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The Social Side of Life
 Local Affairs of the week

By the Observer

An interesting meeting of the Alpha Chapter of the Westminster Guild took place Tuesday afternoon at the home of Mrs. Carl H. Booth of E. Park Ave. Mrs. R. Calvin Dobson led the devotionals and Mrs. Roberts led the study, in which every one joined in discussion. Mrs. Carleton Vail accompanying herself on the piano sang very delightful selections. Refreshments were served. The next meeting on Tuesday, the first of February will be held at Mrs. A. L. Mills' home on N. St. Johns Place.

Mrs. Maud Shannon of E. Park Ave. entertained the Embroidery Club yesterday afternoon.

Nine tables of bridge were the attraction at the Highland Park Club on Tuesday evening. The affair was very successful and every one had a splendid time.

The Winter Carnival which was postponed last week will be held Saturday evening at Exmoor. All members of the Club are very enthusiastic over the idea and if the weather man's cooperation can be secured the enthusiasm will not wane. After dinner which will be cooked out of doors, with the following men acting as chefs, Messrs. J. L. Martin, W. R. Tapper, Tom Wyles and G. Peck, winter sports, coasting and skating will entertain the guests. The Great Lakes Naval Training Band will furnish music for dancing later in the evening. Those who are to attend the Carnival should be prepared in every way to have the "time of their lives".

Among those entertaining at dinner parties before the dance at the Highland Park Club on Saturday were, Mesdames Frank Gardner, Anson Morgan and A. Van Schaick.

Mr. Foster and Mrs. Shelton of the Opera Dance Club of Chicago held their weekly dancing class in the Elm Place School, Monday evening. This class is becoming very popular, and it is decided to hold them every week at different places.

Mrs. Nathalie Van Riper of E. Park Ave. announces the engagement of her daughter, Ethel Margot, to Ralph Burton Britton, son of Mr. Charles E. Britton of Gananoque, Ontario, Canada.

A very unique and entertaining afternoon was spent at the Charles Buckley home on Sunday when one hundred guests enjoyed a program of colored folk songs given by Miss Marion Kerby of Chicago. Mrs. Annette Jones at the piano and Mr. George Jones at the violin accompanied Miss Kerby in her remarkable interpretations of the folk lore of the southern people. Those assisting were, Mesdames Earl Spencer, J. F. L. Curtis, John Tuttle Ward Willis, Samuel Hastings, H. H. Doty, W. H. Baldwin, and Richmond Dean.

Mrs. Edward H. Raymond of Moraine Rd. was hostess on Tuesday afternoon at nine tables of bridge.

One of the most interesting D. A. R. meetings of the year took place on Monday afternoon at the home of Mrs. Henry W. Boyd of E. Laurel Ave. The paper of the day was on "Girls Occupations and Jack Knife Industries of the Colonial Times", by Mrs. E. R. Phelps. The paper was well given and was of great interest. Besides the reading Mrs. Phelps exhibited wearing apparel and other articles of the colonial period, these created a great deal of interest and were certainly a marvel to the housewife of today. Miss Bertha Harbaugh played "Brachm's Inteamazo in A Minor and as an encore "If I were a Bird", which were both very beautiful and given in Miss Harbaugh's usual pretty way. After adjournment the hostess served coffee to the chapter.

Miss Mary O'Donnell entertained the Enclave Club at her home on Central Ave. Monday evening.

A number of young people from here attended the Masquerade party held at the Great Lakes Naval Training Station Saturday evening. A number of dinner-parties preceded the affair.

Miss Priscilla Carver has started a series of musical lectures to be held every Wednesday morning at eleven o'clock at Mrs. Sison Thompson's home "Seven Cedars", Lake Forest. These musical lectures, five in number, will be illustrated by Miss Carver and others. The first was given yesterday morning.

Mrs. S. A. St. Peter of Onwentsia Ave. will entertain the North End Embroidery Club at her home this afternoon.

Highland Park Woman's Club

The next meeting of the Club will be held at Trinity Parish House Monday evening, January 24th at 8:15 o'clock. A detailed account of the program is given on the first page of this issue of the PRESS.

