SAMMY SIMPLE

Sammy Simple had a dimple in his little He ate and ate and ate and ate to try and fill it in. Because he ate, sad to relate, in fat his eyes sank deep: Now all the people want to know Sammy is asleep.

Menu Hints Recipes for New and Newal

"DONE TO A TURN" BY BARBARA B. BROOKS

Buggostiems

Pancakes, griddle cakes, flapjacks, wheat cakes, hot cakes, crepes Suzettemany are the names and amazing the varieties in which these culinary creations appear. Buckwheat or plain, with syrup or with honey, or even with butter and steak gravy, large or very small and crisp around the edges-any way they come, they still must be done-to-a-turn, Brown and lovely in color, they stimulate our appetites and appeal to our love of beauty in food. Pale griddle cakes just aren't griddle cakes, so do them to a

Griddle cakes, as we shall call them, are favorites of long standing with everyone, but somehow the men have a special weakness for them. Just let a man suspect that you, my lovely lady, can whip up a batch of griddle cakes in one-two-three order and there would never be any need of leap year. You would have him eating out of your hand at the first sight of those hard-to-get und easy-to-take griddle cakes-or if not out of your hand, at least off your griddle. And if you can not only equal the golden-brown pancakes which his mother made for him, but as well can but a new twist into the recipe and I would, my son, that I could bid you give your griddle cakes a new crispness and a new flavor, then your success is

Here are some suggestions for making and baking that put a new flip into your

flapjacks. Bring your electric griddle to the · table. Have the batter in a colorful pitcher, and as each person is ready for his cakes, pour them onto the griddle in the size he wishes and bake them to the brownness he likes. This, of course, is merely copying the restaurants who entice their customers by having someone in the window who dexterously makes and bakes cakes all day. If it works for them, it certainly should work

for you. days, when you want to have something that is particularly nice, try a pancake breakfast. Serve lots of done-to-a-turn griddle cakes with sausage, steak, or juicy brolled ham, and see if you don' achieve something that will go down in the annals of your community as the best party of the year. This will be the time, also, to introduce the latest style hot-cake, which has bran added and is particularly crisp and nutty in flavor.

Here is how it is made. ALL BRAN GRIDDLE CAKES

- 2 cers
- 1, cup sugar 21 cups milk 3 cups flour
- 2 tablespoins baking powder
- tis teaspoons salt 13 cup melted fat

's cup all bran

Beat eggs and sugar fluffy; add milk and mix well. Sift flour viving member of the family. Mr. and because his fat, chunky young frame nal Values, John 6: 26, 27, 35. with baking powder and salt; add to Mrs. Charles Cameron also removed to would never get through. Ed was al- | Jesus, the "true bread from heaven" first mixture, stirring until flour disap- California, and Mr. Cameron died there ways a skinny duffer, and he agreed to is the pledge and source of everlasting pears. Add melted and cooled fat, mix- about twenty years ago. Mr. W. Mc- go down. He got into the ventilator all life, which brings satisfaction of all our ing carefully. Fold in all bran. Bake Nabb brought home the body of his right, but found there was a wire net- heart's hungers. But the multitudes on hot griddle, turning but once. Serve father-in-law from the North, but the ting pretecting the bottom. Tom took who followed Him had not the eyes to with butter and syrup.

meter). Waffles, too, are dependent for their

turn. Try this recipe and see what golden brown beauty and melting flavor | Warren Tubby. I'm mighty glad my essayed to repeat the trip. When Ed which are ours in Christ. "Blessed are is the result.

ALL BRAN WAFFLES SUPREME

- 2 eggs
- 112 cups milk 4 cup all bran 1 - cups flour
- 4 teaspoons baking powder
- 1 teaspoon salt
- 2 tablespoons sugar 's cup melted fat

Separate eggs. Beat egg yolks well: add milk and all bran; let soak until most of moisture is taken up. Sift flour with baking p wder, salt and sugar. Add sitted dry ingredients to liquid mixtur and stir only until flour disappears. Add melted and cooked fat. Fold in stiffly beaten egg whites. Bake on a hot wattle i:on until no steam to visible Yield: 7 waffles (612 mehes in diameter). fall of 1873 Bob Watson, who was fire-

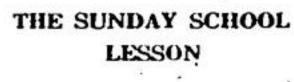
A BARGAIN

Pat was going down town the other along. In those days there was fairly day. He was badly in need of an overcoat. Seeing a second-hand clothin: store, he noticed an overcoat hangin; outside, marked "Ten D llars". So Pat. Walters' and the Gore. Well, we started took the coat down and walked into the out from the shingle mill and when we store with the court over his arm

The clerk came up to him, thinking will cut through Jimmy Cameron's Pat wanted to sell the coat Pat said How much is this coat worth?"

