THE COBBLER'S ADVICE

carried a shoe to the cobbler on day, Though sorry its plight, I could see: He looked it well over and shok his old head;

"I's not worth me labor." he quit frankly said If a shoe is past mendin', ma'am, throw It away." (He smiled and he nodded and whisper-

ed to me:). "Do the same with you throubles!" -Ida Reed-Smith

TWENTY YEARS AGO

From the Issue of The Free Press

Thursday, January 25th, 1917

the program.

The King's Orderlies' Bible sonage by Rev. and Mrs. Avison on

Monday, evening. Acton Pall Pair had a prosperous year. All claims were paid and a surplus of

was re-elected President. was held at Most. Mr. Allison was one saving them?"

of Nassagawcya's early residents. tallon, arrived home from the war accorded him Wednesday night, and he was presented with gold watch,

Mr. Thomas Marshall, of Erin Townthip, has purchased 100 acres from Mr. Robert Reld, of Esquesing Township, being on the ninth concession of Erin .. Township.

for the-164th Battalion was quite un important ceremony. Two thousand persons were in attendance.

ANY DAY A FISH DAY

A Memare from the Premier of Nova Scotla

How often we hear the remark. "Health is the first consideration!" dinary affairs of life. Yet in one important particular-the selection of our diet-do we consistently observe that

Take, for example, the matter of sea-

It has been praven conclusively that these foods, properly prepared, have unusual health-giving power. Pulatable and easily digested, they help the human body to resist disease and they promote the growth of children. They possess piles-what else but funeral pyres? a great deal more protein than either chicken or beef and provide the best i balanced fiesh foods available. As to cost -they are relatively inexpensive.

Nevertheless it is said that the average Canadian family is content perhaps one meal of fish a week. Our leading dictitians deplore this apparent blindness to the intrinsic value of fish foods. For this reason we heartly welcome the present press campaign to encourage the consumption of fish augurated by Hon, J. E. Michaud in his have been necessary-was there no other capacity as Minister of Pisheries at Ot- | way?"

Deep sea fishing is a hazardous calling. Our Canadian fishermen imperil their lives day after day in order to make available a constant supply wholesome and delicious sea foods These hardy and courageous men form a highly important element in population. For their sake, for your own sake, for the sake of your family, patronize their products. Serve more sea fish and remember that every day may be fish day.

SLEEP WALKER

Minister: "Why did your husband rise and walk out during the sermon yesterday, Mrs. Thompson?"

Mrs. Thompson: "Dinna mind John, minister, he's awfu' given to walking in his sleep."

LOST AND FOUND

Molly Cassidy: "Shure, Pat, I had a certificate of character, but I lost it coming over. Phwat shall I do Pat?" Pat Murphy said to Molly:\

mind, Molly. I'll write ye wan't that Molly Cassidy had a good character before she left the old country, but find in the woodshed. lost it on ship-board, coming over."

SALES TALK

A jeweller's assistant, an absentminded fellow, was being married. He was presenting the bride with the ring. when he hesitated. "With this ring," prompted the min-

"With this ring," said the bridegroom

"we give a written guarantee reminding the customer that the price will be refunded if it is n t as represented."

FACTOGRAPHS

Approximately 15 miles of they tubes and filters are needed to, strain the waste material from a person's blood through the kidneys.

George Mortimer Pullman; the man who bullt the first sleeping car, also put int execution the loca of vestibule

If not redeemed, jewels taken from smugality are seld at public auction at the port where they were serred

