

## THE NATION'S NEED

God, give us men! A time like this demands strong minds, great hearts, true faith and ready hands; Men whom the lust of office cannot kill, Men whom the spoils of office cannot buy, Men who possess opinions and a will, Men who have honor, men who will not lie, Men who can stand before a demagogue and damn his treacherous flatteries without winking, Pure men, sun-crowned, who live above the fog, In public duty and in private thinking. —J. G. Holland.

## Menu Hints

Recipes for New and Novel Dishes; Household Ideas and Suggestions

By Betty Barclay

## ATTRACTIVE MEXICAN DISHES

The Sonoras and Sonoritas to the far south of us, where it is taken for granted that every married and marriageable woman has been trained to be a good cook, have learned how to prepare some of the most appetizing foods imaginable. Here are two delicious dishes that should be tried by women in the north:

## CHICKEN SONORA

Cut a fry-size chicken in quarters and fry in olive oil with 1/2 cup finely chopped onion and raw white potatoes cut in dice. Cook until the meat of the chicken is white. Add 1/2 teaspoon sugar, 1/2 teaspoon chopped parsley, 1 tablespoon chopped green pepper and 1/2 cup hot water. Season with salt and pepper to taste and cook very gently until the chicken and potatoes are thoroughly done.

## CIDERACAYOTE

1 tender summer squash  
1 tablespoon butter  
2 roasting ears of corn  
1 teaspoon sugar  
Salt and pepper

Peel the squash and cut into cubes. Fry until tender in the butter, stirring frequently. Add the seasonings and the sweet corn cut from the cob. Have about a quarter as much corn as squash. Continue cooking until the corn is soft.

## SUMMER SALAD DRESSINGS

Many housewives know how to prepare the base of a variety of salads, but find themselves at a loss when deciding upon a fitting dressing for each one. This is unfortunate, for a good dressing adds much to the flavor of the dish. Here are recipes for two dressings that you will find particularly pleasing:

## BRANDY DRESSING

Mix together the yolks of four eggs, one teaspoon mustard, one teaspoon salt, one tablespoon sugar, one teaspoon butter, four tablespoons vinegar and a dash of red pepper. Cook in a double boiler until thick. Cool and then beat in one cup whipped cream and one cup chopped meat. This is a delicious salad dressing for fruit salad.

## CREAM DRESSING

A cooked dressing made with cream will be found excellent for serving with vegetable, meat or fish salads. Mix together one-half tablespoon salt, one-half tablespoon sugar and one tablespoon flour. Then add the yolks of two eggs, beaten lightly, three tablespoons melted butter, three-quarters cup of cream or rich milk and one-quarter cup vinegar. Stir constantly in double boiler, cooking until the mixture becomes thick. Strain and cool.

## HOUSEHOLD USES FOR LEMONS

To Replace Vinegar: Lemon juice may be substituted for vinegar in any recipe that calls for the latter, except pickling.

To Sour Milk: Lemon juice added to sweet milk will sour it suitably for cooking.

For Stewing Dried Fruits: Add a small amount of lemon juice and grated lemon rind in stewing such dried fruits as prunes, figs, peaches and so on.

In Cooking Meats: Tough meats will be made tender by adding a teaspoon of lemon juice to water in which they are boiled.

## GIVE NATURE A CHANCE

There is an old saying, "Squeeze a pimple and make a boil; squeeze a boil and make a carbuncle." The maxim has been confirmed by the researches of Dr. Oscar W. Bethune, of Tulane University, New Orleans. In the treatment of carbuncles of the face, the mortality was twice as great in cases in which excisions were made as in cases where there was no surgical interference. Heat is the remedy. Heat kills pain and hastens the well-known natural processes through which infection is mastered and eliminated. It is a good policy in infections of the skin, particularly of the face, to stay one's hand and give Nature a chance. The heat must be applied vigorously and continuously. Hot cloths wrung out of a 10 per cent. lactose solution in water should be renewed every 5 minutes for an hour. The treatment will remove pain and stimulate the natural healing process.