"Kelly," the clerk said, "I wouldn't to cat while we're after the wild give you more than four dollars for it pigeons." We gow the apples all right, It ain't worth any more."

Pat said: "I dkin't think it was worth heard Gusty Cameron's shrill musical ten dollars, which you had marked on voice shout "Pa, there's two fellows it. Here's your four dollars-I'll take over in the orchard hooking our ripe the quat."



THE OLD MAN

OF

PEST OFFICE

HAPPINESS

Some formula and happiness you're

Alas, there is no road I can recommend

But this I say, if you would find that

Which is the essence of all true content

Drawing its slender beauty to your

And tried with clumsy stealth to ven-

So seek no happiness, but rather live

Unhampered by vain selfish aims, yet

Let fallure but your noble faith renew

Not victory that counts, but rather zeal

Remember well, 'tis conscience that

If your own heart be true, or if it lies

What though you find not wealth nor

The phantom of remoree shall ever

Will be in vain.

this deer

ture near.

glory gain.

Your soul in vain

to be as accurate as possible.

sweets, and those sheep-nosed wine-saps

we always used to like so much in the

I remember quite an incident in the

man at Moore Bres shingle and saw

mill, was going out pigeon shotting one

holiday afternoon, and invited me to go

good shooting in the dense woods in

the Cameron farm around the pond and

at the back of William Waldle's, John

got to the rathway tracks, B.5 said, "We

orchard. I know a tree of splendid ripe

apples over there. We'll fill our pockets

but just as we were leaving the tree we

apples." Mr Cameion soon appeared

seek

Which brings content unfailing at its

FOR SUNDAY, JANUARY 31st

THE PINANCIAL COST OF ALCOHOLIC BEVERACES (The Economic Approach to the Liquor

Problem Temperance Lesson) Gilden Text .- Wherefore do Je spend money for that which is not bread? and your labor for that which satisfieth not?

-Isu, 55: 2. Lesson Text .-- Prov. 21: 17; 23: 20, 21; Matt. 24: 45-51; John 6: 26, 27, 35. Exposition.-I. "The Raugedy Mun," | 51 Prov. 21: 17; 23: 20, 21.

Students of social conditions are never tired of discussing the causes and curse of poverty. Many remedles have been devised for its ubolition new strange economic experiments are day being tried in various parts of the world to bring about its elimination. Solomon, centuries age, made a study of the social conditions of his own time and conclusions are embodies in the drunkard and "the raggedy man" are usually one and the same. Love of tained and productive effort. He be-

That satisfaction, gentle, healing balm Then seek it not, for all your efforts Perchance one day within a shady wood A timid fawn beside you may have were. We enjoyed those apples, but our sweet and bitter water? The liquor And let your wond'ring gaze upon it res: | day.

apples and turned to the root-house to sense of true stewardship of the "goods" investigate. The door was secured with which we administer for God. Let us -Vernon O. Marquez one of these big old-fashioned padlocks turn and cleanse our hearts that we may and there was no entrance to be gained indeed be ready for the coming of our I find that an error crept into my there. They went up to the roof, tore on strainly-returning Lord. This is not a recollections of the Cameron family last the projecting cap of the ventilator and speculative, but a very practical thing. week. Miss Ada, who married Mr Robt. peered cown to the bins of apples from Well might John say, "Every man that McWilliams and moved to Dakota, has which the very appetizing arema came, hath this hope purifieth himself, even not passed away, but is now living hap- They stumped each other to get in by as he is pure" (1 John 3: 3). pily in California. She is the only sur- that route. This was alright for Tom, HII. Transient Satisfactions vs. Eterfuneral was held from the old home. Ed by the hands and bumped him up see this. "They saw not the sign in the Yield: 15 pancakes (512 inches in dia. where he had spent so many happy and down until the screen gave way and bread, only the bread in the sign." May Ed dropped through. He filled his God touch our eyes to see that the tem-I'm also infermed that the builder of pockets and Tom pulled him up again, poral blessings with which He has dowthe home that first occupied the site Ed divided the apples but kept the big- ered our lives are but symbols and foreof Mrs. Peter's Smith's residence was gest share for himself. Next night they shadowings of the unsearchable riches friends check me up, because after all got down Tom said, "Throw some up they which do hunger and thirst after my memory is just like that of any other the ventilator." "Naw," replied Ed, "I've righteousness, for they shall be filled" person-liable to be at fault, and I like got plenty in my pockets." "Ah, threw (Matt. 5: 6). Every other hunger and some up," said Tom. Ed finally com- thirst in life can be stilled only tem-There were other attractions at the plied and threw Tom a dozen or so of porarily and-somehow, somewhere-at Cameron farm as well as the pretty girls the choice snows stored in the root- a jost. Gross hungers and appetites are and good natured boys of the family, house. Then, at the top of the ven- filled at terrible costs and in their very Some of you old fellows remember very tilator. Tom shouted down, "Now you filling turn the beauty of life to gall and well the splendid orchard on the north can stay there, you little beggar, I'll wormwood. The very drink that side of the house and barn, and those never help you out. I'm going for the quenches the drunkard's thirst becomes sickle pear trees and wild plums on the cows." Ed was a prisoner. Tom saw the gadfly of desire which drives him on