The program for Tuesday afternoon February 8th is to be as follows: Papers, "Wit and Humor in the Literature of Today", Mrs. Daniel M. Cobb. Readings from the Humorists, Mrs. F. B. Green. Piano selection, Mrs. Elizabeth McCrystal Heath.

At the last meeting Mrs. John D. McDougall, who had charge of the Red Cross Christmas Seals reported the sale of 10,400 seals.

Parents and Teachers' Association

A most interesting meeting of the Elm Place Parent-Teacher Association was held at the school on Wednesday afternoon of last week. Mrs. Earl W. Spencer who was in charge of the meeting spoke on the teaching of foreign languages in the grades. Mrs. Spencer set forth some very good reasons why the teaching of the foreign languages was of benefit to the grade pupil. Among her arguments was the reason that the child mind is more receptive at that time and that the reasoning power is not so fully developed at this age than at a more advanced age. Miss Buck, the German and French teacher at the Lincoln School, and Mrs. H. B. Roberts both spoke interestingly on the subject. Miss Koenig, who instructs German at Elm Place had one of her classes to demonstrate what can be done with German in a few months time. The pupils did exceptionally good work. Miss Krieger, Miss F. L. Stuart of the high school, and Miss Jesse Smith all spoke of experience with the foreign language, the high school teachers speaking of the advantage of having pupils prepared in the foreign languages before coming into the high school. Miss Krieger is in favor of only competent teachers in these lines. Mrs. Knox also spoke. In spite of other meetings on the same afternoon there was a large attendance. Refreshments were served.

The Parents and Teachers' Association of the High School held an interesting meeting at the high school on Wednesday afternoon of last week. A large audience was pleased to hear Miss Eaton's very interesting talk on "Motion Pictures". She said that formerly the motion picture man in making up his program took all combinations of pictures, because he could not choose, now things are different and the man may choose his variety of combinations. She spoke of the difficulty of procuring suitable pictures for children. "There is however such a great demand for these pictures for children that managers all over are making a greater effort than ever to meet the demand. A social hour followed.

Card of Thanks
 We wish to thank the Spanish War Veterans, Camp McGrath No. 51, the Auxiliary War Veterans, Camp No. 24, the K. T. order and our many friends for their kindnesses and floral offerings in our late bereavement and also in our former ones.

The Guron Family.
 Advertisers Letters
 Mr. Geo. Anderson, Mr. Geo. Anderson, Mrs. F. M. Bushnell, Mary Pagan, Mrs. G. C. Grant, Mrs. D. C. Hays, Mrs. W. O. Hinde, Mrs. Emma Retter, Mrs. J. Simmers, Mr. K. Spear, Mrs. Weightman.
 Wm. M. Dooley, P. M.

First United Evan. Church

Rev. J. Foster VanEvers, pastor.
 The evangelistic meetings are increasing in interest and attendance in spite of the cold and unfavorable weather conditions. The meetings will continue during this week, excepting Saturday night. A cordial invitation is extended to the public. These opportunities for the deepening of the spiritual life and for the acceptance of the Lord Jesus as our personal Savior should not be neglected. The whole Gospel of Christ is preached in love and power and those who have availed themselves of the privileges of the meetings have been greatly strengthened. "Come thou with us and we will do thee good."

The fourth Quarterly Conference will be held on Sunday, January 30th, with preaching on Friday the 28th, at which time the Quarterly Conference will convene and transact the business for the closing year.

The regular services will be held next Sunday.

9:30, Sunday School. "The Spirit of Life," Romans 8:12-30.

10:30, Morning Worship. Subject: "The Lord's Supper." It's nature and design. Who are the persons who may partake of this solemn ordinance? The importance of self-examination before partaking of the emblems.

6:30, K. L. C. E. "Amusements that are worth while." The meeting will be in charge of the Social Committee.

7:30. The evening service will be evangelistic.