## TWO TOGETHER

Man (shouting through box office window at the theatre): "I want two good seats!"

"Ticket Seller: 'Haven't got 'em!'"

Man: "Well, what have you got?"

"Ticket Seller: 'Nothing but standing room.'"

Man: "All right, give me two together."

## THE OLD MAN OF THE BIG CLOCK TOWER



the company of the charming young ladies of the village.

As surmised, in the course of time the Nicklins went out of business, sold their property, and left the old home where so many happy years were spent. They lived for a time in Guelph, but like so many other families who established their roots in this goodly old town, their love for it never waned, and they came back to Acton to end their days here.

At the time of Edward Nicklin's death the family was residing on Howe Avenue. When the end came word was sent to the absent members of the family and the day and hour set for the funeral. Robert was lying in Brandon, Man. His train was delayed on the way and it was impossible for this first-born son to reach Acton until several hours after the time fixed for burial. Out of regard to his feelings the interment was delayed until his arrival in the evening. This was the only interment ever made after dark in Fairview Cemetery, but the circumstances surrounding the event lent an impressiveness rarely equalled at the laying away of a departed loved one.

The Nicklins were not only closely identified with church work but fulfilled their fair share of citizenship duties as well. Edward Nicklin was a member both of the Municipal Council and of the School Board. He was a charter member of Acton Division of Sons of Temperance and until the day of his death stood strongly for the principles of total abstinence for the individual and "bone dry" prohibition for the country. He dearly loved a gun and a fishing rod, but especially a gun. Many a deer he brought

down with his trusty rifle on the outskirts of Acton in the early days and later about the mountain and at St. Helena. Occasionally, even when he had approached seventy years, he took hunting excursions to the Bruce Peninsula and Parry Sound district.

As noted early in this week's article, the family of Edward Nicklin have all passed on except one, Mrs. (Dr.) Mercer, of Calgary. Their influence and work in the community have left their imprint. A grandson, Dr. E. J. Nelson, a son of Magdalen Nicklin and R. E. Nelson, made Acton his home and follows worthily in the footsteps of his forefathers. He has been a Councillor for several years, and a Director of Acton Y.M.C.A.; President of the Hockey Club; organist in the United Church; and all in addition to carrying on the busy life of his profession. It is remarkable that these family traits follow through from generation to generation. Oh yes, and the doctor likes to get fishing just the same as his grandfather did, back in those early days, and they say he has similar success with the rod and line.

Well, here I am, at the end of my tether again, and I'm not through with the Nicklin household and estate yet. More anon.

