

North Shore News-Letter

PUBLISHED EVERY SATURDAY AT HIGHLAND PARK ILLINOIS.

H. P. DAVIDSON, Prop

PHONE 92

Entered at the Post Office Highland Park Ill. second Class matter

SUBSCRIPTION, \$1.50 A YEAR, 5c PER COPY.

SATURDAY, NOV 26, 1910

Checks received for subscription are at once credited, and the date changed on the printed label within a week or two.

EDITORIALS

PROMOTE GOOD HEALTH AND LONG LIFE

How shall we eat and drink for the attainment of health and long life? I understand it is the rule among school teachers to leave these matters mainly to the parents.

Is it not about time that our public schools took up the matter and made some headway in formulating a method whereby the child can learn something about the art and not continue to eat like an animal?

Eating and drinking are as important matters as we have to attend to in this life, therefore they should be given as much thought and attention as anything else that we are called upon to do.

The cooking schools have done much in teaching children how to prepare food, but have not yet taught them how to eat it after it was prepared.

Let us have eating schools and drinking schools. It is the abuse of eating and the abuse of drinking that do the injury.

There is a generation growing up that we will be responsible for.

Let us begin now to teach the child how to eat and drink for health, strength, endurance, efficiency and gustatory satisfaction.

DIFFICULT TO KEEP PACE WITH SLANG

It is hard for a man who tries to adhere to the niceties of the English language to comprehend a good deal of the talk he hears nowadays.

Of course some of the slang is clever and so expressive as to win ultimate incorporation in the lexicons, while some of it is silly and some loses vogue.

The otherday I was talking with a friend, a Harvard graduate, who was telling me of having had a run-in with some politician whom my friend disliked and was trying to beat.

"For heaven's sake," thought I, "what did that man mean by a 'run-in'?" Later I gathered from his conversation that he and the politician had met and engaged in an animated argument, that narrowly missed being a rumpus—a kind of near-row, so to speak.

As Brander Matthews has put the stamp of his approval on "joint," I suppose that "run-in" will come to be accepted as one of those condensed and significant bits of speech that this generation seems fond of coining.

CHANCE TAKERS.

A practical railway man, F. P. Roesch by name, and master mechanic of a southwestern railroad by occupation, advances a new reason for the many accidents on American railways. Mr. Roesch says it is summed up in two words—"chance takers." In a speech before the Railway Surgeons' association this western master mechanic declared that the only way to do away with railroad accidents is to eliminate the "chance takers."

Though some of the Germans are stirred up, nobody else in Europe seems to be unduly excited over Emperor William's affirmation of the divine right of sovereignty. It is recalled that he has said something to the same effect before. But it is also remembered that constitutionalism and liberal government have gone right along. Even Russia, where absolutism appeared to have such a hold, has been the creation of a Duma or parliament which affords the people a measure of representation.

Prof. William L. Garner says that Susie smiles on him. Susie is a little chimpanzee, not the one who lived and loved in a coconut tree, but the one the professor recently kidnapped from her home in Africa.

A feature of the census returns that surprises many is the population growth of the east as compared to that of the west. Despite the tremendous development of the west and the great number that have sought homes in that section, the east is showing up gains almost as great, and even greater when considered in proportion to the respective territorial areas.

The young woman in New York who shot herself because she did not make an expected literary success, now wants to live and try again. She ought to succeed. In these sensation-loving days, she has secured quite an advertisement for her work. Court-

ing reputation at the cannon's mouth is a well-known operation, but it is sometimes new to wo literary success at the pistol's point.

GIRLS IN CITIES.

The young girl who tried dramatically to take her life in New York recently through disappointment and disillusion placed the blame upon the wrong shoulders. It is in no degree rests upon either the business or public social side of American life, says Washington Post. The responsibility for such an outcome must be borne by those who are in duty bound to give their children right views of life.

Still another use for automobiles. The town of Jamaica, L. I., had an unpleasant time when a main burst and the water supply was shut off completely. To say nothing of the annoyance, inconvenience and danger in private dwellings, the orphan asylum and other institutions were subjected to especially distressing experiences.