Highland Park Club

The motion pictures on Friday "The Sleeping Beauty" attracted a number of children who were not at all backward about showing their appreciation in the form of loud applause. The pictures preceding the fairy-tale were of an educational nature and were very good. A large number of members and friends attended the dance at the club Saturday evening. Tomorrow evening motion pictures are to be shown from Lake Forest in which will appear many familiar faces. The skating at the club reached its perfection during the cold weather, and it is the wish of all to keep the ice as long as possible.

On Tuesday evening the Misses Elgie and Mollie Lowry, who have just returned from an extensive tour throughout the south, where they are known as the Lowry Girls, a term which has come to them because of their social affiliations with the best of the old families, will give a program at the club. They present many new stories of the old south, which depict the musical rhythm of the plantation darkey and the New Orleans Creole.

The delineations in these characters are done with a finish that is the acme of dramatic work. They are convincing in pantomime, true in dialect and bring to the audience subtle mirth and pathos in word pictures with all the gradations of lights and shadows. The program will be:

1. Memory pictures of my old plantation home. Original studies of the Louisiana Creole Girl.
2. A sketch in black and white.
3. Her brother's story.
4. A portrait of mammy; done in colors.

REAL ESTATE TRANSFERS

A. E. Kelly to L. A. Kelly, Q. C. \$1.00. Lot 3, Sub of Lot 299, Lake Forest.

Gordon Kelly and wife to A. E. Kelly, W. D. \$10.00. N. 60 ft. Lot 2, Sub of Lot 299, Lake Forest.

L. A. Kelly to Gordon Kelly, W. D. \$10.00. N. 25 ft. Lot 3, Sub of Lot 299, Lake Forest.

August Landan and wife to Christian Koebelin, W. D. \$1,500.00. E. 60 ft. Lot 5, Block 3, Osterman's Add to Deerfield.

Master in Chancery to Helen W. Pierpont, Cif. of Sale, \$4,666.97. S. E. part Block 24, Mears Plat of Highwood.

Margaret Watson to James Watson, Q. C. \$1.00. N. 118 ft. E. 175 ft. Lot 48, Highwood.

A. F. Beabien et al to O. L. Olsen, D. \$11,000. W. 173 ft. Lot 1, Block 39, Highland Park.

C. W. Martyn and wife to Standard Oil Co., Q. C. \$1.00. Part Lot 4, Western Add to Lake Forest and land adjoining.

For Exchange

\$1,300 equity in 5 room cottage and large lot, bringing good rental, for a clear lot. Tel. 558 during day or 149 evenings.

CROWNED IN DEATH.

A Growsome Ceremony After Pedro I. Gained His Throne.

Do you know what was the most solemn and impressive coronation ever accorded the consort of a king? Modern coronations are impressive, it is true, and it is all very well to be a queen and to ride in state from palace to the cathedral, although Ena of Battenberg, now Queen Victoria of Spain, found the ride a little too exciting for real comfort. But in spite of that attempted assassination there was nothing in her assumption of the crown that was at all comparable with the coronation of another princess in the southwestern peninsula of Europe in the year 1350. She was Inez de Castro, one of the bluest blooded maidens of the haughty and ancient royal strain of Portugal.

In 1347, when Don Pedro had been betrothed by his father and the court to a Spanish princess, he eloped and was secretly married to his fair cousin, Inez. When the king of Portugal learned of the marriage he had his unwelcome daughter-in-law murdered by a band of hired assassins. The result was a devastating war, and when the prince ultimately came to the throne as Pedro I. he had the body of his beloved exhumed, attired in royal robes and placed in the throne chair. One fleshless hand clasped the scepter, and to this dead queen the whole court was required to do homage. That night she was buried with the greatest pomp and solemnity.

DIET FOR STOUT FOLKS.

Food That Nourish, but That Do Not Produce Fat.

Many foods are very nourishing, but do not produce fat. The two kinds which create fatty tissues are fats of all kinds, like butter, lard, drippings (foods cooked in them), and the large group of foods classed as starches. If eaten in excess starch will be laid up in the body as superfluous or stored fat.