Chronicles of Ginger Farm

Written Specially for The Acton Free Press GWENDOLINE P. CLARKE

Ontario has adopted a traffic alogan which exhorts us to "Stop, look, listen! Such aigns make us traffic consciouswe realize that if we do not stop, look and listen, then what happens afterwards may be almost entirely our own fault. We have it in our power to insure our own safety to a very great Miss Renwick had charge of extent just by being careful. Of course there are exceptions. We may make

grief-there is always the odd chance. I like to see those stop, look, listen algres, but do you know what other sign I would like to see? Wherever there are trees I would like to see a bly sign-\$802.76 is in the bank. Mr. Geo. Havill !"Stop-look-and think!" And I would like to ask every man who is slaughter-The funeral of the late Joseph Allison ing acres of bush-"Is there no way of

carefulness a habit and yet come to

Standing timber is valuable. In time Pte. Geo. H. Lantz, of the 58th Hab- of stress it represents just so many dollars and cents to a man when Monday morning. A fine reception was most needs it. One can understand how natural it is for anyone feeling the pinch during the last few years to turn his bush land into hard cash. A man can hardly be expected to do otherwise. He wants money, he gets a good offer on fifty acres of standing timber - what more natural than that he should dis-The presentation of the colors secured post of it? We can guite understand a situation like that.

But what about bush that is needlessly sacrificed-what about the wanton waste of young trees when timber land is sold?

Is such waste necessary? I remember a wonderful bush, with as fine a stand of timber as one could wish to see. There were splendid marles. hickory, elm and pine with young trees everywhere, growing up straight and strong, and a silver stream winding us way in and out through the low lands. In the spring one had to walk warily for there were many swampy places in

One year we went back for flawers and ferns which had always grown there in great profusion. We reached the place where the bush used to be and what did we find? Nothing but acres and acres of bare land with hundreds of tree stumps dotting the landscape, like tombstones for the trees which had fallen. Here and there were huge brush

completely dry were the erstwhile swampy! places: the silver stream had lest its sparkle-there were no trees left to give it undulations of light and shade. A more wholesale destruction I never saw-but alas! I have seen many like it

I don't know who owned the bush, and of course I don't know why the timber was sold—all I do know is that I asked the voluntary question - "Could this

Canada's crying need to-day is treesmore trees! But still the wholesale slaughter goes on and we have less trees and less trees all the time, and partly as a result, we have terrible floods lik: those in many districts during the past week, because there are no swamp lands our to hold the water in flood time.

The government has done much in reforestation but what can we do individually? What can we do collectively. through our organizations? What can

We can do a lot by beginning at home. For instance, last year I saw a man pitting up a new wire fence alongside the road. A sturdy little elm was growing just where the fence was to be. Naturally it was in the way, so the man took his axe and felled it. If that man realized in any way the values of tree. to his farm and to his country, thu sturdy young elm would have been

to save young trees, to plant new ones for reforestation on their own property. whenever and wherever possible, to make Unless we, as individuals, realize the use of the free distribution of trees and seriousness of the situation and, as in-"Never evergreens by the government. We can dividuals, take steps to combat it, there even help by being economical with the is going to be very little improvement. So Pat wrote this: "This is to certify wood we burn and not grumble unduly We can't leave these things altogether at the quality and quantity of what we to the government.

> can suggest that a resolution be sent felled in a very little while. through the proper channels petitioning be if we also petitioned the government | think"?

QUITE LOGICAL

"With all due deference, my boy, I really think our English custom at the telephine is better than saying 'Hello'

"What do you say in England?" "We say: 'Are you there?' 'Then, course, if y'u ure not there, there is the in going on with the conversation.

WITH THE LAW

"Did you straighten out the matter?"

sheriff, thereby makin' it look a little

THOSES "OLD MASTERS"

Mistress (to new maid): "Be careful when you dust these pictures, Mury; they are all Old Musters." Maid: "Good gracious! Who'd ever think you'd been married all those time:

STILL IN THIS WORLD

Patient (recovering from operation) Why are all the blinds drawn, doctor?" Doc: "Well, there's a fire across the alley, and I didn't want you to wake up and think the operation was a failure.

KILLED BY FALL Pat and Mike were hunting. saw a wild duck far overhead, and gave it both barrels. To his delight he saw

the powder, Pat," said Mike. Pat, turned to Mike and said: "Didn't get the bird?"

"Sure you did, Pat, but the fall would have killed him anyway."

