EOPLE EAT TOO MUCH.

ation Is Successfully Used as a are for Many Diseases by a Philadelphia Physician.

hiladelphia physician of note, Dr. d B. Dewey, claims to cure al of diseases by starving his pa- The brain, says this practi- never loses weight in either se or starvation. Usually the remains clear when the body has d away. The head is the power- of the body. The stomach is brain power. When the stom- es too much work it makes too a demand upon the brain.

more than 20 years," writes octor, "I have permitted my sick without food so long as there o desire for it. Not a mouthful enforced in any case, not one ful denied on the first hint of ri.

this I have had all the medical books and the entire medical pro- n as authority unquestioned st me. That food is needed to n the strength of the sick has been a matter of question with edical profession.

ny of my sick have gone for more a month without food. One very in bed for more than a month acute rheumatism, was able to about the room on the forty-sixth before the first food was taken. her patient, a woman of 57, went the forty-third day before she her fast, and without any omis- of her ordinary duties. A dis- stomach was cured as the result now, after five years, there has no return of the trouble."

sicians are pretty generally d that Americans eat too much— ally too much meat. The no- fast habit may not be so very after all.

TTER THAN FLY PAPER.

ouse in Philadelphia Which Catches the Pests and Eats Them.

iny mouse that seems to have its way in all it cares to do has taken arters in a bulk window on Chest- reet, Philadelphia. The window ins a fine display of traveling and dressing cases, and under ary circumstances the presence e little intruder would not be ted a minute. But this is not rdinary mouse. Instead of cre- havoc and damage by gnawing in the valuable bags and grips particular mouse does a valuable ce to the firm by spending its time tching the flies that are unwise gh to come within reach. Every ng after the store has been closed lte clerks have gone home a crowd rs on the pavement outside and hes the little fellow capture the ry flies. It is a wonderful per- nce, and so quick of movement keen of eye is the mouse that a arely escapes that it springs for. mouse's mode is simple and ef- al. From a crouching attitude its until a fly comes close enough, it straightens upon its hind legs. wo front paws, like tiny hands, hrust upward, and the unwary fly tched and brought down. After the mouse eats the fly and then ready to catch another.

REEKS WERE AUTHORS.

Are Said to Have Been the First Employ Punctuation Marks in Writing.

e art of punctuation was developedually from very ancient times. k scribes before the Christian era a wedge-shaped sign (V) to mark paragraph. Later a pause in the was indicated by a blank space, nt, and sometimes by a slight ob- stroke or an apostrophe. In Latin nscripts the full points appear and are variously placed on a with the top, middle or bottom of etters. The invention of the mod- ystem of punctuation has been at- ted to Aristophanes, a gram- an of Alexandria. Jerome used s (commata and cola) in his trans- n of the Scriptures, while in early ish and Irish manuscripts the com- s used, and the final stop is marked ne and sometimes two or more full ts. With the advent of printing, tuation was greatly improved and matically adopted about the close e fifteenth century, mainly owing e Venetian printer, Manutius. It d that all the stops we now use ap- in the "Arcadia," 1587, of Sir Sid- Smith.

Loyalty of Germans.

there are any Germans in Ohio se souls are vexed by the ghost of rialism and militarism, I do not where they are. The Germans hio are Americans and are just rm in their convictions as other ricans."—Representative Taylor, hio.

"They cannot afford to invite an- panic by electing a free silver dent" is the reason given by ex- tor Kellar, of Minnesota, for the nans voting for McKinley.—In- polis Journal.

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WHERE THEY COULD DO HARM.

Free Trade and Free Silver Hidden Away Under Anti-Imperialism Howl.

In his speech accepting the populist nomination for president Bryan tried to justify the democracy's successive changes of "paramount" base from free trade to free silver and from free silver to free slaughter—called "anti-imperialism"—on the ground that systems of taxation can be changed with less difficulty than financial systems, and financial systems can be altered with less danger and less disturbance to the country, than the vital doctrines upon which free government rests.