> or to of old Mr. Smith Up in the death of Mr and Mrs. lasting life (John 4: 14). Cameron the farm was sold. It was purchased by the late Samuel M ore He had lived from early boyhood on the Moore homestead on the first line, in the year of the Cameron place, but retired from farming and he and mother came to Acton t live. He took over the shingle mill at the death of his brother, Edward, in 1879, but disposed of it shortly afterward and bought this farm. He died there after a brief illness, in 1884 William Hemstreet, the auctioneer, was the next owner; and succeeding him were Thomas C. Moore Alfred L. Hemstreet, James Br wn, the late John C. Nelson, Mr. Henry Wardlaw Gilbert Smith, and now Alfred bit," he replied. Hemstreet again. It was a dairy farm

distasteful to him, and what money he has is poured into the saloon-keeper's till. Drunkenness is often characterized by a disregard for personal appearance. and eventually the degrading habit transforms a man into a dull, sodden loafer, unkempt, filthy, "clothed with rags." It is worthy of note that in its efforts to abolish poverty Soviet Russia has banned the manufacture and sale of vodka (whiskey). The country's leaders recognized that her people could never be lifted from economic degradation and destitution so long as they continued in bondage to the curse of strong drink. Would to God our own legislators would "take a page from their note-book" in this respect!

II. A Trust Betrayed, Matt. 34: 45-

This passage from Matthew, referring

to the second coming of our Lord and

Master, may well be used in connectiony

with our subject of temperance: It contains a warning which needs to be taken deeply to heart. True Christians ought to conduct their lives at all times like good servants whose master is absent temporarily, but who may return at any minute, day or night. We may be called and country, and many of his findings to go to Him: He may, at any moment, come in the glory of His bodlly pres-Book of Proverbs. He ascribes poverty, ence. Should He come to-day, to-morin general, to three causes, which are row, tonight, what will He find on so closely associated that they are treat- earth? God has given our nation gifts ed as one, namely, drunkenness, sesu- of wealth and material possessions unulity, and indolence. "The drunkard told. Are we administering them fuithand the glutton shall come to poverty: fully in His service, looking for His apand drowsiness shall cloth a man with proval on His return? - Xlas, no! In the rags." Irrespective of the social and very prodigality of His gifts, we have ec: nomic system in vogue, this state- lost sight of the Giver and Owner. Our ment of Solomon's contains a warning Government was founded on great ideals of universal application. While it is and high. Sobriety, industry, and true that in our complex, modern life, reverence of God's will formed and guldmany other causes contribute to poverty ed the thought and conduct of our foreand want, the fact remains that the fathers. How does it stand to-day? What would Christ, were He suddenly to appear, find among us whom He has made strong drink tends to make a man a "ruler over" so much of "His goods?" . - useless and unproductive member of How have we used His bounty? Has not society. It steals away his ambitions the very fulness of our wellbeing begotand self-respect, dulls his mind, substi- ten in the hearts of many an insatiable tutes fat and flabblness for muscle, and greed which stops at no form of deutterly incapacitates him for any sus- bauchery and exploitation! One of the most sinister manifestations of this comes increasingly incapable, work is greed is the legalized liquor traffic. This menace of the devil's work is a challenge to all true Christians. By what around the corner of the barn, but by mental jugglery has the nation at large the time his "Hi there, get out of that" been persuaded that its financial wellwas heard, we were legging it down over being in general will be promoted by the back fields to the tall timber en joining up with the liquor interests! Can route for the woods where the pigeons the same fountain bring forth both bag of pigeons was rather meagre that traffic has never brought forth anything but degeneracy and death; In what Another apple story now comes to me wordliness have we been steeped that we Had you, poor awkward human, sought | which occured a year or two earlier than | ignore this proven fact of history? What this. Sidney Smith, Sr., had a substan- recklessness of consequences has made tial root-house between the G. T. R. us acquiescent to the sinister influence For that special party during the hell- The very flutter of your quickened pulse track and the land which led to the and forces among us so inimical to Had served the timid creature to re- back fields of the farm, not far from Christian life and thought? It is time the railway crossing. There was an to "wake from sleep" and join battle orchard below the railway. The orchard against these disintegrating factors of was planted and the root-house con- our national life. Like wolves in sheep's structed before the railway was built. clothing they come to us with specious. To every deed a meaning pure and true. When the apple crop was good, Mr. plausible words. But while they fill Smith used to have apples stored in this their own bottomless pockets their un-With which you pattern life to some root-house. Tom Kennedy and Ed. Mc- happy victims, impoverished and de-Garvin learned about this. One after- bauched, go staggering to ruin, financial nion, after school, when they were and spiritual. The Church must take going for their fathers' cows, which the militant leadership in the warfare were pastured down the lane in the back against this selfish materialism: must fifty, they thought they would like some, bring back again to consciousness a