LOOK RIGHT

Mike was cross-eyed and was hand ling the axe. Pat was to place the rooster arcoss the block. While waiting for Mike to get ready to let drive, Pat shouted: "Mike, are you going to hit where you are looking?"

"I should say," says Mike. "Then," Pat said, "Beg:rrah, hold the

A STONE

Pat met his friend, Casey, on the street, and not having seen him for Noticing a large diamond tie pin on

THE HAIRY FACE

Pat (in barber shop): "Will ye shave half my face for half price, my friend?" Barber, replying: "Certainly, sir." Pat, answering: "Pine, sir, It's the cutside that needs it."

FROM GRAFTING

Percival: Daddy, do they raise politic al splums from zeed? Daddy: No. son. Political plums are more often the result of a bit of clever

MONEY BACK

"And you say these lifebelts are guaranteed by the company?"

"Absolutely, madam," "But supposing I wore one and went down for the third time?" "In that case, madam, the belt would

ecome your own property." Every shot fired from one of the 16mch guns costs the United States government approximately \$2,000.

Women can help a lot by encouraging to give a tax rebate to farmers for every their men folk to use the axe sparingly; acre of land fenced off and set aside

If we belong to an organization we but an acre of standing timber can be

"Cnly God can make a tree," but man, the government to place more -land by a swing of the axe, can destroy it. under reforestation. And how would it Isn't it time we began to "stop, look and

WHY DOES ONE CITY PREFER LARGER TURNIP TO ANOTHER?

Why does one city prefer a certain size of turnip while another prefers them smaller? Probably custom has a lob to do with it. In the United States, New York and Pittsburgh are partial to them large, four to six inches in diameter Boston likes her turnips, medlum, three to five inches, and Philadelphia, Cleveland and Baltimore smaller still, three to four inches. Canadian turnips from Prince Edward Island and Optario are the preferred choice as compared with the domestic article because of their fine he would be careless about shootin' up flavor and appearance, according to the Agricultural Department of the Canadian National Railways. Canadian turning are purchased by hotels and restaurants and by the average housewife, while the domestic turnip is sold for the most part on local farm markets, or to factories New York and Boston are the main consuming centres for Canadian turnips, those from Prince Edward Island contmanding the highest price in these markets. The market for Ontario turnips is

THE MOST USEFUL MAN

points, being more accessible.

Chicago, Pittsburg and other interior

Who are the most useful men in your town? This is an interesting question and not too easy to answer. Magazine," however, the most useful man is the one who brings in the most

money from outside the town. The most useful man at a seaside is the one who has the largest hotel and brings in the most visitors In an industrial town the most useful

man is the one who sells most goods to the bird fall to the ground. "Ye wasted outside customers. From the point of view of prosperity no man is more useful than he who

> brings in the most money from outside Certainly he adds the most to the wealth of the town. In the second place the "Efficiency Magazine" places the employer who gives the most work to most people. He

does much to help the rank and file in In third place cames the man, rich of tive in promoting the welfare of hi lown as a whole. He is the best citizen He suggests improvements-better lighting, cleaner streets, public parks and

general improvements. It is the wise town that knows and appreciates its most useful man.—Elmir. Signet:

SKILLED WORKERS NEEDED

Gone were the flowers and ferns. Casey, Pat said: "That is a fine dia-, that there is no place in the business mond you have. Where did you get it? ' life of the country for the youth of to-"Well," said Casey, "my brother died day, that colleges are turning them out and left me \$450,000 to buy a stone, and with no future ahead of them. With this in mind it was quite a revelation to read this week that skilled workers are needed n w and many more will be needed as the economic upturn continues. Already the scarcity of junior craftsmen and apprentices in skilled rades is causing concern to employers. The Chicag, Association of Commerce has recently completed a study which reveals wonderful opportunities for the youth of the Republic. Executives of over 2,000 of Chicago's leading firms advice young men to go into building and moderization, air cinditioning, capital good manufacturing, development of stream-lined transportation, steel aviation and automobile production. If this is the need in the United States it will certainly apply to the youth of Canada just as strongly. It is certainly encouragaing to know that the future of our youth is considerably brighter.-Listowel Banner.