Still they come, those Chinese students who are to be trained at American educational institutions. A party of sixty-eight has arrived at Honolulu. These students are some of the number sent by the Chinese government, the expenses to be paid from the Boxer indemnity money returned by the United States, says Troy Times.

Engineers at work on the Panama canal propose to leave as little as possible to chance. They are now engaged in experiments to determine the effect of sea water on concrete.

Germans usually do things thoroughly, and the announcement that there is no cholera in Berlin, although the disease has broken out in the vicinity, no doubt testifies to the effectiveness of the safeguards employed.

A Chicago professor says that the law is a hindrance to some people. If by some people he means burglars, pickpockets and grafters, we might add that that is exactly what the law is intended to be.

Oshkosh, Kokomo, Kalamazoo, Oconomowoc and Hackensack have all made remarkable gains in population. Now, who says there's no advertising in paragraphic publicity?

Man has at last beaten the pigeons at flying, but with fair woman's help he long ago distanced them in the pleasanter art of billing and cooing.

THE SCHOOL FOR BRIDES.

The new department just opened in the school of domestic arts and sciences in this city, in which prospective and young wives are to be taught how to make prospective and young husbands happy, ought to be an attractive and useful one. The most hopeful sign of its success is the practicability of the new scheme, says the Chicago Tribune.

Receipts of sheep at Omaha make a new world's record, more than 63,000 having arrived in one day. This immense number taxed the stockyard facilities almost to full capacity.

The controversy over the beauty of Cleopatra is in the absence of direct evidence capable of being spun out to infinitude. One alleged authority having asserted that she was really very plain, another comes to her rescue with the insistence that she was one of the most beautiful women the world ever knew.

California astronomers report the breaking up of a big sunspot into a group of uncommonly small fragments, and intimate that the phenomenon may be the forerunner of some extraordinary disturbances.

Those big "unclaimed estates" very often shrink, sometimes to nothingness, when attempts are made to realize. The story that an emigrant from Galicia came to this country and made \$30,000,000 or \$39,000,000, which heirs in his native country are trying to secure, was typical of many.

A Washington man has been arrested and fined for selling "adulterated eggs." Served him right. At the present prices of "hen fruit" to palm off imitation and impure articles for the good sort is to add insult to injury.

There is a man in California who went to sleep on a railroad track, was struck by a fast train and escaped with a headache. To complete the simple beauty of this tale, we are pleased to add that the locomotive is also doing well.

Among armen excessive aviridupolse is at a discount, most of the successful atmosphere navigators being physical lightweights. In this as in some other matters good goods often come in small packages.

NEW SOURCE OF POTASH.

After all the protest there was against the German government's restrictions on the commerce in potash, it now appears that the American farmer who wants to buy that fertilizer will have an easier time than before, says Milwaukee Evening Wisconsin. This is due, however, to no relaxation of the policy of Germany.

About ten miles of the Panama canal are now completed to the point where there may be partial navigation, while work on the remainder is going with a rush. The completed portion is nearly one-fifth of the whole, although of course what remains to be done is the most difficult.

Those who have been able to hold back their vacations until now are to be congratulated. October is one of the finest months of the year for vacations, as any one who has been fortunate enough to have two weeks free at this time will tell you.

The woodpecker has been substituted for the bald-headed eagle as the ornithological emblem on the official seal of the state of Washington. Washington, having become a fruit-growing state, is full of enthusiasm for the bird that works to keep the forests and orchards clear of insects.

The new torpedo-boat destroyer Paulding has made a record for oil-burning warships by running at the rate of 33.94 knots an hour. This feat was accomplished during a standardization trial-trip off the Maine coast and seems to furnish strong testimony to the effectiveness of oil as fuel.

A new brewmaster just hired by a St. Louis brewery will draw \$25,000 a year. A correspondence school with a department devoted to brewmastering ought to do well during the coming year.

Chicago public schools have put a course of plumbing in the curriculum. The future generation will have only itself to complain to when the bills are high.

What matters it is we lose a leg or eye? The wonders of surgery are limitless. They will graft on another.

The finest season of the year is before us.

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