*The Old Man*

## SOUND ADVICE

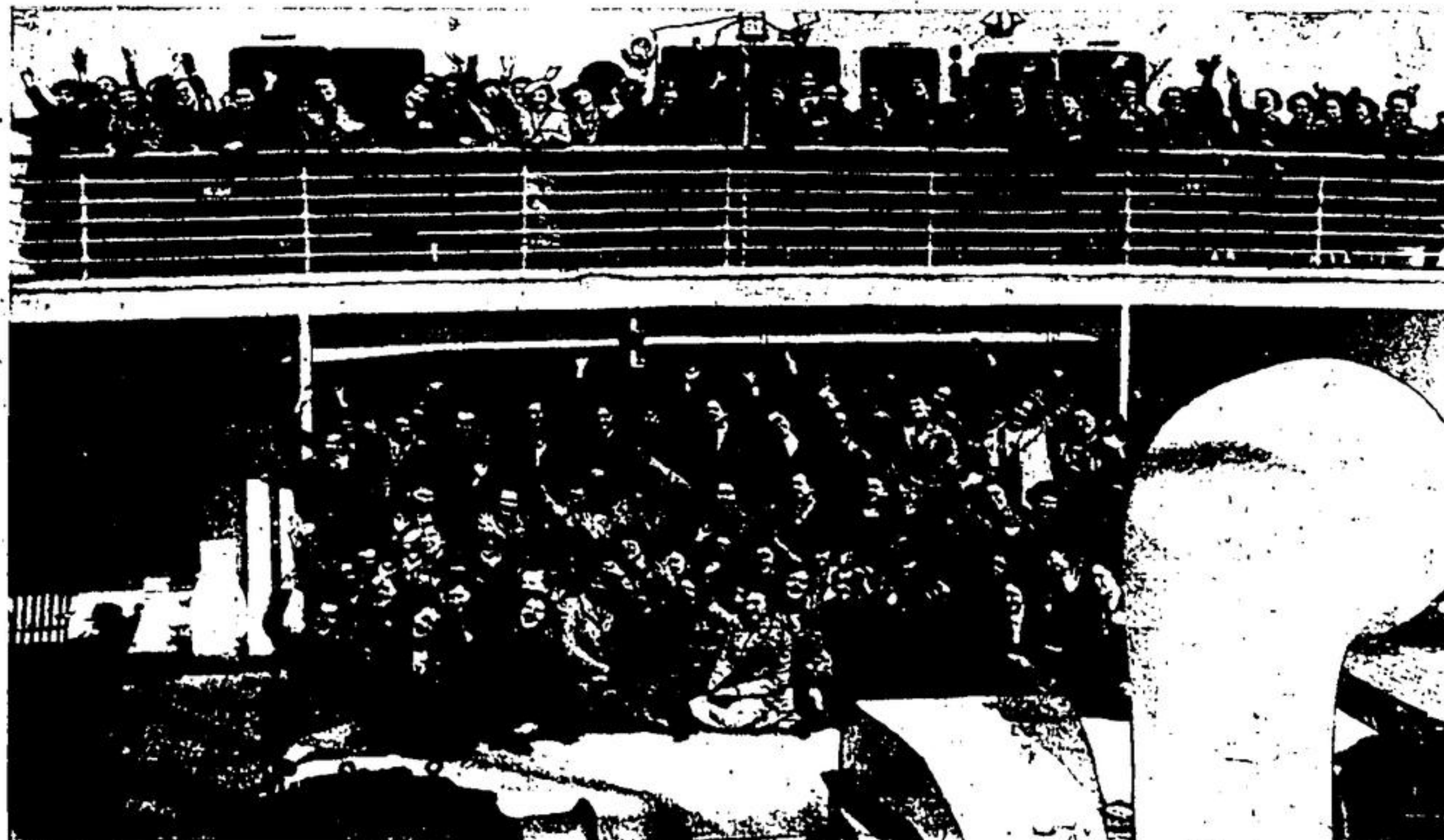
Hashful Swain: "What would you do if you were in my shoes?"  
Heartless Girl: "Clean 'em."

## Look Out, Bob, for That Love Bug



Rumors that Dan Cupid has found another mark in screen and radio comedian Bob Burns and his blonde secretary, Harriet Porter, are growing stronger and stronger today. The seemingly happy couple, pictured here at a picture studio, has refused to confirm or deny such talk.

## "TO LONDON TO SEE THE QUEEN"



Bound for London and the colorful coronation procession on the celebration of the Coronation of H. M. King George VI, 153 High School girls from Canada and Newfoundland sailed from Montreal Friday, April 30, in the Canadian Pacific liner Duchess of Athol.