In such a suggestion of the comparative ease with which both free trade and free silver can be accomplished through a democratic victory, Bryan admits something dangerously suggestive of truth. He practically states that the democracy need not fight especially just now for either free trade or free silver, because if a victory be won for "anti-imperialism" both free trade and free silver would be easy incidentals to such victory. As a matter of fact if Bryan could be able by his election to the presidency to accomplish his "anti-imperialism" plank by alienating our territory, he could accomplish just as easily both free trade and free silver. If a republican senate would be a barrier to free trade and free silver it would also be a barrier to his schemes for unconstitutionally abandoning the territory belonging to the United States. If Bryan tried to get the senate to ratify a treaty with Aguinaldo surrendering American rights and the rights of our Filipino allies, and also a new treaty with Spain absolving us from our responsibilities under the old treaty, it would take a two-thirds vote of the senate each time. Bryan worked hard to get the necessary two-thirds vote for the treaty with Spain by which the United States came into possession of the territory he now wants given away, and he was successful in his work. To undo that work he would have to strive a great deal harder. To get a free trade bill, or a free silver bill through, he has, however, only to get a majority of votes in the house of representatives and the senate. If the democratic party can get the control of both branches of congress, that would enable it to fully carry out Bryan's "paramount" anti-American policy in the Philippines, it would also have the power to still more easily carry into effect the unparamount free trade and free silver features of Bryan's programme.

City Council.

After a six weeks' rest the council met Tuesday evening, all present save Mr. McCaffrey. Those fine upholstered chairs had not arrived and we sat on uncushioned wood seats as usual. City Attorney Knox had not returned from his vacation. The smokestack of the pumping station having been struck by lightning Sunday night and cracked about seventy feet down from the top, repairs were ordered and the insurance policy looked after. Some of the alderman seemed to suspect the heavens were "agin" the council and perhaps lightning rods had better be put on the city buildings. Mr. Marrener notified the city he should hold it responsible for damages done to his lot up by the Middlecoon bridge by the gutter water. Colonel Turnley invited the council to meet the property owner to look over the old street down to the lake north of his house. The Merchants Loan and Trust was made the official bank of deposit for the city, as the other one closes up its business. The city will pay back the $4 tax all water takers paid a few years ago for meters, and when that passed Van Riper tinkled his little bell he brought from Europe. Mayor Cobb wants the street names posted up on the streets so strangers can find their way about town. After quite a discussion the committee on streets was authorized to repair Laurel and Prospect avenues not to exceed $2,000. The mayor is to look up the lowest cost of graveling Central west to city limits, and also First street from the electric light plant down to the railroad water tank.

City Engineer Bowen is preparing profiles of various new bridges up north St. Johns, and down south near Lavinia to let out Judge Comstock. The finance committee want more time on the Smoot & Eyer bill for legal services. They reported repairs on the city building so far cost $676, and to complete them including new slate roof gables and painted walls would take $500 more, and it was ordered. They find the repairs begun will cost over $1,000 making repairs all cash $1,500 instead of the $675 they set out on, proving that Alderman Warren was right when he told them that figure was too low. It was suggested that the city use the broken part of the flagstaff for the repaired city building and put a new one on the "liberty pole." The barber's bill for shaving John Hawkes while in jail came up, but was not paid. Dooley said he told the barber the city would not pay the bill, and it did not.

The Tournament.

The great event of last week was the ladies tournament on the golf links. The playing began Thursday for qualification and then and till Saturday morning when the finals were played off. There were three cups, and so three games the big one being for the Exmoor cup.

Then those for the Members and the Consolation cups. Thursday's qualification playing satisfied most people that the tug of war would come between Mrs. W. A. Alexander and Mrs. J. M. Cutter, hence their playing absorbed nearly all the general interest.

When Saturday came, a beautiful morning it was too, a large number of friends of the contestants in all three of the games gathered so that there was the largest gathering of the season all over the links. There was a steady stiff south wind, with which Mrs. Cutter's greater familiarity with the grounds and the conditions, from her constant playing, enabled her to contend more sucessfully. They are both expert players, of cool, steady nerve, great skill in playing, and rare good judgment at every point. Both had won prizes and could do it again. It was not exactly a "battle of giants" but it was a contest of experts, of brain, nerve, skill, and judgment, the very finest kind of a contest anywhere. Mrs. Cutter finally won out three up and two to play, and received the congratulations of Mrs. Alexander.