Following is a list of nourishing foods which will not produce excess fat:

Light meats, like chicken, white fish, lean beef; all vegetables except potatoes, parsnips and other starchy kinds; fruits of all kinds except bananas; grains or cereals except oatmeal and rice; beans and cheese; milk (in small quantity); eggs.

Beer and all malt drinks increase fatty tendency. The diet of milk and eggs will fatten unless exercise is taken or the body is in a very run down condition. Cocoa is a fattening drink also.

Exercise, plenty of water between meals and a diet of lean meats and many vegetables and fruits prevent fat. Avoid pastries, cake, fried foods, gravies and sauces. Do not eat between meals. Live in the open air and be active. If possible, perspire freely some time each day.—San Francisco Chronicle.

The Long Spoon.

"Tomkyns" recently heard the expression, "If you sup with the devil you will need a long spoon." "Though I never heard it before," he says, "it is evidently fairly well known, and what I should like to know is, What does it mean and where does it come from?" It means that if you are going to sit down to a meal with his Satanic majesty you will need a long spoon to avoid the necessity of getting too near the old gentleman, and in its general sense, of course, it implies that if you have dealings with a dangerous or notorious person it behooves you to use great caution. It comes from one of the "Ingoldby Legends," and the quotation reads:

Who suppers with the Devil shold have a long spoon.

—London Opinion.

What He Would Give.

"I understand you have a great many friends in this city."
 "Yes," replied the man, as modestly as he could.
 "Could you give me the names of some of them to whom I might go with my proposition?"
 "I could, but I won't," replied the man.
 "Why not? It is generally done."
 "Perhaps it is," replied the man slowly, "but, you see, I wish to keep all my friends. Would you like the names of a few of my enemies?"—Detroit Free Press.

Fastidious Pigs.

Pigs, instead of being ready to eat anything, are among the most fastidious of animals. Out of 675 plants the goat eats 440 and refuses 126; sheep, out of 528 plants, eat 387 and refuse 141; cows, out of 494 plants, eat 278 and refuse 218; horses, out of 474 plants, eat 202 and refuse 212, while pigs, out of 243 plants, eat only 73 and refuse 171.—London Express.

Too Well Cleaned.

Papa—I cannot conceive what is the matter with my watch. I think it must want cleaning. Pat Child—Oh, no, papa, dear! I don't think it needs cleaning, because baby and I had it washing in the basin for ever so long this morning.—London Tit-Bits.

He Couldn't Dodge.

He—As it is to be a secret engagement, dearest, it would not be wise for me to give you a ring at present. She—Oh, but I could wear it on the wrong hand, you know!—Exchange.

Wet Welcome.

Flinging a jar of water over your friend is one striking form of salutation adopted by the south sea islanders.

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Suburban Special

Third Prize Informal DANCE

Tuesday Evening, January 25, 1916
 at
Winnetka Woman's Club
 under the auspices of
North Shore Dancing Club
 Music by the John A. Hand Orchestra of Chicago
 A numbered ticket will be given with each admission which will be good at the drawing contest during the dance. The holder of the lucky numbers, both Lady and Gentleman will receive \$2.50 in gold.
Tickets 50 cents
 Take C. & M. E. Cars to Cherry and Oak Street Station

Dancing Classes

Ruth Coffin Collins is holding classes in the Kindergarten room at the Elm Place School. Children's Class in Ballroom Dancing 3:30 to 5 p. m. Girl's Class in aesthetic and interpretative Dancing 5 to 6 p. m. Junior Class in Modern Dances every alternate Saturday night 7:30 to 9:00 p. m. Beginners in the Children's Ball room Class will receive special attention between 3:30 and 4 p. m. Also classes at Lincoln School, Ball room dancing for children Fridays, 3:30 to 4:30. Aesthetic class for girls 4:30 to 5:30
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Such Bread as Ours
 mother never baked and we can prove it if you'll let us. The big batch baked fresh every day shows how popular it is, even with women who formerly did their own baking. Try a loaf or so of it and you'll see the uselessness of bothering with home baking any longer.

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