Traveling under the aegis of the Overseas Education League the students start their tremendous adventure by viewing the Coronation procession from a

stand in Hyde Park. Then will follow in quick succession an Empire Youth Rally at the Albert Hall, May 19, the Empire Service of Youth to be held in Westminster Abbey, which will still be in its Coronation trappings, at which the Archbishop of Canterbury and Dean of Westminster will speak, sight-seeing in London, two weeks as guest pupils at famous English boarding schools, and two weeks sight-seeing and hiking interspersed with

lectures by noted British authors at Eastbourne. Their return to Canada aboard the Empress of Australia from Southampton, June 24, arriving at Quebec July first. Every province of Canada is represented in the party which represents the pick of Canadian students. An equal number of boys sailed two days earlier and will return aboard the Montcalm, from Liverpool, June 23, arriving at Montreal June 30. Educational authorities throughout the Domi-

nion co-operated in the selection of the students. Students who were unable to leave their studies for the coronation will have an opportunity of visiting the Old Country during Coronation year. Boys will leave in the Empress of Australia July 2, for a 57 day tour of Scotland, England and Germany, and girls, specializing on Great Britain, sail from Montreal the same day aboard the Duchess of Bedford. Both tours will be under the direction of the Overseas Education League.

**GRAY COACH LINES**

**TRAVEL**

The King's Highway

**SAFE - DIRECT - ECONOMICAL**

**LEAVE ACTON**  
(STANDARD TIME)

To Toronto	To Kitchener
5:50 a.m.	9:45 a.m.
8:10 a.m.	12:15 p.m.
11:20 a.m.	3:15 p.m.
2:05 p.m.	6:15 p.m.

—Daily except Sundays and Holidays  
x—Through to London y—Through to London Sun. and Hol.

**ATTRACTIVE ROUND TRIP FARES**

Between Acton and	Between Acton and
TORONTO \$1.75	DETROIT \$5.85
LONDON \$4.85	MONTREAL \$15.20

**TICKETS AND INFORMATION AT HAROLD WILES'**



## In a Line-Up you are Courteous—

## Try Courtesy in the Traffic Lines

YOU, like most people, are courteous when you line up at the wicket to buy tickets. You stay in your place, do not jostle your neighbour, you respect his rights, and otherwise act towards him in a courteous manner.

But do you think and act towards your fellow-motorist in this same kind and courteous manner when you get behind the wheel of your car and roll along the highway?

Do you sound your horn when about to overtake him and then pass at a safe distance?

Do you keep to the right so that others may safely pass you?

Do you hand signal when you are about to stop, start, slow down or change direction?

Do you drive at the speed of the traffic you are in so as not to impede other drivers and cause them to "cut-in"?

When you need to sound your horn do you do so in a friendly manner or do you give it a frightening blast?

If you have not tried these courteous driving manners, I earnestly suggest that you try Courtesy when you get behind the wheel of your car or truck.

"Try Courtesy" is to add greatly to your own pleasure and safety in driving as well as to that of your fellow motorists.

**TRY COURTESY**  
The New Spirit of the Road

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## MEDICAL

DR. J. A. McNIVEN

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Office and Residence—Corner Howe Avenue and Elgin Street

DR. E. J. NELSON

Physician and Surgeon  
Electro Therapy Phone 88

DR. W. M. G. CULLEN, L. M. C. C.

Physician and Surgeon  
Office Hours—1-4 and 7-9 p. m.  
Sundays by Appointment  
Wilbur Street—Just North of Mill Street  
Telephone 128

## LEGAL

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1:00 p. m. to 5:00 p. m.  
Wednesday and Saturday—9:30 a. m. to 12 noon

Only a limited amount and class of work undertaken. Clients cannot be seen or work done after hours except by previous arrangement.

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For Appointments Phone Acton 45-4

Georgetown: 88

Office Hours—Acton, Tuesday and Thursday, 1:15 p. m. to 4:30 p. m. Evenings on request.

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## TIME TABLES

## CANADIAN NATIONAL RAILWAYS

## AT ACTON

Going East

Daily, except Sunday 6:04 a.m.

Daily, except Sunday 9:54 a.m.

Daily, except Sunday 6:22 p.m.

Sunday only 8:19 p.m.

## Going West

Daily, except Sunday 8:48 a.m.

Daily, except Sunday 3:28 p.m.

Daily, except Sunday 7:05 p.m.

Daily, except Sunday (flag) 12:28 a.m.

Sunday only 11:32 p.m.

STANDARD TIME

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