> front lawn which yielded such luscious young Sid Smith and t.ld him Ed Mr- invaliably to further excess. Only the fruit every fall. Yes, some of you can Garvin was in their root-house hooking thirst for God can be met without recall to-day the very spot where the apples. Sidney got the key and hurried money and without price (Isa, 55: 1) trees bearing the jutey harvest apples up to "set" Ed. When the door was Praise God! "Whos ever drinketh of grew and which trees in the cretard | unlocked Ed bolted. But he took go d the water that I shall give him, shall yielded the red astrachans, the talman care all fall never to get within a block never thirst, but it shall be in him well of water springing up into ever-

TAKING IN TRADE

A tourist, visiting a c untry fair, stopped by as merry-go-round. Presently he noticed a little man seated on one of the wooden horses. What struck him as strange was that every time merry-go-round stopped, the little man made no move to get off the horse.

At length curiosity overcame the early part of that year the rehabilitation trict holds need of the projects either 'ourist, and when next the man on the set-up was organized and began to func- impleted or under way. horse at piped opposite him he said: "Pardon me, sir, but do you enjoy go- One at the fundamental tasks of the saim their way to health in their own ing r und and round like this?"

"Then why do you do it " asked the So, presto! Up sprang stock-watering. They've given the western prairie lad

tourist owes me five dollars," informed the little | valleys. Hundreds of farmers accepted and maple and the trickling trout brook





pen to you! But, in case HAVE YOU A TELEPHONE IN YOUR HOME? Our local business office will

gladly supply information.

be prepared. Ill work for very little, too; only a few cents a

they do, it's always wise to



Drought Relief Projects Supply Free Skating Rinks

And the old swimming hole has returned to the west where irrigation dams collect water



One of the successing holes and skating rinks provided unwittingly by the federal government in the reliabilitation efforts in Munitoba, Saskatchewan and Alberta.

By TERRY ROWE Central Press Canadian Correspondent.

Regina, Sask., January 26th - The ture, fed through irrigation ditches od 'old days of the "swimmin' h le" | farm stock had a change of diet and ate

outdoor bath-tub is not only coming. This winter hundreds of dams and back but it's also not what is used to be, dueouts will catch surface moisture that The latest model is "stream" lined, so to would ordinarily be lost in the spring speak, and done up with flood gates, run-off Rehabilitation offices in Regina miniature fanals and ramparts of steel have had hundreds of applications for

back just about as quickly as it's lifted a few scravgy shrubs have been damhole" of 1937 wasn't meant to be a form dugants. Irrigation projects of natatorium, nor was it planned as a this kind are scattered in flumps over hockey cushion. The Federal Governs authern sections of the prairie wheat ment built the first one with co-opera- lands. tion of the farmer, and through the Mamitoba's greatest concentration is

the Alberta, Saskatchewan and Manitoba formone border to the other as they do became so acute that it was recognized in Alberta. In the latter or vince an in 1935 as a note nal problem. In the area known as the Medicine Hat distion in the three-dried-out provinces. So, while jumor farmers skate and movement was to recure a constant back yards, federal officials suddenly The unhappy, one grimaced. "Not a supply of mosture for pasture lands in realize they're related a by-product in the wind-blown sections

rehabilitation scheme.

struction and sank dugouts on their left behind them "down east."

Lgrazing lands, in coulees and ravines Show did the rest.

The reservoirs filled, haylands began to feel the touch of long-absent moisoutdoor skating rink are returning its fill, farmers learned anew what rainwater lo ked like and any hot afternoon Like Dobbin and the gray mare, the in summer could be a Saturday night.

aid in constructing reservoirs in drought Besides that it offers stating for the areas of the three provinces. Thousands of coulers and ravines that

farmerettes and farm boys who have the energy to scrape show that often blows collected only enough moisture to grow The best part of it is the "swimmin', med up or widened and deepened to

agency of a multi-million d llar farm in the southwest corner of the province, south and west of Souris, while in Sas-It started when prairie drought in hatchewan dams and dugouts spread

the drought aght

dams and major trigation projects that a samming pool and a skating rink "The man who owns this contraption involved the damming up of rivers and even if it hasn't the overhanging oak man, "and this is the only way I can the government's financial aid and in- of the "good old 'oles" prairie pioneers

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