G. A. Mrs.
  - Schroeder Theo Mrs.
  - Thorsell Christina
  - Therbrook Wm. Edw. Mr.
  - Walker Wirt D. Mr.
  - Walker James R. Mrs.

Walker Arthur M. Mr.  
Wynn Jane Miss  
Wilson Genevieve Miss  
Walters John  
Willitt Mark Mrs.  
Advertised August 14, 1917.

**HOW TO CAN STRING BEANS**  
String beans for canning should be small, tender, fresh, and well sorted. When the beans within the pod have grown to any size, canning is more difficult and the product of poorer quality from a commercial standpoint. String the beans and cut them into 2-inch lengths; cutting diagonally or "on the bias" gives a prettier product. In glass they may be canned whole, packed log-cabin fashion in square jars. Blanch in boiling water for three to eight minutes or until the pod will bend without breaking, and plunge into cold water for an instant. Drain well, pack quickly, and cover with brine made by adding 2½ ounces of salt to a gallon of water. Put the rubber in place and adjust the cap loosely. When the beans are young and tender allow packed quart containers to remain in water bath at boiling temperature two hours continuously, or, if more mature beans are packed, an hour on each of three successive days. Immediately after sterilizing the filled jar tighten the cap securely and allow jars to cool away from any draft store in a cool, dry, dark place.

**WASTE NOT, WANT NOT**  
Those who heeded the advice of the United States Department of Agriculture to plant gardens this year are now wondering how best to preserve their surplus fruits and vegetables. The specialists of the department, who have tried out various methods for canning, preserving, drying, pickling, and making jam, have recently issued bulletins showing how this work may be done successfully. Anyone can have these publications for the asking, so ignorance of the proper procedure will not serve as a legitimate excuse for allowing any garden produce to spoil this year. The bulletin on canning also gives tried and tested recipes for making jams, fruit butters, marmalades, preserves, and jellies.

**Our Business in China.**  
You ought to see the American business representative in China. It would do your heart good. They are the younger set, clean cut, strong, alert, efficient. The first thing they do when they land in the heart of China is to run up the Stars and Stripes, and then they go out and find a buyer for their goods.  
But the flag first, with them. The United States must get behind those missionaries of its commercial life, as it gets behind its religious missionaries. —Victor Murdock in Kansas City Star.

**Shark Skin Leather.**  
The use of shark skins for leather is becoming a large industry, and many fishing sloops are now engaged in the business of catching sharks. This work is common in both the Atlantic and the Pacific. The shark has never been considered as anything more than an enemy of man, but the leather industries of the country are finding a good use for it.

**Disease.**  
Diseases are not isolated afflictions of the single organs or groups of organs in which they manifest themselves—mumps, of the salivary glands; typhoid, of the bowels; consumption, of the lungs; nephritis, of the kidneys; eczema, of the skin, and so on—but are a failure of the body as a whole to carry on its functions, and the particular organs in which the symptoms appear are merely groups of cells that for specific reasons show the defect.  
In the New York Medical Journal Dr. Smith Ely Jelliffe, the famous specialist in nervous and mental diseases, says this conception of disease is as old as Hippocrates, but is too frequently overlooked in an era of absorbing specialist investigation.

**Hay in Church.**  
A curious custom has been observed from time immemorial at Old Weston, Huntingdonshire, in England. The church there is dedicated to St. Swithin, and on the Sunday most nearly approaching St. Swithin's day the edifice is strewn with new mown hay.  
The tradition is that an old lady bequeathed a field for charitable purposes on condition that the tenant provided the hay to lessen the annoyance caused by the squeaking of the new shoes worn by the villagers on Feast Sunday. There are other explanations—one that it is an offering of the first fruits of the hay harvest, and another that it is a survival of the custom of strewing the church (when the floor was only beaten earth) with rushes.