While our mental attitude is wholly judicial and impartial we have a little special satisfaction in Mrs. Cutter's success. She and her husband spent a few days in our family their first season in the Park and then she wisely married a loyal son of Vermont, a blood relative of Rev. Sam Pierce of Derry, who once examined us in theology and said we would pass without conditions. But all this abates not one jot or tittle our admiration for Mrs. Alexander and her splendid playing.

The Members' Cup went to Miss Emma Kirk of the Onwentsia, who won it from Mrs. Simmons of Kenosha, in a very close game. The Consolation Cup went to an Onwentsian, Mrs. H. O. Crane, who was matched with Mrs. McLaughlin of the Exmoor.

After all was over there were lots of little luncheon parties at the Club house. During the finals Messrs. Alexander and Cutter set in the Exmoor Cafe and told Green mountain yarns and guessed on the presidential election.

Bread on the Waters.

Our door bell rang Labor Day and we reluctantly answered the call, supposing it was some impecunious, "busted" sidewalk rider from Chicago. But there stood two bright looking young men, one we recognized, for he has resided many years in Chicago, and we have seen him often. The other we could not place, and gave up the attempt. He was an older brother of "Dannie B." We had not seen him since 1874, when he stood on a stool in the orchestra with a sister a year older, and sang a duet in a Sunday school convention.

He graduated from Colgate University, went to India and taught an academy for the sons of the English residents in Rangroon two years, ill health sent him home, he taught in Maine a year or two, came west, taught a couple of years in the St. Joseph, Mo., high school, thence seven years ago to William Jewell College in Liberty, Mo., a dozen or fifteen miles from Kansas City. He is one of the keenest, brightest and most alert and successful teachers we have met for a long time. It is a rare pleasure to meet these bright successful boys, in the shaping of whose early characters we had a hand. It was a red letter day in our calendar.

A Rare Book.

We have received from the London Times, England, a book of nearly two hundred pages of reproductions of "Punch." There has been such a demand for the famous paper that the publishers are issuing a reproduction complete of the first fifty volumes 1841-1891 entire and unabridged in every respect, and this unique volume is specimen pages. "Punch" contains the gist of British history since 1840, and the volumes, twenty-six in all, neatly bound, will be sold for 21 guineas.

The most frequent face cartooned is Mr. Gladstone, and he is set forth in every possible aspect as Hamlet, Macbeth, Napoleon, Micawber, and almost every other conceivable character historic, humorous, with caricatures, burlesques, etc., innumerable. This sample book is entitled, "An Evening With Punch," and we have had several evenings with it already, and it is as fresh and new as ever. We congratulate our London contemporary on the success of this beneficent enterprise. The books will be finely printed on good paper, substantially and elegantly bound, and shipped from London direct.

A New Yarn.

Here is a Vermont yarn that beats any western fish story. Mrs. Ladd lost her watch three years ago coming down the steps of the 300 feet high Bennington battle monument, and though she and her friends looked for it diligently, could not find it. Here a few days ago a man going slowly up the long weary winding stairway, saw something shine when stooping down to see what it was, found Mrs. Ladd's watch just where she lost it three years ago, and yet those stairs have been swept regularly ever since. Indeed. What kind of housekeeping is that? Sweep over a watch three years and not see it! A servant girl once applied to the minister for membership in his church, and when he asked her what made her think she was a Christian, she replied, "because, now, I sweep under the rugs." We guess the Bennington monument janitor better "get religion."

Hardly in Earnest.

Colonel Dockery, the democratic candidate for governor of Missouri, recently said in a speech at Lone Jacke that "no person in the vast and intelligent audience within sound of his voice knew of the existence of the Philippines before the Spanish war." Really the colonel ought to know. But his remark is scarcely to be taken seriously. None uttered by democratic orators this year are to be so consid-

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