NO BAD HABITS

When a young man has no bad habits he is said to be good; but that is only negative, after all. The important question is What good habits does he possess? What fine qualities are so established in your character that you can count on them? N t to have any bad habits or any good ones, either, means a

WHAT HE HEARD

An Aberdonian was taken to h spital with a wireless loud-speaker jammed over his head,

When the encumbrance was removed. One tree takes a long time to grow, the surgeon asked the man how he had managed to ket into such an extraordinary situation.

"Well," said the patient. "I was siting at home listening to a religious service, and suddenly I heard one of the sideamen drop a c llection plate."

A rold can take hold quickly and de-velop seriously. Don't let a cold take hold on you. At the first sign of a cold go right to your druggist. Buy a pack. OF OF OROVE'S BROMO QUININE. TAKE

The Free Press Says



out the whole year for yourself and your fam-

ily. Magazines of your own choice and this newspaper, packed with stories, timely articles, helpful departments and colorful illustrations. Now is your chance.

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- Chatelaine -Pictorial Review - - 1 yr. Sliver Screen -American Boy - - - 1 yr.

Parents' Magazine - - 6 mo. Can. Horticulture and Home Magazine - - - 1 yr.

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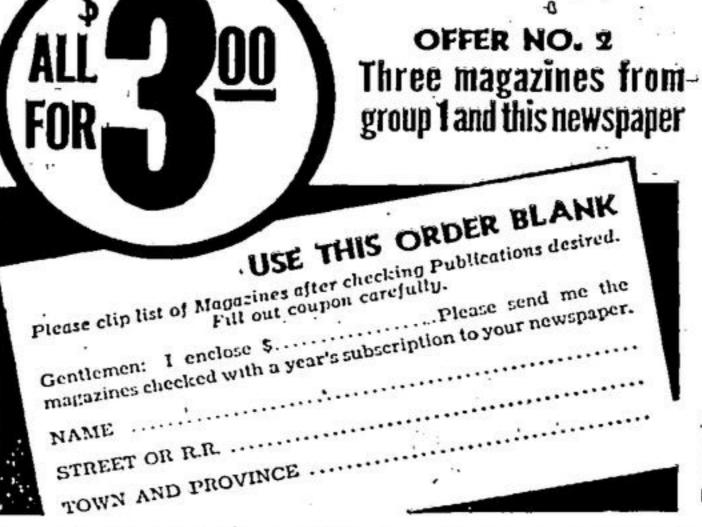
This Offer Fully Guar-

anteed-All Renewals

True Story -

Screenland -

One magazine from group 2 and this newspaper



Acton Stores can Fulfill Your Needs-Give Them First Chance

TIME TABLES

AT ACTUN

ANADIAN			
	Going	East	
Dally, except	Sunday		7.05 a.m
Dally, except			10.07 a.m
Daily, except	Sunday		6.13 p.n
Sunday only			7.19 p.m
	Going	West	
Dally, except	Sunday	***************************************	8.59 a.m
Dally, except.	Sunday	*************	2.23 p.m
Dally, except	Sunday		7.05 p.m
Daily, except	Sunday		12.40 a.m
Sunday only			11.32 p.m



ARROW BUS SCHEDULE

EFFECTIVE SEPT. 27th, 1936 LEAVE WESTBOUND Daily, except Saturday 11.45 a.m. Saturday only 3.15 p.m. 5.15 p.m. 7.15 p.mi Daily 11.15 p.m. Saturdays, Sundays and Holidays only 1.05 a.m. LEAVE EASTBOUND

Daily, except Sunday 7.00 a.m Daily 9.10 #.m. Daily 12.45 p.m 4.30 p.m. ... 6.45 p.m. Daily 0.00 p.m.

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The Merchants Casualty Co. The Portage-la-Prairie Motual

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